

CAROLINA

2013-14 Tar Heel Swimming & Diving



Alex Gianino



Stephanie Peacock



Cari Blalock



Meredith Hoover



J.T. Stilley



Danielle Siverling

Carolina Men's Swimming & Diving



Front Row: Head Coach Rich DeSelm, Diving Coach Abel Sanchez, Alex Gianino, Brad Dillon, Kyle Ficker, Bryce Mendes, J.T. Stilley, Manager Katie Murphy, Manager Chelsea Smith; Second Row: Manager Brandon Smith, Associate Head Coach Mike Litzinger, Brian Bollerman, Patrick Myers, Nicholas Lowe, Clifton Gordon, Graham Williams, David Speese, Tyler Hill, Ryan Fox, Assistant Coach Sean Quinn, Assistant Coach Christy Garth; Third Row: Assistant Coach Aaron Workman, Logan Heck, Kurt Wohlrab, Sam Lewis, Mitch DeForest, Nic Graesser, Ben Colley, Chris Gondek, Ozzie Moyer, Dominick Glavich, Matt Kwatyra; Back Row: Manager Brian McClintock, Josh Beals, Ted Steinkamp, Patrick Riess, Matt Conway, Ben Mayes, Lucas Popp, Eugene Tee, Christian Caveness, Jack Nyquist, Assistant Coach Chip Peterson

Carolina Women's Swimming & Diving



Front Row: Diving Coach Abel Sanchez, Meredith Hoover, Danielle Jansen, Katie Rechsteiner, Stephanie Peacock, Cari Blalock, Carly Smith, Manager Chelsea Smith; Second Row: Head Coach Rich DeSelm, Michole Timm, Hannah Runyon-Hass, Kelly Corish, Danielle Siverling, Emily Schmidt, Natalie Ritter, Assistant Coach Sean Quinn; Third Row: Manager Brandon Smith, Associate Head Coach Mike Litzinger, Erin Purdy, Madison Burns, Lauren Earp, Ally Hardesty, Emma Nunn, Kendall Surhoff, Manager Katie Murphy, Assistant Coach Chip Peterson; Fourth Row: Assistant Coach Aaron Workman, Alli Haufler, Kacy Rhyne, Hannah Lincoln, Annie Harrison, Annie Goessling, Rachel Canty, Assistant Coach Christy Garth; Back Row: Manager Brian McClintock, Sarah Kouchecki, Caty Hulsey, Catherine Munch, Katie McKay, Hellen Moffitt, Abby Fisher, Sarah Hitchens, Liliana Casso, Emily Pfeiffer

2013-14 North Carolina Swimming & Diving Quick Facts

Location: Chapel Hill, N.C.
Established: December 11, 1789
Enrollment: 29,278 (18,503 undergraduates, 8,262 graduate, 2,513 professional)
Chancellor: Dr. Carol Folt
Director of Athletics: Bubba Cunningham
Swimming & Diving Administrators: Larry Gallo (Primary), Angie Bitting (Secondary)
National Affiliation: NCAA Division I
Conference: Atlantic Coast Conference
Nickname: Tar Heels
Mascot: Rameses The Ram (Both Live and Costumed)
School Colors: Carolina Blue and White
Athletic Department Web Site: www.GoHeels.com

Carolina Swimming & Diving Coaching Staff Information

Head Coach: Rich DeSelm (7th year as head coach at UNC)
Coach DeSelm's Office Telephone Number: (919) 966-5340
Associate Head Coach: Mike Litzinger (7th year at UNC)
Coach Litzinger's Office Telephone Number: (919) 843-9275
Diving Coach: Abel Sanchez (1st year at UNC)
Coach Sanchez's Office Telephone Number: (919) 962-7261
Assistant Coaches & Their Telephone Numbers: Aaron Workman (919) 966-1900; Christy Garth (919) 962-7262; Sean Quinn (919) 962-1604; Chip Peterson (919) 962-1604

Carolina Swimming & Diving Miscellaneous Information

Home Pool: Maurice J. Koury Natatorium (Opened 1986)
Seating Capacity: 2,000
2012-13 Overall & ACC Dual-Meet Records: Men — 6-1, ACC 3-1; Women — 5-2, ACC 3-1

2013 ACC Championships Finishes: Men — 3rd Place of 9 teams (549 points); Women — 3rd Place of 10 teams (508 points)

2013 NCAA Championships Finishes: Men — Tied 29th Place (15 points); Women — 12th Place (102 points)

Athletic Training Staff: Nicole Alexander, Head Trainer; Catherine Lenhardt, Emily Quatronomi, Graduate Assistants; Jacob Miller, Undergraduate Assistant

Team Physician: Dr. Kelly Waicus
Orthopaedic Surgeon: Dr. Jeff Spang
Sports Dietitian: Mary Ellen Bingham
Administrative Assistant: Kathy Griggs
Team Managers: Katie Murphy, Brian McClintock, Chelsea Smith, Brandon Smith

Strength & Conditioning Coach: Steve Gisselman

Academic Counselor: Jaimie Lee

UNC Athletic Communications Information

Swimming and Diving Media Contact: Dave Lohse, Associate Athletic Communications Director

Lohse's Email Address: davelohse@unc.edu

Lohse's Office Telephone Number: (919) 962-7257

Secondary Swimming and Diving Media Contacts: Adam Norris (Student Assistant, norrisa@live.unc.edu)

Office Fax Number: (919) 962-0612

Mailing Address: P.O. Box 2126, Chapel Hill, NC 27515

Shipping & Physical Address: Athletic Communications Office, Koury Natatorium, Front Center Entrance, 300 Skipper Bowles Drive, Chapel Hill, NC 27514

2013-14 Swimming & Diving Table of Contents

Inside Front Cover	2012-13 Team Pictures
Page 1	Quick Facts, Contents, Website, Table of Contents
Page 2	Women's Roster
Page 3	Men's Roster
Page 4	2012-13 Women's Results & Top Times
Page 5	2012-13 Men's Results & Top Times
Page 6	2013-14 Schedule
Page 7	Athletic Dept. General Info Page
Page 8	Head Coach Rich DeSelm
Page 12	Associate Head Coach Mike Litzinger
Page 13	Diving Coach Abel Sanchez
Page 14	Asst. Coaches Workman, Garth
Page 15	Asst. Coaches Quinn, Peterson, Support Staff
Page 16	Men's Bios
Page 28	Women's Bios
Page 42	History of UNC Swimming/Diving
Page 50	All-Americans
Page 53	ACC Champions
Page 56	Conference Award Winners
Page 59	Team Awards
Page 64	All-Time Letter Winners
Page 68	Men's Year by Year Records
Page 69	Women's Year by Year Records /Series Records
Page 70	Men's Top 10
Page 71	Women's Top 10
Page 72	UNC Records
Page 73	ACC Records
Page 74	Koury Natatorium Records, Diving Records
Page 75	Koury Natatorium
Page 76	NCAA Qualifying Standards
Page 77	Nike Cup Records & Team Winners
Page 78	The University
Page 80	Chapel Hill
Page 81	UNC Athletic Heritage
Page 82	Student-Athlete Services
Inside Back Cover	The Educational Foundation

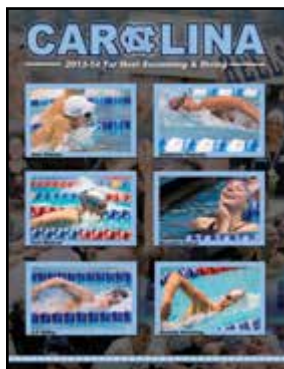
GoHeels.com: Official Home of the Tar Heels On the World Wide Web

Media and fans can follow the Carolina swimming and diving teams and the entire UNC athletics program from anywhere in the world on the official World Wide Website of North Carolina athletics. GoHeels.com offers schedules, rosters, results, features, podcasts, interactive yearbooks, and game notes plus much more for all 28 of Carolina's varsity sports. Onsite coordinator for GoHeels.com is Matt Bowers of the Athletic Communications Office.



Nike Supports UNC Athletics

The University of North Carolina at Chapel Hill and Nike Inc. signed a new 10-year contract for Nike to be the exclusive supplier of athletic footwear, apparel, and accessory products to the Tar Heels effective July 1, 2008. Nike provides the athletic department with shoes, uniforms, coaching gear, balls and other equipment. In addition to the apparel and equipment, which constitutes the majority of the value of the contract, Nike give the University \$2 million for the Chancellor's Academic Enhancement Fund. Chancellor Carol Folt has directed the funds to faculty support. Nike also provides support for team tours, travel and the hosting of regular-season tournaments in several sports. The athletic department also received \$1 million for signing the contract, with those funds having been used to overhaul lighting and sound at the Dean E. Smith Center.



2013-14 North Carolina Swimming & Diving Yearbook

The 2013-14 UNC swimming & diving yearbook was written and edited by Dave Lohse, Associate Athletic Communications Director with editorial assistance from UNC Athletic Communications student assistant staff. The yearbook was designed by Helen Buchanan of the UNC Athletic Communications Office. Photography was provided by Jeffrey A. Camarati, UNC Athletic Communications Archives, and Tim Binning of TheSwimPictures.com. The front cover, inside front cover and back cover pages were designed by Dana Gelin of the Athletic Communications Office.



**2013-14 UNIVERSITY OF NORTH CAROLINA
WOMEN'S SWIMMING & DIVING ROSTER**

NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL, CLUB TEAM)
Cari Blalock	Sr.	IM/Fly	5-5	Wilmington, N.C. (New Hanover, Waves of Wilmington)
Madison Burns	So.	IM/Breast/Back	5-8 ½	New Tripoli, Pa. (Northwestern Lehigh, Parkland Area Aquatic Club)
Rachel Canty	So.	Breast/IM	5-6	Burke, Va. (James W. Robinson, Curl-Burke Swim Club)
Liliana Casso	Fr.	Distance Free	5-6	Los Angeles, Calif. (Marlborough, Team Santa Monica)
Kelly Corish	Jr.	Diving	5-9	Vienna, Va. (James Madison, Dominion Dive Club)
Lauren Earp	So.	Breast/Free	6-0	Etobicoke, Ontario (Martingrove Collegiate Institute, Etobicoke Swimming)
Abby Fisher	Fr.	IM/Breast	5-9	Kinnelon, N.J. (Kinnelon, Lakeland Hills YMCA)
Annie Goessling	So.	Breast/IM	5-9	St. Louis, Mo. (Mary Institute and St. Louis Country Day School, Clayton Shaw Park)
Ally Hardesty	So.	Freestyle	5-11	Knoxville, Tenn. (Bearden, Pilot Aquatic Club)
Annie Harrison	So.	Back/IM	5-10	Oakville, Ontario (Appleby College, Oakville Aquatic Club)
Alli Haufler	So.	Fly	5-3	Ashburn, Va. (Briar Woods, Machine Aquatics)
Sarah Hitchens	Fr.	Back/Sprint Free	5-10	West Chester, Pa. (Villa Maria Academy, Suburban Seahawks Club)
Meredith Hoover	Sr.	Fly/Free	5-7	Concord, N.C. (Cannon, SwimMAC)
Caty Hulsey	Fr.	Fly/IM/Free	5-7	Savannah, Ga. (Calvary Day School, Georgia Coastal Aquatic Team)
Danielle Jansen	Sr.	Free/Fly/Breast	5-9	Mason, Ohio (William Mason, Mason Mantarays)
Sarah Koucheki	Fr.	Free/Fly	5-8	Cleveland, Ohio (Hawken Upper School, Spire Lake Erie Silver Dolphin)
Hannah Lincoln	So.	Fly/Back/Sprint	5-10	Raleigh, N.C. (Leesville Road, Marlins of Raleigh)
Katie McKay	Fr.	Sprint Free		Holmdel, N.J. (Holmdel, Red Bank YWCA)
Hellen Moffitt	Fr.	Back/Fly	5-9	Alexandria, Va. (West Potomac, Machine Aquatics)
Catherine Munch	Fr.	Breast/IM		Clifton, Va. (Robinson Secondary School, Machine Aquatics)
Emma Nunn	So.	IM/Fly	5-9	Richmond, Va. (Deep Run, NOVA of Virginia Aquatics)
Stephanie Peacock	Sr.	Distance Free	5-9	Cape Coral, Fla. (Bishop Verot, Swim Florida)
Emily Pfeiffer	Fr.	Breaststroke	5-7	Washington, N.C. (Washington, Greenville Swim Club)
Erin Purdy	So.	Diving	5-7	Deerfield, Ill. (Deerfield, Glenbrook Aquatics Diving)
Katie Rechsteiner	Sr.	Breast/IM	5-9	Middletown, Del. (Charter School of Wilmington, Delaware Swim Team)
Kacy Rhyne	So.	Free/Fly	5-7	Winston-Salem, N.C. (Forsyth Country Day School, Star Aquatics)
Natalie Ritter	Jr.	Diving	5-5	Columbus, Ohio (Columbus Academy, Ohio State Dive Club)
Hannah Runyon-Hass	Jr.	Fly/IM		Franklin, Tenn. (Ensworth, Nashville Aquatic Club)
Emily Schmidt	Jr.	Diving	5-9	Bethesda, Md. (Walt Whitman, Montgomery Dive Club)
Danielle Siverling	Jr.	Freestyle	6-0	Chester Springs, Pa. (Downingtown East, Malvern Swim Association)
Carly Smith	RSr.	Back/Fly	5-4	Chapel Hill, N.C. (Chapel Hill, North Carolina Aquatic Club)
Kendall Surhoff	So.	IM/Fly	5-8	Cockeysville, Md. (St. Paul's School for Girls, North Baltimore Aquatic Club)
Michole Timm	Jr.	Diving	5-6	Sauk Rapids, Minn. (Sauk Rapids-Rice)

Captains: Stephanie Peacock, Katie Rechsteiner

Head Coach: Rich DeSelm

Associate Head Coach: Mike Litzinger

Diving Coach: Abel Sanchez

Assistant Coach: Aaron Workman

Assistant Coach: Christy Garth

Assistant Coach: Sean Quinn

Volunteer Assistant: Chip Peterson

Managers: Katie Murphy, Brian McClintock, Chelsea Smith, Brandon Smith

Strength & Conditioning Coach: Steve Gisselman

Head Athletic Trainer: Nicole Alexander

Assistant Athletic Trainers: Catherine Lenhardt, Emily Quatronomi, Jacob Miller

Administrative Assistant: Kathy Griggs

Athletic Communications Director: Dave Lohse

Public Address Announcer: Paul Connell

Sports Administrators: Larry Gallo, Angie Bitting



All-America Carly Smith



All-America Annie Harrison

2013-14 UNIVERSITY OF NORTH CAROLINA MEN'S SWIMMING & DIVING ROSTER

NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL, CLUB TEAM)
Josh Beals	Fr.	Distance Free	5-11	Attleboro, Mass. (Home Schooled, Crimson Aquatics)
Brian Bollerman	Jr.	Breast/IM	5-10	Ridgefield, Conn. (Ridgefield, Ridgefield Aquatic Club)
Christian Caveness	Fr.	Free/Fly	6-0	Wilmington, N.C. (Emsley A. Laney, Waves of Wilmington)
Ben Colley	So.	Back/Fly	6-4	Williamsburg, Va. (Lafayette, Williamsburg Aquatic Club)
Matt Conway	Fr.	Back/Fly	6-2	Grayslake, Ill. (Warren Township, Blue Devil Swim Club)
Mitch DeForest	So.	Fly/Distance	5-11	Cary, N.C. (Apex, Raleigh Swimming Association)
Brad Dillon	Sr.	Back/Free	6-3	Reston, Va. (South Lakes, Curl-Burke Swim Club)
Kyle Ficker	Sr.	Sprint Free	6-4	Fort Myers, Fla. (Bishop Verot, Swim Florida)
Ryan Fox	Jr.	Diving	5-10	Vienna, Va. (James Madison)
Alex Gianino	Sr.	IM/Breast	6-1	Yonkers, N.Y. (Hackley School, Badger Swim Club)
Dominick Glavich	RSo.	Fly/IM	5-9	Cary, N.C. (Green Hope, YMCA of the Triangle Area)
Chris Gondek	So.	Freestyle	6-2	Chapel Hill, N.C. (Carrboro, North Carolina Aquatic Club)
Clifton Gordon	Jr.	Backstroke	6-0	Greenville, Del. (Salesianum School, Delaware Swim Team)
Nic Graesser	So.	Back/Free	6-3	Wayne, Pa. (Conestoga, Upper Main Line YMCA)
Logan Heck	So.	Sprint Free	5-9	Mooresville, N.C. (Lake Norman, SwimMAC)
Tyler Hill	Jr.	Back/IM	5-10	Mooresville, N.C. (Lake Norman, SwimMAC)
Matt Kwatyra	So.	Back/IM	5-10	London, Ontario (Mother Teresa Catholic, London Aquatic Club)
Sam Lewis	Fr.	Fly/Back/Sprint	6-0	Alpharetta, Ga. (Milton, Dynamo Swim Club)
Nicholas Lowe	Jr.	Fly/Sprint		Baltonsborough, England (Millfield Swim Club)
Ben Mayes	Fr.	Free/IM	6-5	Cary, N.C. (St. David's School, YMCA of the Triangle)
Bryce Mendes	Jr.	Free/IM	6-1	Chapel Hill, N.C. (Chapel Hill, North Carolina Aquatic Club)
Ozzie Moyer	So.	Diving	5-11	Harleysville, Pa. (Souderton Area)
Patrick Myers	Jr.	Back/IM	5-10	Norfolk, Mass. (King Philip, Bluefish Swim Club)
Jack Nyquist	Fr.	Diving	5-7	Alpharetta, Ga. (Alpharetta, Atlanta Diving Association)
Lucas Popp	Fr.	Freestyle	6-4	Wichita, Kan. (Maize, Wichita Swim Club)
Patrick Riess	Fr.	Backstroke		New Orleans, La. (Isidore Newman School, Nu Wave Swim Team)
David Speese	Jr.	Breaststroke	5-11	Doylestown, Pa. (LaSalle College High School, Central Bucks Swim Team)
Ted Steinkamp	Fr.	Sprint Free	5-10	Indianapolis, Ind. (North Central, Riviera Swim Club)
J.T. Stille	Sr.	Freestyle	6-1	Huntersville, N.C. (North Mecklenburg, SwimMAC)
Eugene Tee	Fr.	Distance Free/IM	6-0	Melbourne, Victoria, Australia (Team Santa Monica)
Graham Williams	Jr.	Distance Free	6-3	Hickory, N.C. (Hickory, YMCA Seashore Swim Team)
Kurt Wohlrab	So.	Breast/Fly	5-9	Pinehurst, N.C. (Pinecrest, Sandhills Sandsharks)

Captains: Bryce Mendes, J.T. Stille

Head Coach: Rich DeSelm
Associate Head Coach: Mike Litzinger
Diving Coach: Abel Sanchez
Assistant Coach: Aaron Workman
Assistant Coach: Christy Garth
Assistant Coach: Sean Quinn
Volunteer Assistant: Chip Peterson
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Strength & Conditioning Coach: Steve Gisselman
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Administrative Assistant: Kathy Griggs
Athletic Communications Director: Dave Lohse
Public Address Announcer: Paul Connell
Sports Administrators: Larry Gallo, Angie Biting



Sophomore diver Ozzie Moyer



Sophomore NCAA qualifier Nic Graesser

2012-13 UNC Women's Swimming & Diving Depth Chart

50-Yd. Freestyle	Time	Meet
1. Hannah Lincoln	22.68	ACC
2. Lauren Earp	23.04	ACC
3. Ally Hardesty	23.09	ACC
4. Nikki Barczak	23.25	ACC
5. Katie Nolan	23.62	SMU
6. Danielle Siverling	24.01	DUKE
7. Stephanie Eisenring	24.36	VT
8. Katie Furey	24.58	BI
9. Kacy Rhyne	25.02	BI
10. Rebecca Brooks	25.37	NIKE
100-Yd. Freestyle	Time	Meet
1. Danielle Siverling	49.19	ACC
2. Lauren Earp	49.43	ACC
3. Hannah Lincoln	49.85	ACC
4. Ally Hardesty	50.09	ACC
5. Nikki Barczak	50.28	ACC
6. Danielle Jansen	51.85	OSU
7. Katie Nolan	51.92	TRI
8. Stephanie Peacock	52.40	TRI
9. Jackie Rudolph	52.87	NIKE
10. Stephanie Eisenring	53.25	NIKE
11. Kendall Surhoff	53.26	DUKE
12. Katie Furey	53.57	BI
13. Kacy Rhyne	54.77	BI
200-Yd. Freestyle	Time	Meet
1. Danielle Siverling	1:45.03	NCAA
2. Lauren Earp	1:45.22	ACC
2. Stephanie Peacock	1:45.96	OSU
4. Ally Hardesty	1:48.27	OSU
5. Jackie Rudolph	1:49.95	ACC
6. Stephanie Eisenring	1:50.26	DUKE
7. Annie Harrison	1:50.37	NIKE
8. Kelsey Cummings	1:52.29	DUKE
9. Katie Furey	1:54.45	BI
10. Danielle Jansen	1:56.70	NIKE
500-Yd. Freestyle	Time	Meet
1. Stephanie Peacock	4:34.42	OSU
2. Danielle Siverling	4:37.57	NCAA
3. Jackie Rudolph	4:44.57	ACC
4. Kelsey Cummings	4:44.83	BI
5. Emma Nunn	4:48.07	OSU
6. Annie Harrison	4:50.05	ACC
7. Lauren Earp	4:50.40	OSU
8. Meredith Hoover	4:51.76	OSU
9. Charlotte Ruby	4:53.58	BI
10. Stephanie Eisenring	4:59.19	NIKE
1000-Yd. Freestyle	Time	Meet
1. Stephanie Peacock	9:28.92	OSU
2. Jackie Rudolph	9:44.24	NCAA
3. Kelsey Cummings	9:52.68	VA
4. Emma Nunn	9:59.25	TRI
5. Annie Harrison	10:11.45	VT
6. Charlotte Ruby	10:23.07	OSU
1650-Yd. Freestyle	Time	Meet
1. Stephanie Peacock	15:37.06	OSU
2. Jackie Rudolph	16:09.22	NCAA
3. Kelsey Cummings	16:23.52	BI
4. Emma Nunn	16:36.87	OSU
5. Charlotte Ruby	17:09.03	OSU
100-Yd. Backstroke	Time	Meet
1. Carly Smith	53.05	ACC
2. Katie Nolan	53.38	NCAA
3. Rebecca Brooks	54.80	ACC
4. Annie Harrison	55.94	NIKE
5. Hannah Lincoln	56.01	OSU
6. Ally Hardesty	56.23	OSU
7. Kendall Surhoff	56.81	OSU
8. Cari Blalock	57.53	DUKE
9. Lauren Earp	57.86	SMU
200-Yd. Backstroke	Time	Meet
1. Annie Harrison	1:54.79	ACC
2. Carly Smith	1:54.91	ACC
3. Rebecca Brooks	1:56.60	ACC
4. Stephanie Peacock	2:02.47	SMU
5. Meredith Hoover	2:03.90	NIKE
6. Ally Hardesty	2:04.42	NIKE

7. Kendall Surhoff	2:05.40	NCSU
100-Yd. Breaststroke	Time	Meet
1. Katie Rechsteiner	1:01.99	OSU
2. Rachel Canty	1:03.14	ACC
3. Danielle Jansen	1:03.18	ACC
4. Madison Burns	1:03.58	SMU
5. Lauren Earp	1:04.25	OSU
6. Rebecca Brooks	1:04.54	OSU
7. Annie Goessling	1:05.02	NIKE
200-Yd. Breaststroke	Time	Meet
1. Katie Rechsteiner	2:13.71	ACC
2. Rachel Canty	2:15.41	ACC
3. Madison Burns	2:18.05	SMU
4. Cari Blalock	2:20.69	NIKE
5. Annie Goessling	2:21.24	NIKE
100-Yd. Butterfly	Time	Meet
1. Katie Nolan	52.02	NCAA
2. Hannah Lincoln	52.87	BI
3. Cari Blalock	53.75	SMU
4. Meredith Hoover	54.84	ACC
5. Danielle Jansen	55.01	ACC
6. Kendall Surhoff	55.09	BI
7. Carly Smith	55.15	OSU
8. Nikki Barczak	55.38	OSU
9. Alli Haufler	55.42	BI
10. Charlotte Ruby	55.57	BI
11. Emma Nunn	56.67	DUKE
12. Kacy Rhyne	59.66	BI
200-Yd. Butterfly	Time	Meet
1. Meredith Hoover	1:54.47	NCAA
2. Cari Blalock	1:54.65	NCAA
3. Katie Nolan	1:55.23	NCAA
4. Emma Nunn	1:56.85	ACC
5. Alli Haufler	2:00.54	BI
6. Charlotte Ruby	2:00.64	BI
7. Kendall Surhoff	2:00.82	BI
8. Carly Smith	2:01.40	SMU
9. Madison Burns	2:04.05	NIKE
10. Annie Harrison	2:06.04	NIKE
11. Rachel Canty	2:11.48	NIKE
200-Yd. Individual Medley Time	Time	Meet
1. Cari Blalock	1:55.86	NCAA
2. Katie Nolan	1:59.65	OSU
3. Madison Burns	2:01.72	SMU
4. Rebecca Brooks	2:02.14	OSU
5. Rachel Canty	2:02.32	OSU
6. Kendall Surhoff	2:02.85	OSU
7. Carly Smith	2:03.50	OSU
8. Danielle Jansen	2:04.21	OSU
9. Annie Harrison	2:06.31	TRI
10. Annie Goessling	2:06.58	NIKE
11. Alli Haufler	2:08.06	BI
12. Katie Rechsteiner	2:08.23	ACC
400-Yd. Individual Medley Time	Time	Meet
1. Cari Blalock	4:06.77	NCAA
2. Annie Harrison	4:10.50	NCAA
3. Emma Nunn	4:14.10	ACC
4. Madison Burns	4:15.81	SMU
5. Rachel Canty	4:19.83	OSU
6. Kendall Surhoff	4:19.11	BI
7. Kelsey Cummings	4:23.28	ACC
200-Yd. Freestyle Relay	Time	Meet
Hannah Lincoln (23.17), Katie Nolan (22.54), Ally Hardesty (23.04), Lauren Earp (22.50)	1:31.25	ACC
400-Yd. Freestyle Relay	Time	Meet
Danielle Siverling (49.48), Lauren Earp (48.58), Hannah Lincoln (48.35), Ally Hardesty (49.47)	3:15.88	ACC
800-Yd. Freestyle Relay	Time	Meet
Danielle Siverling (1:45.47), Lauren Earp (1:46.67), Ally Hardesty (1:46.57), Katie Nolan (1:48.44)	7:07.15	NCAA
200-Yd. Medley Relay	Time	Meet
Carly Smith (25.42), Katie Rechsteiner (28.55), Hannah Lincoln (23.91), Lauren Earp (22.23)		

1:40.11	ACC	
400-Yd. Medley Relay	Time	Meet
Carly Smith (53.51), Katie Rechstener (1:02.17), Katie Nolan (51.05), Lauren Earp (48.56)	3:35.29	NCAA
One-Meter Diving	Score	Meet
1. Emily Schmidt	267.93	NCSU
2. Natalie Ritter	263.48	VT
3. Erin Purdy	262.05	NCSU
4. Kelly Corish	248.85	NCSU
Three-Meter Diving	Score	Meet
1. Natalie Ritter	290.25	NAVY
2. Emily Schmidt	277.50	VA
3. Erin Purdy	277.13	NAVY
4. Kelly Corish	269.18	VA
Platform Diving	Score	Meet
1. Natalie Ritter	201.45	NIKE
2. Emily Schmidt	201.20	NIKE
3. Kelly Corish	153.70	NIKE
Legend for Depth Chart		
TRI=at South Carolina and vs. Texas A&M, 10-13-2012		
SMU=at SMU Swimming & Diving Classic, 10-19-2012 through 10-20-2012		
VT=Virginia Tech, 10-26-2012		
NIKE=Nike Cup, 11-15-2012 through 11-17-2012		
OSU=at Ohio State Invitational, 11-30-2012 through 12-2-2012		
NAVY=at Navy, 1-12-13		
VA=at Virginia, 1-19-13		
DUKE=Duke, 1-26-13		
NCSU=at NC State, 2-2-13		
ACC=ACC Championships, 2-20-13 through 2-23-13		
BI=Bulldog Invitational Last Chance Meet, 3-2-13 through 3-3-13		

2012-13 UNC Women's Swimming & Diving Results

Dual Meet Record: 5-2, ACC 3-1
3rd Place at ACC Championships
12th Place at NCAA Championships
Ranked #15 in CSCAA Poll

10/13	at South Carolina	198-99 vs. Texas A&M* L, 123.5-174.5
10/20	at SMU Swimming & Diving Classic	2nd of 6 teams, 292.5 points
10/26	VIRGINIA TECH	W, 175-120
1/15-17	NIKE CUP	2nd of 8 teams, 816 points
11/30 -	at Ohio State	
12/2	Invitational	4th of 9 teams, 563 points
1/12	at Navy	W, 213-84
1/19	at Virginia	L, 131-169
1/26	DUKE	W, 166, 127
2/2	at NC State	W, 157-142
2/20 -	ACC Championships#	
2/23		3rd Place, 508 points
3/21 -	NCAA Championships^	
3/23		12th Place, 102 points

* at Columbia, S.C.
 # at Greensboro, N.C.
 ^ at Indianapolis, Ind.

2012-13 UNC Men's Swimming & Diving Depth Chart

2012-13 Men's Results & Top Times

50-Yd. Freestyle	Time	Meet
1. Logan Heck	19.79	ACC
2. Kyle Ficker	20.10	ACC
3. Sean Sullivan	20.22	ACC
4. Nic Graesser	20.42	ACC
5. Sam Lewis	20.61	OSU
6. Chris Gondek	20.82	BI
7. Patrick O'Donovan	20.85	BI
8. Alex Gianino	21.03	NCSU
9. Ben Colley	21.48	NIKE
10. Jake Stringfield	21.63	VT
11. Mike Mohr	22.14	BI
100-Yd. Freestyle	Time	Meet
1. Logan Heck	42.96	ACC
2. Kyle Ficker	44.30	ACC
3. Sean Sullivan	44.76	ACC
4. Patrick O'Donovan	44.96	BI
5. J.T. Stillely	45.26	VT
6. Brad Dillon	45.71	OSU
7. Nic Graesser	45.84	NIKE
8. Chris Gondek	45.91	BI
9. Sam Lewis	46.12	OSU
10. Alex Gianino	46.16	DUKE
11. Graham Williams	46.44	BI
12. Jake Stringfield	46.62	NIKE
13. Bryce Mendes	46.67	BI
14. Tom Luchsinger	46.81	DUKE
15. Ben Colley	47.37	TRI
16. Mike Mohr	47.84	BI
17. John Paul Gaylor	48.87	NIKE
200-Yd. Freestyle	Time	Meet
1. J.T. Stillely	1:35.42	ACC
2. Brad Dillon	1:35.59	ACC
3. Logan Heck	1:37.93	ACC
4. Tom Luchsinger	1:38.21	OSU
5. Brett Nagle	1:38.59	ACC
6. Kyle Ficker	1:39.30	ACC
7. Nic Graesser	1:39.57	OSU
8. Chris Gondek	1:39.71	BI
9. Graham Williams	1:39.80	BI
10. John Paul Gaylor	1:40.22	BI
11. Patrick O'Donovan	1:40.58	BI
12. Jake Stringfield	1:41.18	NIKE
13. Mitch DeForest	1:41.41	OSU
14. Bryce Mendes	1:41.95	BI
500-Yd. Freestyle	Time	Meet
1. J.T. Stillely	4:19.09	ACC
2. Brett Nagle	4:21.04	ACC
3. Brad Dillon	4:21.60	ACC
4. Tom Luchsinger	4:23.81	OSU
5. Mitch DeForest	4:24.84	ACC
6. John Paul Gaylor	4:26.70	BI
7. Graham Williams	4:30.78	BI
8. Dan O'Connor	4:33.98	OSU
1000-Yd. Freestyle	Time	Meet
1. Brett Nagle	9:02.79	YJ
2. Mitch DeForest	9:12.23	NCSU
3. John Paul Gaylor	9:13.92	NCSU
4. J.T. Stillely	9:16.86	OSU
5. Dan O'Connor	9:19.39	OSU
6. Patrick Myers	9:35.83	DUKE
1650-Yd. Freestyle	Time	Meet
1. Brett Nagle	15:02.52	YJ
2. J.T. Stillely	15:16.31	OSU
3. Mitch DeForest	15:23.23	ACC
4. John Paul Gaylor	15:26.10	BI
5. Dan O'Connor	15:27.70	OSU
100-Yd. Backstroke	Time	Meet
1. Nic Graesser	46.64	ACC
2. Sam Lewis	47.30	ACC
3. Ben Colley	47.75	ACC
4. Patrick Myers	49.01	OSU
5. Brad Dillon	49.16	OSU
6. Matt Kwatyra	49.82	NCSU
7. Clifton Gordon	50.08	BI
8. Tyler Hill	50.27	OSU
9. Bryce Mendes	51.82	NIKE
10. Mike Mohr	52.20	BI
11. Chris Gondek	53.63	NIKE
12. Sean Sullivan	56.24	NIKE
200-Yd. Backstroke	Time	Meet
1. Patrick Myers	1:43.52	ACC

2. Matt Kwatyra	1:43.81	ACC
3. Brad Dillon	1:44.25	ACC
4. Nic Graesser	1:44.43	ACC
5. Clifton Gordon	1:47.43	BI
6. Tom Luchsinger	1:48.75	NIKE
7. Mitch DeForest	1:51.16	NIKE
8. Tyler Hill	1:51.55	NIKE
9. Bryce Mendes	1:51.93	BI
10. Mike Mohr	1:53.64	BI
100-Yd. Breaststroke	Time	Meet
1. Kurt Wohlrab	54.28	ACC
2. David Speese	54.62	ACC
3. Brian Bolleman	55.91	BI
4. Alex Gianino	56.99	OSU
5. Matt Kwatyra	58.91	DUKE
6. Daniel O'Connor	59.19	OSU
200-Yd. Breaststroke	Time	Meet
1. Kurt Wohlrab	1:57.90	ACC
2. Alex Gianino	1:57.99	ACC
3. Brian Bolleman	1:58.07	BI
4. David Speese	1:58.26	ACC
5. Matt Kwatyra	2:05.45	DUKE
6. Dan O'Connor	2:05.49	NIKE
100-Yd. Butterfly	Time	Meet
1. Sam Lewis	46.42	ACC
2. Ben Colley	47.72	ACC
3. Nic Graesser	49.48	OSU
4. Kurt Wohlrab	49.61	ACC
5. Tom Luchsinger	49.82	VA
6. Clifton Gordon	49.85	BI
7. Sean Sullivan	49.95	ACC
8. Tyler Hill	51.13	VT
9. Patrick O'Donovan	51.96	NIKE
200-Yd. Butterfly	Time	Meet
1. Tom Luchsinger	1:42.95	NCAA
2. Ben Colley	1:44.63	ACC
3. Tyler Hill	1:47.61	ACC
4. Mitch DeForest	1:50.04	DUKE
5. Patrick Myers	1:50.88	NIKE
6. Logan Heck	1:51.92	OSU
7. Jake Stringfield	1:55.56	DUKE
8. J.T. Stillely	1:56.15	NIKE
200-Yd. Individual Medley	Time	Meet
1. Tom Luchinger	1:45.08	ACC
2. Alex Gianino	1:46.14	ACC
3. Patrick Myers	1:47.83	ACC
4. Matt Kwatyra	1:47.84	ACC
5. Tyler Hill	1:49.22	ACC
6. Brian Bolleman	1:49.25	BI
7. Clifton Gordon	1:52.05	NIKE
8. Kurt Wohlrab	1:53.42	OSU
9. Bryce Mendes	1:55.20	OSU
10. Dan O'Connor	1:58.26	NIKE
11. David Speese	2:00.31	DUKE
400-Yd. Individual Medley	Time	Meet
1. Tom Luchsinger	3:44.25	ACC
2. Alex Gianino	3:47.68	ACC
3. Patrick Myers	3:49.67	ACC
4. Brian Bolleman	3:49.98	BI
5. Tyler Hill	3:50.92	ACC
6. Matt Kwatyra	3:51.06	ACC
7. Mitch DeForest	3:51.71	ACC
8. Dan O'Connor	3:57.57	OSU
200-Yd. Freestyle Relay	Time	Meet
Logan Heck (20.02), Kyle Ficker (19.63), Sean Sullivan (19.48), Nic Graesser (19.85)	1:18.98	ACC
400-Yd. Freestyle Relay	Time	Meet
Logan Heck (42.96), Nic Graesser (43.99), J.T. Stillely (44.26), Kyle Ficker (43.67)	2:54.88	ACC
800-Yd. Freestyle Relay	Time	Meet
J.T. Stillely (1:35.42), Brad Dillon (1:35.38), Tom Luchsinger (1:34.03), Brett Nagle (1:37.64)	6:22.47	ACC
200-Yd. Medley Relay	Time	Meet
Nic Graesser (21.54), Kurt Wohlrab (24.54), Sam Lewis (20.81), Kyle Ficker (19.30)	1:26.19	ACC
400-Yd. Medley Relay	Time	Meet
Nic Graesser (46.64), Kurt Wohlrab (53.91), Sam Lewis (46.43), Logan Heck (42.80)		

One-Meter Diving (6 Optionals)	Score	Meet
1. Ryland Jones	322.43	VA
2. Ozzie Moyer	316.50	NAVY
3. Jake Kinzbach	308.48	DUKE
4. Ryan Fox	294.45	NIKE
5. Bryant Wooten	257.80	NIKE
6. Tyler Beard	249.15	NIKE
Three-Meter Diving (6 Optionals)	Score	Meet
1. Ozzie Moyer	366.15	NAVY
2. Ryland Jones	351.80	NIKE
3. Jake Kinzbach	326.10	NAVY
4. Ryan Fox	307.95	VT
5. Bryant Wooten	268.73	VT
6. Tyler Beard	227.40	NAVY
Platform Diving	Score	Meet
1. Ryland Jones	246.15	NIKE
2. Jake Kinzbach	232.00	NIKE
3. Ryan Fox	213.45	NIKE

Legend for Depth Chart
TRI=at South Carolina and vs. Texas A&M, 10-13-2012
VT=Virginia Tech, 10-26-2012
NIKE=Nike Cup, 11-15-2012 through 11-17-2012
OSU=at Ohio State Invitational, 11-30-2012 through 12-2-2012
NAVY=at Navy, 1-12-13
VA=at Virginia, 1-19-13
DUKE=Duke, 1-26-13
NCSU=vs. NC State, 2-2-13
ACC=ACC Championships, 2-27-13 through 3-2-13
BI=Bulldog Invitational Last Chance Meet, 3-2-13 through 3-3-13
YJ=Yellow Jacket Lance Chance Meet, 3-10-13
NCAA=NCAA Championships, 3-28-13 to 3-30-13

2012-13 UNC Men's Swimming & Diving Results

Dual Meet Record: 6-1, ACC 3-1
3rd Place at ACC Championships
29th Place at NCAA Championships
Ranked #16 in CSCAA Poll

10/13	at South Carolina W, 168-132 vs. Texas A&M* W, 176.5-121.5
10/26	vs. VIRGINIA TECH W, 176.5-123.5
1/17	NIKE CUP 2nd of 6 teams, 901 points
11/30	- at Ohio State
12/2	Invitational 3rd of 7 teams, 575.5 points
1/12	at Navy W, 175.5-124.5
1/19	at Virginia L, 106-194
1/26	DUKE W, 164-128
2/2	at #22 NC State W, 159.5-140.5
2/20	- ACC Championships#
2/23	3rd Place, 549 points
3/21	- NCAA Championships^
3/23	Tied 29th Place, 15 points

* at Columbia, S.C.
 # at Greensboro, N.C.
 ^ at Indianapolis, Ind.

2013-14 UNIVERSITY OF NORTH CAROLINA SWIMMING & DIVING SCHEDULE

DAY	DATE	OPPONENT/EVENT	SITE	TIME
Sat.	Sept. 28	Blue vs. White	Chapel Hill, N.C.	8:00 a.m.
Fri.	Oct. 11	Virginia Tech Sprint Challenge	Christiansburg, Va.	5:00 p.m.
Thurs.	Oct. 17	Texas	Austin, Texas	4:00 p.m.
SMU Classic				
Fri.	Oct. 18	SMU Classic (Women)	Dallas, Texas	6:30 p.m.
Sat.	Oct. 19	SMU Classic (Women)	Dallas, Texas	6:30 p.m.
Sat.	Oct. 19	TCU	Fort Worth, Texas	12:00 p.m.
Sun.	Oct. 27	NCAC Mile Meet	Chapel Hill, N.C.	11:00 a.m.
Fri.	Nov. 1	Louisville	Chapel Hill, N.C.	4:00 p.m.
Sat.	Nov. 2	Louisville	Chapel Hill, N.C.	10:00 a.m.
Dowd Nike Cup				
Thurs.	Nov. 21	Preliminaries	Chapel Hill, N.C.	10:00 a.m.
Thurs.	Nov. 21	Finals	Chapel Hill, N.C.	6:00 p.m.
Fri.	Nov. 22	Preliminaries	Chapel Hill, N.C.	10:00 a.m.
Fri.	Nov. 22	Finals	Chapel Hill, N.C.	6:00 p.m.
Sat.	Nov. 23	Preliminaries	Chapel Hill, N.C.	10:00 a.m.
Sat.	Nov. 23	Finals	Chapel Hill, N.C.	6:00 p.m.
U.S. Open (Thursday, Dec. 5 through Saturday, Dec. 7)				
		U.S. Open	Knoxville, Tenn.	All Day
USA Diving Winter Nationals (Tuesday, Dec. 17 through Sunday, Dec. 22)				
		USA Diving Winter Nationals	Austin, Texas	All Day
Georgia Diving Invitational (Thursday, Jan. 2 through Sat., Jan. 4)				
		Georgia Diving Invitational	Athens, Ga.	All Day
Fri.	Jan. 3	Penn State	Naples, Fla.	10:00 a.m.
Sat.	Jan. 11	Navy	Chapel Hill, N.C.	11:00 a.m.
Sat.	Jan. 25	Virginia (Men)	Chapel Hill, N.C.	12:00 p.m.
Sat.	Jan. 25	Virginia (Women)	Chapel Hill, N.C.	3:00 p.m.
Fri.	Jan. 31	NC State (Senior Day)	Chapel Hill, N.C.	5:00 p.m.
Sat.	Feb. 1	Duke	Durham, N.C.	12:00 p.m.
Sat.	Feb. 8	College of Charleston	Chapel Hill, N.C.	11:00 a.m.
Virginia Tech Invitational (Saturday, Feb. 8 through Sunday, Feb. 9)				
		Virginia Tech Invitational	Christiansburg, Va.	All Day
ACC Women's Championships				
Wed.	Feb. 19	Finals	Greensboro, N.C.	6:00 p.m.
Thurs.	Feb. 20	Preliminaries	Greensboro, N.C.	11:00 a.m.
Thurs.	Feb. 20	Finals	Greensboro, N.C.	7:00 p.m.
Fri.	Feb. 21	Preliminaries	Greensboro, N.C.	11:00 a.m.
Fri.	Feb. 21	Finals	Greensboro, N.C.	7:00 p.m.
Sat.	Feb. 22	Preliminaries	Greensboro, N.C.	11:00 a.m.
Sat.	Feb. 22	Finals	Greensboro, N.C.	7:00 p.m.
ACC Men's Championships				
Wed.	Feb. 26	Finals	Greensboro, N.C.	6:00 p.m.
Thurs.	Feb. 27	Preliminaries	Greensboro, N.C.	11:00 a.m.
Thurs.	Feb. 27	Finals	Greensboro, N.C.	7:00 p.m.
Fri.	Feb. 28	Preliminaries	Greensboro, N.C.	11:00 a.m.
Fri.	Feb. 28	Finals	Greensboro, N.C.	7:00 p.m.
Sat.	Mar. 1	Preliminaries	Greensboro, N.C.	11:00 a.m.
Sat.	Mar. 2	Finals	Greensboro, N.C.	7:00 p.m.
Bulldog Last Chance Meet (Saturday, March 1 through Sunday, March 2)				
		Bulldog Lance Chance Meet	Athens, Ga.	All Day
Yellow Jacket Last Chance Meet (Saturday, March 8 through Sunday, March 9)				
		Yellow Jacket Last Chance Meet	Atlanta, Ga.	All Day
NCAA Zone Diving Championships (Monday, March 10 through Wednesday, March 12)				
		NCAA Zone Diving Championship	Greensboro, N.C.	All Day
NCAA Women's Championships (Thursday, March 20 through Saturday, March 22)				
		NCAA Women's Championships	Minneapolis, Minn.	11:00 a.m. (Prelims) 7:00 p.m. (Finals)
NCAA Men's Championships (Thursday, March 27 through Saturday, March 29)				
		NCAA Women's Championships	Austin, Texas	11:00 a.m. (Prelims) 7:00 p.m. (Finals)
Canadian Commonwealth Games & Pan Pacific Games Trials (Tuesday, April 1 through Friday, April 4)				
		Canadian Trials	Victoria, British Columbia	All Day
USA Swimming Grand Prix (Thursday, April 17 through Saturday, April 19)				
		USA Swimming Grand Prix	Mesa, Ariz.	All Day

Driving Directions To Koury Natatorium

From Virginia and Points North:

Take I-85 South to Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points West:

Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points East:

Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points South:

Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.



Bubba Cunningham, Director of Athletics

Lawrence R. (Bubba) Cunningham is in his third year as the director of athletics at the University of North Carolina. Chancellor Holden Thorp appointed Cunningham, who had been the director of athletics at The University of Tulsa for six years, on October 14, 2011.

In his first years as the Carolina athletic director he has guided the Tar Heel program to back-to-back eighth-place finishes in the Learfield Directors' Cup. The Tar Heels won the NCAA championship in men's soccer in his

initial year at the helm and captured the NCAA titles in women's soccer in the fall of 2012 and women's lacrosse in the spring of 2013. The Tar Heels' women's athletic program won the Capital One Cup for the 2012-13 school year. Cunningham also guided the department through a major reorganization that was announced in July 2012 and the unveiling of a long-range strategic plan for the program later in 2012.

Cunningham, 51, officially began his duties at Carolina on November 14, 2011, succeeding Dick Baddour. Cunningham is the seventh director of athletics in UNC history, following Robert A. Fetzer (1923-52), Chuck Erickson (1953-67), Homer Rice (1969-75), Bill Cobey (1976-80), John Swofford (1980-97) and Baddour (1997-2011).

Cunningham is in his 12th year as a Division I director of athletics. In addition to his tenure at Tulsa, he was the AD for three years from 2002-2005 at Ball State University.

He was honored as the 2008-09 FBS Central Region Athletics Director of the Year, an award presented by the National Association of Collegiate

Directors of Athletics.

"Bubba Cunningham is an outstanding choice," Atlantic Coast Conference commissioner and former UNC A.D. John Swofford said after the hire. "He is a quality administrator and terrific person. Bubba is a highly respected and proven Athletics Director who will fit in extremely well at UNC and will be a welcome addition around our ACC table."

Cunningham guided Tulsa through its initial move to Conference USA and spearheaded a \$60 million athletics initiative, which included a \$20 million renovation to Skelly Field at H.A. Chapman Stadium, a goal of \$20 million for an athletics scholarship endowment and \$20 million for coaches' salary endowment.

At Ball State, Cunningham led a program with 19 intercollegiate sports and a budget of \$12.4 million. In his final year, Ball State completed a \$12 million campaign to renovate the football stadium. In raising those funds, Cunningham secured the largest single gift in Ball State athletics history.

From 1988-2002, Cunningham worked in the athletics department at the University of Notre Dame. Cunningham served as associate director of athletics for external affairs from 2000-02. He renegotiated the school's footwear contract, developed a communications and marketing plan, created marketing teams for all 26 varsity sports, increased corporate sponsorship income, created a financial/equity plan for the department and served as chairman of the NCAA Division I Women's Golf Committee.

Cunningham earned his bachelor's and master's degrees in business administration, both from Notre Dame, in 1984 and 1988, respectively. He played on the Irish golf team in 1982-83.

Born in Flint, Mich., and raised in Naples, Fla., Cunningham and his wife, Tina, have four children: Matthew, Michael, John and Sarah.

Tar Heels in Directors Cup

Final 2012-13 Standings:

1. Stanford (1261.25 points); 2. Florida (1244.75); 3. UCLA (1227.25); 4. Michigan (1138.25); 5. Texas A&M (1131.50); 6. Penn State (1100); 7. Oklahoma (1078.25); 8. **North Carolina (1075.33)**; 9. Notre Dame (1015.50); 10. Georgia (1006.75).

2012-13 ACC Final Standings

8. **North Carolina (1075.33)**; 11. Florida State (987.75); 12. Duke (969.60); 20. Virginia (845.50); 34. NC State (633.60); 36. Virginia Tech (629); 44. Maryland (503); 52. Clemson (440.50); 71. Miami (303); 74. Georgia Tech (282); 76. Boston College (263); 98. Wake Forest (172.50).

North Carolina's Finishes Since 1994

2013 – 8th
2012 – 8th
2011 – 6th
2010 – 7th
2009 – 2nd
2008 – 14th
2007 – 3rd
2006 – 4th
2005 – 9th
2004 – 7th
2003 – 8th
2002 – 4th
2001 – 15th
2000 – 5th
1999 – 17th
1998 – 2nd
1997 – 2nd
1996 – 6th
1995 – 2nd
1994 – 1st

Carolina Athletics Administration

Chancellor: Carol Folt

Faculty Representative: Lissa Broome

Director of Athletics: Bubba Cunningham

Exec. Assoc. AD: Larry Gallo

Sr. Assoc. AD/SWA: Beth Miller

Sr. Assoc. AD/CFO: Martina Ballen

Sr. Assoc. AD/Chief of Staff: Karlton Creech

Sr. Assoc. AD/Operations: Clint Gwaltney

Sr. Assoc. AD/Compliance: Vince Ille

Sr. Assoc. AD/Communications: Steve Kirschner

Sr. Assoc. AD/Facilities: Willie Scroggs

Sr. Assoc. AD/Marketing & Promotions: Rick Steinbacher

Assoc. AD/Compliance: Marielle vanGelder

Assoc. AD/Football: Corey Holliday

Assoc. AD/Risk Management: Paul Pogge

Asst. AD/Mkt. and Promotions: Michael Beale

Asst. AD/Communications: Kevin Best

Asst. AD/Fac. Planning & Management: Mike Bunting

Asst. AD/New Media: Ken Cleary

Asst. AD/Olympic Sports & FB Operations: Ellen Culler

Asst. AD/Student-Athlete Development: Cricket Lane

Asst. AD/Business & Finance: Mike Perkins

Asst. AD/Ticket Operations: Tim Sabo

Executive Director of the Rams Club: John Montgomery

Director of Sports Medicine: Dr. Mario Ciocca

Director Academic Support for Student-Athletes: Michelle Brown
Athletic Department Switchboards

Ernie Williamson Center (919) 962-6000

Carmichael Arena (919) 962-5411

Mailing Address: **Overnight Address:**

P.O. Box 2126 Ernie Williamson Center

Chapel Hill, NC 27515 Skipper Bowles Drive

..... Chapel Hill, NC 27514

Web Address: www.GoHeels.com

UNC Athletics Announces Strategic Plan

"We educate and inspire through athletics" - that is the mission statement for the University of North Carolina's department of athletics that is a result of a recently completed strategic planning process developed by Bubba Cunningham, who is in his second year as the Tar Heels' director of athletics.

"Our number one priority is for athletics to be part of the educational experience of all students at the University, those who compete in our 28 varsity sports as well as those who do not," says Cunningham. "Athletics provides academic and competitive opportunities for more than 700 students, and is part of a unifying spirit for thousands of other students, faculty, staff and alumni.

"Through competition and achievement, our programs can be a source of inspiration for the student body, the community, our alumni, donors and future generations of Tar Heels."

Early in his tenure as director of athletics, Cunningham appointed a group of executive staff members that began developing a strategic plan that will guide the athletic department's decision-making over the next four years.

The planning team identified four core values for Carolina Athletics – Responsibility, Innovation, Service and Excellence.



Rich DeSelm, Head Coach

One of the nation's top collegiate coaches, Rich DeSelm is now in his seventh year as the head swimming coach at the University of North Carolina after serving for one year as the chief assistant and head coach designate under former mentor Frank Comfort. Every year, DeSelm is leading his alma mater to new heights in the swimming pool and the classroom.

The program has made great strides under DeSelm's tutelage in the past six years. DeSelm

had been a highly successful head coach at Davidson College and a long-time assistant at perennial Top 10 program Florida before he assumed the full-time head coaching duties at Carolina on July 1, 2007.

Just a year ago, DeSelm led the Tar Heels to another brilliant season in the pool. Both teams finished in the top three at the Atlantic Coast Conference championships and UNC had the men's and women's ACC swimmers of the year in the same season for the first time since 1996. The women's 12th place finish at the NCAA Championships was the highest placing in 11 seasons.

Eleven Tar Heels earned All-America honors in 2012-13 at the NCAA Championships. UNC set 13 short course school records and seven long course University marks. During the summer months, Stephanie Peacock won a pair of medals at the World University Games and Tom Luchsinger won the U.S. national championship in the 200-meter butterfly, the first Tar Heel man to win a title since 1996. Luchsinger was also the first UNC man to swim for the U.S. at the World Championships since 1998.

DeSelm was also named the ACC Women's Swimming Coach of the Year for the second year in a row, the first back-to-back designation for a Tar Heel head coach since Frank Comfort in 2001 and 2002. In December 2012, Peacock set NCAA records in the 1000-yard freestyle and 1650-yard freestyle under DeSelm's tutelage.

In 2011-12, DeSelm led Carolina to one of its most successful combined seasons in history. Forty-eight Tar Heels qualified for the 2012 Olympics Trials, UNC swimmers combined to set 24 records, the Tar Heel men finished in the Top 15 for the third straight year and the Carolina women placed 19th at the NCAA meet.

After a 14th-place finish at the 2012 NCAA meet, UNC's men had posted back-to-back-to-back NCAA Top 15 finishes for the first time since 1956-58. The 19th-place finish by the UNC women was the team's best finish since 2003. In August 2012, junior Stephanie Peacock and senior Tom Luchsinger were named to the U.S. National Team. Forty UNC swimmers and divers were named to the ACC Academic Honor Roll, the most in DeSelm's five years in Chapel Hill.

In 2011-12, DeSelm was named ACC Women's Coach of the Year and Peacock swept the ACC Swimmer of the Year honor and the MVP award at the ACC Championships. Peacock won the NCAA championship in the 1650-yard freestyle in an NCAA record time and she placed third in the 500-yard freestyle. It was the first NCAA championship for a UNC woman since 2003 (Jessi Perruquet in the 200-yard freestyle) and Steve Cebertowicz finished sixth in both the 50- and 100-yard freestyles at the NCAA meet, the first time a Tar Heel man has made the championship final in both events since Pete Worthen in 1965.

In September 2011, U.S. Swimming named DeSelm to the National Team staff, one of the most prestigious honors a coach can attain nationally. This came on the heels of his first-ever international head coaching assignment in August 2011 when he piloted the ship for the U.S. men's team at the World University Games in Shenzhen, China. Two Tar Heel student-athletes mentored by DeSelm won bronze medals at the those Games — Tyler Harris in the 400-meter individual medley and Stephanie Peacock in the 400-meter freestyle.

The 2010-11 season was also a magnificent one under DeSelm's tutelage. The men and women both took second in the conference championships with the women achieving their highest point total in four years. The women garnered their third successive NCAA Top 25 finish while the men finished 14th at NCAAs, the highest team finish in 18 years.

UNC's women won five individual titles and two relay championships at the ACC meet and the men won five individual titles of their own. Altogether, UNC rewrote the short course record book for both teams with nine new school records on the

women's side and 12 on the men's ledger sheet. In addition, five school records fell during the long course season in the summer of 2011.

Individually, Tyler Harris placed third in the 400 IM at the NCAA meet, the highest individual placing by a UNC man since 1966. Joe Kinderwater copped first-team All-America honors in the 1650-yard freestyle and became only the third men's swimmer in Carolina history to win first-team honors all four years. The men's 800-yard freestyle relay garnered first-team All-America accolades, the first Tar Heel relay to do so in 18 seasons. Carly Smith, Layne Brodie and Tyler Harris each won a pair of individual ACC titles and Tommy Wyher captured the men's 100-yard backstroke at the ACC meet, becoming only the 20th individual in ACC history to win the same event four years in a row.

Both teams continued to excel academically with 14 All-ACC Academic selections and 32 ACC Academic Honor Roll choices. Tyler Harris was named the ACC Men's Swimming Scholar-Athlete of the Year, following in the footsteps of Chip Peterson who won the award a year earlier.

DeSelm has been an elite coach at every level during his more than three decades in college coaching. As an assistant coach at North Carolina (1978-93) and Florida (2000-06), he assisted on teams that won 16 conference championships and placed in the Top 25 on 36 occasions at the NCAA Championships, including 21 Top 10 finishes. As a head coach at Davidson his teams won seven conference championships and placed in the Top 10 of the ECAC Championships seven times in eight years.

A team captain, first-team All-America and long-time assistant coach at Carolina, DeSelm earned his bachelor's degree in business administration from UNC in 1978. He went on to earn a master's degree from Duke University in 1988 in liberal studies. He swam at Carolina from 1974-78 as a distance freestyler. He was the captain of coach Frank Comfort's first team in 1978 when he was the squad's most valuable swimmer. In 1976, DeSelm was a first-team All-America selection in the 800-yard freestyle relay.

DeSelm served as head coach designate in 2006-07, and became the head coach when Frank Comfort retired on June 30, 2007. Comfort was the winningest dual-meet swimming coach in college history when he retired and he led Carolina to 26 ACC championships in his 30-year tenure. DeSelm had previously worked as Comfort's No. 1 assistant for 15 seasons from 1978-93, years in which the program competed at a very high level in both the conference and nationally. In DeSelm's sole year as the head coach designate, Carolina's women claimed the ACC title for the first time in five years and both the men and women improved their NCAA finishes from the previous campaign. Nine women qualified for the NCAA Championships as did four men. Sixteen swimmers and divers were named to the 2007 All-ACC Team.

In his first year at the helm of the Carolina program in 2007-08, DeSelm coached the Tar Heels to second-place finishes at the ACC Championships. The men's second-place finish was their highest placing since 2001. For the first time since 2004, three Tar Heel men achieved All-America



Rich DeSelm enters his seventh year as UNC head coach in 2013-14.

**Rich DeSelm's Year-By-Year Coaching Ledger
AT THE UNIVERSITY OF NORTH CAROLINA**

Assistant Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	1st	21st
1983-84	8-4	4-1	2nd	17th
1984-85	4-4	3-2	3rd	36th
1985-86	5-3	4-2	2nd	31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	1st	19th
1988-89	8-2	4-1	1st	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	1st	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	1st	14th
Totals	111-44	64-17	5 Titles	10 Top 25 Finishes

Assistant Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	7-1	2-1	2nd	5th
1979-80	7-2	3-1	2nd	7th
1980-81	7-1	3-1	1st	3rd
1981-82	11-0	5-0	1st	3rd
1982-83	9-1	4-0	1st	6th
1983-84	9-0	5-0	1st	5th
1984-85	6-2	4-1	1st	12th
1985-86	8-0	6-0	1st	16th
1986-87	8-2	5-1	2nd	9th
1987-88	8-3	3-2	2nd	19th
1988-89	9-2	4-1	2nd	36th
1989-90	11-1	5-0	2nd	15th
1990-91	10-1	5-0	1st	20th
1991-92	12-0	7-0	1st	14th
1992-93	10-2	5-1	1st	16th
Totals	132-18	66-9	9 Titles	14 Top 25 Finishes

AT DAVIDSON COLLEGE

Head Men's and Women's Coach

DeSelm's men's dual meet record in seven seasons (1993-2000) was 26-40. His women's teams were 21-44-1. He was the Southern States Coach of the Year for men's swimming in 1995, and he received the honor for women's swimming each year from 1997 to 2000. During his tenure, the men's teams won three Southern States Championships, and the women's teams won four. Davidson placed in the top 10 at the Eastern College Athletic Conference Championships seven times in eight

years. DeSelm coached 22 all-conference performers, including 11 individual event winners.

AT THE UNIVERSITY OF FLORIDA

Assistant Coach—Men's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	9-5	0-3	3rd	5th
2001-02	10-4	4-3	2nd	4th
2002-03	9-3	4-2	2nd	6th
2003-04	9-2	5-1	2nd	6th
2004-05	11-1	4-1	2nd	5th
2005-06	10-3	5-1	2nd	5th
Totals	58-18	24-11		4 Top 5 NCAA Ranks

Women's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	12-2	3-1	3rd	8th
2001-02	12-2	2-1	1st	7th
2002-03	12-1	5-1	2nd	5th
2003-04	11-2	5-2	3rd	4th
2004-05	9-2	3-2	3rd	4th
2005-06	11-2	5-2	3rd	10th
Totals	67-11	26-9	1 SEC Title	3 Top 5 NCAA Ranks

AT THE UNIVERSITY OF NORTH CAROLINA

Head Coach Designate—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	5-3	4-1	3rd	27th

Head Coach Designate—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	8-1	5-0	1st	30th

AT THE UNIVERSITY OF NORTH CAROLINA

Head Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-2	4-0	2nd	29th
2008-09	6-3	4-1	3rd	26th
2009-10	10-1	6-1	2nd	15th
2010-11	8-1	4-1	2nd	14th
2011-12	7-2	6-1	3rd	14th
2012-13	6-1	3-1	3rd	Tied 29th
Totals	43-10	27-5		3 Top 15 Finishes

Head Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-3	3-1	2nd	32nd
2008-09	6-3	4-1	2nd	20th
2009-10	9-2	6-1	2nd	20th
2010-11	7-2	4-1	2nd	Tied 23rd
2011-12	7-2	6-1	2nd	19th
2012-13	5-2	3-1	3rd	12th
Totals	41-14	26-6		5 Top 25 Finishes

honors. Tyler Harris won the ACC title and set a UNC record in the 400 IM. Joe Kinderwater claimed the ACC championship and first-team All-America honors in the 1650 freestyle. He set school records in the 1000 and 1650 freestyles while making the finals of the 2008 Olympic Trials in the 1500-meter freestyle. Junior Whitney Sprague continued her record-setting career with ACC championships in the 500 and 1650 freestyles. She placed second in the NCAA Championships in the 1650 freestyle.

The Tar Heel program went to another level during DeSelm's second year at UNC in 2008-09. Carolina sent nine women and five men to the 2009 NCAA Championships with the women finishing 20th, Carolina's best placing since 2003. Sprague was the NCAA runner-up for the second year in a row in the 1650 freestyle while breaking the ACC record in the event. Katura Harvey placed seventh at the NCAA meet in the 1650 and broke the ACC record in the 500 freestyle. Layne Brodie was named ACC Freshman-of-the-Year, the first Tar Heel to win the award since Jessi Perrequet in 2003. She broke UNC records in three events and conference records in the 100 and 200-yard breaststrokes. On the men's side, Tyler Harris broke the 200-yard IM and 400-yard IM school records. Kinderwater placed eighth at NCAAs in the 1650-yard freestyle where he was named first-team All-America and broke the UNC record. Kinderwater also placed fourth at World Championships Trials in the 1500-meter freestyle in 2009. Junior Chip Peterson broke the 500-yard freestyle school record. Sophomore Tommy Wyher captured a pair of ACC titles and set league records in the 100 fly and 100 back and a third school record in the 200 back.

Both Tar Heel teams had banner campaigns in 2009-10. The Tar Heel

men finished second at the ACC Championships with 656.5 points, the most points UNC had scored in the meet since 2000. Carolina's 15th-place NCAA finish was its best since 1996. Carolina captured an ACC relay title for the first time in 12 years. Three Tar Heels — Joe Kinderwater, Tommy Wyher and Tyler Harris — earned first-team All-America honors for UNC, the most in a single year since 1993. Nine UNC swimmers overall earned first-team or honorable men



DeSelm addresses alumni at the 2011 anniversary of the 40th year of Carolina women's swimming.



As an assistant coach, DeSelm mentored Olympians David Monasterio and Yann deFabrique.

tion All-America accolades, the most since 1996. Eight UNC performers were named All-ACC, the most since 1997. UNC swimmers eclipsed nine school records during the school year. Senior Chip Peterson was named the ACC Scholar-Athlete-of-the-Year and an ESPN The Magazine Academic All-America. He became the first Tar Heel men's swimmer since 1965 to win the Patterson Medal as the school's outstanding senior athlete.

The women's squad improved their point total at ACCs for the second straight year, scoring 642.5 points, the most since 2007. For the second straight year UNC placed 20th at the NCAA Championships and the Tar Heels had relays score for the first time since 2003. Altogether, UNC swimmers established seven school records, including three relay marks. Laura Moriarty won three individual ACC championships, the most by a UNC women's swimmer since Richelle Fox won three titles in 1998. Moriarty earned first-team All-America honors and she was one of seven Tar Heels overall who earned All-America accolades.

DeSelm was an assistant at Carolina from 1978 to 1993. In his 15 years of coaching at Carolina, the Tar Heels won 14 Atlantic Coast Conference championships including nine by the women and five by the men. The women had seven Top 10 and 14 Top 20 NCAA finishes, while the men finished in the national Top 25 on 10 occasions.

While at Florida, DeSelm helped recruit and coach men's and women's teams that were consistently among the best in the country. Each year from 2001 through 2006, both the men's and women's swimming teams



DeSelm and associate head coach Mike Litzinger led the Tar Heel women to a 12th place NCAA finish a year ago.

finished the season in the Top 10 nationally, posting seven Top five finishes along the way. The Gators earned more than 300 All-America honors in his six years in Gainesville, including a school-record 26 citations by Carlos Jayme, who DeSelm helped mentor from 2000-2004. Jayme was the 2001 Southeastern Conference Freshman-of-the-Year and the school record holder in the 50-yard freestyle and the 100-yard freestyle. DeSelm also assisted in the training of Brazilian Olympian Gabriel Mangabiera, who finished fifth in the 100-meter butterfly at the 2004 Olympic Games.

DeSelm led Davidson College to four women's and three men's titles at the Southern States Championships and he earned five coach-of-the-year awards. Mary Shell Brosche won three consecutive Southern States swimmer-of-the-year awards under his tutelage. The Wildcats placed in the Top 10 of the ECAC meet seven times in eight years.

He coached a pair of Tar Heels to berths in the 1992 Barcelona Olympics. Yann deFabrique, a first-team All-America at Carolina, was the 1993 French national champion in the 400-meter freestyle. David Monasterio, a first-team All-America at UNC in the 200-yard freestyle and 200-yard butterfly, swam on the 1992 Puerto Rican Olympic Team.

Other notable UNC swimmers coached by DeSelm as an assistant from 1979-93 include Sue Walsh, Polly Winde, James Hamrick, Carrie Szulc, John Davis, Gary Gauch, Melissa Douse and Sarah Perroni. Walsh and Winde were members of the 1983 United States Team in the Pan American Games.

DeSelm was the assistant manager for the U.S. team at the 2000 Olympic Games in Sydney, Australia, and the 2004 FINA Short Course World Championships. He was the head manager for U.S. teams at the 1997 and 1999 Pan Pacific Championships and the 1995 Pan American Games.

DeSelm and his wife, Tracy, a physician, have two children, Grant, 17 years old, a football and lacrosse player at Chapel Hill High School, and Claire, 15 years old, a talented junior level swimmer. DeSelm is a native of Knoxville, Tenn., and attended high school there and in Jacksonville, Fla., where he graduated from The Bolles School in 1974.



DeSelm urges on his swimmers at the 2013 ACC Championships.

**National and international highlights of selected individual swimmers
Coach DeSelm has worked with during head coaching tenures at UNC
and Davidson and an assistant at UNC and Florida.**

•**Cari Blalock (University of North Carolina):** 2013 ACC Swimmer of the Year; ACC champion and first-team All-America in 400 IM and 200 butterfly.

•**Mary Shell Brosche (Davidson College):** 1997, 1998, 1999 & 2000 Southern States triple event individual Champion; Female Swimmer of the Meet 3 years.

•**Steve Cebertowicz (University of North Carolina):** University record holder in 50-yard 50-meter, 100-yard, 100-meter freestyle; Sixth-place finisher in 50-yard and 100-yard freestyle at NCAA Championships, first Tar Heel to place in both events since Pete Worthen in 1965.

•**John Davis (University of North Carolina):** 11-time ACC Individual event champion, 1988-1991.

•**Yann deFabrique (University of North Carolina):** 1992 French Olympic Team; placed 14th in 400-meter free in Barcelona; 1993 French National Champion in 400-meter free; 1993 World University Games 200-meter free Champion, representing France; 1993 European Championships in 200-meter & 400-meter freestyles for France; 200 Fly at 1993 NCAAs 6th Place; 200 Free at 1993 NCAAs 9th Place 500 Free at 1993 NCAAs 11th Place Member of 4th-place 800 Free Relay Team at 1993 NCAAs

•**Melissa Douse (University of North Carolina):** 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1991 ACC Champion in 100 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

•**Maureen Farrell (University of Florida):** 17-time NCAA All-America from 2002-2005; NCAA record holder 800 Free Relay; 5th at 2004 U.S. Olympic Trials in 200 Back.

•**Gary Gauch (University of North Carolina):** 1989 NCAAs, 13th in 100 Breast; 1991 ACC Champion in 100 Breast; 1990 ACC Champion in 100 Breast.

•**James Hamrick (University of North Carolina):** 1993 U.S. Team in World University Games in 400-meter freestyle; 1993 NCAAs, 5th in 500 Free, 8th in 1650 Free, 12th in 200 Free; Member of 4th place 800 Free Relay Team at 1993 NCAAs; 1992 NCAAs 6th in 500 Free, 10th in 1650 Free.

•**Tyler Harris (University of North Carolina):** ACC Champion in 400 IM, 2008 & 2010 and in 200 IM in 2011. First-team All-America in 400 IM, 2010 & 2011. Bronze Medalist in 400-meter IM at 2011 World University Games. UNC short course record holder in 200 IM, 400 IM. School long course record holder in 200 IM, 400 IM. ACC runner-up in three events, 2010. Member 2011 USA Swimming National Team.

•**Katura Harvey (University of North Carolina):** ACC 500 freestyle champion, 2009. Finished 7th at NCAAs in 1650 freestyle, 2009; NCAA first-team All-America, 2009; All-ACC in 200, 500 and 1650 free, 2009.

•**Carlos Jayme (University of Florida):** From 2001-2004 a 26-time NCAA All-America (most All-America citations in Florida men's swimming history); 2001 SEC Freshman-of-the-Year; 2003 SEC Champion, 100 Free; Florida school record holder in 50 Free, 100 Free.; and as member of 200 free relay, 400 free relay & 400 medley relay teams.

•**Joe Kinderwater (University of North Carolina):** ACC champion, 1650 Free, 2008; ACC runner-up, 1650 Free, 2010 & 2011; 5th place at NCAAs in 1650 Free, 2008; 8th place at NCAAs in 1650 Free, 2009; 6th place at NCAAs in 1650 Free, 2010; 5th place at NCAAs in 1650 Free 2011; Four straight first-team All-America citations in 1650 Free; Olympic Trials finalist, 1500 Free, 2008; 4th-place finish in the 1500-meter free at World Champ Trials, 2009; School record holder in 1000 & 1650 freestyles.

•**Tom Luchsinger (University of North Carolina):** Member 2011, 2012 & 2013 USA Swimming National Team; U.S. Swimming National Champion in 2013 in 200-meter butterfly' Member of U.S. team at 2013 World Championships; 2013 ACC Swimmer of the Year; 2012 & 2013 ACC champion in 400-meter IM; 2011, 2012 & 2013 ACC champion in 200 fly; 2013 NCAA finalist in 200 butterfly; University record holder in 200-meter and 200-yard fly.

•**Gabriel Mangabiera (University of Florida):** 2004 Brazilian Olympic Team (5th in 100-meter Butterfly); 2004 3-time Brazilian National Champion; South American Record holder in 100-meter Butterfly; 15-time NCAA All-America; SEC Champion, 100 Back, 2003; Florida school record holder in 100 Back and as member of 200 free relay, 400 free relay, 800 free relay, 200 medley relay & 400 medley relay teams.

•**Leah Martindale (University of Florida):** 2001 & 2002 NCAA All-America; Member of 2001 Barbados World Championship Team.

•**David Monasterio (University of North Carolina):** 1992 Puerto Rico Olympic Team in Barcelona; 1992 NCAAs: 10th in 200 Fly, 10th in 500 Free; 1992 ACCs—Champion in 500 Free and in 200 Fly; Member of 4th place 800 Free Relay Team at 1993 NCAAs.

•**Laura Moriarty (University of North Carolina):** Three-time ACC champion, 2010; First-Team All-America, 200 Breast, 2010. Moriarty holds school records in the 200 breast and 400 IM.

•**Hendrik Odendaal (University of Florida):** 2001 & 2002 NCAA All-America; Champion in South African National Championships; Member of 2002 South African Commonwealth Games Team.

•**Stephanie Peacock (University of North Carolina):** 2012 NCAA champion, 1650-yard freestyle; Bronze medalist, 400-meter free, 2011 World University Games; 2013 World University Games Selection where she won gold and silver medals; ACC record holder, 500-yard freestyle, 1000-yard freestyle, 1650-yard freestyle; NCAA record holder, 1000-yard and 1650-yard freestyles; 2012 ACC Swimmer of the Year and ACC Meet MVP.

•**Sarah Perroni (University of North Carolina):** 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1990 NCAAs - 8th place in 100 Free, 14th place in 50 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

•**Chip Peterson (University of North Carolina):** ACC runner-up, 1650 Free, 2007; ACC champion, 1650 Free, 2010; 6th place at NCAAs, 1650 Free, 2007; National and World Open Water Swimming Champion; 500-yard freestyle and 1000-yard freestyle school record holder; Patterson Medal winner as UNC's outstanding senior athlete, 2010 (first male swimmer to win award since 1965).

•**Scott Schultz (University of Florida):** 2003-2004 NCAA Post-graduate Scholarship winner; 3-time NCAA All-America; 2-time SEC Academic Honor Roll.

•**Whitney Sprague (University of North Carolina):** ACC Champion, 500 & 1650 Free, 2007 & 2008; Two-time 2nd place at NCAAs, 1650 Free, 2008 & 2009; 3rd place at NCAAs, 1650 Free, 2007. Held the ACC and UNC records in the 500, 1000 & 1650 freestyles.

•**Carrie Szulc (University of North Carolina):** At 1993 World University Games 5th Place in 400 IM representing U.S.; 1993 NCAAs 8th in 400 IM; 1992 NCAAs 6th in 400 IM; 1992 ACCs - Champion in 200 IM & 400 IM.

•**Darian Townsend (University of Florida):** 6-time NCAA All America in 2005; 2005 SEC Champion, 200 Freestyle; member of NCAA record setting 800 Free Relay Team; South African Commonwealth Games Team member; 2-time NCAA All-America in 2006.

•**Sue Walsh (University of North Carolina):** From 1981-1984 an 11-time AIAW and NCAA Champion (10 individual, 1 relay); Was once an American Record Holder in 50-meter backstroke, 100-meter backstroke, 100-yard backstroke; NCAA Top 5 Award Winner. Currently holds the U.S. Masters records in the 50-yard and 50-meter freestyle, along with the World Masters record in the 50-meter free for her age group.

•**Candice Weimann (University of Florida):** 5-time NCAA All-America in 2005 after transferring from Alabama where she was a 4-time NCAA All-America in 2004; broke Dara Torres' 17-year-old Florida school record in 100 Fly; 5-time NCAA All-America in 2006.

•**Polly Winde (University of North Carolina):** 1982-1985 Multiple NCAA & U.S. Swimming Nationals individual finalist; 1983 U.S. Pan American Games Team Member.

•**Tommy Wyher (University of North Carolina):** ACC Champion, 100 Back, 2008-2011, & 100 Fly, 2009 & 2010; ACC Record Holder, 100 Back & 100 Fly; First-Team All-America, 100 Fly (5th Place Finish), 2010; School Record Holder, 200 Back.



Mike Litzinger, Associate Head Coach

Mike Litzinger is in his seventh season with the Carolina swimming program. In June of 2011, he was promoted to the position of associate head coach, the first such designation in UNC's long swimming history.

Litzinger has been a key element in the success of the program over the past six seasons. The Tar Heels have had great success at both the conference and national levels in that time.

UNC is coming off one of the most successful seasons in school history in 2012-13. Both squads claimed top three finishes at the ACC Championships while the women placed 12th at the NCAA Championships, Carolina's best finish in 11 seasons. Altogether, 11 swimmers earned All-America honors and Tar Heels set 13 short course and seven long course University records. UNC also had the ACC men's and women's swimmers of the year in the same season for the first time since 1996.

Litzinger specifically coached a UNC women's butterfly and IM corps which shattered multiple school records. The trio of Cari Blalock, Meredith Hoover and Katie Nolan all earned first-team All-America honors at the NCAA Championships. They combined to establish five school records in butterfly and IM events during the course of the year and Blalock capped her season by being named ACC Women's Swimmer of the Year. The trio all finished in the Top 10 of the 200-yard butterfly at the NCAA Championships with Blalock taking third, Hoover fourth and Nolan 10th.

Litzinger helped lead the 2011-12 teams to a pair of Top 20 finishes. The women's 19th place finish was the highest for Carolina since 2003 and the men posted a third straight Top 15 finish for the first time since 1956-58. During the course of the season, UNC swimmers set eight school long course records, six school short course records, three ACC records, three Nike Cup records, two ACC meet records, one pool record and one NCAA record. In addition, 48 UNC swimmers competed in the 2012 U.S. Olympic Trials under Litzinger's tutelage.

From 2007-08 through 2010-11, both teams finished second in the ACC for four straight years and the women's team had their highest point total at the ACC Championships in four years in 2011. Carolina women's swimmers won five individual and two relay titles at the 2011 league meet while the men also won five individual titles. Nationally, the UNC men posted back-to-back-to-back Top 15 NCAA finishes, the first time they have done that since the late 1950s, while the women have made the Top 25 of the NCAA rankings five straight years.

"I am excited for Mike to be elevated to the position of associate head coach," DeSelm said in August 2011. "He is a seasoned and experienced coach who has loyally demonstrated that he is an effective leader who understands and implements the goals of our program. Since his arrival, North Carolina's swimming and diving program has improved immensely and Mike has played a significant role in our success. I believe elevating Mike to associate head coach will be well received by our team members and staff, parents and alumni and prospects."

"I am extremely grateful to Coach DeSelm for having the confidence in me and our program to make this happen," Litzinger said when he became associate head coach. "The University of North Carolina is a very special place, and I am proud to be able to represent the swimming and diving program as the associate head coach. It is a truly exciting time for our program, and I am looking forward to continuing to help build upon the success we have had over the past four seasons."

Litzinger, previously the head swimming coach at the University of Utah, was hired in June 2007 to be a full-time assistant coach at Carolina, taking the job as head coach Rich DeSelm's top assistant when DeSelm took over full control of the program in July 2007. Since his arrival, Litzinger has been involved in all aspects of the program with his primary responsibilities coaching the middle distance group and heading up Carolina's recruiting efforts. He also plays a major role in meet management.

In his seven seasons in Salt Lake City, Litzinger reinvigorated the Utah men's and women's swimming and diving and teams, crafting them into a pair of top teams in the Mountain West Conference and the nation. Litzinger is known as an innovative coach, a possessor of brilliant on-deck coaching techniques and a great evaluator of talent. He turned Utah into a highly competitive program with an influx of talent and a winning attitude.

During his last year in Salt Lake City, the Utes had a particularly memorable season in 2006-07. The women went undefeated in dual meets at 10-0, upping their mark over three seasons to an impressive 28-1. The



women had three conference champions, while Amber Walter won the Mountain West Conference swimmer-of-the-year award and Kelsey Patterson garnered the MWC diver-of-the-year accolades. The women established six school records in 2007 and placed 12 individuals and four relay teams on the all-conference squad. At the 2007 NCAA Championships, Alison McIntuff earned All-America honors in the 200-yard freestyle with a scorching time of 1:46.56. The men's team finished the 2006-07 season with six Ute swimmers and divers landing on the all-conference squad.

Prior to that final season, Utah won three successive women's Mountain West Conference championships in a row from 2004-06. He won MWC women's coach of the year honors in 2002 and 2006.

Overall, in Litzinger's seven years, the Utes broke 35 school records, qualified eight athletes in 23 different events for the NCAA Championships and had 14 swimmers qualify for U.S. Nationals. Both programs garnered All-Academic status from the College Swimming Coaches Association of America.

Litzinger has received numerous accolades for his dedication to the sport of swimming. He was awarded Eastern Intercollegiate coach-of-the-year awards in 1992 and 1994 and Atlantic Ten Conference coach-of-the-year accolades in 1996 and 1997 while serving as the head coach at St. Bonaventure University.

After leaving St. Bonaventure and before going to Utah, Litzinger was the assistant men's coach at Ohio State from 1997-2000. While there, he helped lead Buckeyes to two Top 25 NCAA finishes.

At St. Bonaventure from 1989-97, Litzinger was head coach of the women's swimming program. He led the Bonnies to an ECAC title and two Atlantic Ten Conference championships in his tenure there.

Litzinger began his coaching career at Fredonia State University in New York in 1988-89. While at Fredonia State, Litzinger took the Blue Devils to a second place SUNYAC Conference finish.

A 1984 graduate of Hobart College in Geneva, N.Y., Litzinger received his bachelor's degree in English and was captain of the Hobart swimming team in 1983-84. The same year he was voted the program's most valuable swimmer. In 1988, he received his master's degree in exercise science from the University of Iowa. While working on his master's degree, Litzinger was the Hawkeyes' graduate assistant men's coach.

The New York native and his wife, Julie, reside in Durham, N.C. The Litzingers have two children, Gabrielle, seven years old, and Grace, six years old.



Abel Sanchez, Diving Coach

Abel Sánchez, a 2000 Summer Olympics participant and three-time All-America at the University of Michigan, was named this past summer as the diving coach at the University of North Carolina. UNC head swimming coach Rich DeSelm made the announcement. He replaces Jenny Keim Johansen who had spent the past year coaching the UNC divers before moving to Bloomington, Ind., with her family.

It is appropriate that one Olympian would

replace another in the diving coach position at Carolina as Keim Johansen handed off the reins of the program to Sánchez.

Sánchez came to Chapel Hill from the University of New Mexico where he had served as the diving coach since October 2004.

"We are extremely excited to announce that Abel Sánchez will join our staff as the new diving coach at North Carolina. Abel has an impressive background as a diver and as a collegiate and club coach," said DeSelm at the time of the hire. "As an athlete, Abel was an NCAA All-America and medalist at various national and international competitions, including representing Peru in the 2000 Olympics in Sydney.

"As a coach, he was mentored by some of the best coaches in the profession and has coached NCAA All-Americans and various international medalists. We are thrilled to welcome Abel, his wife Leanne and his daughters Bryze and Maizie and son Rio to UNC!"

At New Mexico, he was the 2011 and 2012 Mountain West Conference Coach of the Year. He coached six Mountain West Conference champions, two NCAA All-Americans, 37 MWC finalists and three performers who won MWC Diver of the Year accolades. He has coached divers who have been either finalists or medalists at the World University Games, the Commonwealth Games, the Canadian Nationals and the Russian Nationals.

In 2012-13, Sánchez coached a diving squad that included six All-Mountain West Conference performers on the one-meter, three-meter and platform events. All six divers qualified to the 2013 NCAA Zone "E" Diving Championships in Colorado Springs, Colo. His divers set the highest scores in the Mountain West Conference for the season. Sophomore Michole Timm qualified to the NCAA National Championship in Indianapolis, Ind. She has transferred to Carolina and has two seasons of eligibility remaining beginning in 2014-15.

A standout diver in Ann Arbor, Sánchez was a four-time All-America (twice first team, twice honorable mention) and an Academic All-America. He placed in the Top 10 at the NCAA Championships twice, finishing as high as fourth. Sánchez was also a five-time All-Big Ten Conference honoree. He won two silver medals at the conference championships in his career and helped Michigan to four consecutive Big 10 titles and a national championship for the Maize and Blue in 1995.

He earned his Bachelor of Arts degree in communications in 1995 from the U of M. He also holds a master's degree in architecture from New Mexico that was earned in 2011.

After his collegiate career ended, Sánchez

continued to dive, training with Olympic coach Kenny Armstrong, Jay Lereu and Olympian and world champion Janet Ely-Lagourgue.

Sánchez went on to represent Peru, his father's home country, on three-meter springboard and platform at the 2000 Olympic games in Sydney. Sánchez qualified for the Olympics after claiming silver medals on one-meter and three-meter springboards and the 10-meter platform at the South American Championships. He was an eight-time finalist at the U.S. Diving Nationals, and a five-time finalist in the FINA Grand Prix circuit.

Sánchez joined the Lobos after coaching the Mission Viejo (Calif.) Nadadores Diving Team. Previously he served as a member of coaching staffs at Team Orlando Diving (Fla), L'Equipe Diving (Irvine, Calif.) and The Woodlands Diving Academy (Texas).

Sánchez, a Holland, Mich., native, is married to Leanne and the couple has two daughters, Bryze and Maizie, and a son, Rio.

Abel Sánchez Coaching Highlights:

- 2 NCAA All-America
- 1 FISU - World University Games Finalist
- 1 Silver Medalist - Commonwealth Games
- 28 Academic All-Conference Award Winners
- 6 Mountain West Conference Champions
- 43 Mountain West Conference Finalists
- 31 Mountain West Conference "Athlete of the Week" Awards
- 3 Mountain West Conference "Diver of the Year" Awards
- 1 "Senior Athlete of the Year Recognition Award" – Awarded by MWC
- 2 Mountain West Conference "Coach of the Year" Awards
- 2011 UNM Faculty of Color Award for UNM Staff
- 2 USA National Finalists
- 2 FINA GP Finalists
- 4 Canadian National Finalists
- 2 Russian National Finalists



Carolina Swimming & Diving Staff Contact Information

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DeSelm, Rich - Head Swimming Coach	966-5340	richdeselm@unca.unc.edu
Litzinger, Michael – Associate Head Coach	843-9275	mlitzinger@unca.unc.edu
Sanchez, Abel - Diving Coach	962-7261	abel2s@unc.edu
Workman, Aaron - Assistant Coach	966-1900	aworkman@unc.edu
Garth, Christy - Assistant Coach	962-7262	cgarth@unca.unc.edu
Quinn, Sean - Assistant Coach	962-1604	squinn23@unca.unc.edu
Peterson, Chip – Volunteer Assistant	962-1604	
Griggs, Kathy – Administrative Assistant	843-5834	kgriggs@unca.unc.edu



Aaron Workman, Assistant Coach

Aaron Workman joined the University of North Carolina swimming and diving staff as an assistant coach this past August. Workman, most recently an assistant coach at Penn State, will be UNC's primary coach for speed-oriented swimmers as well as working with all aspects of the Tar Heel aquatics program.

"I am extremely excited to join the staff at UNC. I am looking forward to working with Coach DeSelm as well as Mike (Litzinger), Abel (Sánchez), and Christie (Garth)," said Workman at the time of his hire. "I grew up near this area and I am looking forward to having my family move back here."

Workman joined the Nittany Lion staff in 2010-11, coaching there the past three years. He coached previously at four other schools after a decorated swimming career of his own at the University of Kentucky.

"We were extremely excited to add Aaron Workman to our staff as an assistant coach," DeSelm said. "Aaron is a dynamic coach and recruiter with a strong résumé. My staff and I felt Aaron's personality and proven success would be a great fit and we are eager to start the upcoming season together. Aaron will primarily focus his coaching duties on our speed-oriented swimmers, but he will be fully involved with all swimmers and all aspects of the program. We welcome Aaron, his wife Jaime, and his children Molly and Macon to UNC."

In 2012-13, the Nittany Lions finished 20th in the NCAA men's championships and 29th in the women's national meet. Multiple PSU swimmers earned All-America status with Nate Savoy claiming individual honors in the 100- and 200-yard backstroke events, Merritt Krawczyk earning accolades in the 200-yard individual medley and Megan Siverling meriting kudos in the 1,650-yard freestyle. Workman coached Paige Whitmire to a Big Ten Conference title in the 100-yard freestyle and she also broke the 50-yard freestyle, 100-yard freestyle and 100-yard backstroke school records. He coached Shane Ryan, who qualified for the USA National Team this summer, by placing third and fourth, respectively, in the 50-meter and 100-meter backstrokes at World Championship Trials.

During his three-year tenure at Penn State, Workman helped the Nittany Lion women break 31 school records and the men topple 19 school marks. PSU also had six men and 17 women earn All-Academic Big Ten honors, and we had nine women named Scholar All-Americans. During his first two seasons in Happy Valley, Workman watched as 14 of his pupils earned All-America honors in the pool on 44 occasions. He helped the men's squad to a No. 17 showing at the NCAA Championships in 2012 and a No. 26 finish during his first season on campus. The women's squad posted a pair of Top 25 finishes, grabbing the No. 22 spot in 2011-12 and the No. 25 spot in 2010-11.

Prior to coaching at Penn State, Workman was an assistant at the University of Pittsburgh. During his time at Pittsburgh, Workman was in charge of assisting the head coach in all aspects of team preparation. His duties included designing and implementing practice and weight training plans. Workman was also involved with Team Pittsburgh Aquatics during his time in the Steel City. Before working at Pittsburgh, Workman held the same duties as assistant swim coach and recruiting coordinator at UNLV from 2005-07. He helped coach his team to three straight Mountain West Conference championships. His collegiate coaching ventures started when he assumed the head swimming and diving coach role at Hollins University from 2002-03 and continued the next season when he was named the assistant coach at Wittenberg University, holding that post during the 2003-04 campaign. At Wittenberg, Workman coached a pair of NCAA All-America honorees and a Top 20 NCAA Division III team.

A four-year letterman at the University of Kentucky, Workman earned All-America accolades four times, was named an academic All-SEC performer during each of his seasons on campus and was an academic All-America pick in 2001. The freestyle sprinter helped Kentucky to four consecutive Top 20 finishes at the NCAA Championships, including a 17th-place finish in 2001 when he earned All-America honors in four relay events. Workman also competed in the 2000 U.S. Olympic Trials. Workman earned his Bachelor of Science degree in broadcasting from Kentucky in 2001. He is married to former Kentucky All-American swimmer Jaime Siegele. The couple has two children, Molly (5) and Macon (3).



Christy Garth, Assistant Coach

Christy Garth is now in her sixth season as an assistant coach for the Carolina men's and women's swimming teams. Garth was added as the fifth full-time member of the Carolina swimming coaching staff in September 2008.

In addition to Garth's superior on-deck coaching skills, she has been a key member of the staff due to her stellar organizational skills.

Garth organizes all recruiting weekends and

special events, including team banquets and other functions. As a Tar Heel alumna, he has been a key conduit with UNC's alumni base and much of the success of the lobby/entrance way area at Koury Natatorium, including the Blue Dolphin Hall of Honor is due to Garth's efforts. She worked hand-in-hand with alumnus Greg Sanchez and Sue Walsh of the Educational Foundation to make the project a reality.

Tar Heel teams have flourished under Garth's keen coaching skills. In 2012-13, Carolina placed third in both ACC meets and the women's team notched a 12th-place NCAA finish, the best ranking in 11 years for the Carolina women. Both the men's and women's ACC swimmers of the year came from the Tar Heel squad, 11 UNC swimmers earned All-America honors and Carolina swimmer set 13 short course University records and seven long course school marks.

Garth's hard work paid off in 2011-12 as well as the Carolina men's team placed in the Top 15 nationally for the third straight year, the first time that has happened since 1958, and the women placed 19th, their best finish since 2003. Altogether, UNC swimmers set 24 team records and 48 Carolina swimmers qualified for the U.S. Olympic Trials.

Garth, a 1996 alumnus of Carolina and a four-year letter winner on the Carolina women's swimming team, brings excitement, experience and

depth to the coaching staff. Garth works with a variety of swimmers in her training group, which includes both sprint and middle distance performers.

Garth was a decorated swimmer at Carolina during her four-year tenure. She was an All-ACC Selection four successive years from 1993-96 and was part of four ACC championship teams while a collegian. Garth was a two-year team captain in 1995 and 1996 and the winner of the program's Hill Carrow Spirit Award in both 1994-95 and 1995-96. She qualified for U.S. Olympic Trials in 2000 and was an Olympic torchbearer in 2002 when the winter games were in Salt Lake City.

Her collegiate coaching experience includes two seasons as an assistant coach at the University of Maryland in the early 2000s. She also served as an interim assistant coach for women's swimming at the University of Michigan during the 2000-01 school year. While at Michigan, Garth also coached at prestigious Club Wolverine for two seasons.

Garth has worked in a variety of sports-related jobs. Directly out of college, she worked for the United States Golf Association as the U.S. Women's Open director's assistant. Following that, she worked on production crews for ABC Sports from 1996-98. Garth also worked for NBC during the 2000 Sydney Olympic Games as part of the production crew. From 2001-03, she worked for Speedo as an accounts manager before she began coaching at the University of Maryland. Prior to coming to UNC in 2008, Garth was the head swim coach at Duchesne Academy in Houston, Texas.

Garth studied political science and communication studies at North Carolina. Today, she continues to swim and was honored as a Top 10 Master's swimmer in 2009.

Garth is married to Trey Blazer, a physician at Duke Medical Center. Blazer received both his undergraduate and medical degrees from Duke. The couple has a daughter, born in December 2011.



Sean Quinn, Assistant Coach

The Tar Heel school record holder in the 200-yard breaststroke, 100-meter breaststroke and 200-meter breaststroke, Sean Quinn, in now in fifth official year as a full-time assistant coach for the Carolina swimming program following six years in which he served as one of the program's volunteer coaches. Quinn took on added duties in the summer of 2010 when he was named the head coach of North Carolina Aquatic Club, a prestigious U.S. Swimming club team based in Chapel Hill, N.C. Quinn has worked to build NCAC into one of the top age group programs in the country, boasting multiple Nationals, Junior Nationals and Olympic Trials qualifiers.

In 2006-07, Quinn played a key role in the Carolina women capturing the ACC championship. Prior to becoming the overall head coach, Quinn was the head age group coach for the North Carolina Aquatic Club. He was selected as a North Carolina Zone Team coach in 2009. Quinn helped coach the North Carolina team to a third-place finish in that competition in Orlando, Fla.

A native of Lancaster, S.C., and 1999 alumnus of Lancaster High School, Quinn was a three-time All-America selection as a Tar Heel, earning those honors in 2000, 2002 and 2003. His best NCAA finish was an

eight place in the 200-yard breaststroke as a freshman in 2000. He also finished 10th in the 200 breaststroke at the NCAA Championships in 2002.

Quinn, a tri-captain of the 2002-03 Tar Heel team, won a silver medal in the 200-meter breaststroke at the 2003 Pan American Games in Santo Domingo, Dominican Republic. He finished fifth in the 200-meter breaststroke at the 2000 U.S. Olympic Trials. He was offered a slot on the United States Team at the 2002 Short Course World Championships in Moscow. During his freshman year at UNC, he competed in the Short Course World Championships in Athens, Greece. Before enrolling at Carolina, he swam in the 1999 U.S. Junior World Championships in Barcelona on a U.S. team coached by former Tar Heel head mentor Frank Comfort.

Quinn won ACC individual championships in the 200-yard breaststroke in 2000 and 2003. He holds the Tar Heel school record in the 200-yard breaststroke at 1:56.39 and he ranks ninth in school history in the 100-yard breaststroke with a career best time of 55.14. A four-time All-ACC selection, Quinn swam for the Mecklenburg Aquatic Club while in high school and was coached there by Pat Hogan. Quinn was named Carolina's most outstanding swimmer in 2000 and 2002 and the team's most valuable swimmer in 2003. His sister Kathleen swam for four years at UNC and was a tri-captain of the 2004-05 women's team.

Born May 20, 1981, Quinn is married to Beth Colacurcio Quinn, herself a former UNC swimmer.



Chip Peterson, Volunteer Assistant Coach

U.S. National Team swimmer, ACC champion and NCAA All-America Chip Peterson was recently named the volunteer assistant swimming coach at the University of North Carolina. UNC head coach Rich DeSelm announced the hire on September 11, 2013.

"We are elated to announce that Chip Peterson will serve as a volunteer swimming coach with us at North Carolina," DeSelm said at the time. "Chip was a highly accomplished

member of the UNC team, excelling in the classroom and pool. He is currently on the USA Swimming National Open Water team and earned many accolades both prior to arriving at UNC as a freshman in 2006 and during his highly successful career at UNC. Our swimmers will definitely benefit from Chip's input."

Peterson, who still actively competes in open water swimming and

was named in September to the 2013 U.S. Swimming National Team in that discipline, has been coaching with the North Carolina Aquatic Club over the past year before joining the UNC staff.

A native of Pine Knoll Shores, N.C., Peterson is a 2010 UNC alumnus. He won the Patterson Medal as UNC's outstanding men's senior student-athlete that year. He was also named the ACC Men's Swimming Scholar Athlete of the Year in 2010 and was a three-time member of the All-ACC Academic Team as an undergraduate.

Before attending Carolina, Peterson won the U.S. and world championships in 10 kilometer open water swimming in 2005. He continued to excel as a Tar Heel, twice being named All-ACC and in 2010 capping his career with the ACC championship in the 1650-yard freestyle. He earned NCAA All-America honors in 2007, 2009 and 2010, missing only in 2008 when he sat out the season to train with the U.S. National Open Water Swimming Team full-time. He earned All-America honors in both the 500-yard freestyle and 1650-yard freestyle as a collegian.

Carolina Swimming Support Staff



Kathy Griggs
Administrative
Assistant



Katie Murphy
Team Manager



Brian McClintock
Team Manager



Chelsea Smith
Team Manager



Brandon Smith
Team Manager



Larry Gallo
Primary Sports
Administrator



Angie Bitting
Secondary Sports
Administrator



Steve Gisselman
Strength &
Conditioning Coach



Jaimie Lee
Academic Advisor



Nicole Alexander
Head Athletic
Trainer



Catherine Lenhart
Graduate
Athletic Trainer



Emily Quatronomi
Graduate
Athletic Trainer



Jacob Miller
Undergraduate
Athletic Trainer



Dave Lohse
Athletic
Communications





JOSH BEALS
Distance Free
Freshman • 5-10
Attleboro, Mass. • Home Schooled
Crimson Aquatics

Career Best Times: 4:24.88 in the 500-yard freestyle; 9:05.86 in the 1000-yard freestyle; 15:18.95 in the 1650-yard freestyle; 4:01.02 in the 400-meter freestyle; 8:30.33 in the 800-meter freestyle; 15:53.32 in the 1500-meter freestyle.

General: A distance freestyler who competed in club swimming for Crimson Aquatics where he was coached by Carl Cederquist and Skip Bryant...Home Schooled...USA Swimming Academic All-American...NCSA Junior National Champion.

Personal: Full name is Joshua Dale Beals...goes by Josh...the son of Randy and Andrea Beals...was born April 6, 1995 in Providence, R.I. ... undeclared major...plays the piano in his spare time...his father swam at Lehigh University.



BRIAN BOLLERMAN
Breast/IM
Junior • 5-11
Ridgefield, Conn. • Ridgefield
Ridgefield Aquatic Club

Career Best Times: 55.91 in the 100-yard breaststroke; 1:58.07 in the 200-yard breaststroke; 1:49.25 in the 200-yard individual medley; 3:49.98 in the 400-yard individual medley.

General: Ranks sixth in Carolina history in the 200 breast (1:58.07) and fifth in Tar Heel history in the 400 IM (3:49.98)...spending his gap year in the Carolina Leadership Academy conducting presentations to middle school students about how to stand up to bullies.

2012-13: Posted four career best times while swimming in the Bulldog Invitational Last Chance Meet on March 2 and 3, 2013...had personal bests in both breaststroke events and both IM events... a rising star in the Carolina Leadership Academy.

2011-12: Had an impressive freshman year that really came together at the season-ending Virginia Tech Invitational...he won three events there, capturing the 400-yard individual medley in a pool record time of 3:52.43, the 200-yard breaststroke in a pool record time of 2:00.54 and the 200-yard individual medley in 1:50.73...he also finished fifth in the 100 breast at that meet in 56.85...a 2011-12 ACC Academic Honor Roll selection... at the 2011 Janis Hape Dowd Nike Cup he placed fifth in the 400 IM (4:01.28) and 13th in the 200 breaststroke (2:05.15)...in the dual meet win over Clemson, he claimed two event wins as he captured the 200 breast



in 2:08.86 and the 200 IM in 1:57.81.

Prep: Graduated from Ridgefield High School...four-year varsity swimmer there...specialized in 100 breast and 200 IM and as a member of squad's 200 and 400 free relays...copped high school All-America honors as a junior and senior...met 2012 Olympic Trials qualifying standard in 200-meter breaststroke...at junior national championships, he was an "A" finalist in the 200 breast and a "C" finalist in the 400 IM...high school team captain...two-time Academic All-America...Connecticut Scholar-Athlete... participated in club swimming for the hometown Ridgefield Aquatic Club.

Personal: Full name is Brian Steven Bollerman...son of Steve and Karen Bollerman...stands 5-10...was born November 30, 1992 in Ridgefield, Conn. ...describes himself as a talented video game player...computer science major...partnered with his sister, Nikki, to earn honors as the winners of the annual Bollerman Christmas Tree picking competition.



CHRISTIAN CAVENESS
Sprint Free/Fly
Freshman • 6-0
Wilmington, N.C. • Emsley A. Laney
Waves of Wilmington

Career Best Times: 20.75 in the 50-yard freestyle; 45.23 in the 100-yard freestyle; 49.29 in the 100-yard butterfly.

General: Coached by Emily Lunde and Dave Kesler in high school...did his club swimming at the Waves of Wilmington for coach David Sokolofsky...a graduate of Emsley A. Laney High School...2013 state champion and swimmer of the year...all-conference swimmer throughout his high school career...National Team member throughout his club swimming career...club team MVP...Beta Club member...inducted into National Honor Society...AP Scholar with Distinction...Math and Science Award recipient...finished in the Top 10 of his class with over a 5.0 GPA...lifeguard volunteer...also volunteered at a chemical lab.

Personal: Full name is Christian Fields Caveness...son of Michael and Beth Caveness...was born March 30, 1995 in Wilmington, N.C. ... chemistry major...older brother attends ECU...both parents are doctors of their respective fields...his father competes as an Iron Man.



BEN COLLEY
Back/Fly
Sophomore • 6-4
Williamsburg, Va. • Lafayette
Williamsburg Aquatic Club

Career Best Times: 21.24 in the 50-yard freestyle; 46.03 in the 100-yard freestyle; 1:40.16 in the 200-yard freestyle; 47.75 in the 100-yard backstroke; 1:50.89 in the 200-yard backstroke; 47.72 in the 100-yard butterfly; 1:44.63 in the 200-yard butterfly.

General: Ranks in the Top 10 of three different events in Carolina history...is fourth in the 100 back at 47.75 and fifth in both the 100 fly and 200 fly in times of 47.72 and 1:44.63, respectively.

2012-13: 2013 NCAA qualifier...had three Top 10 individual finishes at the ACC Championships...placed fourth in the 200 fly in 1:44.63...was 10th in the 100 fly at 47.72 and 10th in the 100 back at 47.75.

Prep: Graduated from Lafayette High School in Williamsburg, Va. ...four-year varsity swimmer...specialized in 100 fly and 100 back...played basketball his senior year as a power forward...led swimming team to state championship as a freshman...captain of swimming team as a senior... named All-District in swimming four times...also tapped for All-State swimming team four times...an All-District selection in basketball as a senior...

state champion in the 100 back twice and in the 100 fly once in Virginia high school ranks...state high school record holder in 100 back (49.59), 100 fly (49.81) and 200 fly (1:48.26)...as a senior he won state title in 100 fly, placed second in 100 back and led team to third-place finish...in his junior year he was state title winner in 100 back and runner-up in 100 fly... also captured state crown in 100 back as a sophomore...vice president of Pep Club and member of Key Club.

Personal: Given name is Ben William Colley...stands 6-4 tall...son of Jay and Cindy Colley...was born September 30, 1993 in Williamsburg, Va. ... his father, Jay Colley, has been a broadcaster for football and basketball for the College of William & Mary for 30 years...exercise and sports science major.



Ben Colley



MATT CONWAY

Back/Fly
Freshman • 6-2
Grayslake, Ill. • Warren Township
Blue Devil Swim Club

Career Best Times: 1:38.56 in the 200-yard freestyle; 49.09 in the 100-yard butterfly; 1:48.58 in the 200-yard butterfly; 1:52.18 in the 200-yard backstroke; 54.97 in the 100-meter butterfly; 2:00.12 in the 200-meter butterfly; 2:08.29 in the 200-meter backstroke.

General: Attended Warren Township High School and competed for the Blue Devils Swim Club...was coached in both high school and as a club swimmer by Chris Bertana...2012-13 U.S. Junior National Team member...third-place finishers at Junior Nationals and 2012 Olympic Trials qualifier...high school All-America...also earned Academic All-America accolades from USA Swimming his sophomore through senior years... captain of a team which finished third at Illinois state championships his junior year...attended National Select Camp in 2011...high point MVP of 2013 short course senior championships...National Honor Society member...had a 4.0 grade point average...achieved high honor roll status all four years.

Personal: Full name is Matthew Jesse Conway...son of Kevin and Barb Conway...was born December 6, 1994 in Lake Forest, Ill. ... business administration major...had two older brothers compete for NCAA Division I swimming programs – Danny at Purdue and Sean at Saint Louis University.



Brad Dillon



MITCH DeFOREST

Fly/Distance Free
Sophomore • 5-11
Cary, N.C. • Apex
Raleigh Swimming Association

Career Best Times: 1:40.05 in the 200-yard freestyle; 4:24.84 in the 500-yard freestyle; 9:12.23 in the 1000-yard freestyle; 15:23.23 in the 1650-yard freestyle; 51.48 in the 100-yard backstroke; 1:48.43 in the 200-yard backstroke; 49.71 in the 100-yard butterfly; 1:47.74 in the 200-yard butterfly; 3:51.71 in 400-yard individual medley.

2012-13: Won the Bruce Webster Award as Carolina's Most Dedicated Swimmer...won both the 200 fly and the 200 back in the dual meet win over Duke...named to 2012-13 ACC Academic Honor Roll...at the 2013 ACC Championships he placed 12th in the 500 freestyle (4:23.81) and the 1650 freestyle (15:23.23)...won the bonus consolation heat and finished 17th in the 400 IM (3:51.71).

Prep: Graduated from Apex High School...competed in club swimming for Raleigh Swimming Association for final three years of high school after competing for New Wave Swim Team for nine years...coached at RSA by Kit Raulerson...four-year letterman at Apex High...an extremely versatile swimmer who specialized in the 100 fly, 200 fly, 200 back, 400 IM, 500 free and 1650 free...named a North Carolina All-Star three straight years (2010-12)...North Carolina 4A state champion in 500-yard freestyle in 2011 and 2012...named a high school All-America in the 500 free in 2011...qualified for 2012 Olympic Trials in the 200-meter butterfly...three-time Apex team captain and four-time Apex swimming MVP...named an NC Scholar.

Personal: Full name is William Mitchell DeForest...stands 5-11 tall...son of Bill and Lani DeForest...was born October 31, 1993 in Lynchburg, Va. ... both of his parents were swimmers at UNC Wilmington...his younger sister Leigh, 17, competes for Raleigh Swimming Association...business administration major.



BRAD DILLON

Back/Free
Senior • 6-3
Reston, Va. • South Lakes
Curl-Burke Swim Club

Career Best Times: 45.71 in the 100-yard freestyle; 1:35.59 in the 200-yard freestyle; 4:21.60 in the 500-yard freestyle; 48.66 in the 100-yard backstroke; 1:44.25 in 200-yard backstroke.

General: Tied for second in school history in the 200-yard freestyle with a time of 1:35.59...ranks fourth in Tar Heel history in the 200-yard backstroke (1:44.25)...swam the second leg on Carolina's 800-yard freestyle relay team which set the school record in 2013.

2012-13: 2013 NCAA qualifier...scored in three individual events at the ACC Championships...placed fifth in the 200 free (1:36.15), 10th in the 500 free (4:21.60) and 12th in the 200 back (1:44.37)...showed spectacular drops in his personal best times as a junior...named to All-ACC Academic Team for men's swimming...a College Swimming Coaches Association of America first-team Scholar All-America...tapped for the 2012-13 ACC Academic Honor Roll...named to Dean's List in fall semester 2012.

2011-12 at University of Maryland: Swam for the University of Maryland where he placed in three events at the ACC Championships...showed tremendous improvement in his performances as compared to his freshman season...placed 10th in the 200-yard backstroke with a time of 1:45.47, 10th in the 100-yard backstroke in 48.66 and 16th in the 500-yard freestyle...swam on three freestyle relays at ACCs that scored for the Ter

rapins.

2010-11 at University of Maryland: During his freshman year at the University of Maryland, he placed 20th in the 500-yard freestyle at the ACC Championships...was 23rd in the 100-yard backstroke and 21st in the 200-yard backstroke.

Prep: Graduated in 2010 from South Lakes High School...swam there for four years and also played soccer...as a senior in 2010, he was captain of South Lakes swim team while also being named All-District, All-Region and All-State...member of National Honor Society.

Personal: Full name is Bradley James Dillon...stands 6-3...son of David and Jenifer Dillon...was born December 16, 1991 in Toledo, Ohio...his sister swam at Vanderbilt University...economics major.



Career Best Times: 19.72 in the 50-yard freestyle; 43.97 in the 100-yard freestyle; 1:39.30 in the 200-yard freestyle.

General: Ranks second in Carolina history in the 50 freestyle (19.72) and fourth in the 100 freestyle (43.97)...is a member of UNC's school record 200 freestyle relay squad and 200 medley relay team.

2012-13: NCAA qualifier...anchored the 200 medley relay to a third place finish at ACCs and a school record time...finished 14th at the ACC meet in the 50 free (20.11) and 17th in the 100 free (44.30)...named to 2012-13 ACC Academic Honor Roll...a veteran leader in Carolina Leadership Academy.

2011-12: Had breakthrough sophomore campaign...earned All-ACC honors in the 50 freestyle as well as NCAA honorable mention All-America accolades as member of 200 and 400 freestyle relays and the 200 medley relay...won the squad's Richard E. Jamerson Award as the Most Improved Swimmer...selected for ACC Academic Honor Roll...at the Virginia Tech Invitational in early February, he took first-place finishes and set pool records in the 50-yard freestyle (20.02) and 100-yard freestyle (44.77) while finishing third in the 200 free at 1:40.57...two weeks after that meet, an illness to another swimmer led to a spot opening up on UNC's ACC Championships squad and Ficker was a last minute replacement on the scoring team...it would be an understatement to say he made the most of the opportunity...he placed second in the 50 free at 19.72 and 10th in the 100 free at 43.97, both career bests...at the ACC meet he swam on 200 and 400 freestyle relays which finished third and second, respectively...qualified for the NCAA Championships and swam on three relays which scored points — the 200 free relay which placed 13th, the 400 free relay which took 14th and the 200 medley relay which placed 15th...at the Nike Cup Championships he swam on four scoring relays, including the first-place 200 free relay which set a pool record and a fourth-place 400 free relay...in dual meets, he swam on winning 400 free relay versus Georgia Tech and on a victorious 200 free relay at Virginia Tech which established a pool record time.



Kyle Ficker

2010-11: Won the 50 freestyle in the dual meet win over Duke in a career best 20.41...won three events at the College Cup Invitational, capturing the 50 free in 20.90, the 100 free in 45.74 and the 200 free in 1:41.80.

Prep: Graduated from Bishop Verot High School in Ft. Myers, Fla., on May 23, 2010...also attended Canterbury High School...was coached in high school by Jim Quinn and in club swimming by Mac Kennedy at Swim Florida...swam from 2007-09 in high school, specializing in 50 and 100 freestyles...served as team captain and won MVP as senior...won three regional titles - two in the 50 free and one in the 100 free...swam on 200 and 400 free relays which finished fourth at state meet...swam on 400 free relay which earned All-America status...led team to regional title in 2008 and district titles in 2007 & 2008...National Merit Commended student...Academic Scholar sophomore through senior years...member of National Honor Society

Personal: Full name is Kyle Christopher Ficker...son of Tim and Claire Ficker...his father was a lacrosse player at Denison University...was born August 21, 1991 in West Chester, Pa. ... has two sisters...stands 6-4 tall...economics major...a member of the Student-Athlete Advisory Council at Carolina...a volunteer Young Life leader.



Career Best Scores: 294.45 in one-meter diving; 296.85 in three-meter diving; 296.30 in platform diving.

2012-13: Continue to improve as a sophomore...has two of his season best diving scores in the Nike Cup with 294.45 points on the one-meter board and 213.45 points in platform diving...his season best on the three-meter came against Virginia Tech in the dual meet (307.95).

2011-12: Had a solid freshman year...placed fourth in platform diving at the Nike Cup Championships with a score of 282.25.

Prep: Member of swimming and diving team at James Madison High School for four years...was the captain of the diving team for two years...played two years of junior varsity lacrosse...made the State Team for high school diving squad in both 2009 and 2010...made district and regional teams for high school diving all four years...2010 Alex Thomas Effort Scholarship Award recipient...high school All-America in both 2010 and 2011...Virginia Northern Region diving champion in 2011...placed second in high school state championship meet in 2011.

Personal: Ryan Gilbert Fox is the son of Al and Eileen Fox...stands 5-10...was born May 1, 1993 in Fairfax, Va. ... exercise and sports science major...his uncle, Terry Fox, was a relief pitcher for the Milwaukee Braves, Detroit Tigers and Philadelphia Phillies from 1960-66...his father competed in both boxing and tennis...has an older brother as well as a younger sister and younger brother.



Ryan Fox



ALEX GIANINO
Breast/IM
Senior • 6-1
Yonkers, N.Y. • Hackley School
Badger Swim Club

Career Best Times: 56.99 in the 100-yard breaststroke; 1:57.99 in the 200-yard breaststroke; 1:46.14 in the 200-yard individual medley; 3:47.68 in the 400-yard individual medley.

General: Ranked in the Top 5 of the Carolina history book in three different events...is third all-time in the 200 IM (1:46.14) and in the 400 IM (3:47.68)...is the fifth fastest 200 breaststroker in UNC history (1:57.99).

2012-13: Co-captain of the Tar Heels with senior Brett Nagle...won the Osterneck Family Unsung Hero award...had a trio of top six finishes at the 2013 ACC Championships...placed fourth in the 400 IM (3:49.34), fifth in the 200 IM (1:46.34) and sixth in the 200 breaststroke (1:57.99).

2011-12: Had nothing short of a spectacular sophomore year...placed in the Top 10 of three individual events at the ACC Championships...took fifth in the 400 IM in 3:50.62...was eighth in the 200 breaststroke in 2:01.06... captured 10th place in the 200 IM in 1:48.47...also had an excellent Nike Cup meet highlighted by a pair of runner-up individual finishes...he was second in both the 200 IM in 1:49.46 and in the 400 IM in 3:51.24...in his third individual event he was sixth in the 200 breaststroke in 2:02.42...also swam on two freestyle relay teams which took Top 10 placings at the Nike Cup...won the 400 IM in the dual meet versus NC State.

2010-11: Won the 400 IM in the dual meet against Duke in what was then a career best 3:51.13...captured two events at the College Cup Invitational...took the 400 IM in a new career best of 3:50.08 and the 200 breast in a then personal best 2:01.29.

Prep: Graduated from The Hackley School in Tarrytown, N.Y. on June 12, 2010...swam from 2005-10 as a club and high school swimmer, specializing in the 200 & 400 IMs and the 200 breast...was coached in high school by John Gillard...swam for the Badger Swim Club under coach John Collins...team captain...four-year All-League honoree...a scholastic All-America choice...garnered All-America honors in the 200 IM...named Con-Edison athlete of the week...holds school records in the 100 breast, 100 free, 200 free, 200 IM and 400 IM and league marks in the 200 IM and 100 breast...Metropolitan Swimming LSC and Badger Swim Club record holder in 400 IM at 3:52.35...Empire State Games and Westchester County Swim Association record holder in 200 IM...won Hackley academic honors.

Personal: Full name is Alexander James Gianino...son of Anthony Gianino and Katherine Cefola...was born November 10, 1992 in Bronxville, N.Y. ...has a brother and a sister...stands 6-1 tall... exercise and sports science major...has been active in the Carolina Leadership Academy both as a CREED mentor and a CLA Rising Star...graduated from CLA Veteran Leaders program as a junior.



Alex Gianino



DOMINICK GLAVICH
Fly/Breast/IM
Redshirt Sophomore • 5-9
Cary, N.C. • Green Hope
YMCA of the Triangle Area

Career Best Times: 20.36 in the 50-yard freestyle; 44.88 in the 100-yard freestyle; 1:39.32 in the 200-yard freestyle; 49.86 in the 100-yard backstroke; 1:50.84 in the 200-yard backstroke; 54.73 in the 100-yard breaststroke; 2:03.87 in the 200-yard breaststroke; 48.03 in the 100-yard butterfly; 1:44.18 in the 200-yard butterfly; 1:47.36 in the 200-yard individual medley; 3:58.19 in the 400-yard individual medley.

General: Ranks in the Top 6 of three differential individual events in the Carolina record book...is the second fastest 200-yard butterfly (1:44.18)...ranks fifth in the 200-yard individual medley (1:47.36) and sixth in the 100-yard breaststroke (54.73).

2012-13: Utilized a medical redshirt season...named to 2012-13 ACC Academic Honor Roll.

2011-12: Had a stupendous freshman season...was a semifinalist in the 200-meter butterfly at the 2012 U.S. Olympic Trials, taking 15th place in 1:59.69...tapped for 2012 All-ACC Team...also a 2011-12 All-ACC Academic Team selection in men's swimming...had two Top 12 finishes at the 2012 U.S. Open...placed seventh in the 200-meter butterfly in 2:00.66 and 12th in the 100-meter butterfly in 54.56...at the ACC Championships, he was a finalist in two events...was the league runner-up in the 200-yard butterfly at 1:44.65 and placed eighth in the 200-yard individual medley in 1:48.76...also took 14th in the 100-yard butterfly (48.34) and swam on Carolina's fourth-place 400 medley relay team...was twice named the ACC Swimmer of the Week...first earned the award on November 8, 2011 after winning both butterfly events and swimming on the winning 200 medley relay in a dual meet win over Maryland...repeated as ACC Swimmer of the Week on January 24, 2012 and was named TarHeelBlue.com Performer of the Week after dual meet wins against Clemson and Virginia...swept a trio of individual events in the win over the Cavaliers, taking the 200 fly (1:46.79), the 100 fly (49.09) and the 200 IM (1:50.99) after winning the 200 fly and swimming on the winning medley relay team against the Tigers...was arguably Carolina's most consistent swimmer during the dual meet season...was a two-event winner against ECU and Clemson and a three-event winner versus Georgia Tech, Maryland and Virginia as well as winning single events against Virginia Tech, Duke and NC State...was spectacular during the 2011 Nike Cup...placed second in the 200 IM (1:49.30) and 200 fly (1:46.47), third in the 100 fly (49.23) and fourth in the 100 breast (56.21)...also swam on the Nike Cup champion 400 medley and 400 freestyle relays and the second place 200 medley relay and 800 freestyle relays.

Prep: Was an outstanding recruit who is a native of the Triangle area... was Carolina's top in-state recruit in the Class of 2011...one of the most versatile swimmers to come to Carolina in many years...adept swimmer in all four disciplines...two-time USA National Youth Team member...multiple YMCA national champion...2012 Olympic Trials qualifier in the 100-meter and 200-meter butterfly events...graduated from Green Hope High School



Dominick Glavich

in 2011...member of a three-time conference high school championship team...squad also claimed 2011 regional title...competed for two-time YMCA National men's champions at YMCA of the Triangle Area...2010 North Carolina 4A state high school MVP.

Personal: Dominick Michael Glavich is the son of Gary Glavich and Colleen Glavich...goes by Dom...was born April 22, 1993 in Poughkeepsie, N.Y. ...education major...stands 5-9...lived in France for three years.



CHRIS GONDEK
Free
Sophomore • 6-2
Chapel Hill, N.C. • Carrboro
North Carolina Aquatic Club

Career Best Times: 20.82 in the 50-yard freestyle; 45.91 in the 100-yard freestyle; 1:39.71 in the 200-yard freestyle.

2012-13: Named to ACC Academic Honor Roll...fall 2012 Dean's List honoree.

Prep: Graduated from Carrboro High School in 2012...competed for North Carolina Aquatic Club...swam for NCAC since he was seven years old...four-year swimming letterman at Carrboro High, swimming all distances of freestyle events and reaped multiple conference, region and state awards...2012 Carolina 12 Conference Swimmer of the Year...2011-12 Carrboro Jaguars senior team captain...won the 2011 1A-2A state championship in the 200-yard freestyle...two-time MVP of Carrboro High team...led the Jaguars to three consecutive NC 1A-2A state team championships in 2010-12...anchor of NC 1A-2A state record holding 200 and 400 freestyle relays...holds five Carrboro High School records (100 free, 200 free, 200 and 400 free relays, 200 medley relay)...with NCAC he turned in some special performances at the NC State USS Open Water Championships...was a four-time 18-and-under medalist and a 2010 NC Open Water All-Star.

Personal: Full name is Christian Edward Gondek...stands 6-2 tall...son of Ed Gondek and Laura Makay-Gondek...born September 29, 1993 in Fairfax, Va. ...a three-time Junior Classical League Latin National Honor Society honoree...majors in business administration.



CLIFTON GORDON
Back
Junior • 6-0
Greenville, Del. • Salesianum School
Delaware Swim Team

Career Best Times: 49.45 in the 100-yard backstroke; 1:46.72 in the 200-yard backstroke; 49.08 in the 100-yard butterfly; 1:52.05 in the 200-yard individual medley.

2012-13: Veteran leader in the Carolina Leadership Academy.

2011-12: Had a solid freshman year...his season-best 100 backstroke time moved him into eighth place all-time at UNC...at the Virginia Tech Invitational, he earned second-place finishes in the 100-yard butterfly (49.08) and in the 200-yard backstroke (1:46.72) in times that exceeded the previous meet records and pool records, respectively...at the VT Invite, he placed fourth in the 100 back with a time of 49.45...also had an excellent meet at the 2011 Nike Cup Championships...placed third in the 200 back in 1:48.74 and 11th in the 100 back in 50.48...also swam on a 400 medley relay team which placed third and a 200 medley relay team which copped third place.

Prep: Graduated from the Salesianum School in Wilmington, Del., in 2011...a multi-sport athlete...played point guard in basketball, shortstop in baseball and was a running back on the football team...won four high



Clifton Gordon

school state championships overall...captured 16 total high school medals (11 gold, 3 silver, 2 bronze)...team captain...holds three state records...established five school records (the most of all-time at Salesianum)...five-time first-team All-State selection...three-time high school All-America recipient...as a senior he was an All-America, state record holder in the 200 IM and as member of 200 medley relay, a first-team All-State honoree and a state champion...his junior year he was an All-America, garnered the state record in the 100 fly, was first-team All-State and garnered a state championship...honor roll student...USA Swimming Scholastic All-America...vice president of Minority Coalition...senior athlete representative to the Middle Atlantic Board of Directors and USA Swimming LSC Development Committee.

Personal: Clifton Barrett Gordon, II, was born October 15, 1992 in Greenville, Del. ...son of Cecil and Yvonne Gordon...communication studies major...prefers to go by Cliff...stands 6-0...his father attended UNC both as an undergraduate and for medical school...both parents grew up in North Carolina...his sister attends Georgetown.



NIC GRAESSER
Back/Sprint Free
Sophomore • 6-3
Wayne, Pa. • Conestoga
Upper Main Line YMCA

Career Best Times: 20.42 in the 50-yard freestyle; 45.19 in the 100-yard freestyle; 1:38.83 in the 200-yard freestyle; 46.64 in the 100-yard backstroke; 1:44.43 in the 200-yard backstroke; 49.48 in the 100-yard butterfly.

General: Ranks second in Carolina history in the 100-yard backstroke (46.64) and fifth in the 200-yard backstroke (1:44.43)...member of school record 200-yard and 400-yard medley relay teams...the University record holder in the 100-meter backstroke at 55.03 seconds...won the 50-meter backstroke at the 2013 German National Championships in 25.31 seconds, establishing the country's age group record in the event...finished second in the same meet in the 100-meter backstroke, clocking in at 55.03...swam to a 16th-place finish in the 100-meter backstroke at the 2013 U.S. Open.

2012-13: NCAA qualifier...at the ACC Championships, he swam on two relays which set school records, including 200 medley relay team which claimed a bronze medal...finished fourth in the 100 back at ACCs (46.82) and 18th in the 200 back (1:44.43)...won the 100 backstroke and swam on both winning relays in dual meet victory over Navy.

Prep: Graduated in 2012 from Conestoga High School...has been competing in swimming for 12 years...did his club swimming at the Upper Main Line YMCA...primarily swims sprint and middle distance freestyle and backstroke events...team captain at Conestoga as a senior...set school records in the 100 back three straight years his sophomore through senior campaigns...All-Area First-Team selection his sophomore through senior years...named to All-Main Line First Team each of those three years as well...local daily athlete of the year in the 12th grade...had a career best 56.94 in the 100-meter backstroke as a prep standout...his senior year, he won YMCA short course national championship in the 100-yard back-



Nic Graesser

stroke...saw dramatic improvement in his times between his junior and senior years...went from 1:48.76 to 1:46.89 in 200 back, 46.36 to 45.19 in 100 free and 50.37 to 47.90 in 100 back.

Personal: Full name is Nicolas David Graesser...goes by Nic...stands 6-3 tall...son of Andreas Graesser and Gudrun Graesser...was born on March 23, 1994 in Karlsruhe, Germany...volunteer with Habitat for Humanity...his sister, Sophia, swam at George Mason University and his sister, Laura, swam at West Chester University...majoring in Peace, War and Defense.



LOGAN HECK

**Sprint Free
Sophomore • 5-9
Mooresville, N.C. • Lake Norman
SwimMAC**

Career Best Times: 19.79 in the 50-yard freestyle; 42.96 in the 100-yard freestyle; 1:37.93 in the 200-yard freestyle.

General: Ranks third in UNC history in the 50-yard freestyle at 19.79 seconds and second in the 100-yard freestyle at 42.96 seconds...swam on UNC's school record setting 400-yard medley relay team in 2013.

2012-13: NCAA qualifier...captured Jamerson Memorial Award as Carolina's most improved swimmer...at the 2013 ACC Championships he placed fifth in the 100-yard freestyle at 43.23, ninth in the 50-yard freestyle at 19.79 and 15th in the 200-yard freestyle at 1:38.14...captured ACC Swimmer of the Week honors on October 30, 2012...in the dual meet against Virginia Tech he won the 50 and 100 freestyles and led off the victorious 400 freestyle relay team...captured both the 50 and 100 freestyle events in dual meet competition against Duke.

Prep: Competed in swimming at Lake Norman High School from 2009-12...did his club swimming for SwimMAC Carolina...captain of Lake Norman team as a senior...led team to 3A state title in 2009...won 4A state high school championships as a senior in 50 and 100 freestyles...Lake Norman MVP in both 2011 and 2012...high school athlete of the year as a senior...established five individual and three relay school records...as a member of the SwimMAC Carolina senior group he helped set USA Swimming 2010-11 national age group records in the 4x50 and 4x100



Logan Heck

freestyle relays...a 2011 USA Swimming Scholastic Swimmer...showed consistent improvement in his career best times as his high school career progressed...AAA Scholastic All-America from 2010-12.

Personal: Full name is Logan Robert Heck...stands 5-9 tall...the son of Gary and Suzanne Heck...was born August 10, 1993 in Orlando, Fla. ... his father Gary is a singer/songwriter...sister Sabrina graduated last year from Lake Norman High School where she ran cross country and competed in track and field...his brother Brody, 15, is also a talented swimmer...undeclared major at UNC.



TYLER HILL

**Back/Fly/IM
Junior • 5-10
Mooresville, N.C. • Lake Norman
SwimMAC**

Career Best Times: 50.17 in the 100-yard backstroke; 1:47.25 in the 200-yard backstroke; 50.06 in the 100-yard butterfly; 1:47.61 in the 200-yard butterfly; 1:49.22 in the 200-yard individual medley; 3:50.92 in the 400-yard individual medley; 2:03.57 in 200-meter butterfly; 4:31.79 in 400-meter individual medley; 2:07.28 in 200-meter individual medley.

General: Ranks eighth in UNC history in the 400-yard individual medley at 3:50.92.

2012-13: At the 2013 ACC Championships, he finished 13th in the 400 IM (3:50.93), 13th in the 200 fly (1:47.72) and 19th in the 200 IM (1:49.22)... named to Dean's List in both semesters of sophomore year...named to 2013 All-ACC Academic Team in men's swimming...veteran leader in the Carolina Leadership Academy...ACC Academic Honor Roll selection...a College Swimming Coaches Association of America honorable mention Scholar All-America.

2011-12: Member of UNC's scoring team at the ACC Championships... his best finish at ACCs was a victory in the consolation heat (9th place overall) of the 400 IM with a time of 3:53.10...also had an excellent Nike Cup performance in 2011...took fourth in the 400 IM (4:01.24), eighth in the 200 back (1:51.86), eighth in the 200 fly (1:51.78) and 15th in the 200 IM (1:53.57)...earned Dean's List honors in both semesters of his freshman year...earned 2011-12 ACC Honor Roll accolades...garnered College Swimming Coaches Association of America Scholar All-America honorable mention kudos.

Prep: A 2011 alumnus of Lake Norman High School...swam four years in high school, specializing in the 100 back, 200 free and 200 IM...captain of high school swim team his sophomore through senior years...member of state high school championship 400 free relay teams as a sophomore and junior...competed for SwimMAC...member of club swimming team's national team his junior and senior years...North Carolina All-Star swimmer from 2007-11...academic All-America in swimming...member of National Honor Society...graduated in top 10 percent of class...member of Beta Club.

Personal: Tyler Brett Hill is the son of Brett and Vickie Hill...was born January 23, 1993 in Chapel Hill, N.C. ...undeclared major...both parents are UNC alumni both as undergraduates and graduate school...his father



Tyler Hill

held North Carolina state record in 200 fly until broken by Melvin Stewart...stands 5-10 tall...exercise and sports science major...hobbies include hanging out with friends, scuba diving, snorkeling and free diving...has one younger brother.



MATT KWATYRA

Back/Fly/IM
Sophomore • 5-10
London, Ontario • Mother Teresa Catholic Secondary School
London Aquatic Club

Career Best Times: 1:43.81 in the 200-yard backstroke; 50.07 in the 100-yard butterfly; 1:46.98 in the 200-yard individual medley; 3:47.62 in the 400-yard individual medley; 4:23.15 in the 400-meter individual medley; 2:04.31 in the 200-meter individual medley; 2:04.40 in the 200-meter backstroke; 2:21.62 in the 200-meter breaststroke.

General: Has a trio of Top 10 rankings in the Carolina history book... is the third fastest 200-yard backstroker at 1:43.81 and ranks ninth in the 200 IM at 1:47.84 and ninth in the 400 IM at 3:51.06.

2012-13: At the 2013 ACC Championships, he was a consolation finalist in three events...he placed 10th in the 200 backstroke (1:43.81), 15th in the 200 individual medley (1:48.66) and 16th in the 400 individual medley (3:54.76)...won the 200 IM title at the 2012 Nike Cup in 1:48.54...won the 200 back and 400 IM in the dual meet win over Navy.

Prep: Graduated in 2012 from Mother Teresa Catholic Secondary School in London, Ontario...swam for 10 years at the London Aquatic Club, specializing in the 200 IM, 400 IM, 200 back and 200 breast...member of the Canadian Junior National Team since 2009...was named the Canadian Junior Swimmer of the Year in 2010...has represented his province or nation in multiple international competitions and tours...represented Team Ontario at the Canada Games in 2009 in Nova Scotia...participated for the winter 2009/2010 Canadian Tour Team in Australia and the winter 2010/2011 Canadian Tour Team in England...2010 Junior Pan Pacs team member in Maui, Hawaii...was a finalist in the 400 IM at that event...competed in the 2011 Junior World Championships which took place in Peru...earned finalist status in that event in the 200 IM...at the senior national level in Canada he has won three bronze medals in the past three years...at the 2010 Canadian Summer Nationals, he was third in the 400-meter IM in 4:23.15...at the 2011 Canadian Spring Nationals, he was third in the 200-meter IM in 2:04.50...captured the bronze medal at the 2012 Canadian Olympic Trials in the 200-meter IM in a time of 2:04.30.

Personal: Full name is Matthew John Kwatyra...stands 5-10 tall...son of Kryspin and Alicja Kwatyra...was born October 7, 1993 in Chicago, Illinois...majors in exercise and sports science.



Matt Kwatyra



SAM LEWIS

Sprint Free/Back/Fly
Sophomore • 6-0
Alpharetta, Ga. • Milton
Dynamo Swim Club

Career Best Times: 20.61 in the 50-yard freestyle; 46.12 in the 100-yard freestyle; 47.36 in the 100-yard backstroke; 1:49.78 in the 200-yard backstroke; 46.42 in the 100-yard butterfly.

General: Ranks second in Carolina history in the 100-yard butterfly at 46.42 seconds and third in Tar Heel history in the 100-yard backstroke in 47.36 seconds...member of relay teams which set school records in the 200 medley relay and 400 medley relay in 2013.

2012-13: NCAA qualifier...at the 2013 ACC Championships he finished ninth in the 100 fly (46.42) as well as ninth in the 100 back (47.36)...shared the Bruce Webster Memorial Award as the team's most dedicated swimmer with fellow freshman Mitch DeForest...swam on school record-setting 200 medley relay team which placed third in the ACC meet.

Prep: Graduated in 2012 from Milton High School in Alpharetta, Ga. ...swam there for four years, specializing in the 100 fly, 100 back, 200 back, 50 free and 100 free...competed in club swimming for the Dynamo Swim Club...Milton swim team captain...part of 2010 and 2011 Junior National Championships team winners...2012 individual state champion...scholastic All-America selection...merited high school All-America honors...2012 Olympic Trials qualifier...scholar-athlete award winner.

Personal: Full name is Samuel Craig Lewis...stands 6-0 tall...son of Craig and Sandy Lewis...was born June 2, 1994 in Cleveland, Ohio...self taught on the piano and drums...both of his parents are NC State alumni...mathematics major.



Sam Lewis



NICHOLAS LOWE

Fly/Sprint Free
Junior
Baltonsborough, England
Millfield Swim Club

Career Best Times: 20.07 in the 50-yard freestyle; 44.32 in the 100-yard freestyle; 47.36 in the 100-yard butterfly; 56.60 in 100-meter butterfly.

General: A transfer from UNC Wilmington...the 2012 and 2013 Colonial Athletic Association champion in the 100-yard butterfly...missed the conference record in the event by just .01 of a second...also added an individual bronze, five relay golds and one relay bronze to his accomplishments there...led UNC Wilmington to back-to-back CAA team championships...competed for coach Jol Fink at the Millfield Swim Club...attended the Millfield School Street in England...as a senior, he won the 100-yard butterfly at YMCA Nationals in a time of 49.0...at UNC Wilmington he was awarded

Dean's List honors twice and also received Chancellor's List accolades.
Personal: Full name is Nicholas Andrew Lowe...goes by Nick...son of Mike and Joy Lowe...was born April 15, 1993 in Hemel Hempstead, England...mathematics major...has three accomplished brothers, including one who is a teacher, one who is a lawyer and one who has a Ph.D. in Phospholipidosis.



BEN MAYES
Free/IM
Freshman • 6-5
Cary, N.C. • St. David's School
YMCA of the Triangle

Career Best Times: 1:39.97 in the 200-yard freestyle; 2:03.06 in the 200-yard breaststroke; 57.49 in the 100-yard breaststroke; 1:51.11 in the 200-yard individual medley; 3:59.13 in the 400-yard individual medley.
General: Attended St. David's School...was coached there by Stephen Shingler...2013 NCISAA 1A/2A state champion in the 100 breaststroke and 200 IM...was the 2012 and 2013 swimming MVP at St. David's School...coached by Chad Onken at the YMCA of the Triangle where he is the team record holder in the 200 breaststroke.
Personal: Full name is Christopher Bennett Mayes...goes by Ben...stands 6-5...son of Chris and Ellie Mayes...was born December 30, 1994...exercise and sports science major.



BRYCE MENDES
Distance Free/IM
Senior • 6-1 • Captain
Chapel Hill, N.C. • Chapel Hill
North Carolina Aquatic Club

Career Best Times: 46.67 in the 100-yard freestyle; 1:41.95 in the 200-yard freestyle; 4:37.99 in the 500-yard freestyle; 9:27.30 in the 1000-yard freestyle; 15:56.00 in the 1650-yard freestyle; 51.82 in the 100-yard backstroke; 1:51.93 in the 200-yard backstroke; 1:55.20 in the 200-yard individual medley; 4:03.84 in the 400-yard individual medley.
General: 2013-14 team co-captain with J.T. Stillely.
2012-13: Graduated from Veteran Leaders program in the Carolina Leadership Academy...2012-13 ACC Academic Honor Roll selection.
2011-12: Had an excellent meet at the 2012 Virginia Tech Invitational...placed fifth in the 400-yard individual medley (4:04.38) and in the 200-yard backstroke (1:52.35) and was seventh in the 200-yard individual medley (1:56.73)...member of Rising Stars In Carolina Leadership Academy...named to ACC Academic Honor Roll.
2010-11: Named to 2010-11 ACC Academic Honor Roll.
Prep: Graduated from Chapel Hill High School on June 12, 2010...swam



the 200 and 500 freestyles for the Tigers' swim team...also swam for the North Carolina Aquatic Club where he competed in the 200, 500, 1000 and 1650 freestyles and the 400 IM...was coached by Casey Mackenzie at CHHS and Ryan Woodruff at NCAC...led CHHS to 2008 NC 4A state championship...was the Tigers' rookie of the year in 2007 and MVP in '09 and '10...named Carolina Athletic Conference swimmer of the year in 2010...member of National Honor Society and National Spanish Honor Society...a stellar performer for NCAC...2010 North Carolina open water swimmer of the year...2008 summer juniors competitor as a member of the 800 free relay and in the 200 IM and 400 free...in 2009 and 2010, he was a competitor in the spring juniors in the 100, 200, 500, 1000 and 1650 frees and the 200 and 400 IMs...was the Trinidad open water national champion in 2009...open water national competitor in summer 2009 and 2010.

Personal: Bryce Taylor Mendes is the son of Bobby and Nicole Mendes... was born November 8, 1991 in Melbourne, Fla. ...has one brother, Jesse, a four-year swimming letterman at UNC and captain of the 2011-12 team, and a younger sister who swims at Duke University...stands 6-1 tall...double majors in Spanish and economics...family is originally from Trinidad.



OZZIE MOYER
Diving
Sophomore • 5-11
Harleysville, Pa. • Souderton Area



Career Best Scores: 316.50 in one-meter diving; 366.15 points in three-meter diving.
General: Ranks seventh in UNC history on the three-meter board with a career best score of 335.05 points (championship format).
2012-13: Won the 2011 Nike Cup Championship in one-meter diving with a score of 311.0 points...placed in two events at the 2013 ACC Championships...placed 11th in three-meter diving with 335.05 points and 16th in one-meter diving with 294.65 points...secured wins in both diving events in dual meet win over Navy...2013 Zone B Diving Championships qualifier...qualified for the 2013 USA Senior National Diving Championships...College Swimming Coaches Association of America first-team Scholar All-America selection...won the David McInnis Award as Carolina's outstanding diver in 2012-13...selected for ACC Academic Honor Roll...tapped for spring semester 2013 Dean's List.
Prep: 2012 graduate of Souderton Area High School in Souderton, Pa. ...competed on the varsity swimming and diving team and also played four years of baseball as a pitcher and infielder...All-America in the diving events as both a junior and senior...named to 2010 Connie Mack State All-Star Team on the diamond...won state high school diving championship as a senior...also placed fourth in his junior and sophomore years and seventh as a freshman...achieved Distinguished Honor Roll accolades at SASHS.
Personal: Full name is Osmund Scott Moyer...goes by Ozzie...stands 5-11 tall...son of Doug and Jane Moyer...was born September 20, 1993 in Abington, Pa. ...business major at UNC.





PATRICK MYERS

Back/IM
Junior • 5-10
Norfolk, Mass. • King Philip School
Bluefish Swim Club

Career Best Times: 1:39.40 in the 200-yard freestyle; 48.67 in the 100-yard backstroke; 1:43.52 in the 200-yard backstroke; 48.59 in the 100-yard butterfly; 1:48.91 in the 200-yard butterfly; 1:47.83 in the 200-yard individual medley; 3:49.67 in the 400-yard individual medley.

Long Course Highlights: At the August 2011 U.S. Nationals, he placed 22nd in the 200-meter backstroke in a time of 2:02.19.

General: Ranks in the Carolina All-Time Top 10 in three individual events...is second in the 200 backstroke at 1:43.52, fourth in the 400 IM at 3:49.67 and eighth in the 200 IM at 1:47.83.

2012-13: Placed in three events at the 2013 ACC Championships...took sixth place in the 200 backstroke at 1:43.66, sixth place in the 400 IM at 3:49.91 and 13th in the 200 IM at 1:48.29...won the Nike Cup championship in the 200 backstroke with a time of 1:47.06...named to All-ACC Academic Team in men's swimming...earned honors on the Dean's List in both semesters of the school year...tapped for ACC Academic Honor Roll...a College Swimming Coaches Association of America honorable mention Scholar All-America...veteran leader in the Carolina Leadership Academy.

2011-12: Placed in three events at the 2012 ACC Championships...was 10th in the 400 IM (3:53.19), 13th in the 100 back (49.07) and 14th in the 200 back (1:46.92)...excelled at the 2011 Nike Cup Championships...won the 200-yard backstroke in 1:45.93, was second in the 100-yard backstroke in 49.07 and placed third in the 400-yard individual medley in 3:56.85...was also 10th in the 200 IM and swam on a 400 medley relay which won the bronze medal and a 200 medley relay which took fourth place...during the dual meet season he had two individual wins against Maryland and won single events against ECU, Georgia Tech and Virginia Tech...in the dual meet win over the Hokies, he set what was then the VT pool record in the 200 back at 1:48.86...selected for 2011-12 All-ACC Academic Team...a College Swimming Coaches Association of America honorable mention Scholar All-America...named to Dean's List in second semester of freshman year...ACC Academic Honor Roll selection in 2011-12.

Prep: Graduated from King Philip High School in Wrentham, Mass. ...swam his sophomore through senior years there...won state championships all three years in both the 100 butterfly and the 100 backstroke...broke the Massachusetts state record in the 100 back as a senior by going 49.60...led King Philip to an undefeated regular season his senior year...KPHS won conference title, Massachusetts Southern Sectionals and Massachusetts Division II state championship meet in 2010-11...high school All-America as a senior in both 100 fly and 100 back...captain of HS team as senior...Massachusetts State swimmer of the year both his junior and senior seasons...USA Swimming Scholastic All-America his sophomore through senior years...New England swimming record holder in 100-yard butterfly (48.59) and 200-yard backstroke (1:45.33)...National Honor Soci-



Patrick Myers

ety member...made honor roll all four terms of senior year...ranked in Top 15 percent of senior class with 3.9 GPA.

Personal: Patrick McKee Myers is the son of Jim and Karen Myers...born January 3, 1993 in Norwood, Mass. ...business administration major...stands 5-10 tall...comes from a family with long-held ties to the American swimming community...his father played middle linebacker for the University of Cincinnati football team...his mother was a swimmer at the University of Delaware...his grandfather, Alexander McKee, is the former president of the Mid-Atlantic AAU and former coach of Suburban Swim Club...an Ohio State alumnus, he was an Olympic qualifier in the 1940s but the games were cancelled due to World War II...his uncle Tim McKee swam at Florida and was a three-time Olympic silver medalist in the 1972 & 1976 Olympics...his uncle Mark McKee was the first alternate on the 1968 Olympic Team and also swam at Florida...uncles Chris McKee and Kevin McKee swam at University of Miami and Penn State, respectively...member of Carolina Leadership Academy Rising Stars program.



JACK NYQUIST

Diving
Freshman • 5-7
Alpharetta, Ga. • Alpharetta
Atlanta Diving Association

General: Eight-year veteran of club diving...attended Alpharetta High School where he was coached by Emily Santowski and competed from 2009-13...three-time high school state champion...three-time high school All-America selection...in 2012, he set the Georgia one-meter state record with a score of 629.80 points for 11 dives...a national level diver who competed for the Atlanta Diving Association where he was coached by John Ames...excelled at the 2013 U.S. Junior National Championships where he was second on the three-meter board and third on the one-meter board...2012 U.S. Diving Junior National Team member...finished second in the 2012 U.S. Diving Junior National Championships in three-meter diving and fifth in the same event in one-meter diving...at the 2012 AT&T National Championships senior level meet, he placed seventh in one-meter diving and ninth in three-meter diving...at the event he partnered with Steele Johnson to place ninth in the three-meter synchronized event...Nyquist and Johnson placed ninth in three-meter synchronized diving at the 2012 FINA World Junior Diving Championships...individually, he placed third on three-meter springboard at the 2012 world juniors.

Personal: Full name is John Killion Nyquist...is the son of Bob Nyquist (father), Kristen Hall (mother) and Jim Hall (stepfather)...was born February 21, 1995 in Atlanta, Ga. ...goes by Jack...undeclared major...stands 5-7 tall...member of Young Men's Service League...is one of six children...his older brother Eric is a junior pitcher for the Mercer University baseball team.



LUCAS POPP

Free
Freshman • 6-4
Wichita, Kan. • Maize
Wichita Swim Club

Career Best Times: 20.95 in the 50-yard freestyle; 45.20 in the 100-yard freestyle; 1:40.34 in the 200-yard freestyle; 24.16 in the 50-meter freestyle; 45.96 in the 100-meter freestyle; 1:56.06 in the 200-meter freestyle.

General: Graduated from Maize High School in Maize, Kan. ...coached there in swimming by Hussein Yassine...six-time state high school champion...won the 50 and 100 freestyles in both 2012 and 2013...swam on

state champion medley relay in 2012 and on state titlist 200 free relay squad in 2013...state record holder in the 100 free and as member of 200 medley relay...2013 Athlete of the Meet at the state championships... high school All-America selection in the 50 free, 100 free and as member of 200 medley relay...two-time first-team All-State and All-America...high school Academic All-America honoree...did his club swimming for the Wichita Swim Club where he was coached by Brian Kupferer...a sprint and middle distance freestyler and 100 flyer...chosen for Missouri Valley Swimming All-Academic Team...USA Swimming Scholastic All-America...WSC team captain...holds club team records in 15/16 age group in 100-yard freestyle, 50-meter freestyle and WSC's open records in the 50, 100 and 200 short course yards freestyles and 100 free long course meters... also played basketball in high school...2013 high school valedictorian... Governor's Scholar...ACT Scholar...AP Scholar with honors...member of National Honor Society...Eagle Scout...KMTA state piano competition honorable mention winner.

Personal: Full name is Lucas Michael Popp...the son of Mike and Ann Popp...was born July 13, 1994 in Wichita, Kan. ...chemistry major... plans to minor in both music and exercise and sports science...stands 6-4 tall...a musician who plays both the piano (11 years) and the trumpet (7 years)...one of his claims to fame is the fact he can recite PI to 34 digits... drum major of the marching band...in high school he was a member of the history club, science club, chemistry club, Scholar's Bowl, Science Olympiad, Captain's Council and National Honor Society...senior Homecoming King...has a cousin who threw the shot put at the 2008 Olympic Trials...his father competed extensively in water skiing tournaments.



PATRICK RIESS
Back
Freshman
New Orleans, La. • Isidore Newman
Nu Wave Swim Team

Career Best Times: 50.26 in the 100-yard backstroke; 1:49.49 in the 200-yard backstroke; 21.45 in the 50-yard freestyle; 45.84 in the 100-yard freestyle; 1:41.80 in the 200-yard freestyle.

General: Graduated from Isidore Newman School...competed in varsity swimming for six years (7th graders and above are allowed to swim on the varsity)...his main events were the 100 back, 100 free and 200 free... competed for the Nu Wave Swim Team where he was coached by James Winchester and Andrew Schmidt...a versatile swimmer who competed in the 100 back, 200 back, 50 free, 100 free and 200 free...co-captain of Newman team as a junior and senior...led Newman to successive high school state titles...selected three times to the Louisiana Zone Team (club swimming) as an age group swimmer...led Nu Wave to a trio of Top 3 finishes at the Louisiana State Championships (short course and long course in 2012 and short course in 2013)...during his high school career, he had nine individual Top 3 finishes and 12 relay Top 3 finishes at the high school state meet...this included five individual first places and six relay first places...holds composite state record in 100 free (45.84) and Division IV state standard in 100 back (50.62)...two-time All-America in the 100 free and 100 back...a three-time Scholastic All-America (2010-11 through 2012-13)...NISCA Academic All-America...Times Picayune Male Swimmer of the Year in 2012-13...two-time winner of Damon McCoy Most Outstanding Male Swimmer at Louisiana State Championships (2013 short course, 2012 long course)...two-time winner of Outstanding Male Swimmer Award for Greater New Orleans High School Swim League (small schools)...two-time winner of Stanford L. Gottesman Award for most outstanding male swimmer at Newman School...LHSAA Academic All-State...2012 boys' swimming composite team in 2012-13...Metro Championships Male Swimmer of the Meet in 2012...graduated cum laude from Newman School... named first honor roll every semester of high school...co-president of Garden Club for three years...member of Pioneer Staff (school's literary magazine for three years)...three-year member of Free Thinkers Society... three-time master of ceremonies for fine arts assembly...selected as junior usher...selected by classmates to be one of two student speakers at 2013

graduation.

Personal: Full name is Patrick Shillington Riess...son of Kell and Lucy Riess...was born September 17, 1994 in New Orleans, La. ...undeclared major...interested in gourmet cooking...did his senior internship at Commander's Palace Restaurant...his older brother, Christian, is a senior at University of Georgia where he competes for the Bulldogs' swimming team...his mother Lucy swam at Tulane University...his father, Kell, is an accomplished sailor with many awards and distinctions on his 41-foot sloop "Spirit."



DAVID SPEESE
Breast
Junior • 5-11
Doylestown, Pa. • LaSalle College
Central Bucks Swim Team

Career Best Times: 54.62 in the 100-yard breaststroke; 1:58.04 in the 200-yard breaststroke; 1:51.73 in the 200-yard individual medley; 1:41.51 in the 200-yard freestyle.

General: Ranks in the Top 10 of two events in the Carolina record book... is the fourth fastest 100-yard breaststroker at 54.62 and the seventh fastest 200-yard breaststroker at 1:58.62.

2012-13: At the 2013 ACC Championships, he placed seventh in the 200 breast (1:58.26) and 11th in the 100 breast (54.62)...named to 2013 All-ACC Academic Team...won both the 50 and 100 breaststroke events in dual meet win over Virginia Tech...2012-13 ACC Academic Honor Roll selection.

2011-12 (at University of Maryland): Tied for fourth place in the 200-yard breaststroke at the ACC Championships with a time of 1:58.04... also placed 12th in the 100-yard breaststroke at the ACC meet in a time of 55.57...leading freshman point scorer on Maryland team...named to 2011-12 All-ACC Academic Men's Swimming Team...swimming against the Tar Heels in that year's dual meet for the Terrapins, he swept the 100-yard and 200-yard breaststroke events.

Prep: Graduated in 2011 from LaSalle College High School in Wyndmoor, Pa. ...swam all four years under head coach Frank Lichtner, specializing in the breaststroke and individual medley...also competed in track and field for two years, throwing the javelin...nine-time high school All-America selection...captain of LaSalle team as a senior...won a pair of state championships as a senior...individually, he took the state crown in the 100-yard breaststroke and swam on a state champion 200-yard medley relay that also set the state record in the event...two-time Olympic Trials qualifier in the 100- and 200-meter breaststrokes...placed sixth in 2011 junior nationals in the breaststroke events...long course meters career best times are 1:04.60 in the 100 breast and 2:18.91 in 200 breast...National Honor Society member.

Personal: Full name is David Paul Speese...stands 5-11 tall...son of Paul and Barbara Speese...was born April 11, 1993 in Abington, Pa. ... the middle of three brothers in the Speese family...Andrew is a University of Delaware alumnus where he was a member of the swimming team... Bobby graduated from LaSalle College High School in 2013...David's mother played basketball at Drew University...majoring in management and society.



David Speese



TED STEINKAMP
Sprint Free
Freshman • 5-10
Indianapolis, Ind. • North Central
Riviera Swim Club

Career Best Times: 20.78 in the 50-yard freestyle; 46.14 in the 100-yard freestyle; 50.26 in the 100-yard butterfly.

General: An alumnus of North Central High School...competed for the Riviera Swim Club where he was coached by Therese Love...high school team captain...named team's top performer in 2013...also captained Riviera Swim Club Team...AP human geography student of the year at North Central...member of National Honor Society...also played football, soccer, baseball and basketball.

Personal: Full name is Theodore Allan Steinkamp...goes by Ted...the son of Brian and Marcia Steinkamp...was born on Christmas Day in 1994 in Indianapolis...business major...has a twin brother who swims at Indiana University.



J.T. STILLEY
Middle Distance Free
Senior • 6-1 • Captain
Huntersville, N.C. • North Mecklenburg
SwimMAC

Career Best Times: 45.19 in the 100-yard freestyle; 1:35.42 in the 200-yard freestyle; 4:19.09 in the 500-yard freestyle; 9:16.86 in the 1000-yard freestyle; 15:16.31 in the 1650-yard freestyle.

Long Course Highlights: 2012 U.S. Olympic Trials qualifier in the 200- and 400-meter freestyles...member of 2011 U.S. Swimming national champion 800-meter freestyle relay team...earned that gold medal at August 2011 U.S. Nationals...competes for SwimMAC...his second leg of the national champion relay was a 1:50.55...placed 23rd in 400-meter freestyle at 2011 U.S. Nationals in 3:55.89 (previous best time was 3:58.68).

General: Co-captain of the 2013-14 Tar Heels with Bryce Mendes...set school record in the 200-yard freestyle in 2013 at 1:35.42...that record had stood for 23 years...member of UNC's school record setting 800-meter freestyle relay team in 2013...ranks fourth in UNC history in the 500-yard freestyle with a time of 4:19.09.

2012-13: Set four career best times during the course of his junior year... NCAA qualifier...at the 2013 ACC Championships, he placed fourth in the 500 free (4:19.09), sixth in the 200 free (1:36.35) and 14th in the 1650 free (15:35.55)...swam the leadoff leg on school record setting 800 free relay team which had a runner-up finish...tapped for 2013 All-ACC Academic Men's Swimming Team.



2011-12: All-ACC Team member...placed third in the 500-yard freestyle at ACC Championships in a time of 4:22.69...was also ninth in the 200 freestyle (1:37.13) and 14th in the 1650 freestyle (15:36.78) at the ACC meet...swam on 800 free relay team which placed second at league championships...named to All-ACC Academic Men's Swimming Team for the second straight year...honorable mention All-America selection as member of Carolina's 800-yard freestyle relay team...that relay team placed ninth at the NCAA Championships in a time of 6:25.70...also swam on Carolina's 200-yard medley relay which placed 15th at NCAAs...had an excellent 2011 Nike Cup meet...won the title in the 500 free (4:23.13) and was second in the 1650 free (15:24.53), third in the 200 free (1:38.09) and 12th in the 100 free (46.23)...also swam on a Nike Cup champion 800 freestyle relay team.

2010-11: Named to ACC Academic Honor Roll...earned a spot on the All-ACC Academic Men's Swimming Team...placed fifth in the 500 freestyle in 4:22.81 and seventh in the 200 freestyle in 1:36.85 at the 2011 ACC Championships...also placed 21st in the 100 free in 45.30 and swam on 800 free relay team which earned conference runners-up honors... one of nine national finalists for 2010-11 Male Breakout Swimmer of the Year Award.

Prep: Graduated from North Mecklenburg High School on June 15, 2010...swam for his high school from 2007-10 and for his club team beginning in 2001...was coached at NMHS by Tim Queen...his club coaches included Thad Schultz, Chris Webb and David Marsh...was captain of high school team as a senior...that year he placed second in the North Carolina 4A state meet in the 200 and 500 freestyles...finished third in both events his junior year...as a senior was named the I-MECK Conference swimmer of the year...paced North Mecklenburg to the 2009 NC 4A title and to conference titles each of his four years...as a club swimmer, he was named a three-year Scholastic All-America...2009 Junior National Team member...the 2010 Southeastern Sectionals champion in the 200 freestyle...his club team won the men's junior national title in 2009...was a member of an 800-meter free relay team which won junior national title in 2009...swam on 800-yard free relay unit which established a national age group record...A/B honor roll student all four years.

Personal: John Thomas Stille is the son of John and Stacy Stille...is referred to as J.T. ...was born June 3, 1991 in Huntersville, N.C. ...has an older sister and two younger brothers...stands 6-1 tall... economics major.



EUGENE TEE
Distance Free/IM
Freshman • 6-0
Melbourne, Victoria, Australia
Santa Monica Catholic
Team Santa Monica

Career Best Times: 3:50.74 in 400-yard individual medley; 1:50.21 in 200-yard individual medley; 15:24.62 in 1650-yard freestyle; 1:49.63 in 200-yard backstroke; **Long Course Meters:** 4:25.34 in 400-meter individual medley; 2:06.04 in 200-meter individual medley; 15:51.45 in 1500-meter freestyle; 2:04.14 in 200-meter backstroke; **Short Course Meters:** 4:15.84 in 400-meter individual medley; 2:01.92 in 200-meter individual medley; 15:21.90 in 1500-meter freestyle; 2:00.82 in 200-meter backstroke.

General: First UNC recruit from Australia...a Melbourne native who attended Camberwell Grammar School before moving to the U.S. where he attended Santa Monica Catholic High School where he competed in swimming and was coached by Rick Bruce...in his native Australia he competed for Surrey Park Swimming Club and in the U.S. for Team Santa Monica where he was coached by Dave Kelsheimer...a member of multiple national youth teams for Australia...member of 2009 and 2010 Trans-Tasman Team, 2009 Australian Age All-Star Team, 2011 Youth Commonwealth Games Team, 2011 Australian Youth All-Star Team and 2012 Junior Pan Pac Team...Australian Youth Team member 2009-12...medalist at Youth Commonwealth Games in 200 IM, 400 IM and 1500 freestyle...2012 Junior Pan Pac finalist in 200 IM and 400 IM...captured Australian age group national titles in 200 meter breaststroke (13 and up), 1500 freestyle

(15 and up) and 400 IM (17/18 age group).

Personal: Eugene Tee is the son of Fong and Adrian Tee...was born December 1, 1993 in Melbourne, Victoria...undeclared major.



GRAHAM WILLIAMS

**Distance Free
Junior - 6-3
Hickory, N.C. • Hickory
YMCA Seahorse Swim Team**

Career Best Times: 46.44 in the 100-yard freestyle; 1:39.80 in the 200-yard freestyle; 4:30.78 in the 500-yard freestyle; 9:12.73 in the 1000-yard freestyle; 15:23.02 in the 1650-yard freestyle.

2012-13: Posted a trio of career bests in the middle distance freestyle events...veteran leader in the Carolina Leadership Academy.

2011-12: Had an excellent performance at the Virginia Tech Invitational... placed third in the 1650-yard freestyle in 15:50.38 and captured fifth place in the 500-yard freestyle in 4:37.89...at the 2011 Nike Cup Championships, he placed 13th in the 1650-yard freestyle and was on an 800-yard freestyle relay team that placed 10th...also took 23rd place in the 500-yard freestyle.

Prep: A 2011 alumnus of Hickory High School...swam for Hickory High School from 2008-11...swam for YMCA Seahorse Swim Team (YSST) from 2005-11...North Carolina All-Star selection for four straight years from 2008-11...North Carolina high school state champion in 200 and 500 freestyles both his junior and senior years...high school most valuable swimmer his junior season...the North Carolina state record holder in the 15-16 age group in both the 1000-yard and 1650-yard freestyles...won the YMCA national championship in the 1500-meter freestyle in 2010.

Personal: Graham Evan Williams is the son of Kevin and Ann Williams... was born June 3, 1993 in Hickory, N.C. ... exercise and sports science major...stands 6-3 tall.



Graham Williams



KURT WOHLRAB

**Breast/Fly
Sophomore • 5-9
Pinehurst, N.C. • Pinecrest
Sandhills Sandsharks**

Career Best Times: 54.28 in the 100-yard breaststroke; 1:57.90 in the 200-yard breaststroke; 49.61 in the 100-yard butterfly; 1:53.42 in the 200-yard individual medley.

General: Moved into the Top 5 of two events on Carolina's all-time Top 10 list...now ranks third in the 100-yard breaststroke (54.28) and fourth in the 200-yard breaststroke (1:57.90)...swam the breaststroke leg on 200 and 400 medley relay teams which posted school records in his freshman year.

2012-13: NCAA qualifier...posted three career best times as a freshman in his primary events...swam on a pair of school record setting medley relays at ACC Championships...the 200 medley relay captured a bronze medal...he placed fourth in the 200-yard breaststroke at ACCs (1:57.90) and ninth in the 100-yard breaststroke (54.28).

Prep: Graduated in 2012 from Pinecrest High School...four-year swimming letterman there, specializing in the 200 breaststroke and 100 butterfly...also played wide receiver on the football team for three years... earned high school All-America honors in both his junior (100 breaststroke) and senior (100 breaststroke, 100 butterfly) years...captain of Pinecrest team as a junior and senior...competed in club swimming for Sandhills Sandsharks...was his club team captain for three years...named 2012 North Carolina 4A high school Most Valuable Swimmer...fastest long course times are 1:05.34 in 100 breast, 2:23.46 in 200 breast and 58.09 in 100 butterfly...National Honor Society member...AP Scholar.

Personal: Full name is Kurt Patrick Wohlrab, Jr. ...stands 5-9 tall...son of Kurt and Julie Wohlrab...was born January 20, 1994 in Las Vegas, Nevada...his father played football at both Air Force Academy and UNLV... exercise and sports science major.



Kurt Wohlrab





CARI BLALOCK

IM/Fly
Senior • 5-5
Wilmington, N.C. • New Hanover
Waves of Wilmington

Career Best Times: 53.75 in the 100-yard butterfly; 1:54.65 in the 200-yard butterfly; 1:55.86 in the 200-yard individual medley; 4:06.77 in the 400-yard individual medley.

General: Ranks high on the UNC all-time charts in several short course events...is the school record holder in the 200-yard IM (1:55.86) and the 400-yard IM (4:06.77)...ranks second all-time in the 200-yard fly (1:54.65) and fifth in the 100-yard fly (53.75)...also holds the Carolina school record in the 400-meter IM in a time of 4:43.65...a veteran leader in the Carolina Leadership Academy.

2012-13: 2013 Atlantic Coast Conference Swimmer of the Year and first-team All-ACC honoree...NCAA qualifier and 2013 first-team All-America... at the NCAA Championships, she finished third in the 200-yard butterfly in 1:54.65 and eighth in the 400-yard individual medley in 4:07.58...was an honorable mention All-America honoree in the 200-yard individual medley where she finished 10th in 1:55.86...named UNC's most outstanding swimmer in 2012-13...captured a pair of individual ACC championships...won the 200-yard butterfly crown in 1:54.67 and the 400 IM title in 4:08.48...placed fifth in the conference meet in the 200 IM in 1:58.49... had some outstanding regular-season performances last season as well... won both the 100 fly and 200 IM versus Virginia Tech, was the 200 butterfly winner at the Ohio State Invitational and captured the 200 fly and 400 IM in the win at NC State...had an outstanding summer of swimming in 2013...placed fourth in the 400 IM in the U.S. Open in a school record 4:43.65 and was also 14th in the 200 IM in the same meet.

2011-12: Had a spectacular sophomore season...named to the 2012 All-ACC Team...2012 NCAA honorable mention All-America in the 400 IM and as a member of Carolina's 800-yard freestyle relay team...at the ACC Championships, she was third in the 200 IM in 1:57.87...also notched a third-place finish in the 400 IM with a clocking of 4:11.40...grabbed a runner-up finish as she went 1:56.36 in the 200 butterfly...she had gone a University record time of 1:56.06 in the preliminaries of the event...swam on the 800 free relay team which captured second place in the league meet with a time of 7:08.41...captured 14th place in the 400-meter individual medley at the 2012 U.S. Olympic Trials in a personal best time of 4:48.10, taking more than seven seconds over her previous career best clocking...placed 24th in the 2012 U.S. Olympic Trials in the 200-meter individual medley with a time of 2:16.96...won a pair of events in the dual meet win over Duke and won the 400 IM as Carolina downed NC State... excelled at the 2011 Nike Cup...placed second in three individual events — 200 IM (2:00.42), 400 IM (4:12.40) and 100 butterfly (54.37)...also took third place in the 200 fly at Nike Cup with a 1:58.28 and swam on 400 medley relay team which took runner-up honors.

2010-11 (at LSU): An All-SEC Freshman Team performer who proved to be one of the top newcomers in the league... LSU record holder in 400 individual medley and as member of 800 freestyle relay team...2011 NCAA qualifier and 2011 All-SEC Freshman Team honoree...one of two

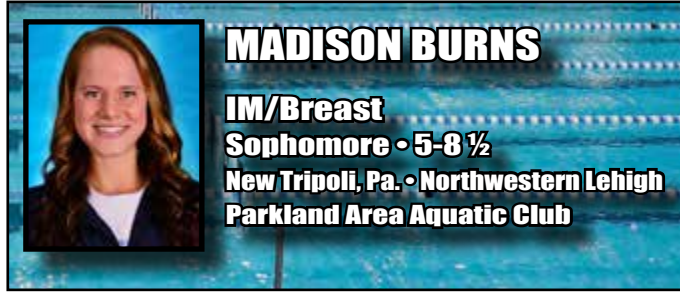


Cari Blalock

LSU freshmen to qualify for the NCAA Championships and break program records at SEC Championships ... held the team's fastest time in the 400 IM and ranked second in the 200 fly and 200 IM ... tied for 24th in the 200 butterfly at NCAA meet (1:57.64), placed 30th in the 200 IM (1:59.42) and finished 31st in the 400 IM (4:15.62) ... emerged as the top freshman finisher in the SEC in the 200 fly, registering fourth place with the second-fastest mark all-time at LSU, a clocking of 1:57.30 ... qualified for the 'A' final of the 200 IM with a 1:58.79 clocking, second best time in program history ... also shattered a 14-year-old school record in the 400 IM to take 13th spot (4:12.46)...swam the third leg on the program record-breaking 800 free relay (7:12.73) ... won the 400 IM at the Cougar Classic Invitational (4:17.19) and claimed runner-up honors in the 200 fly (1:59.44) ... also recorded sixth in the 100 fly and ninth in the 200 IM at the Cougar Classic ... captured first-place in the 100 fly at the Florida International Invite ... raced to runner-up honors in the 400 IM in wins over Florida State, Houston, Rice and Tulane ... delivered second place in the 100 back in a victory over Tulane and second in the 200 IM at the Florida Atlantic Invite ... also took second in the 200 fly against Incarnate Word...won LSU's top newcomer award.

Prep: A two-time North Carolina state champion... listed as a member of the CollegeSwimming.com Top 100 recruits of 2010 ... won state titles in the 100 butterfly in both 2008 and 2010... a 2008 U.S. Olympic Trials and 2009 World Championships Trials qualifier ... served as captain of her swim team for two years and was part of four conference runner-up squads ...a U.S. Swimming Scholastic All-America every year from 2007-10 ... coached by Brian Benfer...attended National Select Camp in 2006... Southeastern Senior Sectional 100-yard butterfly champion in 2009...four-time all-conference selection at NHHS...All-Area Wilmington Star-News swimmer of the year from 2007-10...North Carolina state high school record holder in 100 fly at 53.79...member of Beta Club...National Honor Society selection...participated in First Friday Dinners program providing meals for the homeless through the Church of the Servant...North Carolina Swimming junior and senior representative.

Personal: Full name is Carolyn Ruth Blalock ... goes by Cari ... born June 4, 1992, in Wilmington, N.C. ... parents are Chip and LeeAnn Blalock ... has one older sister... exercise and sports science major...stands 5-5 tall...in her spare time she enjoys singing and imitating people's body actions...was a member of the honors chorus at her high school.



MADISON BURNS

IM/Breast
Sophomore • 5-8 1/2
New Tripoli, Pa. • Northwestern Lehigh
Parkland Area Aquatic Club

Career Best Times: 1:02.47 in the 100-yard breaststroke; 2:16.98 in the 200-yard breaststroke; 2:00.48 in the 200-yard individual medley; 4:14.82 in the 400-yard individual medley.

General: Ranks as the ninth fastest 400-yard individual medley in Carolina history at 4:15.81.

2012-13: At the 2013 ACC Championships she finished 12th in the 400 IM in 4:21.35, 19th in the 200 breaststroke in 2:20.60 and 22nd in the 200




Madison Burns

IM in 2:04.64.

Prep: Graduated from Northwestern Lehigh High School in New Tripoli, Pa., in 2012...competed for Parkland Area Aquatic Club...competed primarily for her club team but did swim one year in high school...2012 U.S. Olympic Trials qualifier in the 400 IM...team captain...state high school champion in the 200 IM (2:00.48) and 100 breaststroke (1:03.00) as a junior...state high school record holder in the 200 IM at 2:00.48

Personal: Full name is Madison Leigh Burns...nicknamed Maddy...stands 5-8 1/2 tall...daughter of Ken and Ramzy Burns...was born June 29, 1994 in Allentown, Pa. ...has a sister who is a junior at Muhlenberg College where she competes in track...communication studies major.



RACHEL CANTY
Breast/IM
Sophomore • 5-6
Burke, Va. • James W. Robinson
Secondary School
Curl-Burke Swim Club

Career Best Times: 1:01.75 in the 100-yard breaststroke; 2:14.41 in the 200-yard breaststroke; 2:02.32 in the 200-yard individual medley; 4:18.65 in the 400-yard individual medley.

General: Ranks in the Top 10 of both breaststroke events in UNC history...is ninth all-time in the 200 breast (2:15.41) and 10th in the 100 breast (1:03.14).

2012-13: Placed in three events at the 2013 ACC Championships...was 11th in the 200 breast at 2:15.41, 13th in the 100 breast at 1:03.14 and 17th in the 200 IM at 2:02.06...a College Swimming Coaches Association of America honorable mention Scholar-Athlete ...named to 2012-13 ACC Academic Honor Roll...earned accolades on the 2013 spring semester Dean's List at UNC.

Prep: Attended James W. Robinson Secondary School in Fairfax, Va. ... an excellent all-around athlete...swam for six years with Curl-Burke Swim Club as a 100-meter and 200-meter breaststroker...also swam four years in high school, specializing in the 100 breast and 200 IM...also played two years of high school volleyball...a senior national qualifier with Curl-Burke...reached 2011 Junior National finals in both 100 breast and 200 breast, finishing sixth in both events...led high school team to state team championships in both 2009 and 2010...garnered 2011 high school All-America honors in both 100 breast and 200 IM...Robinson team captain as a senior...earned 2011 scholastic high school All-America accolades from USA Swimming...four-year Robinson High School honor roll student...2009-10 PVS Scholar-Athlete.

Personal: Full name is Rachel Nicole Canty...stands 5-6 tall...daughter of Jeremiah and Janine Canty...was born January 10, 1994 in Yuma, Ariz. ...her older sister, Christine, currently swims at Old Dominion University... undeclared major at UNC.




LILIANA CASSO
Distance Free
Freshman • 5-6
Los Angeles, Calif. • Marlborough
School
Team Santa Monica

Career Best Times: 10:10.31 in the 1000-yard freestyle; 16:56.00 in the 1650-yard freestyle.

General: Member of the 2013 U.S. Junior National Team in 10-kilometer open water swimming...attended Marlborough School in Los Angeles... did her club swimming for Team Santa Monica where she competed for coach Dave Kelsheimer...won CIF championship in 500-yard freestyle at Marlborough...helped lead high school team to state championship her freshman year...honor roll member in high school

Personal: Full name is Liliana Cristina Castro...nicknamed Lili...is the daughter of Jesse Casso and Cheryl Marino...was born April 20, 1995 in New York, N.Y. ...stands 5-6 tall...undeclared major...her sister, Isabel, swims for Loyola Marymount University...her brother, Lucas, graduated from Williams College in 2013 where he was a pitcher on the baseball team.



KELLY CORISH
Diving
Junior • 5-9
Vienna, Va. • James Madison High
Dominion Dive Club

Career Best Scores: 252.98 in one-meter diving; 194.05 in 10-meter platform diving; 273.30 in three-meter diving.

General: Has the seventh highest platform diving score in Carolina history (194.05).

2012-13: Named to the ACC Academic Honor Roll for the second straight year...earned Dean's List accolades in both semesters of her sophomore year...a veteran leader in the Carolina Leadership Academy.

2011-12: Had an outstanding freshman year for UNC...placed fifth in platform diving at the 2011 Nike Cup Championships... named to 2011-12 ACC Academic Honor Roll...tapped for Dean's List in spring semester 2012.

Prep: A 2011 alumna of James Madison High School in Vienna, Va. ...member of varsity swimming and diving team there for four years...All-Stars participant from 2002 to 2011...All-Star diving champion in 2006 and 2010... won divisional diving championships in 2004, 2008, 2009 and 2010...won three-meter cham



pionship at Wally Martin Championships in 2010...was captain of high school team in 2011...district, regional and state champion on the high school level in 2011...All-America recipient in 2011...four-year member of athletic honor roll...2011 U.S. Swimming Academic All-America selection...member of National Honor Society, Science Honor Society, English Honor Society and French Honor Society.

Personal: Kelly Anne Corish is the daughter of Joe and Sandy Corish... was born August 26, 1993 in Fairfax, Va. ... Spanish major...her aunt competed in diving at UNC from 1986-90...stands 5-9 tall...participates in Carolina Outreach community service programs...subcommittee chair for the UNC Student-Athlete Advisory Council...involved in the Baddour Carolina Leadership Academy as a CREED Leader and Gap Year participant.



LAUREN EARP

Free/Breast
Sophomore • 6-0
Etobicoke, Ontario • Martingrove Collegiate Institute
Etobicoke Swimming

Career Best Times: 22.97 in the 50-yard freestyle; 49.08 in the 100-yard freestyle; 1:45.22 in the 200-yard freestyle; 4:46.85 in the 500-yard freestyle; 1:01.87 in the 100-yard breaststroke; 2:15.82 in the 200-yard breaststroke.

General: Ranks in the Top 10 in a pair of events in UNC short course history...is the fourth fastest 200-yard freestyle swimmer at 1:45.22 and the seventh fastest 100-yard freestyler at 49.43...a member of the 400-yard freestyle relay team which set the school record at the 2013 ACC Championships.

2012-13: NCAA qualifier...earned honorable mention All-America honors on two different relays...swam the second leg on the 800 free relay team which finished 14th at NCAAs and anchored the 400 medley relay squad to a 15th-place finish...first-team All-ACC honoree...swam the second leg on Carolina's ACC champion 400-yard freestyle relay team, which set the school record in the process...at the ACC Championships, she scored on three individual events...placed second in the 200 freestyle in 1:45.22, notched seventh place in the 100 freestyle in 49.43 and took 15th place in the 50 freestyle in 23.25.

Prep: Graduated from Martingrove Collegiate Institute in Toronto after previously attending Silverthorn Collegiate Institute...has had an incredible youth swimming career...medal winner at a host of youth competitions while competing for Canada...medaled at the 2009 North American Challenge Cup, on the 2009 Australian Youth/Junior Tour Team, at the 2010 Youth Olympic Games, at the 2010 Junior Pan Pac Championships and at the 2011 Junior World Championships...competed on multiple provincial tour teams...an honor roll student her freshman through senior years...career long course meters best times are 26.37 in 50 free, 56.25 in 100 free, 2:00.72 in 200 free, 4:17.10 in 400 free, 8:49.99 in 800 free, 1:11.12 in 100 breast and 2:36.12 in 200 breast.

Personal: Full name is Lauren Heather Earp...stands 6-0 tall...daughter of Robert Earp and Susan Somers...was born June 29, 1994 in Mississauga, Ontario...has two brothers (Michael and Christopher) who both played football at University of Toronto...a talented musician, she plays both the



Lauren Earp

piano and the saxophone...her father competed in track and her mother was a figure skater...her aunt, Hilary Earp, is a tremendous athlete, attempting English Channel swims and running ultra-marathons...business administration major.



ABBY FISHER

Breast/IM
Freshman • 5-9
Kinnelon, N.J. • Kinnelon
Lakeland Hills YMCA

Career Best Times: 1:02.23 in the 100-yard breaststroke; 2:12.16 in the 200-yard breaststroke; 2:02.90 in the 200-yard individual medley; 4:20.07 in the 400-yard individual medley; 2:33.89 in the 200-meter breaststroke; 2:19.54 in the 200-meter individual medley; 4:52.02 in the 400-meter individual medley.

General: Attended Kinnelon High School where she was coached in swimming by Brian Boardman and Steve Papendick...competed for the Lakeland Hills YMCA team which was coached by Keira Cruz...excelled at YMCA national and USA Swimming national and junior national levels...two-year captain of Kinnelon High School swimming team...holds six individual and three relay records at KHS...five-time NISCA high school All-America selection...2011 high school All-America in the 200 IM and 100 breast...2012 high school All-American in the 200 IM and as a member of the 200 medley relay...named first-team All-County all four years...second-team All-Public three years and third-team All-Public one season...2010-11 and 2011-12 Star Ledger Morris County Swimmer of the Year...2012 Olympic Trials qualifier in the 200-meter breaststroke...won the 200-yard breaststroke at the YMCA National Championships in both 2011 and 2013...a 12-time YMCA Nationals individual finalist...two-time USA Senior National qualifier...seven-time USA Junior National individual finalist, including a third-place finish in the 200 breaststroke in 2012...chosen for 2010 YMCA Altitude Camp and the 2011 National Select Camp...at Kinnelon High School she was vice president of the National Honor Society, French Honor Society and Social Outreach Club...AP Scholar with honors.

Personal: Full name is Abigail Bishop Fisher...goes by Abby...daughter of Jim and Cathy Fisher...was born April 16, 1995 in Morristown, N.J. ...undeclared major...her sister attends Cornell University...a two-year assistant coach of the Fayson Lakes Swim Team.



ANNIE GOESSLING

Breast/IM
Sophomore • 5-9
St. Louis, Mo. • Mary Institute & St. Louis Country Day School
Clayton Shaw Park Swim Club

Career Best Times: 24.05 in the 50-yard freestyle; 1:04.83 in the 100-yard breaststroke; 2:21.24 in the 200-yard breaststroke; 2:04.74 in the 200-yard individual medley.

2012-13: Posted career best time in 200 breaststroke her freshman year...participates in Carolina Leadership Academy as a CREED mentor.

Prep: Graduated in 2012 from Mary Institute and St. Louis Country Day School...has swum breaststroke since age seven...also played field hockey and lacrosse...captained swimming team as a junior and senior...three-time state champion...Scholastic All-America in both 2010 and 2011...MICDS Scholar-Athlete...won multiple school awards as a senior...won the 2012 Werremeyer Mathematics Award...Morse Family 12th grade award...athletic co-head...first honors during all grading periods of high school...German Club member...won Washington and Lee book award.

Personal: Full name is Ann Bowen Goessling...stands 5-9 tall...daughter of John and Alisa Goessling...was born November 5, 1993 in St. Louis, Mo. ...comes from a family of varied talents...her brother Christopher has played the violin since he was three years old...her dad's main hobby is bee keeping and he produces his own honey...majoring in mathematical decision science.



Annie Goessling



ALLY HARDESTY

Free
Sophomore • 5-11
Knoxville, Tenn. • Bearden
Pilot Aquatic Club

Career Best Times: 23.09 in the 50-yard freestyle; 50.09 in the 100-yard freestyle; 1:48.27 in the 200-yard freestyle.

General: Swam on school record setting 400-yard freestyle relay team as a freshman...member of Rising Stars program in Carolina Leadership Academy...volunteers with Kids Cart at UNC Hospitals...participated in CREED program in CLA as a freshman.

2012-13: NCAA qualifier...earned honorable mention All-America honors as a member of UNC's 800-yard freestyle relay team at the NCAA Championships...swam the third leg on the relay which placed 14th...swam the anchor leg on the ACC champion 400-yard freestyle relay team...that relay set the school record in the event...All-ACC selection...scored in three individual events at the ACC Championships...finished 12th in the 100-yard freestyle in 50.20, 15th in the 200-yard freestyle in 1:48.61 and 16th in the 50-yard freestyle in 23.47...swam on two Nike Cup championship relay teams – the 200 free relay and the 800 free relay.

Prep: Graduated in 2012 from Bearden High School...swam in high school for four years while also competing for Pilot Aquatic Club...captain of high school swimming team...won state championship in 200-yard freestyle...four-year All-America selection...two-time high school MVP...National Honor Society member...did community service projects that included service hours with movie meals, empty stocking fund and fantasy of trees.

Personal: Full name is Allyn Ann Hardesty...stands 5-11 tall...daughter of Kile and Stephanie Hardesty...was born May 16, 1994 in San Diego, Calif.



Ally Hardesty

...undeclared major...her father played water polo at USC and her grandfather and uncle were football players at Tennessee...one of her chief hobbies is tap dancing.



ANNIE HARRISON

Back/IM
Sophomore • 5-10
Oakville, Ontario • Appleby College
Oakville Aquatic Club

Career Best Times: 1:50.37 in the 200-yard freestyle; 4:46.90 in the 500-yard freestyle; 54.65 in the 100-yard backstroke; 1:54.79 in the 200-yard backstroke; 2:01.91 in the 200-yard individual medley; 4:10.50 in the 400-yard individual medley.

General: Moved into the Carolina Top 10 in two short course events...ranks second in the 200-yard backstroke at 1:54.79 and third in the 400-yard individual medley at 4:10.50...had a spectacular summer of swimming in 2013 when she set university long course records in the 100-meter backstroke at 1:02.46 and in the 200-meter backstroke at 2:12.00...set the 100 record by finishing sixth in the Canadian World Championship Trials...she was also sixth in that meet in the 200 back...set the 200-meter back record while taking first place in the 2013 Canada Cup...grabbed 10th place in the 200-meter backstroke at the 2013 U.S. Open.

2012-13: NCAA qualifier...earned honorable mention All-America honors by finishing 16th in the 400-yard IM in 4:12.70...scored in three individual events at the 2013 ACC Championships...was third in the 200 back at 1:54.79, ninth in the 400 IM at 4:14.35 and 12th in the 500 freestyle at 4:50.05...named All-ACC in the pool as well as All-ACC Academic in women's swimming...was the recipient of the swimming team's Hill Carrow Spirit Award...tapped for 2012-13 ACC Academic Honor Roll.

Prep: Graduated in 2012 from Appleby College in Oakville, Ontario...swam there from 2008-13 as an individual medleyist and backstroker...varsity award recipient for swimming in 2012...member of Canadian Junior National Team...Canadian national age group record holder in 200-meter backstroke...coming out of high school her career best long course times were 4:49.43 in the 400-meter individual medley, 2:14.07 in the 200-meter backstroke and 4:18.00 in the 400-meter freestyle...Ontario Scholar

Personal: Full name is Annie Melinda Harrison...stands 5-10 tall...was born July 15, 1994 in Oakville, Ontario...her mother was a 1984 Olympian in the 200-meter backstroke for Canada...undeclared major at UNC.



Annie Harrison



ALLI HAUFLER
Fly
Sophomore • 5-3
Ashburn, Va. • Briar Woods
Machine Aquatics

Career Best Times: 55.42 in the 100-yard butterfly; 2:00.54 in the 200-yard butterfly.
Prep: Graduated in 2012 from Briar Woods High School...did her club swimming for Machine Aquatics...four-year high school swimming letter winner in the 100 fly, 200 fly, 200 medley relay, 400 free relay and 100 and 200 freestyles...an accomplished club swimmer for four years competing in 100 and 200 fly events as well as the 200 free and the 100 free...was a competitive gymnast and Virginia state champion prior to beginning her swimming exploits...team record holder for Machine Aquatics in the 100 and 200 fly events - both short course and long course...swam on Machine Aquatics National Team squad...NCSA Junior National finalist in 200 and 100 fly events...high school swim team captain her junior and senior years...Dulles District Swimmer of the Year as a sophomore and junior...met All-America time standards in 100 fly in both 2009 and 2010...runner-up in 100 fly at Virginia state championships her sophomore and junior years...member of two state championship relay teams (400 free and 400 medley) in 2009...career best long course times are 1:03.04 in 100-meter fly and 2:18.6 in 200-meter fly...honor roll student all four years...Catholic education teacher...peer tutor...PVS Scholar Athlete 2010-11.
Personal: Full name is Allison Taylor Haufler...stands 5-3 tall...daughter of Kurt and Andrea Haufler...was born March 2, 1994 in Fairfax, Va. ...undeclared major at UNC.



SARAH HITCHENS
Back/Sprint Free
Freshman • 5-10
West Chester, Pa. • Villa Maria Academy
Suburban Seahawks Club

Career Best Times: 22.91 in the 50-yard freestyle; 50.88 in the 100-yard freestyle; 54.89 in the 100-yard backstroke; 27.23 in the 50-meter freestyle; 59.54 in the 100-meter freestyle; 1:03.64 in the 100-meter backstroke.
General: Attended the Villa Maria Academy where she was coached by Cathy Hay...did her club swimming for the Suburban Seahawks Club under the tutelage of legendary coach Charlie Kennedy...an outstanding sprinter...eight-time PIAA state champion...holds four state records...member of teams which won three state high school championships...13-time All-State honoree...Olympic Trials qualifier in the 100-meter long course backstroke.

Personal: Sarah Anne Hitchens was born July 13, 1995 in West Chester, Pa. ...is the daughter of James and Barbara Hitchins ...undeclared major...stands 5-10 tall.



MEREDITH HOOVER
Fly/Free
Senior • 5-7
Concord, N.C. • Cannon
SwimMAC

Career Best Times: 4:51.76 in the 500-yard freestyle; 54.74 in the 100-yard butterfly; 1:54.47 in the 200-yard butterfly.
General: The school and ACC record holder in the 200-yard butterfly (1:54.47)...also possesses the Nike Cup record in that event with a time of 1:58.17.
2012-13: NCAA qualifier...earned first-team All-America honors in the 200-yard butterfly, finishing fourth at NCAAs in a time of 1:54.75...at the 2013 ACC Championships, she finished second in the 200 fly in 1:55.29, was 14th in the 100 fly at 55.00 and placed 17th in the 500 free with a time of 4:52.07...earned kudos on the 2013 All-ACC Team...the recipient of the Jamerson Memorial Award as the squad's most improved swimmer...an outstanding student...was named to the All-ACC Academic Team in women's swimming...chosen for spring 2013 Dean's List...a Veteran Leader in the Carolina Leadership Academy...capped 2012-13 ACC Academic Honor Roll kudos...a College Swimming Coaches Association of America first-team Scholar All-America honoree...this past summer she finished 11th in the 200 fly at the 2013 U.S. Swimming Nationals in a time of 2:11.17...later in the summer she nabbed sixth place in the same event at the 2013 U.S. Open.
2011-12: Was a member of UNC's ACC Championships Team in 2012, scoring in two events...placed fifth in the 200-yard butterfly in 1:58.93...was 16th in the 500-yard freestyle in a time of 4:56.91...won 200 fly in dual meet wins over Clemson and NC State...excelled at the 2011 Nike Cup Championships...won the 200-yard butterfly in the event with a time of 1:58.17...took ninth place in both the 500 free (4:55.52) and the 100 fly (55.21)...named to 2011-12 ACC Academic Honor Roll.
2010-11: Recorded a then career best 1:58.93 in the 200-yard butterfly while winning that event in the dual meet versus Duke...took the championship in the 200-yard butterfly at the 2011 College Cup Invitational...named to College Swimming Coaches Association of America Women's Scholar All-America honorable mention team...tapped for 2010-11 ACC Academic Honor Roll...a spring 2011 Dean's List honoree.
Prep: Graduated on May 21, 2010 from the Cannon School in Concord, N.C. ...swam in high school her freshman through junior years, specializing in the 100 fly and 100 back...competed for SwimMAC Carolina since 2006 in both backstroke and butterfly events...was coached at SwimMAC by Chris Webb and David Marsh...three-year All-Conference selection as a prepster...named Cannon's MVP three straight years...All-State selection in 2009...that year she won state championships in the 100 fly and 100 back...led Cannon to NCISAA 3A state titles her freshman through junior seasons...a Scholastic All-America choice three years in a row...president of Fellowship of Christian Athletes in 2009-10 when she was



also tapped Cum Laude...four-year member of the French Honor Society.
Personal: Full name is Meredith Virginia Hoover...daughter of Chip and Ginny Hoover...was born September 13, 1992 in Concord, N.C. ...has one brother...stands 5-7 tall... her older brother, Trey, swam at the University of Texas...majors in Romance Languages.



CATY HULSEY
Fly/IM/Free
Freshman • 5-7
Savannah, Ga. • Calvary Day School
Georgia Coastal Aquatic Team

Career Best Times: 2:01.42 in the 200-yard butterfly; 4:18.63 in the 400-yard individual medley; 4:50.79 in the 500-yard freestyle; 2:16.30 in the 200-meter butterfly; 4:53.88 in the 400-meter individual medley; 4:18.15 in the 400-meter freestyle.

General: Coached by Bill Forrester at Calvary Day School and the Georgia Coastal Aquatic Team...prior to moving to Savannah she competed at Swim Macon for coach Lee Stockslager...one of the most versatile swimmers in the recruiting class...2013 World Championships Trials qualifier in the 200 fly and 400 IM...achieved 2012 Olympic Trials standards in three long course events (200 fly, 2:16.30; 400 IM, 4:53.88; 400 free, 4:18.15)...also attended First Presbyterian Day School in Macon, Ga. (2009-11), prior to attending Calvary Day (2012-13)...swam three years in high school and on her club team from 2001-2013...at the high school state meet she concentrated on the 500 freestyle and 200 IM...with her club team she was primarily a middle distance freestyler, butterfly and IM swimmer...Georgia Zone Team member and zone champion as a 14-year-old in the 400 IM, 400 free and 200 IM in 2010...scholastic All-America with a 4.0 GPA her sophomore and junior years...high school All-America in the 500 free in 2012 after receiving All-America consideration the previous two years...her high school team, consisting of just four members, placed eighth at the Georgia A-AAAA state meet...has achieved multiple Top 10 NAG rankings, won multiple Georgia LSC championships and Southeastern sectional crowns...also a Junior National finalist at the U.S.S. level...three-time Scholastic All-America...won Georgia state high school championship (A-AAAA) in 500 free at a junior (4:50.79) and was runner-up in the 200 IM (2:04.84)...as a sophomore in the same meet she had been the state runner-up in the 500 free at 4:57.15...National Honor Society member...four-year high honor roll student, maintaining a 4.0 all through high school...AP Scholar...National Merit Commended Student...class valedictorian...member of Mu Alpha Theta math honor society and the French Club...took 11th place in 2011 in a National French contest.

Personal: Catherine Anne Hulsey is the daughter of Drew Hulsey and Harriet Hulsey...was born August 7, 1995 in Jacksonville, Fla. ...business administration major...sang in high school chorus and participated in many community theatre events and school plays...enjoys water skiing, snow skiing, surfing and playing Ultimate Frisbee...has a younger brother, Rob, 16, who is also a swimmer...stands 5-7 tall.



DANIELLE JANSEN
Free/Fly/Breast
Junior • 5-9
Mason, Ohio • William Mason
Mason Mantarays

Career Best Times: 23.24 in the 50-yard freestyle; 50.33 in the 100-yard freestyle; 1:48.52 in the 200-yard freestyle; 1:01.91 in the 100-yard breaststroke; 54.63 in the 100-yard butterfly; 2:02.69 in the 200-yard individual medley; 1:12.83 in the 100-meter breaststroke; 1:01.91 in the



Danielle Jansen

100-meter butterfly; 2:18.64 in the 200-meter individual medley.

General: Ranks fifth on the all-time Carolina list in the 100-yard breaststroke with a time of 1:01.91...member of Carolina Outreach program...completed CREED, Rising Stars and Veteran Leaders programs in Carolina Leadership Academy...has made Dean's List every semester at Carolina.

2012-13: Member of ACC Championships team just as she was as a sophomore...placed in three events at the Championships...was 14th in the 100 breaststroke in 1:03.18, 16th in the 100 butterfly in 55.81 and 19th in the 200 IM in 2:03.25...named to Dean's List in both semesters of the school year...merited 2012-13 ACC Academic Honor Roll kudos...Veteran Leader in the Carolina Leadership Academy...College Swimming Coaches Association of America honorable mention Scholar All-America.

2011-12: Had three excellent finishes at the 2012 Virginia Tech Invitational...placed second in the 200 individual medley (2:06.18), third in the 100 butterfly (56.89) and fourth in the 100 freestyle (52.22)...won 100-yard freestyle in dual meet win over Duke...named to Dean's List both semesters...chosen for the 2011-12 ACC Academic Honor Roll.

2010-11: 2011 ACC finalist in the 100-yard breaststroke...finished seventh in that event in 1:02.40...that time moved her into Carolina's all-time Top 10 list in the event...named to All-ACC Academic Women's Swimming Team...also placed in two other events at the ACC meet...was 12th in the 100 fly in 54.63 and 18th in the 100 free in 50.97...named to College Swimming Coaches Association of America Women's Scholar All-America squad...tapped for the 2010-11 ACC Academic Honor Roll...named to Dean's List in both semesters.

Prep: Graduated from William Mason High School in May 2010...swam four years in high school there...did her club swimming for eight years with the Mason Mantarays...specialized in the 50 through 200 freestyles, the 100 and 200 butterfly events and the 200 IM...won the 2008 Ohio state high school championship in the 200 freestyle...a three-time state high school runner-up in the 100 free (2007-09)...was also the runner-up in the state meet in the 50 free in 2007 and in the 200 free in 2009...the Cincinnati Enquirer's 2008 Swimmer of the Year...a Cincinnati/Northern Kentucky Sportswoman of the Year finalist...15-time high school All-America selection...set 10 high school individual or relay records...2008 Greater Miami Conference Swimmer of the Meet...named high school MVP three times...led team to three league championships in a row...her team placed fourth in 2008 state meet and ninth in 2009...graduated with a 4.45 GPA...2009 Scholastic All-America selection by U.S. Swimming.

Personal: Full name is Danielle Theresa Jansen...is the daughter of Bill and Carol Jansen...was born November 10, 1991 in Grand Rapids, Mich. ...has one brother, Tim, 29, and one sister, Leah, 32...stands 5-9 tall...journalism and mass communication major...graduated from the Rising Stars program in the Carolina Leadership Academy...had an uncle, Kevin Cook, who played tennis at University of Florida...hobbies include writing, baking, cooking, doing anything outside and leading team Bible study...plans to travel in Europe as soon as she graduates.



SARAH KOUCHEKI
Free/Fly
Freshman • 5-8
Cleveland, Ohio • Hawken Upper School
Spire Lake Erie Silver Dolphins

Career Best Times: 23.64 in the 50-yard freestyle; 50.97 in the 100-yard freestyle; 54.66 in the 100-yard butterfly; 1:59.63 in the 200-yard butterfly; 2:03.41 in the 200-yard individual medley; 57.73 in the 100-meter freestyle; 1:00.67 in the 100-meter butterfly; 2:13.71 in the 200-meter butterfly.

General: Outstanding butterfly and freestyler who attended the Hawken Upper School in Gates Mills, Ohio where she was coached by Jerry Holtrey...competed for the Spire Lake Erie Silver Dolphins club team for coaches Jim Bocci and Mike Davidson...competed in swimming all four years of high school, specializing in the 100 fly, 100 free and 200 IM... Olympic Trials qualifier in the 100 and 200 butterfly events in 2012... qualified for short course and long course junior nationals from 2009-12...11-time state champion, including multiple first-place finishes in the 100 fly and 200 IM...Ohio state high school record holder in the 100 fly with a time of 54.66...swam for a team which has won 15 consecutive DII state championships...holds Hawken School records in 50 free, 100 free, 200 IM and 100 fly...won Hawken H.S. MVP in multiple years...four-time Cleveland Plain Dealer & News Herald girls' high school swimmer of the year...Chagrin Valley Conference MVP in 2011, 2012 and 2013... LSC Swimmer of the Year four times from 2008-12...eight-time Lake Erie Swimmer of the Year from 2005-12...holds numerous age group Lake Erie records in the 50 free, 100 free, 100 fly, 200 IM and 200 fly...won multiple high school All-America honors from 2009-10 through 2012-13 in the 100 fly, 200 IM, 100 free, 50 free as well as 200 and 400 freestyle relays...active in senior peer leadership program...member of the John K. Mott Youth Fund Distribution Committee...USA Swimming Scholastic All-America selection.

Personal: Full name is Sarah Elizabeth Kouchecki...daughter of Arris and Lisa Kouchecki...was born April 18, 1995 in Cleveland, Ohio...business administration major...stands 5-8 tall...an accomplished musician, she plays the violin, piano and flute.



HANNAH LINCOLN
Sprint Free/Fly/Back
Sophomore • 5-9
Raleigh, N.C. • Leesville Road
Marlins of Raleigh

Career Best Times: 22.68 in the 50-yard freestyle; 49.85 in the 100-yard freestyle; 1:51.60 in the 200-yard freestyle; 56.01 in the 100-yard backstroke; 52.87 in the 100-yard butterfly; 26.82 in 50-meter freestyle; 57.85 in 100-meter freestyle; 1:00.83 in 100-meter butterfly.

General: Member of school record setting 400-yard freestyle relay team at the 2013 ACC Championships...ranks in the Top 5 of a pair of events in the Carolina history books...is the third fastest 100-yard butterfly at 52.87 and the fifth fastest 50-yard freestyler at 22.68

2012-13: Member of Carolina's ACC championship team in the 400-yard freestyle relay, swimming the third leg on the winning unit...NCAA qualifier in the 100-yard butterfly...All-ACC selection...placed in three individual events at the 2013 ACC Championships...she was fourth in the 100-yard butterfly (53.27), ninth in the 50-yard freestyle (22.68) and 17th in the 100-yard freestyle (49.85)...swam on the winning 200-yard freestyle relay team at the 2012 Nike Cup.

Prep: Graduated in 2012 from Leesville Road High School...competed



Hannah Lincoln

for the Marlins of Raleigh as a club swimmer...swam for four years in high school, specializing in the 50-yard freestyle, 100-yard backstroke and 100-yard butterfly...qualified for NCHSAA state championships her sophomore through senior years...in 2012, she won the state high school championship in both the 50 freestyle and the 100 butterfly...broke the all-classifications state record in the 100 fly and a 4A state record in the 50 free as a senior...named 2012 MVP of NCHSAA state swimming championships... placed first in 100-yard butterfly at North Carolina Senior Championships in 2012...qualified for 2012 U.S. Olympic Trials in 100-meter butterfly... U.S. Swimming Scholastic All-America her sophomore and junior years... honor roll student all four years...National Latin Honor Society member.

Personal: Full name is Hannah Elizabeth Lincoln...stands 5-9 tall... daughter of Herbert Lincoln...was born April 27, 1994 in Altoona, Pa. ... loves to draw and do water colors in her spare time...her sister, Charlie Lincoln, is a junior swimmer at East Carolina...mathematics major.



KATIE MCKAY
Sprint Free
Freshman
Holmdel, N.J. • Holmdel
Red Bank YMCA

Career Best Times: 23.90 in the 50-yard freestyle; 52.50 in the 100-yard freestyle; 1:59.90 in the 200-yard freestyle; 57.57 in the 100-yard butterfly.

General: A graduate of Holmdel High School...four-year varsity swimmer on Holmdel team...captain of team as a senior...specialized in high school in the 500 and 100 freestyles and the 100 fly...four-year selection as team MVP...second-team All-Shore selection in 2012 & 2013...also played varsity tennis for four years in high school...captained the tennis team as a senior...played No. 1 singles as a senior and was named first-team All-Shore as a senior on the tennis court...swam at the Red Bank YMCA for coach Jack Caucino for 10 years...YMCA national qualifier for four years in the 50 and 100 freestyle and the 100 fly as well as on relay teams... holds Red Bank YMCA 50 freestyle record and swam on the club's 200 and 400 record-setting freestyle relay teams...YMCA All-America in the 50 butterfly and on multiple relay teams...helped lead Red Bank to a combined 10th-place finish at YMCA Nationals, the highest placing ever accomplished by the team...made honors with distinction all four years of high school...National Commended Merit Scholar...member of National Honor Society and National French Honor Society...graduated with a 4.70 GPA.

Personal: Full name is Katlyn Geraldine McKay...the daughter of David and Diane McKay...was born June 20, 1995 in Holmdel, N.J. ... biology and psychology double major...worked as a lifeguard at Manasquan Beach in the summers...has a sister, Kelly, 16, who is a pole vaulter and a gymnast...her mother played varsity tennis at Michigan State while her father graduated from Georgia Tech...Katie was a competitive ski racer when she was younger.



HELLEN MOFFITT

Back/Fly
Freshman • 5-9
Alexandria, Va. • West Potomac
Machine Aquatics

Career Best Times: 24.11 in the 50-yard freestyle; 51.66 in the 100-yard freestyle; 55.30 in the 100-yard backstroke; 1:59.07 in the 200-yard backstroke; 53.83 in the 100-yard butterfly; 26.90 in the 50-meter freestyle; 1:03.22 in the 100-meter backstroke; 2:17.31 in the 200-meter backstroke; 1:02.42 in the 100-meter butterfly.

General: Attended West Potomac High School where she was coached by Bob Lombardi...competed for Machine Aquatics where was coached by Dan Jacobs...Swimming World Magazine 5-star recruit in Class of 2013...swam in high school all four years where she was an outstanding butterflyer and backstroker...specialized in the 50 free, 100 back and 100 fly as a high school swimmer...was the team captain there... Virginia state runner-up in the 100 fly and 100 back in 2012-13...anchored state champion 200 free relay team...seven-time high school All-America selection...regional record holder in the 100 fly...won West Potomac most valuable athlete accolades on multiple occasions and was also named to the Washington Post All-Met Girls Swimming Team during multiple years...2012 Olympic Trials qualifier in the 100 and 200 backstrokes... senior nationals qualifier in the 100 and 200 backstrokes, 100 butterfly and 50 freestyle...USA Swimming national finalist in the 100 fly ...National Honor Society member...AP Scholar with distinction...honor roll student... Potomac Valley Scholar Athlete...four-time USA Swimming Scholastic All-America...had a tremendous high school career in Virginia...as a junior she anchored the first-place 200 freestyle relay team and the third-place 200 medley relay squad and was second in the 100 fly and fourth in the 100 back...as a sophomore, she placed third in the 100 fly and fourth in the 50 free...as a freshman at the high school state championship meet, she was third in the 50 free and second in the 100 fly.

Personal: Full name is Hellen Stewart Moffitt...daughter of Chris and Janet Moffitt...was born May 21, 1995 in Alexandria, Va. ...stands 5-9 tall... undeclared major...volunteers with Nadar Por Vida program...a summer league and winter swim coach...has an older brother, Ned, and a younger brother, Hugh.



CATHERINE MUNCH

Breast/IM
Freshman
Clifton, Va. • Robinson Secondary
School
Machine Aquatics

Career Best Times: 1:03.71 in the 100-yard breaststroke; 2:17.43 in the 200-yard breaststroke; 2:04.43 in the 200-yard individual medley; 4:30.29 in the 400-yard individual medley.

General: A graduate of Robinson Secondary School in Fairfax, Va. ...did her club swimming for Machine Aquatics where she was coached by Dan Jacobs...specializes in breaststroke and individual medley...NSCA Junior National finalist in both 2011 and 2012...played soccer from ages 6-14... swam with the Fairfax Station Flyers swim team from 1999-2013...swam on the Robinson High School team where she was a 100 breaststroker and 200 IM specialist...swam for Machine Aquatics from 2002 to the present...two-year team captain for Robinson...district, region and state qualifier for Virginia AAA swimming from 2009-13...NVSL All-Star Swimmer from 2002-12...academic honor roll selection three years at Robinson... four-year PVS Scholar Athlete...three-time USA Swimming Scholastic All-America Team honoree.

Personal: Full name is Catherine Yvonne Munch...the daughter of Rick

Munch and Marty Clark...was born February 24, 1995 in Clifton, Va. ... undeclared major...comes from a family replete with swimming siblings... brother Ricky swims at Florida, brother Robert swam at UNC Wilmington and younger sister, Genevieve, 16, is on high school team at Robinson. **Career Best Times:** 1:48.30 in the 200-yard freestyle; 4:48.06 in the 500-yard freestyle; 9:59.25 in the 1000-yard freestyle; 16:36.87 in the 1650-yard freestyle; 55.46 in the 100-yard butterfly; 1:56.37 in the 200-yard butterfly; 2:02.12 in the 200-yard individual medley; 4:13.59 in the 400-yard individual medley.

General: Moved into the Top 5 of two different events in UNC short



EMMA NUNN

Fly/IM
Sophomore • 5-9
Richmond, Va. • Deep Run
NOVA of Virginia Aquatics

course history...ranks fourth in the 200-yard butterfly (1:56.85) and fifth in the 400-yard individual medley (4:14.80)...set the school record in the 200-meter butterfly at the 2013 U.S. Open...she clocked a 2:11.62 and placed fifth in the event.

2012-13: NCAA qualifier...scored in three events at the 2013 ACC Championships...she finished fourth in the 200-yard butterfly (1:56.85), fifth in the 400-yard individual medley (4:15.45) and 15th in the 500-yard freestyle (4:52.10)...won both the 200 fly and 400 IM in Carolina's dual meet win over Navy...selected for All-ACC Academic Women's Swimming Team...a College Swimming Coaches Association of America first-team Scholar All-America honoree...named to Dean's List in fall semester 2012...2012-13 ACC Academic Honor Roll selection

Prep: Set UNC school record in 200-meter butterfly at the 2012 NCSA Junior Nationals, going 2:12.02...2012 graduate of Deep Run High School in Glen Allen, Va. ...there was no swimming team at her high school but she starred for four years at NOVA of Virginia Swim Club where she specialized in the fly, free and IM events...part of club teams which won four NCSA junior team titles in a row...qualified for USA Juniors every year from 2007-12...a USA Nationals qualifier from 2008-12 and an Olympic Trials qualifier in both 2008 and 2012...NCSA All-Star Team selection in 2010...named to USA National Youth Team in 2009...long course career best times coming out of high school were 2:12.02 in 200 butterfly, 4:49 in 400 IM, 2:18 in 200 IM and 2:04 in 200 free...won 200 fly at NCSA Junior Nationals her senior year...as a junior she was a finalist in 400 IM at USA Nationals...honor roll student...principal's scholar and superintendent scholar...at the 2012 U.S. Open, she placed 15th in the 400 IM in 4:56.26...placed 20th in the 2012 U.S. Olympic Trials preliminaries in the 200-meter butterfly at 2:13.12.

Personal: Full name is Emma Christine Nunn...stands 5-9 tall...daughter of Kathy and Jerry Nunn...was born November 7, 1993 in Noblesville, Ind. ...her older sister swam at Yale and now does open water swimming while attending medical school...won her high school's pancake eating contest (15 in 10 minutes)...undeclared major at UNC.



Emma Nunn



STEPHANIE PEACOCK

Free
Senior • 5-9 • Captain
Cape Coral, Fla. • Bishop Verot
Swim Florida

Career Best Times: 50.73 in the 100-yard freestyle; 1:45.11 in the 200-yard freestyle; 4:34.42 in the 500-yard freestyle; 9:28.92 in the 1000-yard freestyle; 15:37.06 in the 1650-yard freestyle.

School Short Course Records: 4:34.42 in 500-yard freestyle; 9:28.92 in 1000-yard freestyle; 15:37.06 in 1650-yard freestyle; also ranks third in school history in the 200-yard freestyle at 1:45.11; also member of school record 800-yard freestyle relay team.

School Long Course Records: 4:09.31 in 400-meter freestyle; 8:24.36 in 800-meter freestyle; 16:04.44 in 1500-meter freestyle.

ACC Records: 4:34.42 in 500-yard freestyle; 9:28.92 in 1000-yard freestyle; 15:37.06 in 1650-yard freestyle.

NCAA Records: 9:28.92 in 1000-yard freestyle; 15:37.06 in 1650-yard freestyle.

Koury Natatorium Record: 4:35.73 in 500-yard freestyle.

Nike Cup Records: 1:45.37 in the 200-yard freestyle; 4:35.73 in the 500-yard freestyle; also member of Nike Cup record 800-yard freestyle relay team.

General: Co-captain of 2013-14 Tar Heels...named to 2012 & 2013 U.S. Swimming National Team...chosen for the 2013 team in the 800-meter freestyle...swam in the 2013 World University Games in Russia, her second selection to the WUG...snared a pair of medals at the WUG...won the gold medal in the 1500-meter freestyle in a games record time of 16:04.44 and captured the silver medal in the 800-meter freestyle in a time of 8:28.21...had three Top 12 finishes at the 2012 U.S. Olympic Trials — sixth in the 800-meter free finals (8:30.97), seventh in 800-meter free semifinals (8:34.78) and 12th in 400-meter free semifinals (4:11.08)...at the 2012 US Open, she won the 400-meter freestyle in a school record time of 4:09.31 and also captured the 800-meter freestyle in a school record clocking of 8:24.36...won the bronze medal in the 400-meter freestyle at the 2011 World University Games in Shenzhen, China...had a time of 4:10.25 in the event...that broke her own school long course record in the event she set the previous year...at the 2010 summer U.S. Swimming Nationals, she finished seventh in the 400-meter freestyle...in the prelims of that event she swam a time of 4:10.33, setting a new school long course record...member of 2007 & 2008 U.S. National Junior Teams...2008 Olympic Trials qualifier in the 200 IM, 200 free and 400 free...four-time U.S. Nationals qualifier.

2012-13: Was in the midst of another incredible year before missing the second half of the season due to illness...was named ACC Women's Swimmer of the Week three times — October 16, October 30 and December 4, 2012...NCAA qualifier although she was not able to compete in the meet...won two events at the Ohio State Invitational — 500-yard freestyle (ACC record of 4:34.02) and 1650-yard freestyle (NCAA record of 15:37.06)...she broke her own NCAA record in the 1650 free at the OSU event and also broke the NCAA record in the 1000-yard freestyle in the same event with her split at the 1000-yard mark...won the 500 and 1000 freestyles in dual meets against South Carolina, Texas A&M, Virginia Tech and Virginia...her 1000 time in the win over UVA was a pool record in the Virginia facility and Peacock's fastest dual meet time ever in the event...also won the 500 freestyle at the SMU Classic...named to 2012-13 ACC Academic Honor Roll...selected for spring semester 2013 Dean's List...veteran leader in Carolina Leadership Academy...College Swimming Coaches Association of America first-team Scholar All-America.

2011-12: Was absolutely phenomenal as a sophomore...first-team All-America in both the 500 and 1650 freestyles...NCAA champion in 1650-yard freestyle, UNC's first national champion since Jessi Perruquet won the 200-yard freestyle in 2003...she won the event in a time of 15:38.79, touching out the three-time returning NCAA champion in the event...her winning time broke the NCAA record of legendary Olympian Janet Evans that had stood for 22 years and added to her treasure trove of school and

ACC marks as well...was the third-place finisher in the 500-yard freestyle at the NCAA Championships in 4:35.62 (had an ACC record time of 4:35.06 in preliminaries)...member of 800 freestyle relay team which seized 14th place at NCAAs...named the 2011-12 National Breakout Swimmer of the Year...was the first Tar Heel to be named the ACC Swimmer of the Year since Perruquet in 2003 and the first UNC woman to win the ACC Championships MVP Award since Chrissy Miller in 1998...claimed All-ACC status for the second straight year...won three ACC individual championships, taking the 500-yard freestyle in a meet record time of 4:36.48, the 200-yard freestyle in a career best 1:45.11 and the 1650-yard freestyle in a meet and ACC record time of 15:46.12...swam on a pair of relays which medaled at ACC meet...led the 800 free relay to a runner-up finish (7:06.91) and the 400 free relay to a third-place standing...a dominant presence for the Tar Heels during the dual meet season...won four events against Virginia Tech, three events against Maryland and two events each against ECU, Georgia Tech and Virginia and single events against Clemson, Duke and NC State...had a tremendous Nike Cup meet...notched four first-place finishes at the meet...won the 500 free (4:35.73, a Nike Cup record) and the 200 free (1:45.37, a Nike Cup record)...also swam on a pair of victorious relays (800 free relay and 400 free relay)...she led the 400 medley relay to a runner-up finish and individually placed fourth in the 100 free (50.73) and seventh in the 200 back (1:59.79)...named the ACC Women's Swimming Performer of the Week on October 25, 2012 and also won the same award on November 22, 2012...featured guest on the Morning Swim Show on Swimming World's website on December 6, 2011...named TarHeeBlue.com's Performer of the Week after her performances at the ACC Championships and NCAA Championships...at the 2012 team banquet she won the Richard E. Jameron Awards as both the most valuable and most outstanding swimmers on the Carolina team (two separate awards)...named a 2011-12 College Swimming Coaches Association of America Scholar All-America...copped mention on spring 2012 Dean's List...2011-12 ACC Honor Roll selection.

2010-11: Had a spectacular freshman year at Carolina, setting ACC and ACC meet records in the 500-yard freestyle and earning honorable mention All-America honors...also swam on a UNC 800 free relay team which set a new school record...named the ACC Freshman of the Year...All-ACC honoree...won the ACC title in the 500-yard freestyle in an ACC record time of 4:36.86...scored in three other events at the 2011 ACC Championships...she finished third in the 200 freestyle in 1:46.35 and she was 11th in the 200 butterfly in 2:00.75...swam a leg on UNC's 800 free relay which notched runner-up status...was named an honorable mention All-America after taking 15th in the 500-yard freestyle at the NCAA Championships...named the ACC Women's Swimmer of the Week on two occasions — November 2, 2010 and November 23, 2010...was a three-event winner in her first collegiate dual meet against East Carolina...also won two events each in dual meets against Minnesota and Maryland...claimed Nike Cup individual titles in the 200 and 500 freestyles...she won the 500 in an ACC record 4:38.54, also setting the Nike Cup and Koury Natatorium pool records in the process.

Prep: One of the country's most sought after recruits from the Class of 2010...ranked No. 1 in the country in the 500-yard freestyle nationally in the high school ranks her senior year...graduated from Bishop Verot High School in Ft. Myers, Fla., on May 22, 2010...competed in club swimming for eight years for Swim Florida...primarily swam the 200 and 500 freestyles, 200 and 400 IMs and 200 fly...was coached in high school by Jim Quinn and in club swimming by Mac Kennedy...four-year high school letter winner...won three state high school championships, winning the 500



Stephanie Peacock

free as a sophomore and the 200 and 500 freestyles as a senior...holds nine school records including on all three relay teams...team MVP her sophomore through senior years...team captain as a senior...10-time high school All-America selection...twice named to Florida All-State Team...two-time News Press Swimmer of the Year...led Bishop Verot to four district and three regional team championships...holds Florida Junior Olympic record in the 500-yard free.

Personal: Full name is Stephanie Nicole Peacock...the daughter of Andrew and Coralia Peacock...her mother is a native of El Salvador...was born on July 8, 1992 in Miami, Fla. ...has a younger brother who is also a swimmer...stands 5-9 tall...exercise and sports science major...lists baking as one of her main hobbies.



Erin Purdy

Personal: Full name is Erin Marie Purdy...stands 5-7 tall...daughter of Mike and Marie Purdy...was born April 29, 1994 in Chicago, Ill. ...has an older brother, 20, who is a club rugby player at Miami University (Ohio) and an 18-year-old brother who plays club lacrosse at the University of Richmond...undeclared major at UNC.




EMILY PFEIFFER
Breast
Freshman • 5-7
Washington, N.C. • Washington Greenville Swim Club

Career Best Times: 1:03.97 in the 100-yard breaststroke; 2:18.55 in the 200-yard breaststroke; 2:05.41 in 200-yard individual medley; 4:25.25 in the 400-yard individual medley.

General: A stellar breastroker who graduated from Washington High School in her hometown...did her club swimming for the Greenville Aquatic Club where she was coached by Casey Charles...competed for her club for 12 years...member of North Carolina All-Star Team and a Zones Team member...competed in varsity swimming for four years at WHS...captained the team her senior year...the 2012 and 2013 North Carolina state high school champion in the 100-yard breaststroke and runner-up in the 200-yard individual medley...coached in high school by Spencer Pake...member of National Honor Society...an AP Scholar...North Carolina Scholar...honor roll student...junior marshall.

Personal: Full name is Emily Winfield Pfeiffer...stands 5-7 tall...the daughter of Richard and Catherine Pfeiffer...was born April 28, 1995 in Washington, N.C. ...undeclared major...says one of the interesting things about herself is that she is physically incapable of playing any sport on land except ping pong.



KATIE RECHSTEINER
Breast/IM
Senior • 5-9 • Captain
Middletown, Del. • Charter School of Wilmington Delaware Swim Team

Career Best Times: 1:01.96 in the 100-yard breaststroke; 2:13.71 in the 200-yard breaststroke; 2:07.53 in 200-yard individual medley.

General: Co-captain of the 2013-14 Tar Heels with Stephanie Peacock...ranks sixth all-time on UNC's top short course times list in the 100 breaststroke (1:01.96) and the 200 breaststroke (2:13.71).

2012-13: NCAA qualifier...honorable mention All-America...swam the breaststroke leg on the 400 medley relay team which finished 15th at the NCAA Championships...scored in a pair of events at the 2013 ACC Championships...took seventh place in the 200 breaststroke (2:14.68) and was 15th in the 100 breaststroke (1:03.48)...named to 2012-13 All-ACC Academic Women's Swimming Team...a Veteran Leader in the Carolina Leadership Academy...named to the ACC Academic Honor Roll...swam on the victorious 400 medley relay team at the 2012 Nike Cup...won both breaststroke events in Carolina's dual meet win over Virginia Tech.

2011-12: Named to UNC's ACC Championships Team for second straight year...placed seventh at the ACC meet in the 200-yard breaststroke in 2:15.53 and was 13th in the 100-yard breaststroke at 1:03.16...named to All-ACC Academic Women's Swimming Team for second straight year...2011-12 ACC Academic Honor Roll selection...won the 100-yard breaststroke in dual meet win over Georgia Tech...had a quartet of Top 8 finishes at 2011 Nike Cup...placed sixth in 100-yard breaststroke (1:03.44) and eighth in 200-yard breaststroke (2:18.43)...swam on 400 medley relay team which placed third and 200 medley relay team which notched sixth place.

2010-11: Named to All-ACC Academic Women's Swimming Team...chosen for 2010-11 ACC Academic Honor Roll...tapped for Dean's List honors



ERIN PURDY
Diving
Sophomore • 5-7
Deerfield, Ill. • Deerfield Glenbrook Aquatics Diving

Career Best Scores: 274 points in 1-meter diving (6 dives); 468 points in 1-meter diving (11 dives); 359 points in 1-meter diving (10 dives); 409 points in 3-meter diving (10 dives)

2012-13: Had an excellent freshman year...her high scores of the season came in versus NC State in one-meter diving (262.05) and versus Navy in three-meter diving (277.13)...spent last summer in a program called Coach for College where she traveled to rural Vietnam for three weeks and coached soccer and taught English to middle school children...had an excellent year academically...she was named to 2012-13 ACC Academic Honor Roll and selected for the Dean's List in both the fall semester 2012 and the spring semester 2013.

Prep: Graduated from Deerfield High School in 2012...competed for Glenbrook Aquatics Diving...four-year diving letter winner in high school...was captain of Deerfield High School team in 2011...a high school All-America in both 2009 and 2011...four-time All-Conference honoree...member of Deerfield Honor Society.



Katie Rechsteiner

in both semesters of 2010-11 school year...a College Swimming Coaches Association of America Women's Scholar All-America honorable mention honoree...was a championship finalist in two events at the ACC Championships...finished fifth in the 100-yard breaststroke in 1:02.15 and was eighth in the 200-yard breaststroke in 2:15.14.

Prep: Graduated from the Charter School of Wilmington on June 5, 2010...swam her freshman through senior years there in the breaststroke and IM...was coached in high school by Chris Dohl and in club swimming by Dan Sullivan...competed for Delaware Swim Team on the club level...four-time first-team All-State selection...three-time state champion in the 100-yard breaststroke...team captain...100 breaststroke record holder...led high school squad to three state titles...member of 200 freestyle and 200 medley relay teams which set state records...led club team to state title and is club team's 100 breast record holder...U.S. Swimming Scholastic All-America...National Honor Society member.

Personal: Full name is Katherine Amber Rechsteiner...the daughter of Bruce and Cindy Rechsteiner...was born July 9, 1992 in Lawrence, Mass...has one brother and one sister...stands 5-9 tall...biochemistry major...a Rising Star in the Carolina Leadership Academy.



KACY RHYNE

Free/Fly
Sophomore • 5-7
Winston-Salem, N.C. • Forsyth Country Day School
Star Aquatics

Career Best Times: 59.20 in the 100-yard butterfly; 25.02 in the 50-yard freestyle; 54.77 in the 100-yard freestyle.

Prep: A 2012 alumna of Forsyth Country Day School...competed on the club level for Star Aquatics...played four years of high school soccer and swam for four years at Forsyth Country Day...captain of FCDS swimming team...member of state championship team there...All-State Swimming selection...National Honor Society member...member of National Spanish Honor Society...Mu Alpha Theta member...member of National Art Honor Society.

Personal: Full name is Kathryn Turner Rhyne...goes by Kacy...stands 5-7 tall...daughter of Joe and Laurie Rhyne...was born April 20, 1994 in Winston-Salem, N.C. ...her father swam at NC State, her mother dove at NC State and her brother played tennis at Furman...majors in journalism and mass communications.



NATALIE RITTER

Diving
Junior • 5-5
Columbus, Ohio • Columbus Academy
Ohio State Dive Club

Career Best Scores: 276.70 in 1-meter diving; 294.50 in 3-meter diving; 225.45 in platform diving.

General: Ranks in the Top 10 of three different diving events in Carolina history...is seventh in one-meter diving (276.60), sixth in three-meter diving (283.55) and fourth on platform diving (222.45).

2012-13: Had another outstanding season for the Tar Heels...season best scores were 263.48 in one-meter diving versus Virginia Tech, 290.25 in three-meter diving versus Navy and 201.45 in platform diving in the Nike Cup...was named the ACC Women's Diver of the Week on October 16, 2012...a Veteran Leader in the Carolina Leadership Academy...2012-13 ACC Academic Honor Roll selection.

2011-12: Member of scoring team at 2012 ACC Championships...had career best scores on platform at the ACC meet and on the one-meter

and three-meter events at the Janis Hape Dowd Nike Cup...named to Dean's List in fall semester of 2011...2012 NCAA Zone Diving qualifier...2011-12 ACC Academic Honor Roll selection...named a 2012 College Swimming Coaches Association of America honorable mention Scholar-All-America...placed sixth in all three events (1-meter, 3-meter and platform) at the 2011 Nike Cup Championships, including a career high 276.70 points on the one-meter board.

Prep: Graduated in 2011 from The Columbus Academy in Gahanna, Ohio...competed on the diving and soccer teams for four years each...was captain of soccer team as a senior...competed for Ohio State Diving Club as well...captained soccer team to district runner-up finish...on the pitch she was second-team All Mid-State League as a junior and senior and honorable mention as a freshman and sophomore...won state high school diving championship as a senior...finished as the state runner-up her junior year and was fifth in the state as a freshman...a 2010 high school All-America in diving...won district diving titles as a freshman and sophomore and finished second her senior year...Mid-State league diving champion all four years of high school...was Alumni Board representative, president of the Art Society and member of the service board.

Personal: Full name is Natalie Marie Ritter...is the daughter of Randy and Suzanne Ritter...was born August 4, 1992 in Columbus, Ohio...her father played football at the University of Dayton...stands 5-5 tall...psychology major.



Natalie Ritter



HANNAH RUNYON-HASS

Fly/IM
Junior
Franklin, Ten. • Ensworth
Nashville Aquatic Club

Career Best Times: 2:00.26 in the 200-yard butterfly; 1:59.99 in the 200-yard individual medley; 4:14.48 in the 400-yard individual medley.

General: A transfer from Western Kentucky University...twice named to the Dean's List at WKU...swam for the Nashville Aquatic Club where she was coached by John Morse.

As a Sophomore at WKU (2012-13): Continued her strong collegiate career with a successful sophomore season, as she placed no lower than third in any of her 16 individual events she competed in throughout the season...of those 16, nine saw Runyon-Hass take first place...she was a big part of WKU's title run at the Sun Belt Conference Championship, as she scored in three individual events and one relay event...individually, she took second in the 400 IM (4:15.59) and third in the 200 IM (1:59.99) and 200 fly (2:00.26)...she also set a school record on the 800 free relay after she and her teammates hit the wall at 7:17.28 for third...Runyon-Hass had a streak of eight-straight individual victories, running from the Vanderbilt/Tulane meet through the Miami (OH) Invite...against the field at the Miami (OH) Invite, Runyon-Hass set a school and pool record in the 400 IM after finishing in 4:14.48...she also won the 200 IM (2:00.54) against a field of 27 swimmers.

As a Freshman at WKU (2011-12): Started her Lady Topper career with a freshman season that featured setting the school record in the 400 individual medley, being named a CollegeSwimming.com Mid-Major Honorable Mention All-American and scoring in three events at the 2012 Sun Belt Conference Swimming and Diving Championships...at the league meet, Runyon-Hass placed third in the 200 IM (2:00.38) and fourth in the 400 IM (4:17.19)...her time in the 200 IM represented an NCAA provisional

qualifying time...she also placed ninth in the 200 breaststroke with a time of 2:19.56...Runyon-Hass set the school record in the 400 IM at the Hill-topper Invitational with an NCAA "B" cut time of 4:16.21...also at the Hill-topper Invite, she set a pool record in the 200 IM with a time of 2:00.51... during the season, she won four events, two of which included the 200 IM vs. Kentucky and Vanderbilt and the 400 IM against FAU, IUPUI and Nova Southeastern...she posted a strong meet in her Lady Topper debut against Kentucky and Vanderbilt...Runyon-Hass won the 200 IM, finished second in the 200 breast and placed third in the 200 freestyle in the season opener.

Prep: Four-year letter winner at Ensworth High School in Nashville, Tenn. ...earned All-State honors in the 100-yard breaststroke and 200 IM in 2010 and 2011 while winning the state championship in the 200 IM as a senior in 2011...was named the 2011 MTHSSA Swimmer of the Year...named a USA Swimming All-American in 2010 and 2011...also ran three years of varsity cross country and one year of varsity track...earned All-State honors in 2007 and 2009 at the Tennessee State High School Cross Country Championships (earning an 11th place finish both years)...also earned All-State honors (7th place) in 2008 at the Tennessee State High School Track Championships...earned Scholastic All-America honors in 2009 and 2011.

Personal: Full name is Hannah Runyon-Hass...is the daughter of Art and Liz Runyon-Hass...was born July 30, 1992 in Nashville, Tenn. ...majoring in Management & Society.



EMILY SCHMIDT
Diving
Junior • 5-9
Bethesda, Md. • Walt Whitman
Montgomery Dive Club

CAROLINA DIVING

Career Best Scores: 267.93 in 1-meter diving; 277.50 in 3-meter diving; 233.00 in platform diving.

General: Has third highest platform diving score in UNC history with 233.00 points.

2012-13: Had career best scores in a pair of dual meets...scored 267.93 for UNC's top score of the season in one-meter diving against NC State...scored 277.50 points in three-meter diving versus Virginia...scored 201.20 points in platform diving at Nike Cup...won the David McInnis Award as the most outstanding women's diver at UNC in 2012-13...copped honors on the ACC Academic Honor Roll.

2011-12: Competed in ACC Championships as part of scoring team...recorded career best diving scores in all three events at the ACC Championships...selected for 2011-12 ACC Academic Honor Roll...took seventh place in platform diving at 2011 Nike Cup Championships.

Prep: Graduated in 2011 from Walt Whitman High School in Bethesda, Md. ... was a diver on the swimming and diving team there for four years...a three-time NISCA All-America from 2009-11...Washington Post All-Met honorable mention selection in 2009 and 2011...competed on a high school swimming and diving team which won Metro championships in 2010 and 2011...All-Star champ in 2010...a National Merit Commended Student.



Personal: Emily Cornelia Schmidt is the daughter of John Schmidt and Elizabeth Vogel...was born November 26, 1992 in Chatham, N.J.exercise and sports science major...stands 5-9 tall.



DANIELLE SIVERLING
Free
Junior • 6-1
Chester Springs, Pa. • Downingtown East
Malvern Swim Association

Career Best Times: 23.49 in the 50-yard freestyle; 49.19 in the 100-yard freestyle; 1:45.03 in the 200-yard freestyle; 4:37.57 in the 500-yard freestyle.

Long Course Highlights: In the summer of 2013, she placed 13th in the 400-meter freestyle at U.S. Nationals (4:13.58), sixth in the 200-meter freestyle at the U.S. Open and 11th in the 400-meter freestyle at the U.S. Open...placed sixth in the 200-meter freestyle at 2012 U.S. Open in a time of 2:00.05...at 2012 U.S. Olympic Trials, she was 19th in the 200-meter freestyle (2:00.67) and 25th in the 400-meter freestyle semifinals (4:14.68).

General: Ranks in the Top 3 of a trio of events in UNC history...is third in the 100 free (49.19), second in the 200 free (1:45.03) and second in the 500 free (4:37.57)...member of 400 free relay team which set school record at 2013 ACC meet.

2012-13: NCAA qualifier...All-ACC selection...first-team All-America in the 500-yard freestyle, finishing seventh in 4:37.57...honorable mention All-America in two events, taking 11th in the 200-yard freestyle (1:45.24) and leading off the 800 freestyle relay which placed 14th...at the 2013 ACC Championships, she placed fourth in the 200 free in 1:45.88, sixth in the 500 free in 4:46.21 and ninth in the 100 free in 49.19...swam the opening leg of Carolina's ACC champion 400-yard freestyle relay team...ACC Swimmer of the Week on January 15, 2013...named to ACC Academic Honor Roll...veteran leader in Carolina Leadership Academy...won the 100 and 200 freestyles in dual meets against South Carolina, Texas A&M, Virginia Tech Navy and NC State...at the 2012 Nike Cup, she was a member of the victorious 200 free, 400 medley and 800 free relay teams.

2011-12: Had a spectacular freshman season...named the winner of the Jamerson Memorial Award as the team's Most Improved Swimmer...took a trio of Top 6 finishes at the ACC Championships...was the runner-up in the 200-yard freestyle to teammate Stephanie Peacock in a then career best 1:46.31...placed fifth in the 500-yard freestyle in 4:43.59...notched a sixth-place finish in the 100-yard freestyle in 49.87...member of 400-yard medley relay team which won the ACC championship in the event in 3:35.71 (her freestyle anchor leg was 49.19)...swam on three freestyle relay teams at the ACC meet...the 800 free relay team was conference runner-up while the 400 free relay team was third and the 200 free relay team fourth...named to the 2012 All-ACC Team...a 2012 honorable mention All-America in the 800-yard freestyle relay (placed 14th at NCAA Championships)...named to 2012 All-ACC Academic Women's Swimming Team...named to 2011-12 ACC Academic Honor Roll...excelled during the dual meet season...won two events against ECU and single events against Georgia Tech and Virginia Tech...rocked the pool at the 2011 Nike



Cup...swam on three relays which won Nike Cup titles (200 free relay, 400 free relay, 800 free relay)...also swam on a 400 medley relay team which placed third...individually, she placed second in the 200 free (1:48.86), second in the 100 free (50.62), sixth in the 500 free (4:52.22) and 14th in the 50 free (24.19)...placed sixth in 2011 Pier-2-Pier Championships in Wrightsville Beach, N.C., finishing the 1.7-mile course in 37 minutes, 44 seconds.

Prep: A graduate of Downingtown East High School in Exton, Pa. ... swam there for four years as a freestyler and also played one year of lacrosse...did her club swimming for the Malvern Swimming Association... high school team captain...nine-time high school All-America selection... three-time U.S. Swimming Scholastic All-America honoree...Academic All-America...Pennsylvania state champion and record holder in both the 100- and 200-yard freestyles...three-time district champion and the district record holder in both of those events...National Honor Society member... member of Fellowship of Christian Athletes.

Personal: Danielle Nicole Siverling is the daughter of Curt and Mary Beth Siverling...her father was a basketball team captain and academic All-America at Grove City College...her uncle played on a pair of national championship football teams at Penn State...she has a twin sister who is a junior swimmer at Penn State...was born October 3, 1992 in Houston, Texas...stands 6-1 tall...majoring in middle grade education...volunteers with the Kids Kart at UNC Hospitals...has completed rising stars and GAP year in Carolina Leadership Academy.



Carly Smith

— the 200 medley and 400 medley relays...she also finished fourth in the 100 fly with a time of 53.19...went on to have a stellar NCAA meet as well...she was a championship finalist in the 100-yard backstroke, placing fifth in a career best 52.20 seconds and earning first-team All-America honors in the process...she swam on two medley relays which scored at NCAA Championships...led off the 200 medley relay which placed 11th and the 400 medley relay which copped 13th place...she swept both backstroke events in dual meets against Virginia, Clemson, Kentucky, Minnesota, Georgia and East Carolina... won the 2010 Nike Cup title in the 100 back with a time of 53.34.

2009-10: Was an honorable mention All-America in three events...placed 15th in the 200 back at NAAs in 1:55.22 and was 11th in the 100 back with a clocking of 52.69...swam the leadoff leg on the 200 medley relay team that placed 10th at the NCAA Championships...All-ACC selection...finished in the Top 4 of three individual events at ACC meet...took second in the 100 back at 52.71, second in the 200 back at 1:53.14 and fourth in 100 fly at 53.82...swam the backstroke leg on two medley relays at ACC Championships that snared runner-up finishes.

Prep: Was a four-time 4-A high school state champion in the 100-yard backstroke...graduated from Chapel Hill High School on June 13, 2009... lettered in swimming at CHHS all four years and swam for the North Carolina Aquatic Club for 11 years...was the most valuable swimmer for her high school team for three years...rookie of the year her freshman season...team captain her senior year...named PAC-6 Swimmer of the Year in 2007...North Carolina state high school record holder in the 100-yard backstroke...was just the second person in North Carolina history to both break a state record in an event and win it all four years of high school...member of the 2007-08 4-A Chapel Hill High state championship team...high school All-America in the 100-yard backstroke, 100-yard butterfly, 500-yard freestyle and on 400-yard freestyle relay and 200-yard medley relay teams...member of the 2007-08 National Junior Team...had a 10th-place finish in the 100-meter backstroke at the 2005 Speedo Junior Nationals...national qualifier in the 100 and 200-yard backstrokes...2008 Olympic Trials qualifier...broke Southern Zone meet record in the 100-meter backstroke in 2004...state record holder in the 200-yard and 200-meter backstrokes.

Personal: Carly Lauren Smith was born August 28, 1991 in Chapel Hill, N.C. ... daughter of Brian and Lynn Smith...has one sister...Global Studies major...her father played football and baseball at UNC.



CARLY SMITH
Back/Fly
Redshirt Senior • 5-4
Chapel Hill, N.C. • Chapel Hill
North Carolina Aquatic Club

Career Best Times: 52.20 in the 100-yard backstroke; 1:53.08 in the 200-yard backstroke; 53.19 in the 100-yard butterfly; 2:01.18 in the 200-yard butterfly; 2:04.79 in the 200-yard individual medley; 4:20.69 in the 400-yard individual medley.

General: School record holder in the 50-yard backstroke at 24.54, in the 100-yard backstroke at 52.20 and in the 200-yard backstroke at 1:53.08... also the fourth fastest Tar Heel ever in the 100-yard butterfly (53.19)...part of school record setting 200 medley and 400 medley relay squads...holds Nike Cup records in 100-yard backstroke (53.34) and on Carolina's 200 and 400 medley relay squads.

Long Course Highlights: Excelled at the 2011 U.S. Nationals in California where she finished 13th in the 200-meter backstroke in 2:13.88 and 20th in the 100-meter backstroke in 1:02.96...had a tremendous performance at the 2010 U.S. Nationals...placed 15th in the 100-meter back in 1:02.50 and 16th in the 200-meter back in 2:15.42...swam a best time of 2:14.25 in the 200-meter backstroke at the 2009 U.S. Open which was just 0.39 seconds off the 26-year-old long course school record held by Sue Walsh... also went a best time in the 100-meter butterfly with a time of 1:02.89 at the 2009 U.S. Open.

2012-13: NCAA qualifier...honorable mention All-America in 400 medley relay where the Tar Heels finished 15th...All-ACC selection...2012-13 ACC Academic Honor Roll selection...the 2013 ACC runner-up in the 100-yard backstroke in 53.05 and the fourth place finisher in the 200-yard backstroke at 1:54.91.

2011-12: Medical red-shirt...named to Dean's List in spring semester 2012.

2010-11: First-team All-America selection...also made All-ACC Team for second year in a row...named the winner of the Jamerson Memorial Award as the team's Most Outstanding Swimmer...established school record in 100 and 200-yard backstroke events...was a member of UNC's 200 and 400 medley relay units which set school records her sophomore year...at the 2011 ACC Championships, she won a pair of individual conference championships...she won the 100-yard backstroke in 52.39 and claimed the 200-yard backstroke crown with a career best time of 1:53.08...she swam the backstroke leg on two ACC champion relay teams



KENDALL SURHOFF
IM/Fly
Sophomore • 5-8
Cockeysville, Md. • St. Paul's School
for Girls
North Baltimore Aquatic Club

Career Best Times: 23.75 in the 50-yard freestyle; 51.37 in the 100-yard freestyle; 1:49.90 in the 200-yard freestyle; 55.09 in the 100-yard butterfly; 2:00.79 in the 200-yard butterfly; 2:02.59 in the 200-yard individual medley; 4:15.69 in the 400-yard individual medley.

2012-13: Dean's List selection in both the fall semester 2012 and spring semester 2013...named to ACC Academic Honor Roll...College Swimming



Kendall Surhoff

Coaches Association of America honorable mention Scholar All-America. **Prep:** Graduated from Saint Paul's School for Girls in Brooklandville, Md., in 2012...was a member of the swimming team there for four years and a member of the field hockey team for four years as well...IAAM All-Star freshman through senior years...high school All-America in swimming her junior and senior year...U.S. Swimming Scholastic All-America her sophomore through senior years...best long course times are 4:55.18 in 400-meter individual medley and 1:02.14 in 100-meter butterfly...yearly high honor roll and effort honor roll recipient...Japanese National Honor Society.

Personal: Full name is Kendall Baker Surhoff...stands 5-8 tall...daughter of B.J. and Polly Surhoff...was born October 21, 1993 in Milwaukee, Wis. ...both of her parents were star athletes at UNC...her dad, B.J. Surhoff, played baseball at Carolina and went on to play 19 season in major league baseball...her mother, Polly Winde, swam for four years at Carolina and was a member of the U.S. Women's Swimming National Team...her brother, Austin Surhoff, was an All-America swimmer, at the University of Texas...sister Jordan is a freshman swimmer at Texas...exercise and sports science major at UNC...minors in Japanese.



MICHOLE TIMM

Diving
Junior • 5-6
Sauk Rapids, Minn. • Sauk-Rapids Rice

Career Best Scores: 347.48 in one-meter diving; 343.80 in three-meter diving; 244.32 in platform diving.

General: Transfer from the University of New Mexico...will be eligible to dive for the Tar Heels in the 2014-15 season... qualified for summer 2012 USA Nationals where she finished fifth in three-meter synchro diving... at the summer 2013 nationals, she was eighth in three-meter diving and ninth in three-meter synchronized diving...coached at both of those meets by new UNC diving coach Abel Sanchez.

2012-13 (at UNM): Improved greatly in her second year diving for UNM... qualified for NCAA Zones on all three boards, one of only eight Mountain West divers to accomplish the feat...named MW diver of the week twice (Jan. 16 & Feb. 6)...finished second on the 1-meter and fourth on the 3-meter and platform at the 2013 MW Swimming and Diving Championships... placed third on 3-meter board at Zones to qualify for NCAA Championships where she took 24th in the event...was named to the 2013 MW All-Conference list.

2011-12 (at UNM): Had a solid first season diving for Coach Abel Sanchez...qualified for NCAA Zones on all three boards, one of only five Mountain West divers to accomplish the feat...was named MW Diver of the Week for the week of Feb. 15...finished fifth on the 1-meter, sixth on the 3-meter and 12th on the platform at the 2012 MW Championships...Timm placed 21st in the 1-meter during NCAA Zones...she was also 33rd on the 3-meter...was named a 2011-2012 Academic All-MW selection.

Prep: A 2011 graduate of Sauk Rapids-Rice High School in Sauk Rapids, Minn. ...dove for coach Cassie Mrozek...2010 & 2011 All-Conference selection...All-American Diver...Athlete of the Year as a senior...broke/set two pool records and one school record as a junior, was sectional champion, Central Lake Champion and State Champion on the 1-meter springboard...as a senior: broke/set eight pool records, two school records and a meet record, repeated as sectional, conference and state champion...also lettered in gymnastics and track and field.

Personal: Full name is Michole Marie Timm...born April 21, 1993 in Sauk Rapids, Minn. ...daughter of Debbie and Mike Timm... has three siblings: Jessica, Jennifer and Jeff...hobbies include working out, being outdoors and volunteering with Special Olympics...favorite food is homemade protein bars...favorite athlete is Shawn Johnson...member of the National Honor Society...four-time Academic Letterman and Honor Roll member... was an Academic All-American in 2011...plans to majors in exercise and sports science.



The University of North Carolina's proud swimming and diving heritage predates America's entry into World War II. On January 23, 1939, Tar Heel swimmers and divers participated in the school's first varsity intercollegiate swimming meet against the University of Virginia at historic Bowman Gray Pool on the UNC campus.

Since 1939, Carolina's men's teams have posted a cumulative dual-meet record of 566-190-1, a winning percentage of .747. Carolina teams have captured 14 Southern Conference team championships and 17 Atlantic Coast Conference team titles, while posting a 60-3 (.952) Southern Conference dual-meet mark and a 271-66-1 (.803) record in ACC dual meets. On 42 occasions, UNC men's teams have finished amongst the Top 30 teams at the NCAA Championships. Carolina swimmers have also won four individual NCAA championships in the history of the program.

Although Carolina had women's swimming teams in the early 1970s competing in Association for Intercollegiate Athletics for Women (AIAW) competitions as part of the UNC physical education department, the women's swimming and diving program was not fully elevated to varsity status and taken under the aegis of the intercollegiate athletic program until the 1974-75 school year. In 39 years, Carolina teams have compiled a 318-69-1 dual-meet record, a winning percentage of .821. Carolina has won 16 ACC championships and never finished lower than third place in the league championships, taking the top spot on 16 occasions, second place on 16 occasions and third place on three occasions.

UNC's record in ACC dual meets is a gaudy 157-25, a winning percentage of .863. Thirty-four of UNC's 39 women's teams have finished the season ranked in the national Top 30, including 13 straight years from 1976-88 and 10 straight years from 1995 through 2004. The only times Carolina has missed finishing in the

Top 30 were in 1975, 1989, 2005, 2006 and 2008. UNC women's swimmers have also won 16 individual national collegiate championships and produced one national championship relay team. Carolina's most recent national championship came in 2012 when Stephanie Peacock won the 1650-yard freestyle and broke Janet Evans' 22-year-old NCAA record in the event.

Roots of the Program Under Dick Jamerson

While these records demonstrate decades of excellence, one of the program's most important years was 1938. That year marked the completion of historic Bowman Gray Pool and the arrival of Carolina's first varsity coach. Without those events the Tar Heel swimming program would not exist as we know it today. This fall, UNC commemorates the 75th anniversary of UNC men's swimming and diving in a gala ceremony slated for October 25, 2013.

The edifice was completed on March 25, 1938, but the first meet was not held until almost a full year later. The pool was a gift to the University from Mrs. Bowman Gray, Sr., in the memory of her two sons, Bowman Gray, Jr., and Gordon Gray.

Bowman Gray Pool served as home to the Carolina swimming and diving program from 1938 until the fall of 1986 when the Tar Heels moved into their current home, the Maurice J. Koury Natatorium, which is part of the Dean E. Smith Center complex on the UNC campus. Bowman Gray Pool and Koury Natatorium are the only homes the Tar Heel swimming and diving program have ever known.

Dr. Richard E. Jamerson came to UNC in 1938 from Oberlin College in Ohio to take over the helm as head coach of the fledgling Tar Heel team. Dr. Jamerson, one of the top coaches in collegiate swimming at the time, served as head coach of the Tar Heel program for 11 years. Five of his squads went undefeated and 10 of his teams won Southern Conference championships.

The annual awards given to Carolina's most valuable, most outstanding and most improved swimmers bear Jamerson's name, as does the timing sys-

tem at the Maurice J. Koury Natatorium.

Ralph Casey Continues the Tradition

Jamerson turned over the coaching reins to his long-time assistant coach, Ralph Casey, on a full-time basis in 1952. Casey had served as interim head coach in 1949 and as co-head coach with his brother, Willis Casey, in 1946. Willis Casey also coached the 1945 Tar Heel team by himself in Jamerson's absence.

Ralph Casey guided the Tar Heels to additional championship glory during his tenure from

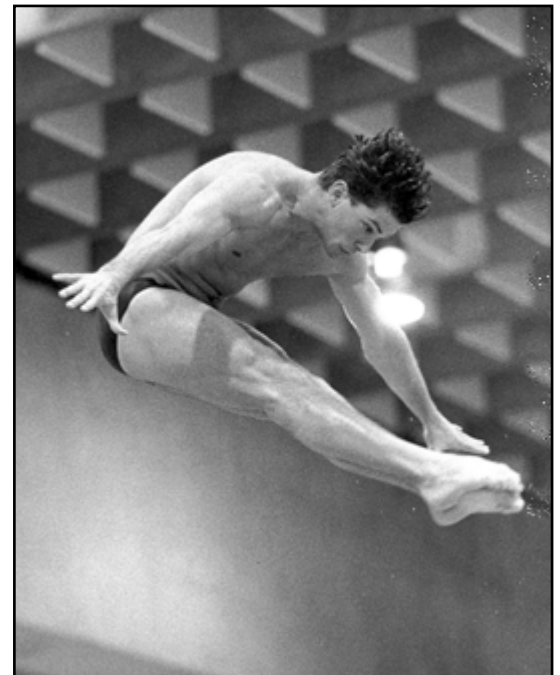


1938: Bowman Gray Opens to the Public

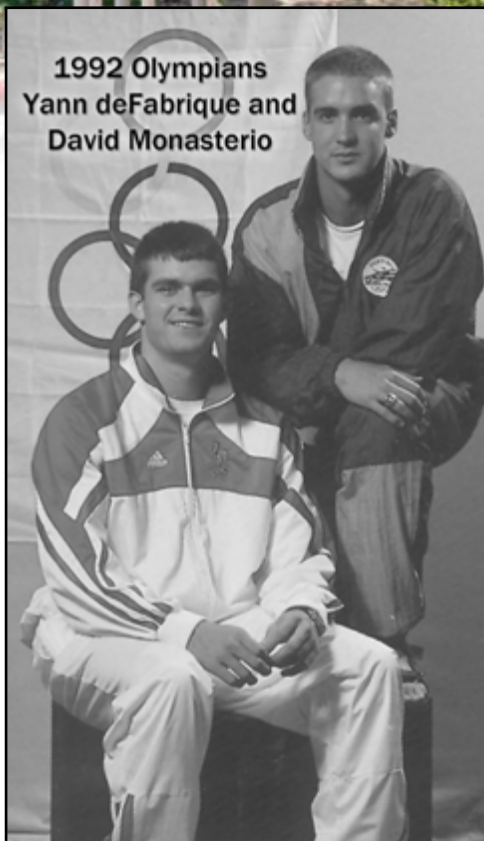
Bowman Gray Pool was the original home of Tar Heel swimming and diving, opening in 1938. UNC moved to Koury Natatorium in 1986.



Whitney Sprague and Katura Harvey both earned finalist honors in the 1650-yard freestyle at the 2009 NCAA Women's Swimming Championships.



Joe Craft was named the Most Valuable men's diver at the 1994 ACC Championships, the first Tar Heel man to win the award in almost 40 years.



**1992 Olympians
Yann deFabrique and
David Monasterio**

Yann deFabrique (France) and David Monasterio (Puerto Rico) represented the UNC swimming program at the 1992 Olympic Games in Barcelona.

1949 to 1957. Two of Casey's teams won Southern Conference titles and another two teams won ACC crowns after UNC became a charter member of the new league in 1953. Under his direction, the 1955 squad finished fifth in the nation, the 1953 team tied for fifth nationally, the 1957 squad was sixth at the NCAA Championships and the 1949 team took ninth place, giving Casey a quartet of Top 10 teams in his nine seasons as head coach.

In both 1949 and 1957, the bookends of Casey's successful tenure, UNC hosted the NCAA Division I Men's Swimming and Diving Championships at Bowman Gray Pool. The 1949 championships marked the first time any NCAA championship event in any sport on the collegiate level had been held in the southern United States. However, a visit to Bowman Gray Pool today would lead one to believe that it would have been difficult to host an NCAA Championship in that tiny facility. Somehow UNC pulled it off, not once, but twice, and both times with aplomb.

Pat Earey took over as UNC's head coach in 1958 and continued the remarkable swimming success experienced by the UNC squad in Chapel Hill. His teams won a sterling .711 percentage of their dual meets, and they captured five ACC championships before he retired in 1974.

Women's Swimming & Diving Added to Program

With the addition of women's swimming

and diving as a varsity sport in 1974-75, the program had split head coaches for the only time in its history as Paul Doty, who was then Carolina's head men's lacrosse coach, coached the men for one season and Maxine Forrest coached the women the same season.

Jim Wood was then brought in to coach both teams and, after an outstanding two-year coaching run, he returned to a successful club coaching career in New Jersey. Wood was responsible for recruiting some of the amazing swimmers who fueled the early success Carolina had at the AIAW level in the late 1970s.

The program's next head coach, Frank Comfort, was hired away from NCAA Division III power Johns Hopkins to take command of both the men's and women's teams in 1977. Comfort arrived in Chapel Hill after having just led the Blue Jays' men's squad to an NCAA Division III championship in 1977 after attaining runner-up finishes in both 1975 and 1976.

Comfort not only helped continue but also greatly improved upon Carolina's swimming success over his 30-year tenure in Chapel Hill. His men's teams won over 71 percent of their dual meets and the women's teams captured over 83 percent of their dual meets under his tutelage. His 1983 men's squad captured the school's first ACC title in the sport in 19 years and the 1988 and 1989 teams won back-to-back league crowns for the first time since 1963 and 1964.

With six titles in a row, the 1993 through 1998 men's teams became the first UNC teams since 1956-59 to capture as many as four ACC crowns in a row. The men also made decided progress on the national level. The 1993 team finished 14th, the best Tar Heel national finish since 1967, and the 1996 team had an outstanding 15th-place standing.

The women finished in the Top 25 in the nation in 25 of the 30 seasons during Comfort's tenure and Carolina won 16 of the 29 ACC championships contested during Comfort's tutelage. His women's team's won 55.2 percent of the ACC championships decided during his coaching tenure while the rest of the league split up the other 44.8 percent during that time span. On 11 of the other 13 occasions when UNC did not claim the title, the Tar Heels were conference runners-up, an amazing string of consistency.

Comfort's swimmers also did extremely well in the classroom. His final year was the 20th school year in a row that the Carolina's swimming and diving contingent placed at least 21 members on the ACC Academic



Eric Ericson earned first-team All-America honors in backstroke events all four years from 1981-84.

Honor Roll as 41 were named to the academic list in 2006-07. Beginning with the 1987-88 school year and continuing through end of Comfort's tenure, UNC swimming placed 21, 21, 22, 23, 24, 23, 24, 25, 25, 27, 33, 30, 38, 43, 37, 35, 23, 34, 33 and 41 individuals on the ACC Academic Honor Roll.

That is a consistent record of academic excellence in which the program took pride. The Tar Heels continued their academic prowess in Coach Rich DeSelm's first six years as head



Carolina men's and women's swimmers and divers swept the conference team trophies at the 1993 meet at Koury Natatorium.

coach as 34 individuals were tapped for the ACC Academic Honor Roll in 2007-08, 38 more made the list in 2008-09, another 38 earned such honors in 2009-10, 32 made the list in 2010-11 and a DeSelm program best 40 earned such honors in 2011-12. In the most recent school year, 2012-13, a total of 36 Tar Heels made the ACC Academic Honor Roll.

At the end of the 2006-07 school year Comfort retired from coaching after 30 years at Carolina and nine years previous to that at Johns Hopkins. At the time of his retirement, no coach in collegiate history had won more dual meets in their career than Comfort did as he finished with 578 dual-meet wins. Along the way to setting the record, Comfort broke the previous mark held by legendary Yale coach, Robert J. H. Kiphuth, the head mentor of the Bulldog program for 42 years.

Carolina's swimming success since the program's inception cannot be credited only to the outstanding coaches who have directed Carolina's swimming fortunes. The program has also been distinguished by a long string of outstanding swimmers and divers.

A Who's Who of Great Talent

Eight Tar Heel swimmers have been honored as recipients of the Patterson Medal as the school's outstanding senior athlete student-athlete, an amazing number for the sport given Carolina's rich athletic heritage in so many other sports, particularly men's basketball and women's soccer. Among those eight are three outstanding women who have won the school's highest athletic award, including the first woman to ever win the award.

Jamerson's early teams were full of stars. They included Denny Hammond of Atlanta, Ga., who in 1942 established a national intercollegiate backstroke record; George Whitner of Jacksonville, Fla., who established a national freshman breaststroke mark in 1942; and Buddy Crone of Goldsboro, N.C., who was the head varsity cheerleader at Carolina and the winner of a national junior Amateur Athletic Union (AAU)



Charlie Krepp won both NCAA backstroke titles at the 1957 Championships in Bowman Gray Pool.

diving title.

Several Tar Heels in the early era of the North Carolina swimming program won the Southern Conference's Most Valuable Swimmer recognition, including Fleming Stone in 1940, Denny Hammond in 1943, Dick Twining in 1948, Jimmy Thomas in 1949, 1950 and 1951 and Donnie Evans, who was the co-winner with Jimmy Thomas in 1951.

Another one of the outstanding student-athletes in early Carolina swimming and diving history was the remarkable Norm Sper (1947-50). Sper both swam on the team and was an outstanding diver. He accomplished all this while also serving as Carolina's head cheerleader during the Charlie Justice football era on campus.

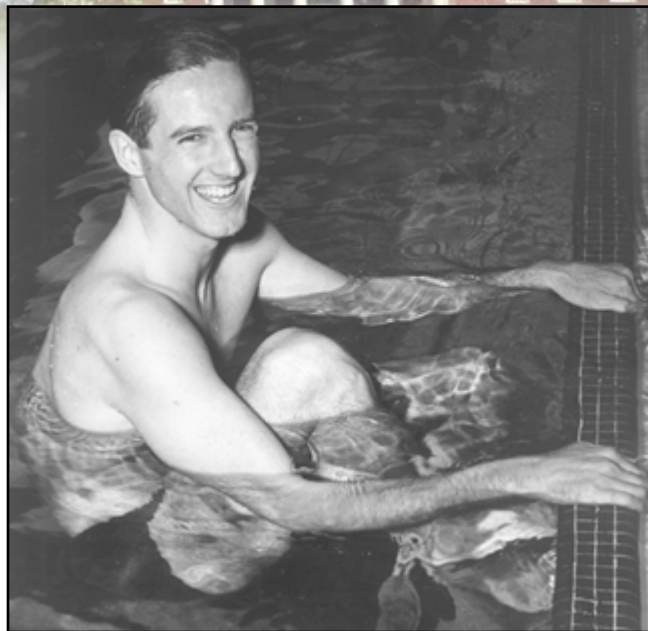
Sper is one of only three men in the program's illustrious history to be named a first-team All-America during each of his four years in school, the others being Eric Ericson from 1981-84 and Joe Kinderwater from 2008-11. In 1949, Sper won the National Amateur Athletic Union men's platform diving championship in Los Angeles, Calif.

Sper's tremendous diving feat was equaled in 1950 by one of the greatest of all Carolina athletes, Sara Wakefield. Born in Charlotte, N.C., Wakefield grew up in Palm Beach, Fla., In 1950, at age 22, Wakefield, won the 1950 women's one-meter AAU national diving championship in her hometown of Palm Beach with a score of 133.90 points. The win came during Wakefield's senior year at Carolina. Don Draper served as Wakefield's diving coach at UNC. Wakefield, while at Carolina, also won the Southeastern AAU championship in 1950 in Atlanta, and the Florida state title and national junior championship in 1949.

The Greatest Swimmer In Southern History

Jimmy Thomas, the Patterson Medal recipient in 1951, was a versatile swimmer who won two AAU national individual medley championships and one AAU national backstroke crown during his career. He established 10 American records, four NCAA standards and seven Southern Conference marks while a swimmer at UNC.

In 1950, Thomas, considered by many to be the top swimmer in Southern history, became the first swimmer in NCAA annals to be named an All-America in four different individual events in the same year. He completed his career having



Norm Sper was a four-time first-team All-America in both swimming and diving from 1947-50.

never lost a race in conference competition in the 220- and 440-yard freestyle events. At the 1949 NCAA Championships in Bowman Gray Pool, Thomas was the meet's top individual point scorer, with his best finish being a second place in the 150-yard backstroke.

Buddy Baarcke, who was a contemporary of Thomas while at Carolina, set a world record in the 100-yard butterfly in 1954. He was the first swimmer in history to go under one minute in the 100-yard distance of three different strokes — the butterfly, backstroke and freestyle — and



Distance swimmer Joe Kinderwater is one of only three Tar Heel men to win first-team All-America honors in four different years.



Sue Walsh and teammate Cami Berizzi were first and third in the 100-yard backstroke at the 1981 AIAW Championships.

he won both gold and bronze medals at the 1955 Pan American Games in Mexico City, Mexico.

Other top men's swimmers have included 1955 NCAA 200-yard butterfly champion Phil Drake; Charlie Krepp, who won NCAA titles in the 100- and 200-yard backstrokes while swimming in the 1957 NCAA Championships at Carolina's Bowman Gray Pool; Harrison Merrill, the 1965 Patterson Medal recipient who was a

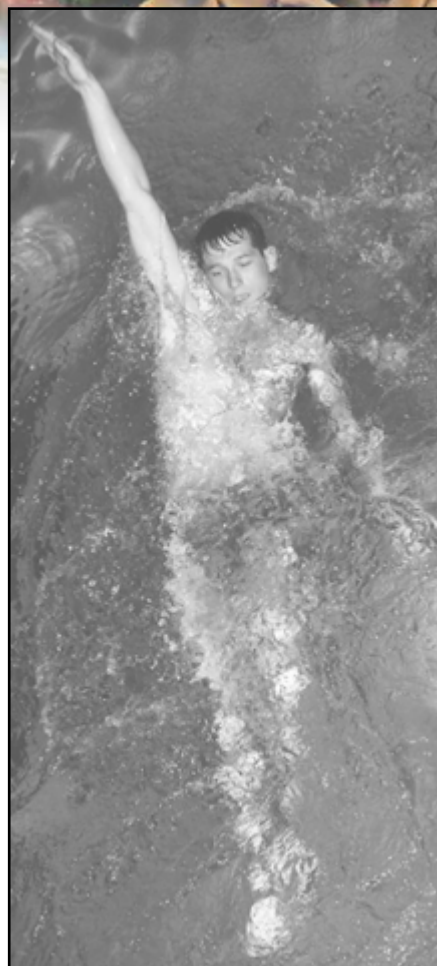
three-time All-America and the winner of seven individual ACC titles; and 1966 NCAA 100-yard butterfly titlist Phil Riker, who was also a member of the 1964 U.S. Olympic Team in Tokyo where he placed fourth in the 200-meter butterfly.

Olympic Gold Medalist Thompson Mann

Arguably the finest men's swimmer in Carolina history was Thompson Mann. A three-year All-America selection, Mann was a 1964 Olympic Games gold medalist as the leadoff swimmer on the United States' victorious 4x100-meter medley relay squad. He set a world record at the Tokyo Olympic Games in the 100-meter backstroke during that race and was the first person to ever smash the one-minute standard at that distance, clocking a time of 59.8 seconds.

Other outstanding men's swimmers at Carolina have included Ken Ireland, a backstroker who was the Most Valuable Swimmer at the 1979 ACC Championships and a first-team All-America in both 1979 and 1980; Eric Ericson who, like Norm Sper, was a four-year first-team All-America, as well as the 1984 ACC Championships MVP and winner of seven ACC individual titles during his career; and Chris Stevenson, a multi-faceted swimmer who competed in the 1984 Olympic Games for Greece and was the Most Valuable Swimmer at the 1986 ACC Championships.

The list continues with the incredibly gifted John Davis, who twice was the ACC Championships MVP, the 1990 ACC Swimmer-of-the-Year, and who also set the ACC record for career individual men's championships with 11; David



Thompson Mann was an Olympic gold medalist in Tokyo and the first man to swim the 100 meters backstroke in less than a minute.

Monasterio, who was the ACC Swimmer-of-the-Year in 1991, a two-year first-team All-America, a three-time medalist swimming for Puerto Rico in the 1991 Pan American Games in Havana, Cuba and a member of the 1992 Puerto Rican Olympic Team.

Swimming alongside Monasterio were the likes of James Hamrick, who was a first-team All-America both his junior and senior years, a Chapel Hill native and the son of a former Carolina swimming team captain and ACC champion, Harvey Hamrick; and Yann deFabrique, who swam for France in the 1992 and 1996 Olympics, placing as high as 14th in the 400-meter freestyle in 1992 in Barcelona. Yann deFabrique went on to win three medals for the French squad in the 1993 World University Games in Buffalo, N.Y., and two medals for France at the 1995 World University Games in Fukuoka, Japan.

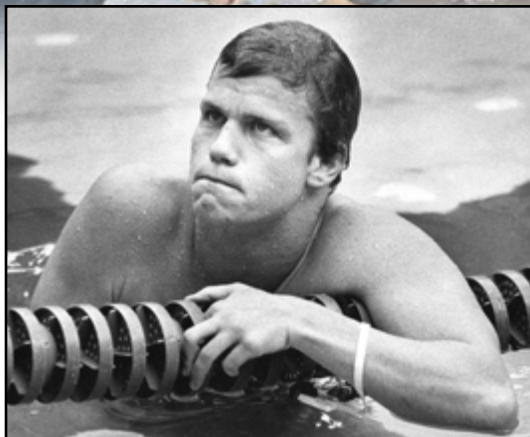
Two 1997 alumni, Steve Bonack and Jeff Weiss, also added their names to the list of great swimmers at Carolina. Both were All-America breaststrokers at UNC. Trevor Runberg, '98, was a gifted UNC swimmer for four years, being named ACC Co-Swimmer of the Year in 1996 and earning a spot on the U.S. team that competed at the World Champion

Carolina's Men's Collegiate National Champions

Name	Event	Year	Winning Time
Phil Drake	200-Yard Butterfly	1955	2:13.7
Charlie Krepp	100-Yard Backstroke	1957	58.1
	200-Yard Backstroke	1957	2:07.8
Phil Riker	100-Yard Butterfly	1966	51.19

Carolina's Women's Collegiate National Champions

Name	Event	Year	Winning Time
Ann Marshall	200-Yard Freestyle	1976	Unknown
	200-Yard Backstroke	1976	Unknown
Bonny Brown	100-Yard Individual Medley	1977	Unknown
Sue Walsh (back)	200-Yard Medley Relay	1981	1:42.63
Amy Pless (breast)			
Cami Berizzi (fly)			
Barb Harris (free)			
Sue Walsh	50-Yard Backstroke	1981	25.97
	100-Yard Backstroke	1981	55.60
Barb Harris	50-Yard Butterfly	1982	24.82
Sue Walsh	50-Yard Backstroke	1982	25.64
	100-Yard Backstroke	1982	54.81
	200-Yard Backstroke	1982	1:59.47
Sue Walsh	50-Yard Backstroke	1983	25.85
	100-Yard Backstroke	1983	55.62
	200-Yard Backstroke	1983	1:59.05
Sue Walsh	100-Yard Backstroke	1984	55.32
	200-Yard Backstroke	1984	1:59.84
Jessi Perruquet	200-Yard Freestyle	2003	1:45.01
Stephanie Peacock	1650-Yard Freestyle	2012	15:38.79



Chris Stevenson was the MVP of the 1986 ACC Championships and a 1984 Olympian for Greece.

ships in 1998.

In 1999, the top senior swimmers included Tucker Shade, a three-time ACC champion in the 100-yard butterfly and a four-time All-America selection, and Ted Brisson, the former ACC record holder in the 100-yard backstroke and a two-time CoSIDA Verizon Academic All-America selection. Shade held the ACC record in the 100-yard butterfly for 11 years before it broken by UNC's Tommy Wyher in 2009.

In the past decade, Carolina has produced Sean Quinn, two-time ACC champion and three-time All-America in the 200-yard breaststroke, and Yuri Suguiyama, a 2004 first-team All-America and a back-to-back ACC champion in the 200-yard freestyle in 2003 & 2004. Both swimmers went into the coaching profession – Quinn at UNC and Suguiyama at the Curl-Burke



Soccer player Danny Jackson and swimmer Katie Hathaway won the Patterson Medal as UNC's outstanding senior athletes in 2002.

Swim Club in Maryland and now at the University of California. A contemporary of Quinn and Suguiyama was Canadian native Eric Poitras, who won the ACC championship in three-meter diving in 2004 and was named the ACC Championships diving MVP the same year. Poitras accomplished his MVP feat exactly one decade after Joe Craft had done so in 1994. When he won the award, Craft became UNC's first diving MVP in the conference since 1958.

Recent Tar Heel standouts include Hank Browning, who won back-to-back ACC championships in the 200-yard freestyle in 2006 and 2007, as well as Chip Peterson, a world champion in open water swimming, a member of the U.S. Swimming Open Water National Team and a first-team All-America in 2007. Peterson won the ACC title in the 1650-yard freestyle as a senior and captured the Patterson Medal as the University's outstanding senior men's athlete in 2010.

The 2011 crop of Tar Heel seniors included incomparable talents like Tyler Harris, Joe Kinderwater and Tommy Wyher. Harris, a Richmond, Va., native finished third in the 400-yard individual medley at the 2011 NCAA Championships, UNC's best individual NCAA finish since Phil Riker won an NCAA title in 1966. Harris won two ACC titles as a senior and rewrote the Tar Heel record book in the 200 and 400 IMs, both long course and short course. In the summer of 2011, he finished second in the 200-meter IM at the U.S. Swimming Nationals, took the bronze medal in the 400-meter IM at the World University Games and was named to the U.S. Team for the 2011 Pan American Games in Mexico. He was named to the 2011 U.S. Swimming National Team with Tar Heel teammate Tom Luchsinger, a 2013 alumnus. Harris was also an Olympic finalist in 2012.

Kinderwater's fifth-place finish in the 1650-yard freestyle at the 2008 NCAA Championships began a streak of four successive Top 8 NCAA finishes in the event for the Lancaster, Pa., native. His freshman year finish was the best individual placing by a Tar Heel men's swimmer in 15 years. The following summer, he went on to be a finalist in the 1500-meter freestyle at the 2008 Olympic Trials.



John Davis' 11 individual ACC championships stand as a record never equaled in league lore.

Kinderwater was named in 2009 as a member of both the U.S. National Team and the U.S. Open Water National Team. Kinderwater joined Norm Sper (1947-50) and Eric Ericson (1981-84) as the only three four-time first-team All-Americans in UNC history. He owns Carolina records in the 1000 and 1650 freestyles. In both 2009 and 2010, Tommy Wyher captured attention by winning ACC championships in the 100-yard butterfly and 100-yard backstroke on the same day, setting ACC records in both events in the process, and doing so in back-to-back years. He ended up sweeping four ACC titles in the 100 back, becoming only the 20th swimmer in ACC history to win the same event all four years. In 2010, he made first-team All-America when he finished fifth at NCAAs in the 100-yard butterfly. Wyher closed his career with two ACC records and the school mark in the 200 back.

Carolina's 2012 Senior Class was another accomplished one. The senior class helped lead UNC to NCAA finishes of 15th in 2010, 14th in 2011 and 14th in 2012. That marked the first time since 1956-58 that Carolina had posted three straight Top 15 finishes. As a senior in 2012, Milwaukee native Steve Cebertowicz posted Top 6 NCAA finishes in both the 50- and 100-yard freestyles. No Tar Heel had pulled off the double of first-team All-America in those two events since Pete Worthen in 1965.

The most recent accomplished senior was Tom Luchsinger, the 2012 ACC Swimmer of the Year. He was the first Tar Heel to win the award since 1996. In 2013, Luchsinger won the

Carolina's Olympians

Name	Country Represented	Year	Olympic Site
Stan Tinkham (Women's Head Coach)	United States	1956	Melbourne
Thompson Mann	United States	1964	Tokyo
Phil Riker	United States	1964	Tokyo
Ann Marshall	United States	1972	Munich
Janis Hape	United States	1976	Montreal
Wendy Weinberg	United States	1976	Montreal
Sue Walsh	United States	1980	Moscow
Chris Stevenson	Greece	1984	Los Angeles
Yann deFabrique	France	1992	Barcelona
David Monasterio	Puerto Rico	1992	Barcelona
Yann deFabrique	France	1996	Atlanta
Yi-Khy Saw	Malaysia	2004	Athens

U.S. Swimming national championship in the 200-meter butterfly, Carolina's first U.S. national champion and only the fifth time a Tar Heel had won an event at U.S. nationals. He swam for the U.S. in the 2013 World Aquatics Championships, the first Tar Heel to do so since 1998.

Talented Women Since the Inception

In 1976, Ann Marshall, the first female swim-

mer to receive an athletic scholarship at UNC, captured Association for Intercollegiate Athletics for Women (AIAW) national championships in the 200-yard backstroke and 200-yard freestyle. Marshall, a 1972 Olympian at only age 14, was followed to campus a year later by Bonny Brown, who in 1980 became the first female recipient of the Patterson Medal as UNC's outstanding senior student-athlete. Brown was a gold medalist at the 1975 Pan American Games in Mexico City and, a year later, she established the American record in the 100-meter freestyle. In 1977, she won the AIAW national championship in the 100-yard individual medley and later that summer she was a gold medalist for the U.S. Team at the World University Games.

Hot on the heels of Brown came the incomparable Sue Walsh. The greatest swimmer ever to spend most of his or her competitive career swimming in the state of North Carolina, Walsh won 10 national collegiate individual championships and was on one national championship relay squad as a collegian. She was named the Most Valuable Swimmer at the ACC Championships three times and was an American record holder in the 50- and 100-yard backstrokes and the 100-meter backstroke. Walsh won the Patterson Medal as UNC's outstanding senior athlete in 1984, edging out basketball great Sam Perkins in the process. In 1983, she was named the North Carolina Athlete-of-the-Year for all professional and amateur sports by the Greensboro News & Record.

Walsh was joined on the U.S.'s 1982 World Championships and 1983 Pan American Games teams by Tar Heel teammate Polly Winde, an individual medleyist and breaststroker extraordinaire, who also had a standout Carolina career. Winde finished second in the 400-yard individual medley at the 1984 NCAAAs and is married to former Tar Heel baseball star B.J. Surhoff, a major league baseball standout for two decades, primarily with the Baltimore Orioles and Atlanta Braves. Winde was inducted into the Maryland Swimming Hall of Fame, which also includes UNC swimmer and U.S. Olympian Wendy Weinberg, Class of 1980, and Tar Heel head coach Frank Comfort.

Other outstanding swimmers of the early 1980s included Barb Harris, the 1982 NCAA champion in the 50-yard butterfly, and Amy Pless and Cami Berizzi, who combined with Walsh and Harris to win the AIAW national championship in the 200-yard medley relay in 1981. From 1981-84, UNC finished third twice, fifth once and sixth once in the national meet.

The ACC MVPs

Several Tar Heel women have been named the Most Valuable Swimmer at the ACC Championships, including Cindy Shirey in 1979, Gayle Hegel in 1980, Sue Walsh in 1981, 1983 and 1984, Susan O'Brien in 1985 and 1988, Melissa Douse in 1992, Kari Haag in 1995, Chrissy Miller in 1996 and 1998, Richelle Fox in 1997 and Stephanie Peacock in 2012.

Another top swimmer for Carolina was Mela-

Carolina's ACC Top 50 Honorees

Eleven University of North Carolina men's swimmers and 22 Tar Heel women's swimmers headlined the list of the 50 greatest Atlantic Coast Conference men's and women's swimmers and divers of all time, announced in September 2002 by the ACC. The team encompassed the first 50 years of conference action from 1953-2002.

As part of its 50th anniversary celebration, the ACC recognized the all-time greatest athletes in conference history in each sport. With 33 of the top 100 swimmers in conference history, UNC's total stood at the top of the list among ACC schools.

UNC's total number of 279 ACC Top 50 selections in all sports led all league schools. North Carolina swimmer Sue Walsh was recognized as one of the 50 greatest women's athletes in ACC history.

Following is the complete list of Tar Heel honorees for men's and women's swimming and diving:

MEN	
Name	Years
John Davis	1988-91
Yann deFabrique	1992-95
Phil Drake	1953-55
Eric Ericson	1981-84
Kenny Ireland	1978-81
Charlie Krepp	1955-57
Thompson Mann	1962-64
Harrison Merrill	1963-65
David Monasterio	1990-93
Phil Riker	1966-68
Trevor Runberg	1995-98

WOMEN	
Name	Years
Erika Acuff	1997-2001
Cami Berizzi	1981-84
Bonny Brown	1977-80
Melanie Buddemeyer	1985-89
Melissa Douse	1989-92
Lauren Dupree	1977-80
Richelle Fox	1997-98
Kari Haag	1993-96
Janis Hape	1977-80
Barb Harris	1979-82
Katie Hathaway	1999-2002
Gayle Hegel	1980-83
Ann Marshall	1976-79
Chrissy Miller	1995-98
Susan O'Brien	1985-88
Sarah Perroni	1990-93
Jessi Perruquet	2001-04
Amy Pless	1981-84
Leslie Ramsey	1992-95
Sue Walsh	1981-84
Christy Watkins	2000-03
Polly Winde	1983-86

Athletic Director's Scholar-Athlete Award Winners

Year	Recipient
1986	Sarah Durstein (W) Chris Stevenson (M)
1987	Martha McCann (W) Doug Sawyer (M)
1988	Erika Schmidt (W) Scott Fuller (M)
1989	Amy Pritchard (W) Craig Silliman (M)
1990	Natalie Gould (W) Jon Austin (M)
1991	Heather Nottingham (W) Marc Ferguson (M)
1992	Melissa Douse (W) Ralph Vick (M)
1993	Jenny Huber (W) James Hamrick (M)
1994	Shannon Howes (W) Chris John (M)
1995	Alison Conrad (W) Drew Sechrist (M)r
1996	Kari Haag (W) Matt Branum (M)
1997	Cara Dunaway (W) Matt Branum (M)
1998	Richelle Fox (W) Millie Long (W) Eric Fehr (M)
1999	Beth Schlessman (W) Ted Brisson (M)
2000	Kelly McLaughlin (W) Jennifer Strasburger (W) Christian Zuburg (M)
2001	JoAnn Overton (M) David Slawinski (M)
2002	Katie Hathaway (W) Seth Laughlin (M)
2003	Laura Collier (W) Stephen Mohr (M)
2004	Jessi Perruquet (W) Becky Acker (W) Yuri Suguiyama (M)
2005	Jessie Brosch (W) John Hartmann (M)
2006	Patrick Woodruff (M) Lizzy Bruce (W) Gia Santoro (W)
2007	Jon Fox (M) Emily Reardon (W)
2008	Keith Laabs (M) Laura Filip (W)
2009	Yi-Khy Saw (M) Lindsay McIlvain (W)
2010	Chip Peterson (M) Megan Steeves (W)
2011	Joe Kinderwater (M) Katura Harvey (W)
2012	Victor Leclere (M) Jenna Moore (W)
2013	Brett Nagle (M) Jackie Rudolph (W)

nie Buddemeyer, a two-time first-team All-America. Buddemeyer is one of just seven women's swimmers in ACC history to sweep an individual event all four years of her eligibility. Buddemeyer accomplished the feat in two events, winning titles in both the 100- and 200-yard butterfly events in 1985, 1986, 1987 and 1989. Also



Co-captains Mark Welker and Tim Sutton lift the ACC championship trophy in 1983, UNC's first league title in 19 years.

duplicating that feat were Walsh in the 100- and 200-yard backstrokes (1981-84), Polly Winde in the 400-yard individual medley (1983-86) and Christy Watkins in the 50-yard freestyle from 2000-03.

A complete list of the great Carolina swimmers must include Sarah Perroni, Class of '93. A three-year first-team All-America, Perroni finished fourth in the 50-yard freestyle at the 1993 NCAA Championships, won a pair of medals at the 1993 World University Games and participated on the American Team at the



1976: Ann Marshall Wins the Program's First Two Individual National Titles in the 200-yard Freestyle and 200-yard Backstroke at the AIAW Meet

Ann Marshall won Carolina's first two national championships in women's swimming at the 1976 AIAW Championships.

1993 Pan Pacific Championships in Kobe, Japan. She also swam in the Short Course World Championships in December 1993 in Mallorca, Spain and was a member of the U.S. Swimming Resident National Team training in Colorado Springs, Colo., for two years.

Another great Tar Heel sprinter was Jessi Perruquet who swam at Carolina from 2001-04. Perruquet was the winner of multiple individual and relay ACC championships and she was the 2003 NCAA co-champion in the 200-yard freestyle. Perruquet was the ACC Swimmer-of-the-Year in 2003 and was named to the Top 50 ACC women's swimmers of all-time.

Another tremendous freestyler was Kari Haag, who graduated from Carolina in 1996. Haag was the ACC Swimmer-of-the-Year in both 1995 and 1996 and she came close to winning UNC's first national title in 11 years in 1995 when she finished second at the NCAAs in the 200-yard freestyle. Haag is married to Brad Woodall, a former star pitcher for the Tar Heel baseball team who spent several years in the major leagues with the Atlanta Braves, Chicago Cubs and Milwaukee Brewers.

Richelle Depold Fox, a transfer from UCLA who was married to U.S. Olympic gold medalist David Fox while she was in college and he was serving as an assistant coach to Frank Comfort, was the 1997 and 1998 ACC Women's Swimmer-of-the-Year. She had six top eight finishes in championship finals at the 1997 and 1998 NCAA meets, including a pair of second-place finishes in the 100-yard butterfly. Fox was named to the U.S. squad for the 1999 Pan Pacific Championships. She was joined on that team which competed in Sydney, Australia by Kari Haag and by Molly Freedman, later a standout butterflyer at UNC.

Besides Perruquet, the most recent decade has featured the likes of Katie Hathaway, Erika Acuff Erndl, Christy Watkins and Whitney Sprague. Acuff won a slew of ACC titles at Carolina from 1997-2001 and has gone on to a spectacular master's swimming career, repeatedly breaking UNC long course standards over the past several years. At age 33, Acuff Erndl was named to the American Team for the 2011 Pan American Games in Mexico. Hathaway was multiple ACC champion and first-team All-America and winner of the Patterson Medal in 2002. Watkins won four successive ACC titles in the 50 free from 2000-03 and three straight conference crowns in the 100 back (2000-02). She broke Sue Walsh's 17-year-old



Coach Frank Comfort retired after 30 years as head coach in 2007. His women sent him out on a winning note with the school's 16th ACC title.

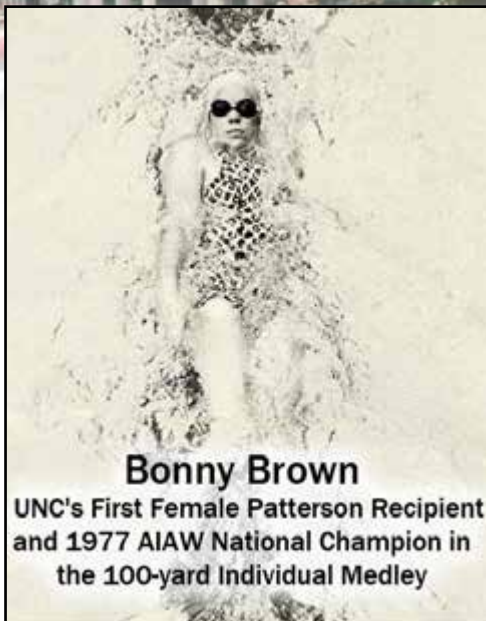
ACC record in the 100 back in 2000. Whitney Sprague was one of the greatest distance swimmers in UNC history, holding ACC standards in the 500, 1000 and 1650 freestyles. Sprague finished third in the 1650 at NCAAs in 2007 and then posted second-place finishes in both 2008 and 2009. Her 500-yard freestyle ACC record was broken by Tar Heel freshman Stephanie Peacock in 2011.

Peacock had one of the greatest seasons in UNC history in 2011-12, sweeping ACC Swimmer of the Year and Most Valuable Swimmer at the ACC Championships honors. Peacock set ACC records in the 500, 1000 and 1650 freestyles and won ACC titles in the 200, 500 and 1650 freestyles. At the 2012 NCAA Championships in Auburn, Ala., she won Carolina's first individual NCAA championship in nine years as she captured the title in the 1650-yard freestyle in 15:38.79, breaking the 22-year-old NCAA record held by Olympic gold medalist Janet Evans. Peacock bettered NCAA records in the 1000-yard and 1650-yard freestyle at the Ohio State Invitational in December 2012. She missed the second half of her junior year due to illness but returned to compete for the U.S. in the 2013 World University Games, winning a gold and a silver medal.

Patterson Medal Winners

(Awarded Annually to the Outstanding Senior Men's and Women's Student-Athletes at UNC since 1924)

Name	Year
Denny Hammond	1944
Jimmy Thomas	1951
Cecil Milton	1952
Harrison Merrill	1965
Bonny Brown	1980
Sue Walsh	1984
Katie Hathaway	2002
Chip Peterson	2010



Bonny Brown
 UNC's First Female Patterson Recipient
 and 1977 AIAW National Champion in
 the 100-yard Individual Medley

Bonny Brown was a national champion in 1977 and the first female Patterson Medal recipient in 1980.

Tar Heels On International Teams

UNC swimmers have also been fixtures competing in international and Olympic-related competitions. That has especially been true over the past three decades. Starting with Bonny Brown's appearance in the 1977 World University Games, other Tar Heels invited to that biannual competition have been Barb Harris and Gayle Hegel in 1979; Sue Walsh in 1981 at Bucharest, Romania; Eric Ericson and Sue Walsh in 1983 at Edmonton, Alberta; Melanie Buddemeyer in 1985 at Kobe, Japan; Melanie Buddemeyer and Susan O'Brien in 1987 at Zagreb, Yugoslavia; Sarah Perroni, James Hamrick, Yann deFabrique and individual medley stand-out Carrie Szulc in 1993 at Buffalo, N.Y.; Yann

deFabrique, Kari Haag and Trevor Runberg in 1995 at Fukuoka, Japan; Jessi Perruquet and Jessie Brosch in Daegu, South Korea in 2003, and Whitney Sprague and Stephanie Eisenring in 2009 in Belgrade, Serbia. Sprague won the gold medal in the 800-meter freestyle at the 2009 event. Perruquet won two silver medals at the 2003 World University Games. Haag won a gold medal at the 1995 World University Games as a member of the U.S.'s 800-meter freestyle relay squad, while Yann deFabrique won three medals at the 1993 World University Games and two more medals at the 1995 World University Games. Buddemeyer and O'Brien also swam together at Brisbane, Australia in August 1987 at the Pan Pacific Games.

UNC was represented by head coach Rich DeSelm at the 2011 World University Games in Shenzhen, China. He served as head coach of the U.S. men's team there and UNC assistant coach Eric Stefanski served as U.S. Team Manager. Carolina swimmers Tyler Harris and Stephanie Peacock won bronze medals at the 2011 WUGs in the 400-meter individual medley and 400-meter freestyle respectively. This past summer Carolina had two undergraduate swimmers, Stephanie Peacock and Tom Luchsinger, named to the U.S. National Team. Both earned spots on the U.S. Team that competed in the World University Games in Kazan, Russia from July 6-17, 2013. Peacock won two medals there while Luchsinger was upgraded to the U.S. Team at the World Championships in June 2013.

In August 1987, UNC had a participant in the Pan American Games in Indianapolis in the person of Tony Monasterio, representing his native Puerto Rico. Tony Monasterio was followed to the same competition four years later by his younger brother David Monasterio, who swam splendidly in the 1991 event at Havana, Cuba. Sean Quinn represented the U.S. at the 2003 Pan American Games in Santo Domingo, Dominican Republic, where he won the silver medal in the 200-meter breaststroke. At the

2007 Pan American Games in Brazil, Chip Peterson won the gold medal in the 1500-meter freestyle and the silver medal in 10 kilometer open water swimming. Two Tar Heels competed in the 2011 Pan American Games in Guadalajara, Mexico. 2011 graduate Tyler Harris made the men's team and 2001 alumna Erika Acuff Erndl will compete for the U.S. women at age 33. Tom Luchsinger turned down an opportunity to compete for the U.S. team because of his aca-



Richelle Fox was a two-time ACC Swimmer of the Year and twice NCAA runner-up in the 100 butterfly.

demical commitments at UNC that fall.

Carolina Olympians of the past 30 years have included Ann Marshall in 1972, Wendy Weinberg and Janis Hape in 1976, Sue Walsh in 1980, Chris Stevenson in 1984, David Monasterio and Yann deFabrique in 1992, Yann deFabrique in 1996 and Yi-Khy Saw in 2004. Yann deFabrique also competed for France in the 1994 World Championships in Rome, while Trevor Runberg swam for the American team at the 1998 World Championships and Brad Hamilton swam for Jamaica in the 2009 and 2011 World Championships and Tom Luchsinger for the U.S. side in 2013. Chip Peterson and Joe Kinderwater swam in the 2008, 2009 and 2010 World Open Water Championships for the United States. Both have been fixtures on the U.S. National Open Water Swimming Team in the past five years. Peterson, now an assistant coach, was named to the U.S. Open Water National Team again in 2013.



Jessi Perruquet was the NCAA co-champion in the 200-yard freestyle in 2003.



Polly Winde (1983-86) and husband B.J. Surhoff join UNC head coach Bill Guthridge and his wife Leesie at the 2002 ACC Top 50 banquet. Winde won four straight ACC titles in the 400 IM.

Men's All-Americans

1941-42

First Team All-Americans—Denny Hammond, 150 Back; Denny Hammond, Bob Ousley, George Coxhead, 300 Medley Relay; Denny Hammond, George Coxhead, Truman Hobbs, Jim Barclay, 400 Free Relay.

1943-44

First Team All-Americans—Percy Mallison, 100 Free; Bill Wildman, 100 Fly; Denny Hammond, Bill Wildman, Percy Mallison, 300 Medley Relay.

1944-45

First Team All-Americans—Bill Kelly, 200 Breast; Denny Hammond, Bill Kelly, Jesse Greenbaum, 300 Medley Relay.

1945-46

First Team All-Americans—Mike Morrow, Jack Zimmerman, Dick Twining, Ben Ward, 400 Free Relay.

1946-47

First Team All-Americans—Ernie Crone, Three-Meter Diving; Norm Sper, One- and Three-Meter Diving.

1947-48

First Team All-Americans—Norm Sper, One- and Three-Meter Diving; Jesse Greenbaum, Floyd Drew, Mike Morrow, Dick Twining, 400 Free Relay.

1948-49

First Team All-Americans—Jimmy Thomas, 440 and 1500 Free, 150 Back; Dick Twining, 200 Breast; Norm Sper, Dick Twining, Steve Osborne, 300 Medley Relay; Floyd Drew, Ike Norwood, Dick Twining, Steve Osborne, 400 Free Relay.

1949-50

First Team All-Americans—Norm Sper, 100 Back; Jimmy Thomas, 440 and 1500 Free, 150 IM, 150 Back.

1950-51

First Team All-Americans—Buddy Baarcke, 100 Back; Jimmy Thomas, 100 and 200 Back, 150 IM; Jimmy Thomas, Barry Wall, Stan Tinkham, 300 Medley Relay.

1951-52

First Team All-Americans—Buddy Baarcke, Barry Wall, Stan Tinkham, 300 Medley Relay.

1952-53

First Team All-Americans—Buddy Baarcke, 100 and 200 Back; Don Evans, 220 Free, 150 IM, 200 Breast; Warren Heemann, 200 Back; Buddy Baarcke, Barry Wall, Jack Edwards, 300 Medley Relay; Jack Edwards, Don Evans, Jim Heins, Buddy Baarcke, 400 Free Relay.

1954-55

First Team All-Americans—Phil Drake, 200 Fly; Charlie Krepp, 100 and 200 Back; Charlie Krepp, Phil Drake, Dick Baker, 300 Medley Relay.

1955-56

First Team All-Americans—Lee Holmes, 200 Fly; Charlie Krepp, 100 and 200 Back, 200 IM.

1956-57

First Team All-Americans—Charlie Krepp, 100 and 200 Back; Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Charlie Krepp, Walt Rose, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Tony Schiffman, Bill Roth, Bill Zickgraf, 400 Free Relay; David McInnis, Diving

1957-58

First Team All-Americans—Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Bill Roth, Bill Zickgraf, Walt Rose, Brent Nash, 400 Free Relay.

1960-61

First Team All-American—Harry Bloom, 100 Fly, 100 Free.

1961-62

First Team All-American—Thompson Mann, 100 and 200 Back.

1962-63

First Team All-Americans—Thompson Mann, 100 Back; Harrison Merrill, 200 Free.

1963-64

First Team All-Americans—Thompson Mann, 100 and 200 Back; Harrison Merrill, 100 and 200 Free; Thompson Mann, Fred Lipp, Rick Forum, Davis Roberts, 400 Medley Relay; Thompson Mann, John Sheldon, Harrison Merrill, Davis Roberts, 400 Free Relay.

1964-65

First Team All-Americans—Pete Worthen, 50 and 100 Free; John Hayden, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay; Pete Worthen, Steve Hildenbrand, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

First Team All-American—Phil Riker, 100 Fly.

1966-67

First Team All-Americans—Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Hamilton Gadd, Phil Riker, Jim Edwards, 400 Medley Relay; Dave Ball, Doug Behrmann, Jim Edwards, Pete Worthen, 400 Free Relay.



Meredith Hoover and Cari Blalock finished fourth and third, respectively, in the 200-yard butterfly at the 2013 NCAA Women's Championships.

1967-68

First Team All-Americans—Fred Dannemann, 100 Back; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay; Greg Meehan, Andy Bristow, Dave Ball, Jim Edwards, 400 Free Relay; Greg Meehan, Dave Ball, Phil Riker, Jim Edwards, 800 Free Relay.

1975-76

First Team All-Americans—Karl Thiele, Steve McDonald, Tim Balderston, Rich DeSelm, 800 Free Relay.

1976-77

First Team All-American—Mark List, 200 Back.

1977-78

First Team All-Americans—Mark List, 100 Back; Mark List, Mike Amaya, Fritz Homans, Tim Balderston, 400 Medley Relay.

1978-79

First Team All-American—Ken Ireland, 200 Back.

1979-80

First Team All-American—Ken Ireland, 100 and 200 Back.

1980-81

First Team All-American—Eric Ericson, 100 Back.

1981-82

First Team All-American—Eric Ericson, 100 Back.

1982-83

First Team All-American—Eric Ericson, 100 and 200 Back.

1983-84

First Team All-American—Eric Ericson, 100 and 200 Back.

1984-85

Honorable Mention All-American—Chris Stevenson, 100 Back.

1985-86

Honorable Mention All-Americans—Dirk Marshall, 100 Fly; Chris Stevenson, 100 Back.

1987-88

First Team All-Americans—John Davis, 200 Free; Tony Monasterio, John Davis, Larry Bloch, Jed Guenther, 800 Free Relay. *Honorable Mention All-Americans*—Larry Bloch, John Davis, Jed Guenther, Tony Monasterio, 400 Free Relay.

1988-89

Honorable Mention All-American—Gary Gauch, 100 Breast.

1989-90

Honorable Mention All-Americans—Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, John Davis,

Tony Monasterio, 200 Free Relay; David Monasterio, John Davis, Jed Guenther, Tony Monasterio, 800 Free Relay.

1990-91

First Team All-Americans—David Monasterio, 200 Free, 200 Fly. *Honorable Mention All-Americans*—James Hamrick, 1650 Free; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; James Hamrick, David Monasterio, Ralph Vick, John Davis, 800 Free Relay.

1991-92

First Team All-American—James Hamrick, 500 Free. *Honorable Mention All-Americans*—David Monasterio, 500 Free and 200 Fly; James Hamrick, 1650 Free; Sean Gowrie, 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Sean Gowrie, 800 Free Relay.

1992-93

First Team All-Americans—Yann deFabrique, 200 Free; James Hamrick, 500 and 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay. *Honorable Mention All-Americans*—Yann deFabrique, 500 Free, 200 Fly; James Hamrick, 200 Free; William Keever, 100 Fly; David Monasterio, 500 Free; Daniel Summerlin, James Hamrick, Mark Sedlak, Yann deFabrique, 400 Free Relay.

1993-94

Honorable Mention All-Americans—Yann deFabrique, 200 and 500 Free, 200 Fly; Daniel Summerlin, 200 and 400 IM.

1994-95

Honorable Mention All-Americans—Trevor Runberg, Micah Copeland, Yann deFabrique, Ed Abele, 800 Free Relay.

1995-96

First Team All-Americans—Steve Bonack, 100 and 200 Breast; Trevor Runberg, 500 Free. *Honorable Mention All-Americans*—Mike Chorba, 1650 Free; Micah Copeland, 500 Free; Eric Fehr, 200 Breast, 400 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Eric Fehr, Trevor Runberg, Ed Abele, 800 Free Relay.



Tom Luchsinger earned first-team All-American honors in 2013 in the 200-yard butterfly



Katie Nolan garnered fifth place in the 100-yard butterfly and 10th place in the 200-yard butterfly at the 2013 NCAA Championships.

1996-97

Honorable Mention All-America—Steve Bonack, 100 and 200 Breast; Micah Copeland, 500 Free; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Chris Jennings, 200 Medley Relay; Ted Brisson, Steve Bonack, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Chris Jennings, Ed Abele, Ted Brisson, 400 Free Relay; Micah Copeland, Ed Abele, Eric Fehr, Trevor Runberg, 800 Free Relay

1997-98

First Team All-America—Tucker Shade, 100 Fly.

1998-99

Honorable Mention All-America—Tucker Shade, 100 Fly; Ethan Hall, 200 Breaststroke.

1999-2000

First Team All-America—Sean Quinn, 200 Breast. *Honorable Mention All-America*—David Slawinski, 200 Breast.

2001-02

Honorable Mention All-America—Sean Quinn, 200 Breast.

2002-03

Honorable Mention All-America—Sean Quinn, 200 Breast; Yuri Suguiyama, 500, 1650 Free.

2003-04

First Team All-America—Yuri Suguiyama, 400 Free. *Honorable Mention All-America*—Yuri Suguiyama, 1500 Free; Reid Owen, 1500 Free; Josh Glasco, 200 Fly.

2004-05

Honorable Mention All-America—Josh Glasco, 200 Fly.

2005-06

Honorable Mention All-America—Hank Browning, 500 Free.

2006-07

First Team All-America—Chip Peterson, 1650 Free. *Honorable Mention All-America*—Chip Peterson, 500 Free.

2007-08

First Team All-America—Joe Kinderwater, 1650 Free. *Honorable Mention All-America*—Tyler Harris, 400 IM; Ryan Funderburk, 3-Meter Diving.

2008-09

First Team All-America—Joe Kinderwater, 1650 Free. *Honorable Mention All-America*—Tyler Harris, 400 IM; Chip Peterson, 1650 Free.

2009-10

First Team All-America—Joe Kinderwater, 1650 Free; Tyler Harris, 400 IM; Tommy Wyher, 100 Fly. *Honorable Mention All-America*—Chip Peterson, 500 Free, 1650 Freestyle; Tommy Wyher, 100 Back; Evan Reed, Tommy Wyher, Steve Cebertowicz, Brad Hamilton, 400 Freestyle Relay; Evan Reed, Chip Peterson, Tyler Harris, Wil Singley, 800 Freestyle Relay; Tommy Wyher, Tyler Harris, Tom Luchsinger, Steve Cebertowicz, 400 Medley Relay.

2010-11

First Team All-America—Tyler Harris, 400 IM; Tom Luchsinger, 400 IM; Joe Kinderwater, 1650 Freestyle; Evan Reed, Steve Cebertowicz, Tom Luchsinger, Tyler Harris, 800 Freestyle Relay. *Honorable Mention All-America*—Dan O'Connor, 1650 Freestyle; Steve Cebertowicz, 100 Freestyle; Tom Luchsinger, 200 Butterfly; Tommy Wyher, Tyler Harris, Tom Luchsinger, Steve Cebertowicz, 400 Medley Relay; Evan Reed, Steve Cebertowicz, Tommy Wyher, Brock Park, 400 Freestyle Relay.

2011-12

First Team All-America—Steve Cebertowicz, 50 Freestyle. *Honorable Mention All-America*—Tom Luchsinger, 400 Individual Medley, 200 Butterfly; David MacDonald, Three-Meter Diving; Kyle Ficker, Steve Cebertowicz, Brock Park, Evan Reed, 200 Freestyle Relay; Steve Cebertowicz, Brock Park, J.T. Stillely, Kyle Ficker, 200 Medley Relay; Evan Reed, Tom Luchsinger, Steve Cebertowicz, J.T. Stillely, 800 Freestyle Relay; Steve Cebertowicz, Evan Reed, Kyle Ficker, Brock Park, 400 Freestyle Relay.

2012-13

First Team All-America—Tom Luchsinger, 200 Fly; *Honorable Mention All-America*—Tom Luchsinger, 400 Individual Medley.

Women's All-Americans

1975-76

First Team All-America—Ann Marshall, 100, 200 and 500 Free, 200 Back; Laurie Potter, 100 and 200 IM, 200 Fly; Madelyn Warcholik, 50 Fly; Ann Marshall, Laurie Potter, Madelyn Warcholik, Dale Alton, 200 Medley Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson,

200 Free Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 400 Free Relay.

1976-77

First Team All-America—Bonny Brown, 100 and 200 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Janis Hape, 200 Breast; Ann Marshall, 50 and 200 Back, 200 and 500 Free; Laurie Potter, 200 Fly; Ann Marshall, Janis Hape, Laurie Potter, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 400 Free Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 800 Free Relay.

1977-78

First Team All-America—Bonny Brown, 50 and 100 Free, 100 and 200 IM; Lauren Dupree, 200, 500 and 1650 Free, 100 and 200 Fly; Ann Marshall, 200 Back; Laurie Potter, 200 Fly; Judy Toher, 200 Fly; Cathy Vayda, Judy Toher, Karen Hoff, Janis Hape, 200 Medley Relay; Ann Marshall, Janis Hape, Karen Hoff, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Toher, 400 Free Relay.

1978-79

First Team All-America—Bonny Brown, 50 and 100 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Barb Harris, 50 and 100 Fly, 100 Free; Nancy Hudock, 200, 500 and 1650 Free; Gina Layton, 100 and 200 Back; Cindy Shirey, 50 and 100 Breast, 400 IM; Nance Thompson, 200 and 400 IM; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Gina Layton, Cindy Shirey, Barb Harris, Nancy Hudock, 400 Medley Relay; Gina Layton, Barb Harris, Bonny Brown, Betsy Hughes, 200 Free Relay; Barb Harris, Bonny Brown, Nancy Hudock, Nance Thompson, 400 Free Relay; Bonny Brown, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

First Team All-America—Bonny Brown, 50 and 100 Free, 100 IM; Cynthia Chilcott, 400 IM; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100 and 200 Breast, 100, 200 and 400 IM; Nance Thompson, 400 IM; Cynthia Chilcott, Cindy Shirey,

Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay; Gayle Hegel, Barb Harris, Bonny Brown, Cynthia Chilcott, 400 Free Relay; Lauren Dupree, Liz Mesmer, Nancy Hudock, Cynthia Chilcott, 800 Free Relay.

1980-81

First Team All-America—Cami Berizzi, 50, 100 and 200 Back, 50 and 100 Fly; Barb Harris, 50 Fly; Gayle Hegel, 100, 200 and 400 IM, 100 and 200 Breast; Liz Mesmer, 200 Free; Amy Pless, 50 and 100 Breast, 50 Free, 100 IM; Jenny Strickland, 50 and 100 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Amy Pless, Cami Berizzi, Barb Harris, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Liz Mesmer, 400 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Amy Pless, Liz Mesmer, Barb Harris, Gayle Hegel, 400 Free Relay; Liz Mesmer, Sue Walsh, Barb Harris, Gayle Hegel, 800 Free Relay.

1981-82

First Team All-America—Cay Andres, 500 Free; Cami Berizzi, 50, 100 and 200 Back; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100, 200 and 400 IM, 200 Breast; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free, 100 IM; Sue Walsh, Amy Pless, Barb Harris, Sue Scott, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Sue Scott, 400 Medley Relay; Amy Pless, Sue Scott, Sue Walsh, Barb Harris, 200 Free Relay; Sue Scott, Amy Pless, Cami Berizzi, Barb Harris, 400 Free Relay; Cay Andres, Cami Berizzi, Gayle Hegel, Sue Scott, 800 Free Relay.

1982-83

First Team All-America—Gayle Hegel, 100 and 200 IM; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 100 and 200 Breast, 100, 200 and 400 IM; Sue Walsh, Jenny Strickland, Amy Pless, Sue Scott, 200 Medley Relay; Amy Pless, Sue Scott, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Gayle Hegel, Sue Walsh, 400 Free Relay; Cay



Joe Kinderwater won first-team All-America honors in the 1650-yard freestyle honors all four years from 2008-11. He is only the third Tar Heel man in history to be a first-team All-American in each of his collegiate seasons.

Andres, Sarah Durstein, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

First Team All-Americans—Martha McCann, 400 IM; Betsy Mitchell, 100 and 200 Back; Amy Pless, 100 Breast, 200 IM; Jenny Strickland, 100 and 200 Breast; Sue Walsh, 100 and 200 Back; Polly Winde, 200 Breast, 200 and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Amy Pless, 400 Medley Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Polly Winde, Sue Walsh, Sarah Durstein, Betsy Mitchell, 800 Free Relay.

1984-85

First Team All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Polly Winde, 400 IM. **Honorable Mention All-Americans**—Polly Winde, 200 IM, 200 Breast; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay; Susan O'Brien, Melanie Buddemeyer, Nancy Page, Polly Winde, 800 Free Relay.

1985-86

First Team All-Americans—Susan O'Brien, 100 and 200 Back. **Honorable Mention All-Americans**—Melanie Buddemeyer, 100 and 200 Fly; Polly Winde, 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay.

1986-87

First Team All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay. **Honorable Mention All-Americans**—Susan O'Brien, 200 IM; Wendy Powers, Susan O'Brien, Karen Engel, Kim Beattie, 200 Free Relay; Melanie Buddemeyer, Wendy Powers, Susan O'Brien, Kim Beattie, 400 Free Relay; Melanie Buddemeyer, Monica Strahl, Martha McCann, Kim Beattie, 800 Free Relay.

1987-88

First Team All-Americans—Susan O'Brien, 100 and 200 Back. **Honorable Mention All-Americans**—Susan O'Brien, 200 IM; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Naila Deeb, Kim Beattie, 400 Medley Relay.

1988-89

Honorable Mention All-Americans—Hannah Turlish, 400 IM; Melanie Buddemeyer, Kim Beattie, Melissa Douse, Hannah Turlish, 800 Free Relay.

1989-90

First Team All-Americans—Sarah Perroni, 100 Free; Melissa Douse, Jill Benda, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay. **Honorable Mention**

All-Americans—Heather Cleevly, 10-Meter Diving; Sarah Perroni, 50 Free.

1990-91

First Team All-Americans—Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 200 Free Relay. **Honorable Mention All-Americans**—Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay.

1991-92

First Team All-Americans—Carrie Szulc, 400 IM; Jenny Huber, Ann Hart, Melissa Douse, Shannon Allison, 400 Free Relay. **Honorable Mention All-Americans**—Melissa Douse, 50 and 100 Free; Heather Cleevly, 3-Meter Diving; Jenny Huber, Leslie Ramsey, Ann Hart, Melissa Douse, 200 Free Relay.

1992-93

First Team All-Americans—Sarah Perroni, 50 Free; Carrie Szulc, 400 IM; Kari Haag, Jenny Huber, Ann Hart, Sarah Perroni, 400 Free Relay. **Honorable Mention All-Americans**—Kari Haag, 50 Free; Sarah Perroni, 100 Free; Sarah Perroni, Jenny Huber, Ann Hart, Kari Haag, 200 Free Relay.

1993-94

First Team All-Americans—Leslie Ramsey, 200 Fly; Carrie Szulc, 400 IM. **Honorable Mention All-Americans**—Leslie Ramsey, 500 and 1650 Free.

1994-95

First Team All-Americans—Kari Haag, 100 and 200 Free. **Honorable Mention All-Americans**—Leslie Ramsey, 200 Fly; Merel Hommen, Kari Haag, Chrissy Miller, Leslie Ramsey, 800 Free Relay.

1995-96

First Team All-Americans—Kari Haag, 50, 100 and 200 Free. **Honorable Mention All-Americans**—Chrissy Miller, 400 IM; Chrissy Miller, Merel Hommen, Kari Haag, Janney Hooff, 800 Free Relay.

1996-97

First Team All-Americans—Erika Acuff, 400 IM; Richelle Fox, 50 and 100 Free, 100 Fly. **Honorable Mention All-Americans**—Chrissy Miller, 500 Free and 200 Fly; Erika Acuff, Jennifer Latimer, Richelle Fox, Jennifer Strasburger, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1997-98

First Team All-Americans—Erika Acuff, 200 IM; Richelle Fox, 50 and 100 Free, 100 Fly; Chrissy Miller, 500 Free. **Honorable Mention All-Americans**—Erika Acuff, 400 IM; Tracey Barrett, 200 Back; Summer Mack, 100 Back; Chrissy Miller, 200 Fly; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Summer Mack, Richelle Fox, Jennifer Strasburger, Erika Acuff, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1998-99

First Team All-Americans—Katie Hathaway, 400 IM; Erika Acuff, 400 IM. **Honorable Mention All-Americans**—Melissa Fiss, 200 Fly; Katie Hathaway, 200 Breast; Katie Hathaway, Stefanie Rulis, Erika Acuff, Jennifer

Strasburger, 800 Free Relay.

1999-2000

First Team All-Americans—Katie Hathaway, 200 Breast, 400 IM; Summer Mack, 100 Back. **Honorable Mention All-Americans**—Katie Hathaway, 200 IM; Summer Mack, 100 Fly; Christy Watkins, 50 Free; Lauren Silva, 400 IM; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Lauren Silva, 800 Free Relay.

2000-01

First Team All-Americans—Erika Acuff, 200 IM, 400 IM; Katie Hathaway, 200 IM, 100 Breast, 200 Breast; Summer Mack, 100 Back. **Honorable Mention All-Americans**—Lauren Silva, 400 IM; Jessi Perruquet, 100 Free; Becky Acker, 200 Breast; Kelly Weeks, 200 Fly; Erika Acuff, Jessi Perruquet, Summer Mack, Christy Watkins, 200 Free Relay; Jessi Perruquet, Christy Watkins, Katie Hathaway, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Summer Mack, Katie Hathaway, Erika Acuff, Christy Watkins, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

First Team All-Americans—Jessi Perruquet, 200 Free; Katie Hathaway, 200 Breast. **Honorable Mention All-Americans**—Christy Watkins, 50 Free, 100 Free; Katie Hathaway, 200 IM, 100 Breast; Becky Acker, 200 Breast; Jessi Perruquet, 100 Free; Christy Watkins, Katie Hathaway, Kelly Weeks, Jessi Perruquet, 200 Medley Relay; Christy Watkins, Becky Acker, Kelly Weeks, Jessi Perruquet, 400 Medley Relay; Jessi Perruquet, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Stefanie Rulis, Jessi Perruquet, 400 Free Relay; Kelly Weeks, Katie Hathaway, Christy Watkins, Jessi Perruquet, 800 Free Relay.

2002-03

First Team All-Americans—Jessi Perruquet, 100 Free, 200 Free; **Honorable Mention All-Americans**—Christy Watkins, 50 Free; Kelly Weeks, 500 Free, 200 Fly; Becky Acker, 200 Breast; Whitney Smith, Jessi Perruquet, Christy Watkins, Kelly Weeks, 800 Free Relay.

2003-04

First Team All-Americans—Jessi Perruquet, 200 Free; **Honorable Mention All-Americans**—Kelly Weeks, 200 Fly; Jessi Perruquet, 100 Free; Lizzy Bruce, 200 Breast.

2005-06

Honorable Mention All-Americans—Whitney Sprague 500 Free; Nicole O'Donnell, 1650 Free.

2006-07

First Team All-Americans—Whitney Sprague, 1650 Free. **Honorable Mention All-Americans**—Whitney Sprague, 500 Free.

2007-08

First Team All-America—Whitney Sprague, 1650 Free.

2008-09

First Team All-Americans—Whitney Sprague, 500 Free, 1650 Free; Katura Harvey, 1650 Free.

2009-10

First Team All-America—Laura Moriarty, 200 Breast; **Honorable Mention All-Americans**—Laura Moriarty, 400 IM; Carly Smith, 100 Back, 20 Back; Rebecca Kane, Katie Nolan, Layne Brodie, Sarah Tanner, 200 Freestyle Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay.

2010-11

First Team All-America—Carly Smith, 100 Freestyle; **Honorable Mention All-Americans**—Stephanie Peacock, 500 Freestyle; Layne Brodie, 200 Individual Medley; Rebecca Kane, 50 Freestyle; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 400 Medley Relay.

2011-12

First Team All-America—Stephanie Peacock, 500 Freestyle, 1650 Freestyle (NCAA Champion); **Honorable Mention All-Americans**—Cari Blalock, 400 Individual Medley; Stephanie Peacock, Danielle Siverling, Katie Nolan, Cari Blalock, 800 Freestyle Relay.

2012-13

First Team All-America—Cari Blalock, 200 Butterfly, 400 Individual Medley; Meredith Hoover, 200 Butterfly; Katie Nolan, 100 Butterfly; Danielle Siverling, 500 Freestyle; **Honorable Mention All-Americans**—Cari Blalock, 200 Individual Medley; Annie Harrison, 400 Individual Medley; Katie Nolan, 200 Butterfly; Jackie Rudolph, 1650 Freestyle; Danielle Siverling, 200 Freestyle; Danielle Siverling, Lauren Earp, Ally Hardesty, Katie Nolan, 800 Freestyle Relay; Carly Smith, Katie Rechsteiner, Katie Nolan, Lauren Earp, 400 Medley Relay.



Danielle Siverling took home seventh place in the 500-yard freestyle at the 2013 NCAA Championships.

Men's Atlantic Coast Conference Champions

1953-54

John Hussey, One-Meter Diving.

1954-55

Phil Drake, 200 Fly; John Hussey, One-Meter Diving; Charlie Krepp, 100 and 200 Back; Charles Parker, Three-Meter Diving.

1955-56

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Dick Baker, Bill Roth, Bill Zickgraf, Walt Rose, 400 Free Relay.

1956-57

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Brent Nash, Telfair Mahaffey, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Brent Nash, Tony Schiffman, Bill Roth, 400 Free Relay.

1957-58

Telfair Mahaffey, 100 Fly; ^Ned Meekins, One- and Three-Meter Diving; Walt Rose, 100 Free; Bill Roth, 50 Free; Tony Schiffman, 220, 440 and 1500 Free; Bill Zickgraf, 200 IM; Brent Nash, Walt Rose, Telfair Mahaffey, Bill Zickgraf, 400 Medley Relay; Bill Roth, Jeff Zwicker, Walt Rose, Kelly Mass, 400 Free Relay.

1958-59

Harry Bloom, 100 and 220 Free, 200 IM; Randy Dodson, 200 Fly; Bob Hunter, 100 and 200 Back; Bob Hunter, Kit Mercer, Jeff Zwicker, Brent Nash, 400 Medley Relay;



Tyler Harris bookended his Tar Heel career with conference championships in the 400-yard individual medley in 2008 and 2011.

Randy Dodson, Vinny Simonton, Brent Nash, Jeff Zwicker, 400 Free Relay.

1959-60

Bob Bilbro, 200 Back; Vinny Simonton, 200 Fly.

1960-61

Harry Bloom, 100 Free and 200 IM; Willie Bloom, 200 Free; Harvey Hamrick, 200 Back; Barry King, Bryan Williams, Willie Bloom, Bob Bilbro, 400 Free Relay.

1961-62

Willie Bloom, 220 Free; Thompson Mann, 100 and 200 Back; Sandy Patterson, Three-Meter Diving; Thompson Mann, Bob Briggs, Harry Schiffman, Bob Bilbro, 400 Medley Relay; Willie Bloom, Bryan Williams, Don Murray, Harry Schiffman, 400 Free Relay.

1962-63

Frank Lea, 1650 Free; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 Back, 200 IM; Davis Roberts, Willie Bloom, Harrison Merrill, Thompson Mann, 400 Free Relay.

1963-64

Rick Forum, 200 Breast; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 and 200 Back, 200 IM; Thompson Mann, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay.

1964-65

Rick Forum, 200 Breast; Harrison Merrill, 500 Free; Steve Hildenbrand, Pete Worthen, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

Phil Riker, 100 and 200 Fly.

1966-67

Phil Riker, 100 and 200 Fly; Jim Edwards, Doug Behrman, Greg Meehan, Dave Ball, 800 Free Relay.

1967-68

Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay.

1969-70

Gerry Chapman, 400 IM.

1970-71

Jim Osborne, 100 Fly.

1971-72

Jim Osborne, 100 and 200 Fly.

1973-74

Jike Southard, 1650 Free.

1974-75

Dave Marlin, 100 Back.

1975-76

Mark List, 100 and 200 Back; Steve McDonald, 200 Free.

1978-79

*Ken Ireland, 100 and 200 Back; Arnaldo Perez, 200 Fly.

1979-80

Ken Ireland, 100 and 200 Back, 500 Free; Roger Vredeveld, 200 IM; Mark Welker, Todd Deckman, Ken Ireland, Dave Hansen, 400 Free Relay; Ken Ireland, Mark Welker, Roger Vredeveld, Dave Hansen, 800 Free Relay.

1980-81

Eric Ericson, 100 Back; Dave Hansen, 200 Free; Ken Ireland, 200 Back; Ken Ireland, Robert Bingham, Arnaldo Perez, Dave Hansen, 400 Medley Relay; Bob Omainsky, Ken Ireland, Mark Welker, Dave Hansen, 800 Free Relay.

1981-82

Eric Ericson, 100 and 200 Back; Dave Hansen, 200 Free; Eric Ericson, Scott Hammond, Dirk Marshall, Dave Hansen, 400 Medley Relay.

1982-83

Eric Ericson, 100 and 200 Back; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay; Geoff Cassell, Dirk Marshall, Eric Ericson, Mark Welker, 400 Free Relay; Dan Hamilton, Jeff Schenk, Chris Stevenson, Dirk Marshall, 800 Free Relay.

1983-84

Todd Deckman, 50 Free; *Eric Ericson, 100 and 200 Back; Dan Flack, 1650 Free; Scott Hammond, 100 Breast; Dirk Marshall, 100 Fly; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay.

1984-85

Tim Shea, 200 Fly and 400 IM.

1985-86

Dirk Marshall, 100 Fly; Doug Sawyer, 200 Breast; Tim Shea, 400 IM; *Chris Stevenson, 100 and 200 Back; Chris Stevenson, Doug Sawyer, Dirk Marshall, Larry Bloch, 400 Medley Relay; Larry Bloch, Marc Croggon, Chris Stevenson, Dirk Marshall, 400 Free Relay; Larry Bloch, Dan Flack, Dirk Marshall, Chris Stevenson, 800 Free Relay.

1986-87

Doug Sawyer, 100 Breast; Tim Shea, 200 Fly.

1987-88

Larry Bloch, 100 Free; @John Davis, 200 IM and 200 Free; Tod Schroeder, 50 Free; Rich Gleason, John Fischetti, John Davis, Larry Bloch, 400 Medley Relay; Tod Schroeder, Jed Guenther, John Davis, Larry Bloch, 400 Free Relay; Tony Monasterio, Ralph Vick, Larry Bloch, John Davis, 800 Free Relay.

1988-89

John Davis, 100 and 200 Free, 200 IM; Jed Guenther, Tony Monasterio, Chris Himebauch, John Davis, 400 Free Relay.

1989-90

*+John Davis, 100 and 200 Free, 200 IM; Gary Gauch, 100 Breast; David Monasterio, 200 Fly; Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, Tony Monasterio, John Davis, 200 Free Relay; Tony Monasterio, David Monasterio, Jed Guenther, John Davis, 800 Free Relay.

1990-91

John Davis, 100 and 200 Back, 200 IM; Marc Ferguson, 1650 Free; John Fischetti, 200 Breast; Gary Gauch, 100 Breast; @#David Monasterio, 200 and 500 Free, 200 Fly; John Davis, Gary Gauch, David Monasterio, Tod Schroeder, 200 Medley Relay; Matt Countie, Gary Gauch, David Monasterio, Tod Schroeder, 400 Medley Relay; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; John Davis, Tod Schroeder, Mark Sedlak, David Monasterio, 400 Free Relay; John Davis, James Hamrick, Ralph Vick, David Monasterio, 800 Free Relay.

1991-92

Yann deFabrique, 200 Free; Gary Gauch, 100 Breast; James Hamrick, 1650 Free; David Monasterio, 500 Free and 200 Fly; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay.

1992-93

Yann deFabrique, 200 Free; Daniel Summerlin, 200 IM; Summerlin, David Monasterio, Mark Sedlak, deFabrique, 400 Free Relay; Summerlin, James Hamrick, Monasterio, deFabrique, 800 Free Relay.

1993-94

&Joe Craft, One-Meter Diving;



Tommy Wyher captured four successive ACC titles in the 100-yard backstroke from 2008-11.

Yann deFabrique, 200 Fly; Daniel Summerlin, 100 Free and 200 IM; Jon Thorpe, 200 Free; Jeff Weiss, 100 and 200 Breast; Bryan Stuck, Steve Bonack, Yann deFabrique, Daniel Summerlin, 400 Medley Relay; Daniel Summerlin, Jason James, Matt Smith, Mark Sedlak, 200 Free Relay; Daniel Summerlin, Matt Smith, Jason James, Mark Sedlak, 400 Free Relay; Daniel Summerlin, Jon Thorpe, Yann deFabrique, Micah Copeland, 800 Free Relay.

1994-95

Yann deFabrique, 200 and 500 Free, 200 Fly; %Scott Troy, 100 Breast; Jeff Weiss, 200 Breast; Trevor Runberg, Micah Copeland, Ed Abele, Yann deFabrique, 800 Free Relay.

1995-96

Ted Brisson, 100 Back; Mike Chorba, 1650 Free; +Trevor Runberg, 500 Free, 200 Back; *Tucker Shade, 100 and 200 Fly, 200 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, +Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Matt Branum, 400 Medley Relay; Trevor Runberg, Eric Fehr, Ed Abele, Micah Copeland, 800 Free Relay.

1996-97

Eric Fehr, 200 IM; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Eric Fehr, Micah Copeland, Ed Abele, Trevor Runberg, 800 Free Relay.

1997-98

Ted Brisson, 100 Back; Eric Fehr, 200 Free; Tucker Shade, 100 Fly;



Christy Watkins won seven individual ACC titles (four in the 50-yard freestyle from 2000-03 and three in the 100-yard backstroke from 2000-02).

Ted Brisson, Brad Kline, Tucker Shade, Ed Abele, 400 Medley Relay.

1999-2000

%Sean Quinn, 200 Breast.

2002-03

Yuri Suguiyama, 200 Free; Sean Quinn, 200 Breast; Eddy Matkovic, 100 Fly.

2003-04

Yuri Suguiyama, 200 Free; &Eric Poitras, Three-Meter Diving.

2005-06

%Hank Browning, 200 Free.

2006-07

Hank Browning, 200 Free.

2007-08

Tyler Harris, 400 IM; Tommy Wyher, 100 Back; Joe Kinderwatter, 1650 Free.

2008-09

Tommy Wyher, 100 Back, 100 Fly.

2009-10

Tommy Wyher, 100 Back, 100 Fly; Chip Peterson, 1650 Free; Josh Hafkin, Vinny Pryor, Tommy Wyher, Steve Cebertowicz, 200 Medley Relay.

2010-11

Steve Cebertowicz, 100 Freestyle; Tom Luchsinger, 200 Butterfly; Tommy Wyher, 100 Backstroke; Tyler Harris, 200 Individual Medley, 400 Individual Medley.

2011-12

Tom Luchsinger, 200 Butterfly, 400 Individual Medley.

2012-13

#Tom Luchsinger, 200 Butterfly, 400 Individual Medley.

***Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships**

@Selected as Co-Most Valuable Swimmer at Atlantic Coast Conference Championships

#Selected as Swimmer-of-the-Year in the Atlantic Coast Conference

+Selected as Co-Swimmer-of-the-Year in the Atlantic Coast Conference

&Selected as Most Valuable Diver at Atlantic Coast Conference Championships

^Won John A. Futchenberg Award as Outstanding Diver in Atlantic Coast Conference

%Selected as Atlantic Coast Conference Swimming Rookie of the Year

Women's Atlantic Coast Conference Champions

1978-79

Bonny Brown, 50 and 100 Free, 100 IM; Nancy Hudock, 200 Free; Gina Layton, 50 and 100 Back;



Tom Luchsinger's 2013 ACC title in the 200-yard butterfly earned him three straight crowns in the event.

*Cindy Shirey, 50 and 100 Breast, 200 Back, 400 IM; Sally Winde, 200 Breast; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Ann Marshall, Nancy Hudock, Barb Harris, Brown, 400 Free Relay; Nance Thompson, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

Bonny Brown, 100 IM; Cynthia Chilcott, 50, 100 and 200 Back, 400 IM; Barb Harris, 50 and 100 Fly; *Gayle Hegel, 50, 100 and 200 Breast, 200 IM; Cindy Shirey, Gayle Hegel, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay.

1980-81

*Sue Walsh, 50, 100 and 200 Back, 50 Free; Amy Pless, 50 Breast and 100 IM; Gayle Hegel, 200 IM; Cami Berizzi, Jenny Strickland, Karen Hoff, Amy Pless, 200 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Gayle Hegel, Barb Harris, Liz Mesmer, Sue Walsh, 800 Free Relay.

1981-82

Barb Harris, 50 Fly; Gayle Hegel, 200 and 400 IM; Amy Pless, 100 IM; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Jenny Strickland, Barb Harris, Kathy Smith, 400 Medley Relay; Sue Scott, Julie Basichiss, Amy Pless, Cami Berizzi, 200 Free Relay; Amy Pless, Gayle Hegel, Sue Scott, Cami Berizzi, 400 Free Relay.

1982-83

Amy Pless, 50 Breast; Jenny Strickland, 100 Breast; *Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 200 and 400 IM, 200 Breast; Sue Walsh, Jenny Strickland, Cami Berizzi, Jeanne Gerhart, 200 Medley Relay; Sue Scott, Amy Pless, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Sue Scott, Amy Pless, Gayle Hegel,

Sarah Durstein, 400 Free Relay; Sarah Durstein, Cay Andres, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

Amy Pless, 200 IM; Jenny Strickland, 100 Breast; *Sue Walsh, 100 and 200 Back, 100 Free; Polly Winde, 200 Breast and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Sue Scott, 200 Medley Relay; Betsy Mitchell, Jenny Strickland, Martha McCann, Sue Scott, 400 Medley Relay; Sue Scott, Sue Walsh, Soraya Sherwani, Amy Pless, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Sarah Durstein, Martha McCann, MaryLou O'Connor, Polly Winde, 800 Free Relay.

1984-85

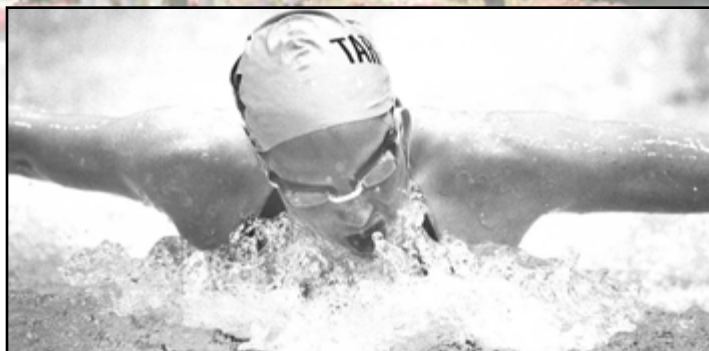
Melanie Buddemeyer, 100 and 200 Fly; *Susan O'Brien, 100 and 200 Back, 100 Free; Sue Scott, 50 Free; Polly Winde, 200 and 400 IM; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay.

1985-86

Melanie Buddemeyer, 100 and 200 Fly; Wendy Powers, 100 and 200 Breast; Polly Winde, 200 and 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay; Melanie Buddemeyer, Kim Beattie, Susan O'Brien, Patty Schultz, 400 Free Relay.

1986-87

Kim Beattie, 100 Free; Melanie Buddemeyer, 100 and 200 Fly; Karen Engel, 50 Free; Susan O'Brien, 100 and 200 Back; Wendy Powers, 100 Breast; %Ann Wentz, Three-Meter Diving; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Karen Engel, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley



Melanie Buddemeyer won ACC championships in the 100- and 200-yard butterfly events in 1985, 1986, 1987 and 1989.

Relay.

1987-88

Kim Beattie, 50, 100 and 200 Free; Heather Nottingham, 100 and 200 Breast; *Susan O'Brien, 100 and 200 Back, 200 IM; Hannah Turlish, 1650 Free; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay.

1988-89

Melanie Buddemeyer, 100 and 200 Fly; Kim Beattie, 50 Free; Kim Beattie, Jill Benda, Wendy Powers, Melissa Douse, 200 Free Relay.

1989-90

Susan Leupold, 100 and 200 Fly; Sarah Perroni, 50 and 100 Free; Jenny Huber, Lisa Brown, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Jill Benda, Melissa Douse, Sarah Perroni, 400 Free Relay.

1990-91

Melissa Douse, 100 Free; Susan Leupold, 100 Fly; Heather Nottingham, 200 Breast; Sarah Perroni, 50 Free; Hannah Turlish, 1650 Free; Cathy Burgess, Heather Nottingham, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 400 Free Relay.

1991-92

Shannon Allison, 200 Back; %Heather Cleavelly, One- and Three-Meter Diving; *#Melissa Douse, 50 and 100 Free, 100 Fly; Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Ann Hart, Lisa Brown, Susan Leupold, Melissa Douse, 200 Medley Relay; Cathy Burgess, Lisa Brown, Susan Leupold, Melissa Douse, 400 Medley Relay; Jenny Huber, Ann Hart, Meredith Gardner, Melissa Douse, 200 Free Relay; Jenny Huber, Shannon Allison, Ann Hart, Melissa Douse, 400 Free Relay.

1992-93

Sarah Perroni, 50 and 100 Free; Trish McHardy, 1650 Free; Carrie Szulc, 400 IM; Kari Haag, Alison Nemeth, Christy Garth, Sarah Perroni, 200 Medley Relay; Cathy Burgess, Alison Nemeth, Christy Garth, Ann Hart, 400 Medley Relay; Jenny Huber, Kari Haag, Ann Hart, Sarah Perroni, 200 Free Relay; Ann Hart, Kari Haag, Jenny Huber, Sarah Perroni, 400 Free Relay; Kari Haag, Shannon Allison, Jenny Huber, Sarah Perroni, 800 Free Relay.

1993-94

Kari Haag, 50 and 100 Free; #Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Candiss Johnson, Ann Hart, Kari Haag, Christy Garth, 200 Free Relay; Candiss Johnson, Kari Haag, Christy Garth, Ann Hart, 400 Free Relay.

1994-95

*#Kari Haag, 50, 100 and 200 Free; Christy Garth, Ann Hart, Jennifer Latimer, Kari Haag, 200 Free Relay; Christy Garth, Ann Hart, Tracey Barrett, Kari Haag, 400 Free Relay; %Chrissy Miller, Merel Hommen, Leslie Ramsey, Kari Haag, 800 Free Relay.

1995-96

Tracey Barrett, 200 Back; #Kari Haag, 50, 100 and 200 Free; *Chrissy Miller, 500 and 1650 Free, 400 IM; Tracey Barrett, Beth Schlessman, Chrissy Miller, Kari Haag, 400 Medley Relay; Tracey Rankin, Christy Garth, Jennifer Latimer, Kari Haag, 200 Free Relay; Jennifer Latimer, Christy Garth, Beth Schlessman, Kari Haag, 400 Free Relay; Chrissy Miller, Merel Hommen, Janney Hooff, Kari Haag, 800 Free Relay.

1996-97

\$Erika Acuff, 200 IM, 400 IM, 200 Breast; *#Richelle Fox, 50 Free, 100 Free, 100 Fly; Tracey Barrett, Beth Schlessman, Richelle Fox, Jennifer Latimer, 200 Medley Relay; Tracey Barrett, Erika Acuff,

Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Erika Acuff, Jennifer Latimer, Jennifer Strasburger, Richelle Fox, 200 Free Relay.

1997-98

Erika Acuff, 200 IM; #Richelle Fox, 50 and 100 Free, 100 Fly; \$Summer Mack, 100 Back; *Chrissy Miller, 500 Free, 400 IM, 1650 Free; Summer Mack, Erika Acuff, Richelle Fox, Tracey Rankin, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay.

1998-99

Molly Sullivan, 1650 Free; Melissa Fiss, 200 Fly; Erika Acuff, 200 IM, 400 IM; Erika Acuff, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, 800 Free Relay.

1999-2000

Christy Watkins 50 Free, 100 Back; Katie Hathaway 100 and 200 Breast; Summer Mack 200 Back; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay.

2000-01

Christy Watkins, 50 Free, 100 Back; \$Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast; Becky Acker, 200 Breast; Erika Acuff, 200 IM; Christy Watkins, Katie Hathaway, Jessi Perruquet, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Erika Acuff, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

Christy Watkins, 50 Free, 100 Back; Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast, 200 Breast; Kathleen Quinn, 200 Back.

2002-03

Christy Watkins, 50 Free; Kelly Weeks, 200 Fly; Laura Collier, 200 Back.

2003-04

Jessi Perruquet, 100 and 200 Free; Kelly Weeks, 200 Fly; Virginia Hanson, Kelly Weeks, Amanda Smith, Jessi Perruquet, 800 Free Relay.

2004-05

Lizzy Bruce, 200 Breast.

2005-06

Lindsey Marck, 200 Fly.

2006-07

Lindsey Marck, 200 Fly; Whitney Sprague, 500 Free, 1650 Free; Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissy, 400 Free Relay; Ashley Howard, Eliza

Butts, Kelsey Morrissy, Whitney Sprague, 800 Free Relay.

2007-08

Whitney Sprague, 500 Free, 1650 Free.

2008-09

Katura Harvey, 500 Free; Layne Brodie, 100 and 200 Breast.

2009-10

Laura Moriarty, 100 and 200 Breast, 400 IM.

2010-11

Stephanie Peacock, 500 Freestyle; Layne Brodie, 200 Breaststroke, 200 Individual Medley; Carly Smith, 100 Backstroke, 200 Backstroke; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 400 Medley Relay.

2011-12

*#Stephanie Peacock, 200 Freestyle, 500 Freestyle, 1650 Freestyle; Laura Moriarty, 200 Breaststroke; Candace Cooper, Katie Nolan, Laura Moriarty, Danielle Siverling, 400 Medley Relay.

2012-13

#Cari Blalock, 200 Butterfly, 400 Individual Medley; Danielle Siverling, Lauren Earp, Hannah Lincoln, Ally Hardesty, 400 Freestyle Relay.

***Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships**
%Selected as Most Valuable Diver at Atlantic Coast Conference Championships
#Selected as Atlantic Coast Conference Swimmer-of-the-Year
\$Selected as Atlantic Coast Conference Rookie-of-the-Year



Danielle Siverling, Hannah Lincoln, Lauren Earp and Ally Hardesty combined to win the 2013 ACC championship in the 400-yard freestyle relay.

Conference Award Winners

Men's All-Atlantic Coast Conference Selections

1983-84

Geoff Cassell, Todd Deckman, Eric Ericson, Dan Flack, Scott Hammond, Dirk Marshall, Clay Wellborn

1984-85

Tim Shea, Chris Stevenson

1985-86

Larry Bloch, Marc Croggon, Dan Flack, Dirk Marshall, Doug Sawyer, Tim Shea, Chris Stevenson

1986-87

Larry Bloch, Doug Sawyer, Tod Schroeder, Tim Shea

1987-88

Larry Bloch, John Davis, Nunzio Esposito, Marc Ferguson, John Fischetti, Rich Gleason, Jed Guenther, Tony Monasterio, Tod Schroeder, Ralph Vick

1988-89

Matt Countie, John Davis, Jed Guenther, Chris Himebauch, Tony Monasterio

1989-90

John Davis, Nunzio Esposito, Marc Ferguson, John Fischetti, Gary Gauch, Jed Guenther, David Monasterio, Tony Monasterio, Tod Schroeder

1990-91

Matt Countie, John Davis, Nunzio Esposito, Marc Ferguson, John Fischetti, Gary Gauch, James Hamrick, David Monasterio, Tod Schroeder, Mark Sedlak, Daniel Summerlin, Ralph Vick

1991-92

Yann deFabrique, Gary Gauch, Sean Gowrie, James Hamrick, David Monasterio, Daniel Summerlin

1992-93

Yann deFabrique, James Hamrick, William Keever, David Monasterio, Mark Sedlak, Daniel Summerlin

1993-94

Steve Bonack, Micah Copeland, Joe Craft, Yann deFabrique, Jason James, Mark Sedlak, Matt Smith, Bryan Stuck, Daniel Summerlin, Jon Thorpe, Jeff Weiss

1994-95

Ed Abele, Micah Copeland, Joe Craft, Yann deFabrique, Jay Griffin, Trevor Runberg, Drew Sechrist, Scott Troy, Jeff Weiss

1995-96

Ed Abele, Steve Bonack, Matt Branum, Ted Brisson, Mike Chorba, Micah Copeland, Eric Fehr,

Trevor Runberg, Tom Schmelzer, Tucker Shade, Scott Troy

1996-97

Ed Abele, Steve Bonack, Micah Copeland, Eric Fehr, Chris Jennings, Trevor Runberg, Tom Schmelzer, Tucker Shade, Jeff Weiss

1997-98

Ed Abele, Ted Brisson, Mike Chorba, Eric Fehr, Brad Kline, Tom Schmelzer, Tucker Shade

1998-99

Ted Brisson, Justin Rossi, Tucker Shade.

1999-2000

Kevin Erndl, Chris Helin, Brad Kline, Stephen Krebs, Sean Quinn, David Slawinski

2000-01

Chris Helin, Stephen Krebs, Stephen Mohr, Sean Quinn, Yuri Suguiyama

2001-02

Kevin Erndl, Eric Poitras, Sean Quinn

2002-03

Justin Donato, Josh Glasco, Eddy Matkovic, Michael Pigassou, Eric Poitras, Sean Quinn, Yuri Suguiyama

2003-04

Eric Poitras, Josh Glasco, Patrick Woodruff, Eddy Matkovic, Yuri Suguiyama

2004-05

Josh Glasco

2005-06

Chad Ames, Hank Browning, Jon Van Assen, Ryan Funderburk

2006-07

Hank Browning, Keith Laabs, Philip Owen, Chip Peterson

2007-08

Joe Kinderwater, Vinny Pryor, Tommy Wyher, Tyler Harris, Andy Brake, Ryan Funderburk

2008-09

Joe Kinderwater, Tommy Wyher, Tyler Harris, Jason McLaughlin

2009-10

Steve Cebertowicz, Josh Hafkin, Tyler Harris,



In 2013, Tom Luchsinger became the first Tar Heel to be named ACC Swimmer of the Year since Trevor Runberg in 1996.

Joe Kinderwater, Tom Luchsinger, Chip Peterson, Vinny Pryor, Tommy Wyher

2010-11

Steve Cebertowicz, Tyler Harris, Joe Kinderwater, Tom Luchsinger, Evan Reed, Tommy Wyher

2011-12

Steve Cebertowicz, Kyle Ficker, Dominick Glavich, Tom Luchsinger, Brett Nagle, David MacDonald, J.T. Stillely

2012-13

Tom Luchsinger

Women's All-Atlantic Coast Conference Selections

1983-84

Janice Dalrymple, Sarah Durstein, Martha McCann, Betsy Mitchell, MaryLou O'Connor, Amy Pless, Sue Scott, Soraya Sherwani, Jenny Strickland, Sue Walsh, Polly Winde

1984-85

Melanie Buddemeyer, Susan O'Brien, Sue Scott, Ann Wentz, Polly Winde

1985-86

Kim Beattie, Melanie Buddemeyer, Susan



Patrick Myers has earned All-ACC Academic honors in both his freshman and sophomore years.



Carly Smith has been named first-team All-ACC each of her first three years as a Tar Heel.



The Tar Heel women celebrate their victory in the 400-yard freestyle relay at the 2013 ACC Championships.

O'Brien, Wendy Powers, Patty Schultz, Polly Winde
1986-87

Kim Beattie, Melanie Buddemeyer, Karen Engel, Susan O'Brien, Wendy Powers, Ann Wentz
1987-88

Kim Beattie, Jill Benda, Heather Nottingham, Susan O'Brien, Wendy Powers, Staci Sawyer, Hannah Turlish
1988-89

Kim Beattie, Jill Benda, Lisa Brown, Melanie Buddemeyer, Melissa Douse, Wendy Powers
1989-90

Jill Benda, Lisa Brown, Dawn Davies, Melissa Douse, Jenny Huber, Susan Leupold, Sarah Perroni, Staci Sawyer
1990-91

Jill Benda, Cathy Burgess, Melissa Douse, Jenny Huber, Susan Leupold, Heather Nottingham, Sarah Perroni, Hannah Turlish
1991-92

Shannon Allison, Lisa Brown, Cathy Burgess, Heather Cleavelly, Melissa Douse, Meredith Gardner, Ann Hart, Jenny Huber, Susan Leupold,
1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc
1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc
1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey
1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman
1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger
1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger
1998-99

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan
1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins
2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks
2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks
2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks
2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch
2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff
2005-06

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague
2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissy, Nicole O'Donnell, Kristin Oxford, Whitney Sprague
2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves
2008-09

Rebecca Kane, Katura Harvey, Layne Brodie, Laura Moriarty
2009-10

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Carly Smith
2010-11

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Stephanie Peacock, Carly Smith
2011-12

Cari Blalock, Candace Cooper, Laura Moriarty, Katie Nolan, Stephanie Peacock, Danielle Siverling
2012-13

Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Jackie Rudolph, Danielle Siverling, Carly Smith

Trish McHardy, Leslie Ramsey, Theresa Seastrom, Carrie Szulc
1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc
1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc
1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey
1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman
1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger
1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger
1998-99

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan
1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins
2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks
2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks
2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks
2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch
2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff
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Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague
2006-07

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2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves
2008-09

Rebecca Kane, Katura Harvey, Layne Brodie, Laura Moriarty
2009-10

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Carly Smith
2010-11

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Stephanie Peacock, Carly Smith
2011-12

Cari Blalock, Candace Cooper, Laura Moriarty, Katie Nolan, Stephanie Peacock, Danielle Siverling
2012-13

Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Jackie Rudolph, Danielle Siverling, Carly Smith

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks
2002-03

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch
2003-04

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff
2005-06

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague
2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissy, Nicole O'Donnell, Kristin Oxford, Whitney Sprague
2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves
2008-09

Rebecca Kane, Katura Harvey, Layne Brodie, Laura Moriarty
2009-10

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Carly Smith
2010-11

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2011-12

Cari Blalock, Candace Cooper, Laura Moriarty, Katie Nolan, Stephanie Peacock, Danielle Siverling
2012-13

Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Jackie Rudolph, Danielle Siverling, Carly Smith

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Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Jackie Rudolph, Danielle Siverling, Carly Smith

Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Jackie Rudolph, Danielle Siverling, Carly Smith



Cari Blalock became the second Tar Heel in a row to win ACC Women's Swimmer of the Year honors, capturing the award in 2013.



Nine Carolina women were named All-ACC Academic in 2013, including Katie Rechsteiner for the third year in a row.

Conference Award Winners

Kristin Oxford, Emily Reardon, Megan Steeves
2007-08

Men: Andy Brake, Tyler Harris, Jeff James, Joe Kinderwater, Keith Laabs, Philip Owen, David Solarz, Robby Swendiman

Women: Laura Filip, Katura Harvey, Erica Schiffler, Megan Steeves

2008-09

Men: Tyler Harris, Joe Kinderwater, Victor Leclere, Brad Mitchell, Chip Peterson, David Solarz

Women: Layne Brodie, Katura Harvey, Ashley Howard, Jenna Moore, Megan Steeves

2009-10

Men: Andy Brake, Tyler Harris, Joe Kinderwater, Jeff James, Chip Peterson

Women: Katura Harvey, Katie Nolan, Marie Pesacreta, Sarah Tanner

2010-11

Men: Colin Bridier, Robert Grimmer-Norris, Tyler Harris, Ryland Jones, J.T. Stillely

Women: Layne Brodie, Danielle Jansen, Rebecca Kane, Katie Keel, Ashley Miller, Jenna Moore, Marie Pesacreta, Katie Rechsteiner, Sarah Tanner

2011-12

Men: Dominick Glavich, David MacDonald, Patrick Myers, Brett Nagle, Brock Park, J.T. Stillely

Women: Laura Moriarty, Katie Rechsteiner, Jackie Rudolph, Danielle Siverling, Sarah Tanner

2012-13

Men: Brad Dillon, Tyler Hill, Patrick Myers, Brett Nagle, David Speese, J.T. Stillely

Women: Annie Harrison, Meredith Hoover, Katie Nolan, Emma Nunn, Katie Rechsteiner, Jackie Rudolph

ACC Men's Swimmer-of-the-Year

John Davis	1990
David Monasterio	1991
Steve Bonack	1996
Trevor Runberg	1996
Tom Luchsiner	2013

ACC Men's Swimming Freshman-of-the-Year

Scott Troy	1995
Sean Quinn	2000
Hank Browning	2006
Dan O'Connor	2011

ACC Men's Swimming Coach-of-the-Year

Frank Comfort	1991
Frank Comfort	1993
Frank Comfort	1996
Frank Comfort	1997

Most Valuable Men's Swimmer at ACC Championships

Ken Ireland	1979
Eric Ericson	1984
Chris Stevenson	1986
John Davis	1988
John Davis	1990
David Monasterio	1991
Tucker Shade	1996

Most Valuable Men's Diver at ACC Championships

Joe Craft	1994
Eric Poitras	2004

John A. Futchenberg Award (Outstanding Men's Diver in ACC)

David McInnis	1956
David McInnis	1957
Ned Meekins	1958

ACC Men's Swimming & Diving Scholar-Athlete-of-the-Year

Chip Peterson	2010
Tyler Harris	2011

ACC Women's Swimmer-of-the-Year

Melissa Douse	1992
Leslie Ramsey	1994
Kari Haag	1995
Kari Haag	1996
Richelle Fox	1997
Richelle Fox	1998
Jessi Perruquet	2003
Stephanie Peacock	2012
Cari Blalock	2013

ACC Women's Freshman-of-the-Year

Chrissy Miller	1995
Erika Acuff	1997
Summer Mack	1998
Jessi Perruquet	2001
Layne Brodie	2009
Stephanie Peacock	2011

ACC Women's Swimming Coach-of-the-Year

Frank Comfort	1982
Frank Comfort*	1984
Frank Comfort	1985
Frank Comfort	1992
Frank Comfort	1993
Frank Comfort	1995
Frank Comfort*	1996
Frank Comfort	2000
Frank Comfort	2001
Frank Comfort	2002
Frank Comfort	2007
Rich DeSelm	2012
Rich DeSelm	2013

Most Valuable Women's Swimmer at ACC Championships

Cindy Shirey	1979
Gayle Hegel	1980
Sue Walsh	1981
Sue Walsh	1983
Sue Walsh	1984
Susan O'Brien	1985
Susan O'Brien	1988
Melissa Douse	1992
Kari Haag	1995
Chrissy Miller	1996
Richelle Fox	1997
Chrissy Miller	1998
Stephanie Peacock	2012

Most Valuable Women's Diver at ACC Championships

Ann Wentz	1987
Heather Cleevely	1992

Men's Southern Conference Individual and Relay Champions

1939-40: Fleming Stone, 50 and 100 Free; J.A. Barclay, 220 Free; 400 Freestyle Relay.

1940-41: Bob Ousley, 200 Breast; Bob Nicholson, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1941-42: Bob Ousley, 200 Breast; Denny Ham-

mond, 150 Back; 400 Freestyle Relay; 300 Medley Relay.

1942-43: Denny Hammond, 220 Free and 150 Back; Russell L. Proctor, 440 Free; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1946-47: Jerry Cook, 200 Breast; Norman Sper, 150 Back and One-Meter Diving; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1947-48: Floyd Drew, 50 Free; Dick Twining, 220 and 440 Free; Bob Ousley, 200 Breast; Jimmy Thomas, 150 Back; Norman Sper, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1948-49: Jesse Greenbaum, 50 Free; Jimmy Thomas, 220 and 440 Free; Bob Hutton, 1500 Free; Dick Twining, 200 Breast and 150 Individual Medley; Norman Sper, 150 Back; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1949-50: Cecil Milton, 220 and 440 Free; Jimmy Thomas, 1500 Freestyle, 200 Breast, 150 Individual Medley; Norman Sper, 100 and 150 Back;

1950-51: Donnie Evans, 440 Free; Barry Wall, 100 Breast; Jimmy Thomas, 100 and 200 Back, 150 Individual Medley; 400 Freestyle Relay; 300 Medley Relay.

1951-52: Barry Wall, 200 Breast; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

1952-53: Jack Edwards, 100 Free; Barry Wall, 100 Breast; Donnie Evans, 200 Breast and 150 Individual Medley; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

Southern Conference Championships Most Valuable Swimmers

Fleming Stone	1940
Denny Hammond	1943
Dick Twining	1948
Jimmy Thomas	1949
Jimmy Thomas	1950
Donnie Evans	1951
Jimmy Thomas	1951



Tucker Shade receives his award as the most valuable swimmer at the 1996 ACC Championships from Carolina chancellor Michael Hooker.

1977-78

Men's Most Valuable Swimmer: Rich DeSelm
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Mark List
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Al Hill
Women's Most Improved Swimmer: Betsy Hughes
Men's Captains: Rich DeSelm, Mark List
Women's Captains: Bonny Brown, Laurie Potter

1978-79

Men's Most Valuable Swimmer: Fritz Homans
Women's Most Valuable Swimmer: Nancy Hudock
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Robert Bingham
Women's Most Improved Swimmers: Betsy Hughes, Cindy Shirey
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Laurie Potter

1979-80

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Gayle Hegel
Men's Most Improved Swimmer: Jeff Schenk
Women's Most Improved Swimmer: Mary Ann Dempster
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Lauren Dupree

1980-81

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Ken Warren
Women's Most Improved Swimmer: Jenny Strickland
Men's Captains: Keith Hoffman, Ken Ireland
Women's Captains: Cindy Shirey, Nance Thompson, Sally Winde

1981-82

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Mike Ferguson
Women's Most Improved Swimmer: Jeannette Nabell
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey
Men's Captains: Jose deJesus, Dave Hansen
Women's Captains: Barb Harris, Nance Thompson

1982-83

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmers: Sue Walsh, Polly Winde
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Tim Sutton
Women's Most Improved Swimmer: Sarah Durstein
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Tim Sutton, Mark Welker
Women's Captains: Cami Berizzi, Sue Walsh

1983-84

Men's Most Valuable Swimmer: Eric Ericson
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson

Women's Most Outstanding Swimmer: Sue Walsh

Men's Most Improved Swimmer: Doug Sawyer
Women's Most Improved Swimmers: Martha McCann, Mary Lou O'Connor, Jenny Strickland
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Eric Ericson, Dirk Marshall
Women's Captains: Amy Pless, Sue Walsh

1984-85

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Polly Winde
Men's Most Outstanding Swimmers: Tim Shea, Chris Stevenson
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Neil Wilson
Women's Most Improved Swimmer: Deirdre Coury
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Sue Scott
Bruce Webster Memorial Award Winner: Scott Fuller
Men's Captains: Geoff Cassell, Dirk Marshall
Women's Captain: Sue Scott

1985-86

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmers: Dirk Marshall, Chris Stevenson
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: David Adams
Women's Most Improved Swimmer: Amy Pritchard
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Ginny Dunaway
Bruce Webster Memorial Award Winners: Dirk Marshall, Chris Stevenson, Clay Wellborn
Men's Athletic Director's Scholar-Athlete Award Winner: Chris Stevenson
Women's Athletic Director's Scholar-Athlete Award Winner: Sarah Durstein
Men's Captains: Randy Hyre, Chris Stevenson
Women's Captains: Sarah Durstein, Polly Winde

1986-87

Men's Most Valuable Swimmer: Larry Bloch
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Doug Sawyer
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Chris Himebauch
Women's Most Improved Swimmer: Karen Engel
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Martha McCann
Bruce Webster Memorial Award Winner: Tim Shea
Men's Athletic Director's Scholar-Athlete Award Winner: Doug Sawyer
Women's Athletic Director's Scholar-Athlete Award Winner: Martha McCann
Men's Captains: Dan Flack, Doug Sawyer

Women's Captains: Martha McCann, Susan O'Brien

1987-88
Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Larry Bloch
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: Jon Austin
Women's Most Improved Swimmer: Jenny Hinshaw
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Men's Athletic Director's Scholar-Athlete Award Winner: Scott Fuller
Women's Athletic Director's Scholar-Athlete Award Winner: Erika Schmidt
Men's Captains: Scott Fuller, Chris Himebauch
Women's Captain: Susan O'Brien

1988-89

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Wendy Powers
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Gary Gauch
Women's Most Improved Swimmer: Melissa Douse
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Wendy Powers
Class of 1940 Blue Dolphin Award Winners: Chris Himebauch, Wendy Powers
Osterneck Family Unsung Hero Award Winners: Craig Silliman, Jeff Sural
Men's Athletic Director's Scholar-Athlete Award Winner: Craig Silliman
Women's Athletic Director's Scholar-Athlete Award Winner: Amy Pritchard
Men's Captains: Jed Guenther, Chris Himebauch
Women's Captains: Amy Pritchard, Wendy Powers

1989-90

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Sarah Peroni
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Sarah



Tom Luchsinger
Most Valuable & Most Outstanding Swimmer

Perroni
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Jenny Huber
Men's Hill Carrow Spirit Award Winner: Jed Guenther
Women's Hill Carrow Spirit Award Winner: Jenny Hinshaw
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Jenny Hinshaw
Class of 1940 Blue Dolphin Award Winner: Murray Drucker
Osterneck Family Unsung Hero Award Winners: Jon Austin, Mike Connor, Joe Kohla, John Morrison, Ellen Young
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Austin
Women's Athletic Director's Scholar-Athlete Award Winner: Natalie Gould
Men's Captains: Jed Guenther, Tony Monasterio
Women's Captains: Karin Andren, Jenny Hinshaw
1990-91
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: David Monasterio
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Meredith Gardner
Men's Hill Carrow Spirit Award Winner: Chip Lavender
Women's Hill Carrow Spirit Award Winner: Karin Andren
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Dave Lohse
Osterneck Family Unsung Hero Award Winner: Nunzio Esposito
Men's Athletic Director's Scholar-Athlete Award Winner: Marc Ferguson
Women's Athletic Director's Scholar-Athlete Award Winner: Heather Nottingham
Men's Captains: John Davis, Marc Ferguson
Women's Captains: Karin Andren, Jill Benda, Melissa Douse
1991-92
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Melissa Douse



Cari Blalock
Most Outstanding Swimmer

Men's Most Improved Swimmer: Kevin Antshel
Women's Most Improved Swimmer: Claudia Goins
Men's Hill Carrow Spirit Award Winner: Gary Gauch
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: Yann deFabrique
Class of 1989 Most Dedicated Swimmer Award Winner: Shannon Allison
Class of 1940 Blue Dolphin Award Winner: Jack Ryan
Osterneck Family Unsung Hero Award Winners: Kevin Antshel, Ryan Schwanke, Aimee Skeen
Men's Athletic Director's Scholar-Athlete Award Winner: Ralph Vick
Women's Athletic Director's Scholar-Athlete Award Winner: Melissa Douse
Men's Captains: Gary Gauch, David Monasterio
Women's Captains: Melissa Douse, Sarah Perroni
1992-93
Men's Most Valuable Swimmer: James Hamrick
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: Peter Cloutier
Women's Most Improved Swimmer: Margaret Richards
Men's Hill Carrow Spirit Award Winner: Mark Moore
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: James Hamrick
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Beth Miller
Osterneck Family Unsung Hero Award Winners: Jason Clark, Greg Hart, Erin Martin, Pam Proctor
Men's Athletic Director's Scholar-Athlete Award Winner: James Hamrick
Women's Athletic Director's Scholar-Athlete Award Winner: Jenny Huber
Men's Captains: James Hamrick, Mark Moore
Women's Captains: Jenny Huber, Jill Minich
1993-94
Men's Most Valuable Swimmers: Yann deFabrique, Daniel Summerlin
Women's Most Valuable Swimmer: Leslie Ramsey
Men's Most Outstanding Swimmer: Daniel Summerlin
Women's Most Outstanding Swimmer: Leslie Ramsey
Men's Most Improved Swimmer: Bryan Stuck
Women's Most Improved Swimmer: Susan Stretcher
Men's Hill Carrow Spirit Award Winner: Chris John
Women's Hill Carrow Spirit Award Winner: Jill Minich
Bruce Webster Memorial Award Winner: Daniel Summerlin, Jeff Weiss
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: Kevin Antshel



Katie Nolan
Most Valuable Swimmer

Osterneck Family Unsung Hero Award Winners: Lisa Etherington, Josh Thomson
Men's Athletic Director's Scholar-Athlete Award Winner: Chris John
Women's Athletic Director's Scholar-Athlete Award Winner: Shannon Howes
Men's Captains: Chris John, Daniel Summerlin
Women's Captains: Shannon Allison, Shannon Howes
1994-95
Men's Most Valuable Swimmers: Trevor Runberg, Jeff Weiss
Women's Most Valuable Swimmer: Kari Haag
Men's Most Outstanding Swimmer: Scott Troy
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Tim Capps
Women's Most Improved Swimmer: Cara Dunaway
Men's Hill Carrow Spirit Award Winner: Joe Craft
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: C.B. Whitfield
Osterneck Family Unsung Hero Award Winners: Jenni Smith
Men's Athletic Director's Scholar-Athlete Award Winner: Drew Sechrist
Women's Athletic Director's Scholar-Athlete Award Winner: Alison Conrad
Men's Captains: Peter Cloutier, Joe Craft
Women's Captains: Christy Garth, Leslie Ramsey
1995-96
Men's Most Valuable Swimmer: Trevor Runberg
Women's Most Valuable Swimmer: Chrissy Miller
Men's Most Outstanding Swimmer: Steve Bonack
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Eric Fehr
Women's Most Improved Swimmer: Jennifer Latimer
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Chrissy Miller
Class of 1940 Blue Dolphin Award Winners: 1995-96 UNC Men's Swimming Team
Osterneck Family Unsung Hero Award Winners: Garrett Means, Nicola Stewart, Cheri Yadao
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete



**Logan Heck
Most Improved Swimmer**

Award Winner: Kari Haag
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Christy Garth, Kari Haag
1996-97
Men's Most Valuable Swimmer: Micah Copeland
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Matt Lundgaard
Women's Most Improved Swimmer: Kelly McLaughlin
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winners: Steve Bonack and Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winners: Matt Branum, Steve Bonack, Micah Copeland, Patrick Heffernan, Jason James, Erik Morris, Jeff Weiss
Osterneck Family Unsung Hero Award Winner: Erik Morris
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Cara Dunaway
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Cara Dunaway, Chrissy Miller
1997-98
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Brad Kline
Women's Most Improved Swimmer: Kelsey Durkin
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Tracey Rankin
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winner: Marc Davis
Osterneck Family Unsung Hero Award Winners: Brian Cockman, Sarah Purcell
Men's Athletic Director's Scholar-Athlete Award Winner: Eric Fehr
Women's Athletic Director's Scholar-Athlete

Award Winners: Richelle Fox, Millie Long
Men's Captains: Ed Abele, Trevor Runberg
Women's Captains: Richelle Fox, Millie Long
1998-99
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmers: Justin Rossi, Greg Johnson
Women's Most Improved Swimmer: Heather Stiles
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger

Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Class of 1940 Blue Dolphin Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiwski, Catherine Frock, Kelsey Durkin, Beth Schlessman, Tracey Rankin
Osterneck Family Unsung Hero Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiwski, Catherine Frock, Tim Tober, Matt Lundgaard, Christian Weber
Men's Athletic Director's Scholar-Athlete Award Winner: Ted Brisson
Women's Athletic Director's Scholar-Athlete Award Winner: Beth Schlessman
Men's Captains: Ted Brisson, Tucker Shade, Tom Schmelzer
Women's Captains: Kelsey Durkin, Beth Schlessman, Tracey Rankin
1999-2000
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Christy Watkins
Men's Most Improved Swimmer: Andrew Biedrzycki
Women's Most Improved Swimmer: Janna Turner
Men's Hill Carrow Spirit Award: Jonah Turner
Women's Hill Carrow Spirit Award: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Osterneck Family Unsung Hero Award Winner: Kevin Mangum
Men's Athletic Director's Scholar-Athlete Award Winner: Christian Zuburg
Women's Athletic Director's Scholar-Athlete Award Winners: Kelly McLaughlin, Jennifer Strasburger
Men's Captains: Brad Kline, Seth Laughlin, David Weeks
Women's Captains: Kelly McLaughlin, Jennifer Strasburger
2000-01
Men's Most Valuable

Swimmer: Chris Helin
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Yuri Sugiyama
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmer: Jimmy Owens
Women's Most Improved Swimmer: Elizabeth Misiti
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award: Jessi Perruquet
Osterneck Family Unsung Hero Award Winners: JoAnn Overton, Erica Vrana, Taylor Marks, David Meschke
Class of 1940 Blue Dolphin Award Winners: Elizabeth Farrington, Judy Weseman
Men's Athletic Director's Scholar-Athlete Award Winner: David Slawinski
Women's Athletic Director's Scholar-Athlete Award Winner: JoAnn Overton
Men's Captains: Brad Kline, Seth Laughlin, David Slawinski
Women's Captains: Erika Acuff, Katie Hathaway
2001-02
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Reid Owen
Women's Most Improved Swimmer: Whitney Smith
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award: Gena Bittner
Osterneck Family Unsung Hero Award Winners: Andrew Biedrzycki, Greg Johnson
Class of 1940 Blue Dolphin Award Winners: Tom and Judy Kean
David McInnis Diving Awards: Stephen Krebs, Ashley Benner
Men's Athletic Director's Scholar-Athlete Award Winner: Seth Laughlin
Women's Athletic Director's Scholar-Athlete Award Winner: Katie Hathaway
Men's Captains: Seth Laughlin, Chris Helin, Kert Johnson
Women's Captains: Janna Turner, Katie Hathaway
2002-03
Men's Most Valuable Swimmer: Sean Quinn
Women's Most Valuable Swimmer: Christy Watkins



**Meredith Hoover
Most Improved Swimmer**

Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Josh Glasco
Women's Most Improved Swimmer: Lizzy Bruce
Men's Hill Carrow Spirit Awards: Sean Quinn, Stephen Mohr
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Awards: Becky Acker, Kelly Weeks
Osterneck Family Unsung Hero Award Winners: Hal Wansley, P.J. Wallin
Class of 1940 Blue Dolphin Award Winner: Sharon Wagner
Men's Athletic Director's Scholar-Athlete Award Winner: Stephen Mohr
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Collier
Men's Captains: Stephen Mohr, Stephen Krebs, Sean Quinn
Women's Captains: Janna Turner, Jessi Perruquet
2003-04

Men's Most Valuable Swimmer: Yuri Suguiyama
Women's Most Valuable Swimmers: Jessi Perruquet, Kelly Weeks
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Patrick Woodruff
Women's Most Improved Swimmer: Emily Reardon
Men's Hill Carrow Spirit Award: Dan Vick
Women's Hill Carrow Spirit Award: Whitney Smith
Bruce Webster Memorial Award Winner: Yuri Suguiyama
Andrea Erben Most Dedicated Swimmer Award: Becky Acker
Osterneck Family Unsung Hero Award Winners: Sinisa Haberle, Gena Bittner, Courtney Lewis
Class of 1940 Blue Dolphin Award Winner: Willem Bok
David McInnis Diving Awards: Eric Poitras, Elizabeth Misiti, Lindsay Waddell, Jennifer Rehm
Men's Athletic Director's Scholar-Athlete Award Winner: Yuri Suguiyama
Women's Athletic Director's Scholar-Athlete Award Winners: Jessi Perruquet, Becky Acker
Men's Captains: Yuri Suguiyama, Dan Vick
Women's Captains: Jessie Brosch, Jessi Perruquet
2004-05

Men's Most Valuable Swimmer: Josh Glasco
Women's Most Valuable Swimmer: Lindsey Marck



Annie Harrison
Women's Team Spirit Award

Men's Most Outstanding Swimmer: Josh Glasco
Women's Most Outstanding Swimmer: Lindsey Marck
Men's Most Improved Swimmers: Casey Kott, Philip Owen
Women's Most Improved Swimmer: Kelly Woodruff
Men's Hill Carrow Spirit Award: Jon Van Assen
Women's Hill Carrow Spirit Award: Jessie Brosch
Bruce Webster Memorial Award Winner: Aaron Burns
Andrea Erben Most Dedicated Swimmer Award: Erin Cutrell
David McInnis Diving Awards: Ben Herboth, Gia Santoro
Men's Athletic Director's Scholar-Athlete Award Winner: John Hartmann
Women's Athletic Director's Scholar-Athlete Award Winner: Jessie Brosch
Men's Captains: Reid Owen, Eric Mohr
Women's Captains: Jessie Brosch, Kathleen Quinn, Virginia Hanson
2005-06

Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Performer: Ryan Funderburk
Women's Most Outstanding Swimmers: Whitney Sprague, Nicole O'Donnell
Men's Most Improved Performer: Ryan Funderburk
Women's Most Improved Swimmer: Kimmy Davis
Men's Hill Carrow Spirit Award: Patrick Woodruff
Women's Hill Carrow Spirit Award: Becky Smock
Bruce Webster Memorial Award Winner: Patrick Woodruff
Andrea Erben Most Dedicated Swimmer Award: Emily Reardon
David McInnis Diving Awards: Ryan Funderburk, Jon Fox, Mandi Arak
Osterneck Family Unsung Hero Award Winners: Josh Weavil, Erich Gloege
Class of 1940 Blue Dolphin Award Winner: Quinton Sawyer
Men's Athletic Director's Scholar-Athlete Award Winner: Patrick Woodruff
Women's Athletic Director's Scholar-Athlete Award Winners: Lizzy Bruce, Gia Santoro
Men's Captains: Josh Glasco, Jon Albrecht, Patrick Woodruff
Women's Captains: Lizzy Bruce, Gia Santoro, Becky Smock
2006-07

Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Chip Peterson
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Philip Owen
Women's Most Improved Performer: Laura Filip
Men's Hill Carrow Spirit Award: Robby Swediman
Women's Hill Carrow Spirit Award: Becky Smock, Emily Reardon, Erin Cutrell
Bruce Webster Memorial Award Winner: Robby



Alex Gianino
Men's Unsung Hero

Swendiman
Andrea Erben Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jon Fox, Laura Filip
Osterneck Family Unsung Hero Award Winners: Paul Weir, Adam Schauer, Robbie Bittner, Stewart Norman
Class of 1940 Blue Dolphin Award Winner: Steve Gisselman
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Fox
Women's Athletic Director's Scholar-Athlete Award Winner: Emily Reardon
Men's Captains: Robby Swediman, Jon Fox, Aaron Burns, Keith Laabs
Women's Captains: Emily Reardon, Lindsey Marck, Erin Cutrell, Becky Smock
2007-08

Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Kelsey Morrissy
Men's Most Outstanding Swimmer: Joe Kinderwater
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Caroline Hartmann
Men's Hill Carrow Spirit Award: Brandon Sudreth
Women's Hill Carrow Spirit Award: Kelly Woodruff
Bruce Webster Memorial Award Winners: Yi-Khy Saw, Jason McLaughlin
Andrea Erben Most Dedicated Swimmer Awards: Kelsey Morrissy, Lindsay McIlvain
David McInnis Diving Awards: Erika Matheis, Laura Filip, Ryan Funderburk
Osterneck Family Unsung Hero Award Winners: Will Bondurant
Class of 1940 Blue Dolphin Award Winners: Keith Laabs, Philip Owen, Robby Swediman
Tar Healer Award Winner: Kelly Woodruff
Team Academic Captains: Aubrette Biegel, Katy Pritchett, Yi-Khy Saw
Men's Athletic Director's Scholar-Athlete Award Winner: Keith Laabs
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Filip
Men's Captains: Robby Swediman, Philip Owen, Keith Laabs
Women's Captains: Lindsey Marck, Laura Filip, Kelsey Morrissy, Taylor McFarlane
2008-09

Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Layne Brodie
Men's Most Outstanding Swimmer: Tommy Wyher
Women's Most Outstanding Swimmer: Whitney



**Brett Nagle
Men's Team Spirit Award**

Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Kimmy Davis
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Laura Moriarty
Bruce Webster Memorial Award Winner: Chip Peterson
Andrea Erben Most Dedicated Swimmer Awards: Ashley Howard, Katura Harvey
David McInnis Diving Awards: David Solarz, Jenna Moore
Osterneck Family Unsung Hero Award Winners: Alex Kenley
Class of 1940 Blue Dolphin Award Winners: Yi-Khy Saw, Lindsay McIlvain
Tar Healer Award Winners: Jason McLaughlin, Katie Marsh
Strength & Conditioning Awards: Kimmy Davis, Yi-Khy Saw, Brad Mitchell
Men's Athletic Director's Scholar-Athlete Award Winner: Yi-Khy Saw
Women's Athletic Director's Scholar-Athlete Award Winner: Lindsay McIlvain
Men's Captains: Jeff James, Brad Mitchell, Yi-Khy Saw
Women's Captains: Lindsay McIlvain, Whitney Sprague, Alison Clemens

2009-10
Men's Most Valuable Swimmer: Tommy Wyher
Women's Most Valuable Swimmer: Rebecca Kane
Men's Most Outstanding Swimmer: Tommy Wyher
Women's Most Outstanding Swimmer: Laura Moriarty
Men's Most Improved Swimmer: Tom Luchsinger
Women's Most Improved Performer: Ashley Miller
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Candace Cooper
Bruce Webster Memorial Award Winner: Chip Peterson
Andrea Erben Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jenna Moore, Ryland Jones
Osterneck Family Unsung Hero Award Winner: Jim Flannery
Class of 1940 Blue Dolphin Award Winners: Sarah Tanner, Jeff James
Men's Athletic Director's Scholar-Athlete Award Winner: Chip Peterson
Women's Athletic Director's Scholar-Athlete Award Winner: Megan Steeves
Men's Captains: Jeff James, Jason McLaughlin, Hank Browning
Women's Captains: Alison Clemens, Ashley Howard

2010-11
Men's Most Valuable Swimmer: Steve Cebertowicz
Women's Most Valuable Swimmer: Layne Brodie
Men's Most Outstanding Swimmer: Tyler Harris
Women's Most Outstanding Swimmer: Carly Smith
Men's Most Improved Swimmers: Tom Luchsinger, Dan O'Connor
Women's Most Improved Performers: Jackie Rudolph, Kristin Arnold
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Laura Moriarty
Bruce Webster Memorial Award Winner: Tom Luchsinger
Andrea Erben Most Dedicated Swimmer Award: Sarah Tanner

David McInnis Diving Awards: Jenna Moore, David MacDonald
Osterneck Family Unsung Hero Award Winners: Laura Ruscoe, David Zolno
Class of 1940 Blue Dolphin Award Winners: Will Bondurant, Katura Harvey
Men's Athletic Director's Scholar-Athlete Award Winner: Joe Kinderwater
Women's Athletic Director's Scholar-Athlete Award Winner: Katura Harvey
Men's Captains: David Zolno, Jim Flannery, Joe Kinderwater
Women's Captains: Jenna Moore, Katura Harvey, Laura Moriarty

2011-12
Men's Most Valuable Swimmer: Steve Cebertowicz
Women's Most Valuable Swimmer: Stephanie Peacock
Men's Most Outstanding Swimmer: Steve Cebertowicz
Women's Most Outstanding Swimmer: Stephanie Peacock
Men's Most Improved Swimmer: Kyle Ficker
Women's Most Improved Performer: Danielle Siverling
Men's Hill Carrow Spirit Award: Jesse Mendes
Women's Hill Carrow Spirit Award: Sarah Tanner
Bruce Webster Memorial Award Winner: Brett Nagle

Andrea Erben Most Dedicated Swimmer Award: Laura Ruscoe
David McInnis Diving Awards: Jenna Moore, David MacDonald
Osterneck Family Unsung Hero Award Winners: Jenna Moore
Class of 1940 Blue Dolphin Award Winners: Kathy Griggs, Dick Baddour
Men's Athletic Director's Scholar-Athlete Award Winner: Victore Leclere
Women's Athletic Director's Scholar-Athlete Award Winner: Jenna Moore
Men's Captains: Jim Flannery, Jesse Mendes
Women's Captains: Sarah Tanner, Laura Moriarty

2012-13
Men's Most Valuable Swimmer: Tom Luchsinger
Women's Most Valuable Swimmer: Katie Nolan
Men's Most Outstanding Swimmer: Tom Luchsinger
Women's Most Outstanding Swimmer: Cari Blalock

Men's Most Improved Swimmer: Logan Heck
Women's Most Improved Performer: Meredith Hoover
Men's Hill Carrow Spirit Award: Brett Nagle
Women's Hill Carrow Spirit Award: Annie Harrison
Bruce Webster Memorial Award Winners: Mitch DeForest, Sam Lewis
Andrea Erben Most Dedicated Swimmer Award: Katie Nolan
David McInnis Diving Awards: Ozzie Moyer, Emily Schmidt
Osterneck Family Unsung Hero Award Winners: Alex Gianino, Jackie Rudolph
Class of 1940 Blue Dolphin Award Winners: Jack & Liz Luchsinger; Chip & Ginny Hoover
Men's Athletic Director's Scholar-Athlete Award Winner: Brett Nagle
Women's Athletic Director's Scholar-Athlete Award Winner: Jackie Rudolph
Men's Captains: Alex Gianino, Brett Nagle
Women's Captains: Stephanie Eisenring, Katie Nolan

Notes About Carolina Swimming Team Awards:
The Most Valuable, Most Outstanding and Most Improved Awards for both the men's and women's teams are all named for Richard E. Jamerson, who founded the University of North Carolina swimming program in 1938-39. The Hill Carrow Spirit Award is presented annually in honor of former Tar Heel swimmer Hill Carrow, Class of 1977, to the swimmer on each team who exhibits the most school spirit. The Bruce Webster Memorial Award is presented annually to the most dedicated member of the men's team. The award honors former Tar Heel swimmer Bruce Webster, Class of 1981, who passed away in 1983. The Athletic Director's Scholar-Athlete Awards, begun in 1986, are presented annually by the UNC Athletic Director to the top student-athlete in each of UNC's 28 varsity sports. The Andrea Erben Memorial Award is given each year to the most dedicated swimmer on the women's team and honors Andrea Erben, a Tar Heel swimmer who passed away following her sophomore year in 2003. The Class of 1940 Blue Dolphin Award is given in honor of the senior class which founded UNC's swimming program in 1938-39 and is awarded to an individual who has made exceptional overall contributions to the Carolina swimming program. The Osterneck Family Award is given annually by Rhoda Osterneck of Durham, N.C., to the swimming program's unsung heroes. It is dedicated in the loving memory of Bob Osterneck, Rhoda's husband, who passed away in June 1991, and her late mother, Minnie Pitkus. The David McInnis Diving Awards honor David McInnis, Class of 1957, and winner twice of the John A. Futchenberg Award as the ACC's top diver. It is awarded each year to the outstanding diver on each UNC squad.



**Jackie Rudolph
Women's Unsung Hero**

Men's Team Letter Winners

AAA
 Abele, Ed, 1995-98
 Abernethy, Tom, 1978-81
 Abrahamson, Ira, Jr., 1943-44
 Adams, David M., 1986-88
 Adams, George H., 1993
 Adams, Thaddeus A., III, 1963-64
 Adams, Thomas J., Jr., 1965-67
 Albrecht, Jon, 2003-06
 Alexander, Jay M., 1952
 Alexander, Richard J., 1952
 Allen, Aaron, (Mgr.), 1994-96
 Allen, David D., 1984-85
 Allison, Derek S., 1995-96
 Amaya, Michael A., 1976-79
 Ambler, Kirby B., 1950-52
 Ames, Chad, 2003-06
 Anderson, Ashley H., 1990-91
 Anderson, David E., 1982
 Anderson, Peter C., 1972
 Andraka, Douglas, 1979-81
 Antshel, Kevin M., 1989-92
 Ashton, Paul Michael, (Mgr.), 2012
 Asseff, Ben, 2005
 Atwater, James T., 1956-57
 Austin, Jonathon G., 1987-90
 Aycock, Benjamin F., 1972-75
 Aycock, Thomas, 1977-78

BBB
 Baarcke, Leonide A., 1951-53
 Baccich, Wade, 2004-07
 Baer, Klaus D., 1988-91
 Baker, Richard Henry, Jr., 1954-56
 Balderston, Timothy R., 1975-77
 Baldwin, Matthew Sayre, 1998-2000
 Ball, David Lee, 1966-68
 Barclay, J.A., 1940-42
 Barnes, Peter A., 1970-73
 Barrett, John B., 1959
 Bartel, Thomas R., 1982-83
 Bartlett, Charles S., Jr., 1949-50
 Bartlett, Craig G., 1981-82
 Basescu, Ronald, 1948-50
 Batchelor, Charles J., 1989-92
 Beal, Philip M., 1979
 Beam, Gilbert R., 1948-49
 Beard, Anthony Tyler, 2011, 2013
 Bedell, David W., 1968-71
 Behrman, Douglas N., 1966-68
 Bernuth, James T., 1965-67
 Berry, Thomas A., 1972, 1974-75
 Beutler, Mark J., 1979
 Biedrzycki, Andrew Henry, 1999-2002
 Biedrzycki, Spencer, 2007
 Bilbro, Robert H., 1960-62
 Bingham, Robert D., 1978-81
 Bippart, John D., Jr., 1948-49
 Birkenstock, Robert H., 1960
 Bissell, Dan, 1967
 Bissell, Michael S., 1962-64
 Bittner, Robbie, 2004-07
 Bloch, Laurens C., 1986-87
 Bloom, Harry E., Jr., 1959-61
 Bloom, William F., 1961-63
 Boardman, Richard B., 1964
 Bok, Willem E., 1999-2000
 Bollerman, Brian Steven, 2012-13
 Bolte, Stephen W., 1976

Bonack, Stephen Michael, 1994-97
 Bondurant, Will (Mgr.), 2008-11
 Bonito, Victor E., 1991-92
 Bradyhouse, Austin Lee 2007-10
 Brake, Andrew Jeffrey, 2008-11
 Branum, Matthew Bennett, 1994-97
 Breeden, Dan C., 1947-49
 Bridier, Colin, 2011
 Brietz, Raymond L., (Mgr.), 1972-73
 Briggs, Robert E., 1960-62
 Brisson, Theordore Edward, 1996-99
 Bristow, Andrew S., 1968-70
 Bromwell, James E., 1960-61
 Brooks, Tim B., 1997
 Browning, Harrison John, 2006-07, 2009-10
 Bultman, Deuward G., 1947
 Burgess, William C., (Mgr.), 1952
 Burns, Aaron, 2004-07
 Burns, Robert H., III, 1962
 Butler, Peter H., 1972-73
 Byerly, Darrell, 1950
 Byers, James M., 1980-82

CCC
 Callahan, Michael Patrick, 1999-2000
 Cannon, Harold L., 1946
 Cannon, Harry B., 1980-81
 Cannon, Thomas R., 1961-62
 Capps, Tim M., 1995-96
 Carnes, Walter A., Jr., 1950
 Carney, Robert B., III, 1966
 Carrow, Harvey H., 1974-76
 Caruthers, M. R., (Mgr.), 1943
 Cashwell, Richard G., 1958-59
 Cassell, Geoffrey D., 1982-85
 Cavalaris, James, (Mgr.), 1966, 1968
 Cebertowicz, Steven Michael, 2009-12
 Ceddia, Patrick Luis Alberto, 2011
 Chambers, Donald R., 1970
 Chapman, Gerard M., 1969-72
 Chenier, Michael, 2000-03
 Chorba, Michael Joseph, 1996-98
 Cidlowski, Ross, 2000
 Ciocca, David R., 1978-79
 Clark, Jason D., 1990-93
 Clement, James E., 1949-50
 Cloutier, Peter B., 1993-96
 Coble, Casey, 2001-04
 Cockman, Brian Keith, 1995-98
 Colbert, Robert S., (Mgr.), 1954-56
 Cole, Cameron C., 1989-91
 Colley, Ben William, 2013
 Colvard, John David, 1981
 Cone, Howard McAfee, Jr., 1961-63
 Conner, Michael J., 1987, 1989-90
 Cook, Gerard L., 1947-49
 Copeland, Micah A., 1994-97
 Cornwell, Timothy, 1961
 Correll, Josh, 2007
 Countie, Matthew M., 1987, 1989-91
 Cowper, R. L., 1939
 Coxhead, George L., Jr., 1970
 Coxley, G. L., 1940-42
 Craft, Joseph A., III, 1992-95
 Craig, Thomas M., Jr., 1974-77
 Crampton, James C., 1989-92
 Croggon, Marc A., 1986-89
 Crone, Ernest G., 1943-44, 1947, 1949
 Crutchfield, Ben F., Jr., 1960

Cunningham, Thomas F., 1977
 Cwalinski, Hunter David, 2010

DDD
 Dalrymple, Robert W., 1970-72
 Dameron, John Darsey, 1981, 1983-85
 Danforth, Jason, 2000
 Danielson, Russell E., 1975
 Dannemann, Frederick K., 1966-68
 Dannenbaum, Robert, 1954
 Darst, Michael E., 1969
 Davidson, Ben, 2000-01
 Davidson, Richard, 1975-78
 Davidson, Tristan, 2004-06
 Davies, Jack R., 1944, 1946
 Davis, Christopher, 1985-87
 Davis, John E., 1988-91
 Davis, Putnam, 1951
 DeCarlo, Michael C., 1978-79
 Deckman, Dalton H., 1979-80, 1982-83
 deFabrique, Yann J. S. T., 1992-95
 deForest, William Mitchell, 2013
 deJesus, Jose R., 1978-81
 DeLoatche, Charles D., Jr., 1994-95
 Derks, Marshall C., 1982
 DeSelm, Richard L., 1974-77
 DeVault, Zachary Samuel, 2007, 2009
 DeVine, Stephen W., 1977
 Dietzel, Arthur, 1950
 Dillon, Bradley Hames, 2013
 D'Irorio, Ralph B., Jr., 1975
 Dodson, Randolph M., 1959, 1962
 Domina, Walter L., 1967
 Donato, Justin, 2001-04
 Douglas, Samuel P., Jr., 1959-60
 Doyle, Brett (Mgr.), 1995-96
 Drucker, M. D., 1940
 Dunne, Theodore M., 1968
 Dwiggins, Charles, (Mgr.), 1950

EEE
 Eddy, Michael C., 1970-73
 Edmundsen, J. Ray, 1950
 Edwards, Jack, 1952-53
 Edwards, James U., 1966, 1968
 Eisenberg, Kenneth L., 1960
 Elliot, Robert H., 1947-48
 Ellison, Paul S., Jr., 1979
 Elmore, William E., Jr., 1941-43
 Ericson, Eric J., 1980-83
 Erle, Irwin J., 1946, 1948
 Erndl, Kevin Michael, 1999-2002
 Esposto, Nunzio, 1988-91
 Evans, Donald G., 1951, 1953
 Evans, Timothy C., 1981-83, 1985
 Evans, William J., 1981

FFF
 Falkenstein, Clark W., 1970
 Fambrough, Douglas M., Jr., 1961-62
 Farrell, Andrew J., 1990
 Fehr, Eric Jerome, 2005
 Fehr, Eric Ryan, 1995-98
 Ferguson, Marc P., 1988-91
 Ferguson, Michael B., 1981-84
 Feuchtenberger, John A., 1941-42
 Ficker, Kyle Christopher, 2011-13
 Ficklan, Warren M., 1946-47
 Finn, Andrew L., 1968
 Fischetti, John C., 1988-91
 Fitzgerald, Michael L., 1972-73
 Flack, Daniel J., 1984-87

Flannery, James Joseph, 2009-12
 Foreman, Robert B., 1966
 Forum, Richard B., 1964-65
 Fox, Jon, 2004-07
 Fox, Ryan Gilbert, 2012-13
 Fowler, James, (Mgr.), 1944-45
 Freas, Samuel James, 1996-97
 Fuller, Walter S., 1985-88
 Funderburk, Ryan, 2005-08
 Funke, W. H., 1942

GGG
 Gadd, Hamilton M., Jr., 1966
 Garella, Glenn C., 1970-73
 Gasse, Garth D., 1983-86
 Gauch, Garrick S., 1989-92
 Gaylor, Jonathan Paul, 2012-13
 Gentry, John A., 1969
 Gianino, Alexander James, 2011-13
 Gibson, Roy S., Jr., 1941
 Gilbert, Richard C., 1977-78
 Gill, Newell T., 1953-55
 Gillikin, Walter R., 1980
 Glasco, Josh, 2003-06
 Glasco, Judd, 2000-03
 Gleason, Richard A., 1987-90
 Gloege, Erich, 2003-06
 Glavich, Dominick Michael, 2012
 Goad, James C., 1956-57
 Goble, Daniel S., 1971-72
 Goldfarb, Donald L., 1943
 Gondeck, Christian Edward, 2013
 Gordon, Clifton Barrett, II, 2012-13
 Gowrie, Sean M., 1992
 Graesser, Nicolas David, 2013
 Grafchik, Ben, 2004-07
 Grant, Stephanie E., (Mgr.), 1993
 Gray, Leland, 1945
 Gray, Robert D., (Mgr.), 1961-62
 Green, David Brevard, 1998-2000
 Green, Robert C., 1982-85
 Greenbaum, Jesse K., 1943-45, 1947-49
 Greene, Alton G., Jr., 1958-59
 Griffin, James W., 1994-95
 Grimmett-Norris, Robert Wade, 2008-11
 Grodsky, Peter F., (Mgr.), 1957-59
 Groome, Brent, (Mgr.), 1986-87
 Gross, Henry M., 1941
 Gudger, Y. L., 1939-40
 Guenther, John E., 1987-90
 Guerrant, Thomas C., 1959
 Guthe, A.K., 1939

HHH
 Haberle, Sinisa, 2001-04
 Hafkin, Joshua Victor, 2008-11
 Hall, Ethan Oliver, 1998-99
 Hall, Samuel L., Jr., 1966
 Hamilton, Brad Anthony, 2009-12
 Hamilton, Daniel J., 1983-86
 Hammer, Derek Hans, 1993
 Hammond, G. D., 1942-44
 Hammond, Scott D., 1982-85
 Hampton, James R., 1986-87
 Hamrick, Harvey J., Sr., 1959-61
 Hamrick, Harvey J., Jr., 1990-93
 Hansen, Carl D., 1978-81
 Harff, Christopher P., 1987
 Harrell, Bert E., (Mgr.), 1953
 Harris, William Tyler, 2008-11
 Hart, Gregory A., 1990-93



Jake Kinzbach



Ryland Jones



Tom Luchsinger



Mike Mohr

Hartmann, John, 2002-05
 Harvey, John, 1946
 Hathaway, Drew, 2000-02
 Hathcock, Daniel, 2007
 Hautau, Theodore A., 1987, 1989-90
 Hayden, John J., 1965-67
 Heck, Logan Robert, 2013
 Heemann, Paul W., 1952-55
 Heffernan, Patrick David, 1994-97
 Heins, James E., 1951-53
 Helfrich, Griff, 2002-04
 Helin, Christopher Eero, 1999-2002
 Hendrick, David, (Mgr.), 1990
 Herboth, Ben, 2005
 Herman, Mark I., 1977, 1979
 Herndon, Claude D., 1988
 Herndon, Frederick W., Jr., 1969
 Herr, William F., 1943-44
 Hexner, Peter E., 1944-45, 1947
 Heyn, Herman M., 1951
 Hierman, Donald T., 1984-85
 Higgins, Robert N., 1952, 1954-56
 Hildenbrand, Steven G., 1965-67
 Hill, Alfred E., 1977-78
 Hill, Tyler Brett, 2012-13
 Hills, Richard G., 1980
 Himebauch, Christopher J., 1986-89
 Hix, H. H., 1942
 Hobbs, Truman M., 1941-42
 Hoben, Maurice T., Jr., 1991-94
 Hodges, McCloud B., 1985-87
 Hoffman, Keith T., 1977-80
 Holmes, Lee Bourne, 1954-56
 Homans, Frederic W., 1977-80
 Hood, Richard T., III, 1968-69
 Howard, David C., 1950
 Hoyle, Jonathan, 2002-03
 Huey, Brian Eugene, 1980
 Huffman, James R., 1961-63
 Hufnam, William L., 1960
 Huggins, Scott F., (Mgr.), 1987-88
 Huggler, Matthew C., 1993
 Humphrey, Charles J., 1968-70
 Hunsaker, Eric C., 1989
 Hunter, Andrew M., 1986-89
 Hunter, Ian D., 1983
 Hunter, Robert F., 1959
 Hurd, Charles A., 1961
 Huse, Henri, 1943-44
 Hussey, John Brennan, Jr., 1954-55
 Hutchinson, John M., 1975-76
 Hutton, Robert L., 1946-49
 Hyre, Michael C., 1992
 Hyre, Randal M., 1983-86
III
 Inglefield, Joseph T., 1974, 1976-77
 Ingram, Hal B., 1948
 Ireland, Andrew Clark, 2011
 Ireland, Kenneth C., 1977-80
 Ismail, Alexander Rashad, 2008-10
JJJ
 Jacobson, Theodore B., 1973-75
 James, Jason Hale, 1994-97
 James, Jeffrey Edward, 2007-10
 Jarnagin, Forest N., 1976
 Jenkins, Hugh Powell, 1943
 Jenkins, Samuel G., Jr., 1946-47
 Jennings, Christopher Kelly, 1997-99
 Jewell, Edwin Smith, 1952-55

John, Christopher K., 1991-94
 Johnson, Gregory Adam, 1999-2002
 Johnson, Joel H., 1990-91
 Johnson, Kert Michael, 1999-2002
 Johnson, Lawrence, 1943, 1947
 Johnston, Darryl W., 1986-88
 Jones, David, 1995
 Jones, Davis B., III, 1978, 1980-81
 Jones, Edward David, 1973-76
 Jones, Michael Flynn, 2008-11
 Jones, Ryland Oakes, 2010-13
 Jones, Scott M., 1982-85
KKK
 Kalkhurst, Joseph D., 1959
 Kananen, Daniel, 2001
 Kaufman, Allen R., 1943
 Keating, Mark H., 1976, 1979
 Keever, William C., 1993
 Kelly, Michael Guy, 2007-09
 Kelly, William F., 1945
 Kelso, Joseph K., 1952-53
 Kemper, Hugh T., 1963
 Kenley, Joseph Alexander, 2006-09
 Kennedy, George E., Jr., 1973-76
 Kennedy, John, 1951
 Keyser, Jeffrey S., 1979-82
 Kinderwater, Josef Henry, 2008-11
 King, Barry G., Jr., 1961-63
 Kinzbach, Jacob Charles, 2010-13
 Kleber, Jared, 2004-07
 Kline, Bradley Philip, 1998-2001
 Klose, Arthur G., 1977
 Knop, Kurt Walker, 2011-12
 Koczyk, William P., Jr., 1971-74
 Kohla, Joseph R., 1987-90
 Kolesaire, John M., 1973-76
 Kott, Casey, 2004-06
 Krebs, Stephen, 2000-03
 Krepp, Charles A., Jr., 1955-57
 Kurz, James S., 1969-70
 Kwatyra, Matthew John, 2013
LLL
 Laabs, Keith, 2005-08
 Lane, Sean Michael, 2009-12
 Languell, Christopher D., 1989-90, 1992
 Laughlin, Seth Cahill, 1998-99, 2001-02
 Lavender, Johnny Mac, 1990-91
 Lea, Frank G., 1961-64
 Leclere, Victor Clement, 2009, 2011-12
 Lee, B. M., 1940
 Lees, Whitlock, 1940-42
 Leighton, William W., 1951
 Leonardi, Damien D., 1993-95
 Levy, Richard P., 1951-52
 Lewis, Peter T., 1968-69
 Lewis, Samuel Craig, 2013
 Lindahl, John C., 1969
 Linker, Robert Polk, 1953-55
 Lipp, Frederick S., 1964-65
 List, Mark R., 1975-78
 Little, Leroy L., 1943, 1946
 Luchsinger, Thomas James, 2010-13
 Lucido, Timothy J., 1976-77
 Lundgaard, Robin A., 1975
 Lundgaard, Matthew Steven, 1996-99
 Lynch, Justin, 2001-02
MMM
 Maass, John A., 1979
 MacDonald, David James, 2009-12

Mackey, Brian P., 1992-93
 Mahaffey, Telfair, 1956-58
 Mahoney, Charles D., 1941, 1943
 Mallison, P. W., 1944
 Maness, Archibald K., Jr., 1956-58
 Manieri, Peter J., 1975
 Mangum, Christopher Kevin, 1998-2000
 Mann, Harold Thompson, 1962-64
 Marks, Taylor Calvin, 1998-2001
 Marlin, David P., 1971-74
 Marsden, Nicholas, 2008
 Marsh, Matthew Brian, 1997-98
 Marshall, Dirk H., 1982-84, 1986
 Martel, Stephen T., 1989-92
 Martin, Matthew, 1980-83
 Matkovic, Eddy, 2002-05
 Matuszak, Ryan, 2003-06
 May, Lawrence E., 1971-74
 McAllister, James Gray, III, 1954
 McCauley, Samuel R., 1947, 1949-50
 McClintock, Brian Robert, 2012
 McCoy, Garnett, 1947
 McCullough, Robert T., 1968
 McDonald, Allen P., 1965
 McDonald, Steve C., 1973-76
 McElroy, Frank J., 1968-69
 McGeough, Michael J., 1984-86
 McInnis, David F., 1956-57
 McLaughlin, Jason Oliver, 2007-10
 McMillen, Rob, 2000-03
 McMunigal, Phillip A., 1968-70
 McQuade, R. T., 1939-40
 Means, Garrett E., 1994-96
 Meckelburg, Douglas T., 1984-87
 Meckelburg, Thomas S., 1980-83
 Meehan, Thomas G., 1966, 1968
 Meekins, Edmund L., Jr., 1956-58
 Mendes, Bryce Taylor, 2011-13
 Mendes, O Jesse Nathan, 2009-12
 Mercer, Christopher L., 1957-59
 Mercuri, Richard L., 1966-67
 Mericks, James R., 1948-49
 Merrill, Arthur J., Jr., 1961-64
 Merrill, William Harrison, 1965
 Meschke, David Richard, 1998-2001
 Meyer, G. W., 1940-41
 Miller, Bruce W., 1971-72
 Milner, Khari J., 1991-92
 Milton, Cecil, 1950-52
 Miltz, Stephen, 2005-06
 Mitchell, Bradley E., 2006-09
 Mitchell, Courtney, 1941
 Mitchell, E. R., 1940
 Mitchell, Robert D., 1987
 Moen, Courtney, (Mgr.), 1968
 Mohr, Eric, 2002-05
 Mohr, Mark, 2005-08
 Mohr, Michael Jon, 2010-13
 Mohr, Stephen, 2000-03
 Moity, Sebastien Lewis, 1999-2002
 Monasterio, David V., 1990-93
 Monasterio, Eugenio A., 1987-90
 Moody, David H., 1964-65
 Moore, John R., 1982-83
 Moore, William C., IV, 1992
 Moore, William E., 1977-80
 Moore, William M., 1990-93
 Morris, Erik Olson, 1994-97
 Morris, Thomas C., 1988-90

Morrison, John H., 1987-90
 Morrow, Samuel H., 1945, 1946, 1948
 Morton, Chip, (Mgr.), 1982-85
 Moss, Thomas M., 1975-76
 Moyer, Osmund Scott, 2013
 Mueller, E.R., 1939-40
 Mullis, C.E., 1939
 Mummaw, Henry H., 1962
 Mummaw, Joseph W., 1962
 Murphy, Christopher J., 1973, 1975-76
 Murray, Donald M., Jr., 1962
 Murray, Stewart L., 1980
 Myers, Patrick McKee, 2012-13
NNN
 Nagle, Brett Emerson, 2012-13
 Nagle, Robert W., 1969-72
 Nash, Brent D., 1957-59
 Nash, J. M., 1939
 Neff, Stephen H., 1968
 Newmann, Ernest F., IV, (Mgr.), 1982-83
 Nicholson, D. G., 1941-43
 Nims, Cameron, (Mgr.), 1974
 Noreen, Bradley, 2007
 Norfleet, Strudwick N., 1965-67
 Norman, Stewart, 2004-07
 Norwood, Eston G., 1947-49
OOO
 Oare, Ernest M., 1963-64
 O'Connor, Daniel James, 2011-12
 O'Donovan, Patrick James, 2010-13
 O'Hare, Isaac, 2008
 O'Hare, Richard L., 1973-74
 Omainsky, Robert W., 1977-80
 O'Neal, Kevin A., 1982-83
 Orland, Henry, III, 1942
 Osborn, James G., 1970-73
 Osborne, Stephen, 1948-49
 Ostrowsky, Marvin, 1941-42
 Ousley, Robert M., 1941-42, 1948
 Owen, Philip, 2005-08
 Owen, Reid, 2002-05
 Owens, Jimmy, 2001, 2003-05
PPP
 Park, Nicolaas Brock, 2009-12
 Parker, Charles T., 1955-57
 Parker, W. C., 1944
 Patterson, Alex M., Jr., 1961-62
 Peck, Josiah M., 1970-71
 Pell, Allison H., 1948
 Perez, Arnaldo L., 1977-80
 Perry, Charles Reid, 1954-55
 Perry, Warren Seipp, III, 2000
 Perry, Warren Seipp, I, 1944-45, 1947
 Peters, W. J., 1940
 Peterson, Charles Bowne, 2007, 2009-10
 Peterson, Michael G., 1994
 Phillips, Stephen J., 1982-83
 Pigassou, Michael, 2003-04
 Poitras, Eric, 2001-04
 Pollard, Robert M., 1968-70
 Power, Edward S., (Mgr.), 1975-76, 1978
 Prassas, Thomas N., 1977-78
 Pritchard, William G., 1944-45, 1948
 Proctor, Russell L., 1943-46
 Pryor, Walter Vincent, 2008-11
 Purdie, John A., Jr., (Mgr.), 1969-71
QQQ
 Quinn, Sean, 2000-03
RRR



Brett Nagle



Patrick O'Donovan



Bryant Wooten

All-Time Letter Winners

Rand, William Ripley, 1956
 Ray, Alexander Graham, 1954
 Ray, Peter G., 1971
 Redding, Russell F., 1963
 Reed, Evan Matthew, 2009-12
 Rees, P. G., (Mgr.), 1941
 Reock, Michael D., 1974-77
 Reynolds, Peter L., 1958
 Riker, Philip, III, 1966-67
 Roberts, Lawrence D., Jr., 1963-65
 Rose, Robert H., 1941
 Rose, Walter T., Jr., 1956-58
 Roser, Herbert G., (Mgr.), 1963-64
 Ross, O. B., 1939-40
 Rossi, Justin Anthony, 1999-2002
 Rosskam, Lester, 1943
 Roth, William C., 1956-58
 Rubinsohn, Louis B., 1943
 Rudy, John F., Jr., 1959
 Runberg, Trevor Atchison, 1995-98
 Rusthoven, Kyle Ehrman, 1998
 Ryan, Jack, (Mgr.), 1974
SSS
 Sanchez, Gregory J., 1975, 1977
 Sanders, Leslie J., 1966
 Sands, John, 2005-07
 Saw, Yi-Khy, 2006-09
 Sawyer, Charles D., 1984-87
 Scattergood, Joseph H., 1966-67
 Schauer, Adam, 2004-07
 Schenk, Jeffrey A., 1979-82
 Schiaffino, George E., 1970
 Scheinman, L. J., 1940-41
 Scheinman, Tom, 1947
 Schiffman, Arnold A., 1957-59
 Schiffman, Harold B., 1961-63
 Schmelzer, Thomas Michael, 1996-99
 Schonwalder, Matthew O., 1994
 Schroeder, Tod A., 1987-88, 1990-91
 Schwanke, Ryan R., 1989-92
 Schwartz, R. G., 1942
 Scott, Douglas M., 1986
 Sechrist, Andrew B., 1993-95
 Secrest, S. W., 1944
 Secunda, John K., 1968
 Sediak, Mark A., 1991, 1993-94
 Seidman, Mark David, 1998-2001
 Seitz, James J., 1974
 Shade, Tucker Roberto, 1996-99
 Shannon, Larry R., 1952-55
 Sharpe, Harold J., (Mgr.), 1948
 Sharrett, Roger C., 1976
 Shea, Timothy F., 1984-87
 Sheldon, John W., 1964-65
 Sheppard, John W., 1966
 Shrader, Steven K., 1974
 Shumate, Thomas E., 1946
 Silliman, Craig, 1986, 1988-89
 Simonton, Vincent E., 1959-61
 Singley, David Wilson, Jr., 1976-78
 Singley, David Wilson, III, 2009-12
 Sittman, Donald B., 1941, 1946
 Sleeper, Russell G., 1965-67
 Slawinski, David Charles, 1998-2001
 Smiley, Scott L., 1963-65
 Smith, Jacob M., 1956
 Smith, Jennifer, (Mgr.), 1993
 Smith, Marion H., Jr., 1963-65
 Smith, Matthew H., 1994

Smith, Tyler Dustin, 2008-11
 Snow, Robert H., 1950
 Sokoloff, Stephen A., 1943
 Solarz, David Alan, 2007-09
 Southard, James M., 1970-73
 Sparer, Burton, 1945
 Sparks, Devin L., 1988
 Spaziano, John Holding, 1999-2000
 Speese, David Paul, 2013
 Speir, Alan M., 1966
 Spencer, Ross D., 1966
 Sper, Norman, Jr., 1947-50
 Stack, James T., 1960
 Stackhouse, Daniel J., 1980
 Stecher, Richard T., 1984-87
 Stevens, John W., 1966
 Stevens, William E., 1943
 Stevenson, Christopher L., 1983-86
 Stille, John Thomas, 2011-13
 Stokes, Jack B., (Mgr.), 1951
 Stone, F. H., 1940
 Stone, W. D., 1940-42
 Stratton, William L., Jr., 1986-87
 Straughan, James F., Jr., 1964
 Stuck, Bryan M., 1994-95
 Suddreth, Brandon, 2005-08
 Suguiyama, Yuri, 2001-04
 Sullivan, Colin Paul (Mgr.), 2010-12
 Sullivan, Sean Michael, 2013
 Summerlin, Daniel C., III, 1991-94
 Sumner, Sean M., 1987
 Sural, Jeffrey R., 1987-89
 Sutton, Timothy J., 1980-83
 Swartley, John Michael, 1966
 Swartz, Zach, 2005-08
 Swendiman, Robby, 2005-08
 Swift, Peter G., 1962-63
 Swigart, Richard H., 1946-47
 Swindell, Paul E., III, 1994
TTT
 Targgart, John E., 1981
 Taylor, John Scott, 1964
 Thiele, Karl D., 1972-75
 Thomas, Chandler Page, 2008-11
 Thomas, Haywood B., Jr., 1979-82
 Thomas, Ian, 2001
 Thomas, James P., 1948-51
 Thomas, Paul M., 1988
 Thompson, W. M., 1939-41
 Thomson, Joshua C., 1992-94
 Thorpe, Jonathon C., 1993-96
 Thorpe, Randall, 1997-98
 Tice, John Keyser, Jr., 1955-56
 Tinkham, Stanley D., 1951-53
 Tippin, Matthew A., 1991-92
 Tober, Timothy James, 1996-99
 Toll, Alan E., 1973-76
 Townes, Peyton, (Mgr.), 1942
 Troy, Scott Edward, 1995-98
 Tudor, Louis S., 1975-77
 Turner, Jonah Pharr, 1998-2000
 Turner, Robert A., 1957-58
 Twining, Richard G., 1945-46, 1948-49
 Tygart, Silas T., 1960
UUU
 Ubell, Donald Paul, (Mgr.), 1965-67
 Underwood, McLean R., 1970
 Ussery, Tyrece M., 1993
VVV

Van Assen, Jon, 2003-06
 Vance, Zach, 2008
 Vater, Adam N., Jr., 1973-74
 Veazy, Milton M., Jr., 1957
 Vick, Daniel, 2001-04
 Vick, Ralph N., 1988-89, 1991-92
 Virtue, Evan Anthony, 0211
 Vredevel, Roger M., 1979-82
WWW
 Wachendorfer, Paul, 1958
 Waldron, William L., 1960
 Walker, Robert W., (Mgr.), 1968-70
 Wall, Francis Barry, 1951-53
 Wallace, William C., 1968
 Wallin, P.J., 2000-03
 Wansley, Hal, 2000-03
 Ward, Ben Warren, 1943-46
 Ward, William B., 1945
 Warren, Kenneth B., 1980-81, 1983
 Weaver, Britt L., 1980-81
 Weavil, Josh, 2003-06 Brooke E
 Weber, Christian (Mgr.), 1996-98
 Weber, John G., 1961
 Webster, Bruce V., 1979-80
 Weeks, David Joshua, 1997-2000
 Weir, Paul, 2004-07
 Weiss, A. M., 1941-42
 Weiss, Jeffrey M., 1993-95, 1997
 Welker, Mark F., 1990-83
 Wellborn, Calvin C., 1984-87
 Wells, Scott M., 1978
 Wells, William S., Jr., 1961-62
 Wheeler, Eric P., 1980-83
 Whichard, David J., 1948
 Whichard, John S., 1948-50
 White, Reginald S., Jr., 1951-52
 White, Robert G., (Mgr.), 1946
 White, Thomas K., 1989
 Whitner, G. C., 1944
 Widdoff, Gerson F., 1953-54
 Wigo, Bruce J., 1968-70
 Williams, Carter S., Jr., 1954
 Williams, Graham Evan, 2012-13
 Williams, Joseph B., III, 1960-62
 Williams, Richard C., 1968-70
 Williams, William P., 1983, 1985-87
 Williamson, F. Kent, 1950-51
 Willis, Park Weed, 1997-98
 Wilson, David N., 1984-86
 Wilson, Douglas C., 1969
 Wilson, Hofman, 1939
 Wilson, Michael Ross, 2007, 2009
 Wohlrab, Kurt Patrick, 2013
 Wolf, Charles, 1952
 Woodhouse, N.R., 1939-41
 Woodruff, Patrick, 2003-06
 Worthen, Peter T., 1965-67
 Wooten, Bryant Hampton, 2011, 2013
 Wrye, Charles L., 1959
 Wyher, Tommy Jason, 2008-11
YYY
 Yani, Edward T., Jr., 1991-94
 Young, William G., 1979
ZZZ
 Zickgraf, William G., 1956-58
 Zimmerman, John H., 1945-46
 Zolno, David Jason Bresette, 2008-11
 Zuburg, Christian David, 1996-97, 1999-2000

ZuWallack, Ronald L., 1989-92
 Zwicker, Jeffrey A., 1958-59
Women's Team Letter Winners
AAA
 Acker, Becky, 2001-04
 Acuff, Erika L., 1997-99, 2001
 Allison, Shannon, 1992-95
 Alton, Dale, 1978
 Andren, Karin, 1988-91
 Andres, Cay, 1982-83
 Arak, Mandi, 2006, 2008
 Arnold, Kristin Lee, 2009-12
 Atkinson, Brooke Eve, 2009-11
 Avant, Elizabeth (Mgr.), 1987-89
BBB
 Badrock, Sandra K., 1995-96
 Ballenger, Angie, 1989
 Ballenger, Jill (Mgr.), 1987-88, 1990
 Banning-Arndt, Britton 2004-05
 Barnhardt, Elizabeth, 1994-95
 Barber, Sheila (Mgr.), 1986-87
 Barczak, Nicole Elizabeth, 2012-13
 Barnes, Allison Nelson, 2008
 Barrett, Tracey, 1995-98
 Bassichis, Julie, 1982-83
 Beattie, Kim, 1986-89
 Bencini, Missy, 1978-80
 Benda, Jill, 1988-91
 Benner, Ashley, 2000-03
 Berizzi, Cami, 1981-84
 Biegel, Aubrette Marie, 2006-09
 Bittner, Gena, 2001-04
 Blalock, Carolyn Ruth, 2012-13
 Bodman, Lydia, 1978
 Bolton, Barb, 1988-90
 Booth, Sara, 1990
 Bouckaert, Amy, 1984
 Brodie, Layne Wallis, 2009-11
 Brooks, Rebecca Jane, 2010-13
 Brosch, Jessie, 2002-05
 Brown, Bonny, 1978-80
 Brown, Lisa, 1989-92
 Bruce, Lizzy, 2003-06
 Buckley, Ali, 1990-93
 Buddemeyer, Melanie, 1985-87, 1989
 Bunting, Tracy, 1987
 Burgess, Cathy, 1991-94
 Burns, Madison Leigh, 2013
 Bursiek, Elizabeth Ann, 1996-99
 Butts, Eliza Longpre, 2007-10
CCC
 Cannon, Virginia (Mgr.), 1978
 Canty, Rachel Nicole, 2013
 Carducci, Kimberly Robin, 2012
 Carroll, Emily, 2003-06
 Carroll, Monica, 1990
 Carter, Deborah (Mgr.), 1987-88
 Castle, Ginger, 1993
 Chenier, Megan, 2003-05
 Cherpinsky, Kathleen, 1981-82
 Chilcott, Cynthia, 1980
 Claffey, Tracey, 1993
 Clark, Tracy, 1991
 Clevely, Heather, 1989-92
 Clemens, Alison Patricia, 2007-10
 Cline, Jennifer, 1986-89
 Cluett, Anne, 1983
 Coates, Christianna Kathryn, 1996-99



Rebecca Brooks



Stephanie Eisenring



Katie Nolan



Jackie Rudolph

Cobb, Erin, 1991-92
Colacurcio, Beth, 2000-01
Collier, Eileen, 1982-85
Collier, Kathryn R., 1997
Collier, Laura, 2000-03
Conrad, Alison, 1992-95
Corish, Kelly Anne, 2012-13
Corish, Valerie, 1987-90
Cornet, Jennifer, 1994
Cooper, Candace Danielle, 2009-12
Coury, Deirdre, 1985
Crabbe, Jeanne, 1987-88
Cronen, Sabrina (Mgr.), 1979, 1981-82
Crowder, Barbara, 1979
Culling, Tina, 1985-87
Cummings, Kelsey Mikiye, 2012-13
Curlee, Sharon Ann, 1994-97
Cutrell, Erin, 2004-07

DDD

Dalrymple, Janice, 1981-84
Davies, Dawn, 1989-91
Davis, Kimberly Susan, 2006-09
Deal, Samantha, 2005-07
Deeb, Naila, 1988
Dempster, Mary A., 1980
Dieter, Michelle Marie, 1994-95, 1997
Dhue, Laurie, 1987-88
Dombay, Diane, 1986
Donald, Lindsay, 2005
Douse, Melissa, 1989-92
Dul, Lauren, 1984
Dunaway, Cara Elizabeth, 1994-97
Dunaway, Virginia, 1985-86
Dupree, Lauren, 1978-80
Durkin, Kelsey Ann, 1996-99
Durstein, Sarah, 1983-86

EEE

Earp, Lauren Heather, 2013
Edmiston, Lisa, 1979
Edwards, Elizabeth, 1985-87
Eickman, Meagan, 2004-07
Eisenring, Stephanie Katharina, 2010-13
Elliott, Dondrea, 1995
Engel, Karen, 1987
Erben, Andrea, 2003
Etherington, Lisa, 1991-94

FFF

Farrington, Elizabeth (Mgr.), 1979-82
Filip, Laura, 2005-08
Fiss, Melissa Raye, 1999-2002
Fitz, Rebecca, 1998
Fox, Richelle K., 1997-98
Frazier, Jennifer, 2006-08
Freedman, Molly, 2001-03
Frock, Catherine Edlin, 1996-99

GGG

Gamblin, Mary Margaret, 2003-06
Gardner, Jennifer Dawn, 1999-2002
Gardner, Meredith, 1990-92
Garth, Christy L., 1993-96
Gately, Karen, 2005-07
Gerhart, Jeanne, 1983-85
Glazener, Tracey, 1994-95
Gess, Karin, 1979-80
Givan, Sarah Jean, 1999-2001
Goessling, Ann Bowen, 2013
Goins, Claudia, 1992-94
Gomez, Teresa, 1983
Gonzalez, Patricia, 1981
Goodman, Jenny, 2000-01
Gould, Natalie, 1987-90
Graham, Jennifer, 1987
Grant, Stephanie (Mgr.), 1991-94
Griswell, Nikki, 2006-07
Guide, Suzanne, 1994

HHH

Haag, Kari A., 1993-96
Halter, Kristin, 1989-91
Hamilton, Alexandra Samantha Christine, 2009-10
Hanson, Virginia, 2002-05
Hape, Janis, 1978-80
Hardesty, Allyn Ann, 2013
Harper, Sally, 1978

Harris, Barb, 1979-82
Harrison, Annie Melinda, 2013
Hart, Ann, 1992-95
Hartmann, Caroline Kimball, 2008-10
Harvey, Katura Margaret, 2008-11
Hathaway, Katherine Ann, 1999-2002
Hauffer, Allison Taylor, 2013
Hegel, Gayle, 1980-83
Herman, Allison, 2003, 2005
Hersh, Marla 1978-79
Hicklin, Stephanie, 1986
Hinshaw, Jennifer, 1988-90
Hookway, Elizabeth, 1980
Hoff, Karen, 1978-81
Hollingsworth, Kaci Ann, 2009
Hooker, Mary, 1978, 1980
Hommen, Merel, 1995-96
Hooff, Elizabeth Janney Marie, 1996-98
Hoover, Meredith Virginia, 2011-13
Hopper, Stephanie, 1981
Hoskins, Hilary Leigh, 1996-99
Howard, Ashley Brooke, 2007-10
Howes, Shannon, 1991-94
Huber, Emily Atkinson, 1999-2000
Huber, Jenny, 1990-93
Hudock, Nancy, 1979-80
Huey, Patty, 1981-84
Hughes, Betsy, 1978-80
Hutton, Jennifer L., 1997
Hyde, Devon, 1988

III

Iacouzze, Brittany Patrice, 2009
JJJ
Jansen, Danielle Theresa, 2011-13
Johnson, Candiss A., 1994-96
Jones, Emily, 1993

KKK

Kaley, Shannon, 1990-91
Kane, Rebecca Lynn, 2008-11
Karatanovski, Lauren, 2004-07
Kavadlo, Ilana Rose, 1999-2000
Keel, Katherine Marie-Annelise, 2009-12
Keith, Jennifer, 2005-06
Kelly, Emily Catherine, 2011-12
Keniston, Emily, 1985
Khalil, Lorne, 1984
Kimmel, Bridget, 2004-07
Kisselbach, Kristen, 1992-93
Kline, Amanda, 2001-03
Koziol, Maria, 1992-95
Kreel, Theresa, 1991-92
Krysiewski, Karen, 1996-99

LLL

Lambert, Lindsey, 1981
Latimer, Jennifer Lynn, 1995-98
LaVie, Julie, 1982-83
Layton, Gina, 1979
Leiker, Amber Marie, 2010-11
LeMaire, Elke, 1978-79
Leupold, Susan, 1989-92
Lewis, Courtney, 2001-04
Lewis, Katie, 2003, 2005-06
Lieber, Elizabeth, 1983
Lincoln, Hannah Elizabeth, 2013
Linton, Jane, 1993-94
List, Sarah Elizabeth, 2009-12
Long, Millie D., 1995-98
Lorch, Susan L., 1997
Losa, Barbara, 1978-79
Lozeau, Kristin Ann, 1998-2001

MMM

Mace, Frankye (Mgr.), 1991
Mack, Summer McGil, 1998-2001
Malvasio, Chay Nicole, 2010
Marck, Lindsey, 2005-08
Marsh, Kathryn Leigh, 2008-09
Marshall, Barbara, 1978-79
Martin, Erin, 1990-93
Martin, Katelyn Alyssa, 2009-11
Martin, Leila, 2003-05
Matheis, Erika, 2005-08
McAfee, Kerianne Elizabeth, 2009-10
McCann, Martha, 1984-87
McDowell, Jane (Mgr.), 1979-80
McFarlane, Taylor, 2006-08

McHardy, Trish, 1991-94
McIlvain, Lindsay Porter, 2006-09
McLaughlin, Kelly A., 1997-2000
Meehan, Sarah E., 1997
Mein, Hannah, 2006-07
Mesmer, Liz, 1980-81
Michna, Jennifer, 1987-89
Miller, Ashley Lorraine, 2008-11
Miller, Beth, 2007
Miller, Christine Marie, 1995-98
Mills, Holly Dyan, 1998-99
Minich, Jill, 1991-94
Mishra, Elizabeth, 2001-04
Mitchell, Betsy, 1984
Montford, Stacy, 1986
Moore, Jenna Lee, 2009-12
Moriarty, Laura Marie, 2009-12
Morris, Tammy L., 1995-96
Morrissey, Kelsey, 2005-08
Morsman, Laura, 1988, 1990
Moyer, Faith A., 1997
Mulholland, Carol (Mgr.), 1982-83
Murphy, Kathleen Michelle, (Mgr.) 2010-12
Murphy, Laura (Mgr.), 2009-12
Myers, Jill, 1996-99

NNN

Nabell, Jeannette, 1981-82
Nemeth, Alison M., 1993-96
Nilon, Marissa, 2004-07
Noblett, Lisa (Mgr.), 1981-82
Nolan, Kathleen Marie, 2010-13
Norton, Annie, 2007
Nottingham, Heather, 1988-91
Nunn, Emma Christine, 2013
Nystrand, Meghan, 2003-04

OOO

O'Brien, Susan, 1985-88
O'Connor, MaryLou, 1984-87
O'Donnell, Nicole, 2006-07
O'Neal, Eva, 1981
Overton, JoAnn Marie, 1998-2001
Owen, Kristen, 1991
Oxford, Kristin, 2007

PPP

Page, Nancy, 1985-87
Peacock, Stephanie Nicole, 2011-13
Perfater, Sue, 1982-85
Perroni, Sarah, 1990-91, 1993
Perruquet, Jessica, 2001-04
Pesacreta, Marie Brooke, 2009-12
Pittman, Victoria (Mgr.), 1985-87
Pless, Amy, 1981-84
Potter, Laurie, 1978-79
Powers, Wendy, 1986-89
Preston, Stephanie, 1994
Pritchard, Amy, 1986-89
Pritchett, Katy Nicole, 2006-09
Pritchot, Pam, 1990-93
Proctor, Sarah, 2006-07
Purcell, Sarah Margaret, 1995-98
Purdy, Erin Marie, 2013

QQQ

Quinn, Kathleen, 2002-05

RRR

Ramsey, Leslie, 1992-95
Rankin, Tracey Lynn, 1996-99
Ray, Amy, 1989-90
Reardon, Emily, 2004-07
Rechsteiner, Katherine Amber, 2011-13
Rehm, Jennifer, 2001-04
Rhyne, Kathryn Turner, 2013
Richards, Margaret, 1990, 1992-93
Ritter, Natalie Marie, 2012-13
Robins, Barbara, 1979-80
Rogers, Val, 2000
Root, Eliza, 1992
Rosser, Angie, 1993-94
Ruby, Charlotte Grace, 2013
Rudolph, Jacqueline Erin, 2010-13
Rulis, Stefanie Marie, 1999-2002
Ruscoe, Laura Bess, 2009-12

SSS

Salomon, Somer, 1993-95
Sanders, Leigh, 2000-03
Santoro, Gia, 2003-06

Sawyer, Staci, 1988-91
Schiffler, Erica Jean, 2008-09
Schlessman, Elizabeth Ann, 1996-99
Schmidt, Emily Cornelia, 2012-13
Schmidt, Erika, 1985-88
Schmittle, Lauren Montgomery, 2010-11
Schultz, Patricia, 1986-87
Scoggins, Katie, 2000-01
Scott, Sarah, 2006-08
Scott, Sue, 1982-85
Seastrom, Theresa, 1989-92
Seawell, Jennifer, 1993
Shelton, Margarette (Mgr.), 1978
Sherwani, Soraya, 1984
Shirey, Cindy, 1979-81
Silva, Lauren, 2000-01
Siverling, Danielle Nicole, 2012-13
Skeen, Aimee, 1991-92
Smith, Amanda, 2003-06
Smith, Carly Lauren, 2010-11, 2013
Smith, Jenni (Mgr.), 1992, 1994-95
Smith, Kathy, 1982-83
Smith, Whitney, 2001-04
Smock, Becky, 2004-07
Sprague, Whitney Coulter, 2006-09
Stankavage, Sarah, 2007
Steeves, Megan Elizabeth, 2007-10
Steimel, Mary Jo, 1985-87
Steinbacher, Donna, 1987-88
Stephens, Janice (Mgr.), 1978-79
Stewart, Nicola J., 1993-96
Stiles, Heather Brooke, 1999-2002
Stone, Danley, 2000
Stone, Mary, 1982-83
Strahl, Monica, 1985-88
Strasburger, Jennifer Wiley, 1997-2000
Stretcher, Susan A., 1994-96
Strickland, Jenny, 1981-84
Stroupe, Heather, 1983-86
Stroupe, Keira, 1986-89
Stuby, Elinor (Mgr.), 1981
Sullivan, Molly Elizabeth, 1999-2002
Surhoff, Kendall Baker, 2013
Swanson, Eriel Enuf, 2009-12
Szulc, Carrie, 1992-95

TTT

Tanner, Sarah Elizabeth, 2009-12
Terrill, Allison Lorraine, 1999
Thomas, Barbara, 2007-08
Thomas, Lori, 2002-03
Thompson, Nance, 1979-81
Tooher, Judith, 1978
Turlish, Hannah, 1988-91
Turner, Janna, 2000-03

VVV

Vayda, Catherine, 1978
Vilcins, Linda, 1982-85
Virag, Tammy, 1988-89
Vrana, Erica Anahid, 1998-2001

WWW

Waddell, Lindsay, 2001-04
Wallace, Barbara, 1978
Waldo, Bethany Jane, 1999
Walsh, Susan E., 1981-84
Warcholik, Madelyn, 1978
Watkins, Christy, 2000-03
Weeks, Kelly, 2001-04
Weinberg, Wendy, 1979-80
Welker, Carol, 1981
Wentz, Ann, 1985-87
Williams, Holly, 1983-86
Williams, Martha, 1986-87, 1989
Willeboordse, Sandra, 1982
Wilson, Mona, 1983
Winde, Polly, 1983-86
Winde, Sally, 1979-82
Winthrow, Demi, 1992-93
Witter, Margie, 2000-03
Wittmer, Deana, 1995
Wong, Charlene, 2001-02
Woodruff, Kelly, 2005-08

YYY

Yadao, Cherie A., 1993-96
Young, Ellen, 1987-90
Ytterbo, Kirsten, 2004-05

Men's Year-by-Year Records

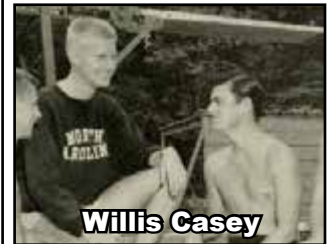
Men's Year-by-Year Records

Year	Overall W-L Record	Southern Conference Record	Southern Conference Finish	NCAA Finish
1938-39	2-4	2-3	7th	
1939-40	7-1	6-0	Champion	
1940-41	8-1	6-0	Champion	
1941-42	8-0	5-0	Champion	Tied 12th
1942-43	8-1	7-0	Champion	
1943-44	6-0	2-0	Champion	
1944-45	4-0	1-0	Champion	
1945-46	4-3	1-0	Champion	Tied 5th
1946-47	5-2	4-0	Champion	
1947-48	10-0	5-0	Champion	14th
1948-49	6-1	3-0	Champion	9th
1949-50	8-2	4-0	Champion	
1950-51	12-0	5-0	Champion	
1951-52	11-0	5-0	Champion	
1952-53	9-0	4-0	Champion	Tied 5th
Southern Conference Totals	Overall W-L Record	60-3 (.952)	14 Southern Conference Titles	
Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish
1953-54	8-2	4-2	2nd	
1954-55	5-3	4-2	2nd	5th
1955-56	6-1	5-1	Co-Champion	12th
1956-57	9-0	7-0	Champion	6th
1957-58	11-0	8-0	Champion	Tied 14th
1958-59	10-1	6-0	Champion	
1959-60	9-3	5-2	3rd	
1960-61	9-3	4-1	Tri-Champion	
1961-62	7-3	3-2	2nd	Tied 13th
1962-63	11-4	6-1	Tri-Champion	
1963-64	12-2	7-0	Co-Champion	Tied 6th
1964-65	12-2	6-1	2nd	Tied 20th
1965-66	8-5	4-2	3rd	12th
1966-67	9-3	5-1	2nd	9th
1967-68	7-3	3-2	2nd	20th
1968-69	7-4	5-1	2nd	
1969-70	8-5	5-1	3rd	
1970-71	7-5	5-2	3rd	
1971-72	6-6	4-2	3rd	
1972-73	6-6	4-1	2nd	
1973-74	6-4	4-1	2nd	
1974-75	6-4	4-1	2nd	
1975-76	6-3	4-2	2nd	28th
1976-77	4-3	3-1	3rd	Tied 29th
1977-78	5-5	4-1	2nd	Tied 26th
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	Champion	21st
1983-84	8-4	4-1	Tied 2nd	17th
1984-85	4-4	3-2	3rd	Tied 36th
1985-86	5-3	4-2	2nd	Tied 31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	Champion	19th
1988-89	8-2	4-1	Champion	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	Champion	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	Champion	14th
1993-94	12-2	7-0	Champion	31st
1994-95	9-5	5-1	Champion	32nd
1995-96	10-1	5-0	Champion	15th
1996-97	8-3	4-1	Champion	22nd
1997-98	7-2	5-0	Champion	Tied 30th
1998-99	10-2	4-1	3rd	30th
1999-2000	6-4	3-2	2nd	28th
2000-01	6-2	4-1	2nd	
2001-02	5-4	3-2	3rd	
2002-03	9-4	5-2	3rd	31st
2003-04	7-4-1	3-1-1	3rd	32nd
2004-05	10-2	5-1	4th	23rd
2005-06	6-3	4-1	3rd	Tied 32nd
2006-07	5-3	4-1	3rd	Tied 41st
2007-08	6-2	4-0	2nd	27th
2008-09	6-3	4-1	3rd	Tied 29th
2009-10	10-1	6-1	2nd	Tied 26th
2010-11	8-1	4-1	2nd	15 th
2011-12	7-2	6-1	3rd	14 th
2012-13	6-1	3-1	3rd	Tied 29th
Overall & ACC Totals	566-188-1 (.750)	271-66-1 (.803)	17 ACC Titles	42 NCAA Top 30 Finishes

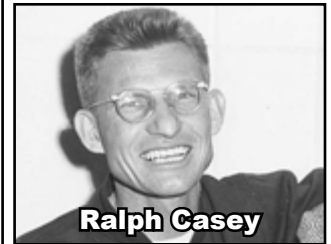
Men's Coaches Through the Years



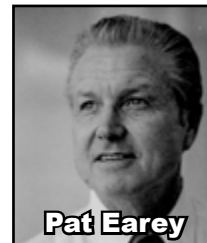
Richard Jamerson



Willis Casey



Ralph Casey



Pat Earey



Jim Wood



Frank Comfort



Rich DeSelm

Women's Coaches Through the Years



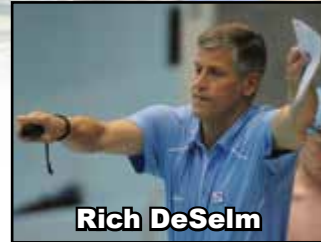
Maxine Forrest



Jim Wood



Frank Comfort



Rich DeSelm

Women's Year-by-Year Records & Series Records

Women's Year-by-Year Records

Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1974-75	9-2				Maxine Forrest
1975-76	8-0			9th	Jim Wood
1976-77	3-1			7th	Jim Wood
1977-78	5-3			8th	Frank Comfort
1978-79	7-1	2-1	2nd	5th	Frank Comfort
1979-80	7-2	3-1	2nd	7th	Frank Comfort
1980-81	7-1	3-1	Champion	3rd	Frank Comfort
1981-82	11-0	5-0	Champion	3rd	Frank Comfort
1982-83	9-1	4-0	Champion	6th	Frank Comfort
1983-84	9-0	5-0	Champion	5th	Frank Comfort
1984-85	6-2	4-1	Champion	12th	Frank Comfort
1985-86	8-0	6-0	Champion	16th	Frank Comfort
1986-87	8-2	5-1	2nd	9th	Frank Comfort
1987-88	8-3	3-2	2nd	19th	Frank Comfort
1988-89	9-2	4-1	2nd	36th	Frank Comfort
1989-90	11-1	5-0	2nd	15th	Frank Comfort
1990-91	10-1	5-0	Champion	20th	Frank Comfort
1991-92	12-0	7-0	Champion	14th	Frank Comfort
1992-93	10-2	5-1	Champion	16th	Frank Comfort
1993-94	11-2	6-0	Champion	26th	Frank Comfort
1994-95	10-2	6-0	Champion	23rd	Frank Comfort
1995-96	10-2	5-0	Champion	18th	Frank Comfort
1996-97	8-3	4-1	2nd	16th	Frank Comfort
1997-98	7-3	5-0	2nd	12th	Frank Comfort
1998-99	7-4-1	2-3	2nd	20th	Frank Comfort
1999-2000	9-2	4-1	Champion	15th	Frank Comfort
2000-01	8-1	5-0	Champion	9th	Frank Comfort
2001-02	7-2	4-1	Champion	13th	Frank Comfort
2002-03	12-1	7-0	2nd	17th	Frank Comfort
2003-04	7-3	4-1	2nd	23rd	Frank Comfort
2004-05	9-3	4-2	3rd		Frank Comfort
2005-06	8-2	4-1	3rd	Tied 41st	Frank comfort
2006-07	8-1	5-0	Champion	30th	Frank Comfort
2007-08	6-3	3-1	2nd	Tied 32nd	Rich DeSelm
2008-09	6-3	4-1	2nd	20th	Rich DeSelm
2009-10	9-2	6-1	2nd	20th	Rich DeSelm
2010-11	7-2	4-1	2nd	Tied 23rd	Rich DeSelm
2011-12	7-2	6-1	2nd	19th	Rich DeSelm
2012-13	5-2	3-1	3rd	12th	Rich DeSelm
Totals	318-69-1 (.821)	157-25 (.862)	16 ACC Titles	33 Top 30 National Finishes	

Men's Dual Meet Records

Alabama	0-2	Johns Hopkins	8-0	Penn State	3-0
Army	0-3	Kentucky	1-0	Pittsburgh	2-3
Auburn	0-3	Kenyon	12-0	Princeton	4-2
Brown	4-0	La Salle	3-1	Rider	1-0
Bucknell	1-0	Lehigh	6-0	Rutgers	1-0
Clemson	48-5-1	Louisiana State	1-0	South Carolina	26-8
Cornell	1-0	Maryland	42-10	Southern Illinois	0-1
Davidson	6-0	Miami (Fla.)	4-1	Southern Methodist	1-2
Duke	76-2	Miami (Ohio)	1-0	Tampa	1-0
East Carolina	50-1	Michigan	0-2	Tennessee	0-19
Emory	8-0	Minnesota	3-13	Texas A&M	1-1
Emory & Henry	1-0	Navy	13-11	Virginia	40-20
Florida	10-15	Nebraska	1-0	VMI	21-1
Florida State	8-11	NC State	47-31	Virginia Tech	27-0
George Mason	1-0	UNC Wilmington	3-0	Wake Forest	22-0
George Washington	1-0	North Dakota	3-0	Washington & Lee	4-0
Georgia	13-17	Northwestern	1-0	Westminster (Pa.)	1-0
Georgia Tech	21-1	Notre Dame	1-0	West Virginia	1-0
Harvard	1-1	Ohio State	0-3	William & Mary	7-0
Illinois	2-0	Old Dominion	1-0		

Women's Dual Meet Records

Alabama	1-0	Johns Hopkins	7-0	Princeton	1-0
Appalachian State	1-0	Kentucky	1-0	Rice	1-0
Auburn	0-3	Kenyon	12-0	Richmond	3-0
Brown	5-0	Lehigh	6-0	Rutgers	2-0
Bucknell	1-0	Maryland	27-3	South Carolina	11-4
Clemson	29-5	Meredith	1-0	Southern Methodist	0-1
Colorado State	1-0	Miami (Fla.)	2-0	Syracuse	2-0
Davidson	2-0	Miami (Ohio)	1-0	Tampa	1-0
Eastern Michigan	2-0	Michigan	7-1	Tennessee	8-0
Emory	1-0	Minnesota	6-6-1	Texas A&M	0-1
Florida	0-2	Navy	2-0	Virginia	24-14
Florida State	6-1	Nebraska	1-0	Virginia Common-	
George Mason	1-0	UNC Greensboro	1-0	wealth	1-1
Georgia	1-21	NC State	36-5	Virginia Tech	6-0
Georgia Tech	3-0	UNC Wilmington	2-0	Westminster (Pa.)	1-0
Harvard	1-0	North Dakota	2-0	West Virginia	1-0
Illinois	2-0	Northwestern	2-0	William & Mary	6-0
James Madison	2-0	Old Dominion	1-0		
		Penn State	6-1		
		Pittsburgh	3-0		



Men's Short Course Top-10 Records

50 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:19.34	2012
2. Kyle Ficker	:19.72	2012
3. Logan Heck	:19.79	2013
4. Tod Schroeder	:20.06	1990
Kevin Erndl	:20.06	2001
6. Brad Hamilton	:20.09	2009
7. Mark Sedlak	:20.10	1993
8. Evan Reed	:20.13	2012
9. Ted Brisson	:20.17	1998
10. Sean Sullivan	:20.22	2013

100 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:42.51	2011
2. Logan Heck	:42.96	2013
3. Evan Reed	:43.71	2011
4. Kyle Ficker	:43.97	2012
5. Brad Hamilton	:44.16	2009
6. Daniel Summerlin	:44.26	1993
7. John Davis	:44.29	1990
8. Brock Park	:44.45	2011
9. Tod Schroeder	:44.46	1991
10. Ted Brisson	:44.47	1998

200 Yard Freestyle

Name	Time	Year
1. J.T. Stillely	1:35.42	2013
2. John Davis	1:35.59	1990
Brad Dillon	1:35.59	2013
4. Evan Reed	1:35.60	2011
5. Yann deFabrique	1:35.74	1993
6. David Monasterio	1:35.77	1991
7. Hank Browning	1:36.29	2006
8. Wil Singley	1:36.54	2009
9. Trevor Runberg	1:36.56	1997
10. Steve Cebertowicz	1:37.21	2009

500 Yard Freestyle

Name	Time	Year
1. Chip Peterson	4:18.18	2009
2. Yann deFabrique	4:18.91	1993
3. James Hamrick	4:18.96	1993
4. J.T. Stillely	4:19.09	2013
5. David Monasterio	4:19.53	1991
6. Yuri Suguiyama	4:19.92	2003
7. Hank Browning	4:19.99	2007
8. Trevor Runberg	4:20.49	1996
9. Brett Nagle	4:21.04	2013
10. Wil Singley	4:21.07	2009

1000 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	8:54.34	2011
2. Chip Peterson	8:55.14	2010
3. Brett Nagle	9:02.79	2013
4. Dan O'Connor	9:03.32	2011
5. Tyler Harris	9:05.47	2011
6. Yuri Suguiyama	9:09.59	2001
7. Wil Singley	9:09.77	2009
8. Yann deFabrique	9:09.82	1995
9. James Hamrick	9:10.60	1992
10. Philip Owen	9:10.71	2008

1650 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	14:42.64	2011
2. Chip Peterson	14:48.86	2008
3. Dan O'Connor	14:56.93	2011
4. Brett Nagle	15:02.52	2013
5. Tyler Harris	15:04.22	2011
6. Yuri Suguiyama	15:05.10	2003
7. Wil Singley	15:06.52	2009
8. James Hamrick	15:07.36	1993
9. Philip Owen	15:10.73	2007
10. Hank Browning	15:10.75	2006

100 Yard Backstroke

Name	Time	Year
1. Tommy Wyher	:45.93	2010
2. Nic Graesser	:46.64	2013
3. Sam Lewis	:47.36	2013
4. Ben Colley	:47.75	2013
5. Josh Hafkin	:47.76	2009
6. Ted Brisson	:48.10	1998
7. Keith Laabs	:48.59	2007
8. Steve Cebertowicz	:48.68	2011
9. Jim Flannery	:48.72	2012
10. Robert Grimmer-Norris	:48.86	2011

200 Yard Backstroke

Name	Time	Year
1. Tommy Wyher	1:42.40	2009
2. Patrick Myers	1:43.52	2013
3. Matt Kwatryra	1:43.81	2013
4. Brad Dillon	1:44.25	2013
5. Nic Graesser	1:44.43	2013
6. Josh Hafkin	1:44.47	2009
7. Keith Laabs	1:45.43	2007
8. Jeff James	1:45.63	2009
9. Trevor Runberg	1:46.13	1996
10. Jim Flannery	1:46.28	2012

100 Yard Breaststroke

Name	Time	Year
1. Colin Bridier	:54.15	2010
2. Vinny Pryor	:54.25	2010
3. Kurt Wohlrab	:54.28	2013
4. David Speese	:54.62	2013
5. Tyler Smith	:54.69	2011
6. Dominick Glavich	:54.73	2012
7. Gary Gauch	:54.99	1991
8. Steve Bonack	:55.03	1996
9. Scott Troy	:55.05	1996
Flynn Jones	:55.05	2010

200 Yard Breaststroke

Name	Time	Year
1. Sean Quinn	1:56.39	2002
2. Tyler Harris	1:56.45	2009
3. Vinny Pryor	1:56.97	2011
4. Kurt Wohlrab	1:57.90	2013
5. Alex Gianino	1:57.99	2013
6. Brian Bollerman	1:58.07	2013
7. David Speese	1:58.26	2013
8. Ethan Hall	1:58.79	1999
9. Colin Bridier	1:58.93	2010
10. David Slawinski	1:58.95	2000

100 Yard Butterfly

Name	Time	Year
1. Tommy Wyher	:45.57	2010
2. Sam Lewis	:46.42	2013
3. Tucker Shade	:46.86	1998
4. Eddy Matkovic	:47.59	2003
5. Ben Colley	:47.72	2013
6. Jason McLaughlin	:47.77	2009
7. Chris Jennings	:48.07	1997
8. Josh Glasco	:48.11	2005
9. Robert Grimmer-Norris	:48.15	2009
10. Jonathan Van Assen	:48.17	2006

200 Yard Butterfly

Name	Time	Year
1. Tom Luchsinger	1:42.95	2013
2. Dominick Glavich	1:44.18	2012
3. Jason McLaughlin	1:44.37	2009
4. Josh Glasco	1:44.60	2004
5. Ben Colley	1:44.63	2013
6. David Monasterio	1:45.30	1991
7. Yann deFabrique	1:46.12	1992
8. Tucker Shade	1:46.72	1996
9. Victor Leclere	1:46.76	2011
10. Tyler Harris	1:47.06	2009

200 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	1:44.86	2009
2. Tom Luchsinger	1:45.08	2013
3. Alex Gianino	1:46.14	2013
4. John Davis	1:47.33	1990
5. Dominick Glavich	1:47.36	2012
6. Daniel Summerlin	1:47.75	1994
7. Chris Helin	1:47.81	2000
8. Patrick Myers	1:47.83	2013
9. Matt Kwatryra	1:47.84	2013
10. Vinny Pryor	1:48.45	2009

400 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	3:41.51	2011
2. Tom Luchsinger	3:44.25	2013
3. Alex Gianino	3:47.68	2013
4. Patrick Myers	3:49.67	2013
5. Brian Bollerman	3:49.98	2013
6. Andy Brake	3:50.75	2010
7. Daniel Summerlin	3:50.91	1994
8. Tyler Hill	3:50.92	2013
9. Matt Kwatryra	3:51.06	2013
10. Chip Peterson	3:51.36	2009

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. David MacDonald	367.45^	2009
2. Ryland Jones	360.90^	2009
3. David Solarz	355.90^	2008
4. Jake Kinzbach	354.20^	2012
5. Ryan Funderburk	347.40*	2005
6. Jon Fox	337.80*	2006
7. Ben Herboth	331.50*	2005
8. Austin Bradyhouse	329.35^	2008
9. Eric Poitras	322.70*	2002
10. Stephen Krebs	313.60*	2002

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. David MacDonald	447.50^	2009
2. Ryan Funderburk	413.25^	2007
3. David Solarz	394.00*	2009
4. Ryland Jones	366.15^	2009
5. Jon Fox	349.30^	2006
6. Alex Kenley	338.20^	2008
7. Ozzie Moyer	335.05*	2013
8. Jake Kinzbach	331.75^	2010
9. Austin Bradyhouse	319.65^	2008
10. Ryan Matuszak	311.25*	2006

10-Meter Platform Diving

6 Optional Format Began '05-'06
Scored at ACC's Starting '08

Name	Score	Year
1. David MacDonald	359.55*	2011
2. David Solarz	338.25*	2009
3. Ryland Jones	328.60*	2012
4. Ryan Funderburk	306.00*	2008
Jake Kinzbach	306.00*	2012
6. Ryan Fox	296.30*	2012
7. Alex Kenley	236.35*	2009
8. Tyler Beard	231.50^	2012
9. Bryant Wooten	215.70^	2010
10. Tyler Beard	191.90^	2010

Diving Codes

* - Championship List Meet (ACC, ZONES, NCAA); ^ - Invitational (Nike Cup, UGA Invite, etc.) Note: School Records can only be broken at a Championship Meet or Credible Invite. No dual meets.

Women's Short Course Top-10 Records

50 Yard Freestyle

Name	Time	Year
1. Rebecca Kane	:22.21	2011
2. Richelle Fox	:22.40	1998
3. Christy Watkins	:22.45	2002
4. Kelsey Morrissy	:22.67	2008
5. Hannah Lincoln	:22.68	2013
6. Megan Steeves	:22.70	2009
7. Sarah Perroni	:22.72	1993
8. Erika Acuff	:22.86	2001
9. Melissa Douse	:22.95	1992
10. Jessi Perruquet	:22.95	2004

100 Yard Freestyle

Name	Time	Year
1. Richelle Fox	:48.89	1998
2. Rebecca Kane	:48.98	2011
3. Danielle Siverling	:49.19	2013
4. Jessi Perruquet	:49.30	2002
Megan Steeves	:49.30	2009
6. Kelsey Morrissy	:49.37	2008
7. Lauren Earp	:49.43	2013
8. Kari Haag	:49.53	1995
9. Sarah Perroni	:49.68	1992/93
10. Christy Watkins	:49.71	2002

200 Yard Freestyle

Name	Time	Year
1. Jessi Perruquet	1:45.01	2003
2. Danielle Siverling	1:45.03	2013
3. Stephanie Peacock	1:45.11	2012
4. Lauren Earp	1:45.22	2013
5. Kari Haag	1:46.28	1995
6. Katura Harvey	1:46.76	2011
7. Stephanie Eisenring	1:47.02	2012
8. Richelle Fox	1:47.29	1996
9. Rebecca Kane	1:47.34	2009
10. Eliza Butts	1:47.50	2009

500 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	4:34.42	2012
2. Danielle Siverling	4:37.57	2013
3. Whitney Sprague	4:38.72	2009
4. Katura Harvey	4:39.12	2009
5. Stephanie Eisenring	4:43.99	2011
6. Jackie Rudolph	4:44.57	2013
7. Emily Kelly	4:44.73	2011
8. Kelsey Cummings	4:44.83	2013
9. Chrissy Miller	4:44.97	1998
10. Kelly Weeks	4:46.97	2003

1000 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	9:28.92	2012
2. Whitney Sprague	9:33.45	2009
3. Katura Harvey	9:37.57	2009
4. Jackie Rudolph	9:44.24	2013
5. Katelyn Martin	9:46.29	2009
6. Ashley Miller	9:48.67	2011
7. Polly Winde	9:49.55	1983
8. Chrissy Miller	9:50.10	1998
9. Nicole O'Donnell	9:51.00	2005
10. Hannah Turlish	9:52.05	1988

1650 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	15:37.06	2013
2. Whitney Sprague	15:46.57	2009
3. Katura Harvey	15:56.77	2009
4. Jackie Rudolph	16:09.22	2013
5. Ashley Miller	16:13.41	2010
6. Katelyn Martin	16:13.56	2009
7. Nicole O'Donnell	16:13.88	2005
8. Chrissy Miller	16:17.88	1996
9. Kelsey Cummings	16:20.02	2012
10. Hannah Turlish	16:24.39	1988

100 Yard Backstroke

Name	Time	Year
1. Carly Smith	:52.20	2011
2. Candace Cooper	:53.13	2012
3. Katie Nolan	:53.38	2013
4. Christy Watkins	:53.92	2000
5. Megan Steeves	:54.03	2010
6. Summer Mack	:54.05	2001
7. Sarah List	:54.11	2011
8. Kimmy Davis	:54.29	2009
9. Rebecca Brooks	:54.71	2010
10. Sue Walsh	:54.74	1983

200 Yard Backstroke

Name	Time	Year
1. Carly Smith	1:53.08	2011
2. Annie Harrison	1:54.79	2013
3. Ashley Howard	1:55.45	2009
4. Rebecca Brooks	1:55.70	2011
5. Candace Cooper	1:56.46	2012
6. Laura Collier	1:57.83	2003
7. Summer Mack	1:58.22	2000
8. Sarah List	1:58.41	2009
9. Megan Steeves	1:58.62	2009
10. Taylor McFarlane	1:58.67	2007

100 Yard Breaststroke

Name	Time	Year
1. Layne Brodie	1:00.02	2009
2. Katie Hathaway	1:00.89	2002
3. Laura Moriarty	1:00.93	2010
4. Katie Keel	1:01.51	2011
5. Danielle Jansen	1:01.91	2011
6. Katie Rechsteiner	1:01.96	2011
7. Alison Clemens	1:02.01	2009
8. Becky Acker	1:02.17	2002
9. Lizzy Bruce	1:02.84	2003
10. Rachel Canty	1:03.14	2013

200 Yard Breaststroke

Name	Time	Year
1. Laura Moriarty	2:09.60	2010
2. Layne Brodie	2:10.04	2009
3. Katie Hathaway	2:11.12	2002
4. Alison Clemens	2:12.28	2010
5. Becky Acker	2:12.86	2002
6. Katie Rechsteiner	2:13.71	2013
7. Lizzy Bruce	2:14.70	2004
8. Katie Keel	2:14.93	2011
9. Rachel Canty	2:15.41	2013
10. Erika Acuff	2:15.67	2001

100 Yard Butterfly

Name	Time	Year
1. Katie Nolan	:52.02	2013
2. Richelle Fox	:52.34	1997
3. Hannah Lincoln	:52.87	2013
4. Carly Smith	:53.19	2011
5. Cari Blalock	:53.75	2013
6. Sarah Tanner	:53.90	2010
7. Melanie Buddemeyer	:53.91	1985
8. Lindsey Marck	:54.08	2006
9. Nuffy Swanson	:54.48	2012
10. Summer Mack	:54.55	2000

200 Yard Butterfly

Name	Time	Year
1. Meredith Hoover	1:54.47	2013
2. Cari Blalock	1:54.65	2013
3. Katie Nolan	1:55.23	2013
4. Emma Nunn	1:56.85	2013
5. Kelly Weeks	1:57.66	2003
6. Nuffy Swanson	1:57.88	2009
7. Melanie Buddemeyer	1:58.04	1985
8. Lindsey Marck	1:58.79	2004
9. Kelly McLaughlin	1:59.42	2000
Ilana Kavadlo	1:59.42	2000

200 Yard Individual Medley

Name	Time	Year
1. Cari Blalock	1:55.86	2013
2. Layne Brodie	1:57.56	2011
3. Sarah Tanner	1:59.21	2012
4. Rebecca Brooks	1:59.35	2011
5. Erika Acuff	1:59.57	2001
6. Katie Nolan	1:59.65	2012
7. Katie Hathaway	1:59.67	2001
8. Marie Pesacreta	2:00.03	2010
9. Laura Moriarty	2:00.52	2012
10. Alison Clemens	2:00.67	2010

400 Yard Individual Medley

Name	Time	Year
1. Cari Blalock	4:06.77	2013
2. Laura Moriarty	4:07.66	2010
3. Annie Harrison	4:10.50	2013
4. Polly Winde	4:11.32	1984
5. Emma Nunn	4:14.10	2013
6. Erika Acuff	4:14.18	2001
7. Katie Hathaway	4:14.40	1999
8. Lauren Silva	4:15.66	2000
9. Madison Burns	4:15.81	2012
10. Marie Pesacreta	4:16.34	2010

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. Jenna Moore	305.20 [^]	2011
2. Chay Malvasio	286.90 [^]	2009
3. Mandi Arak	283.50 [^]	2005
4. Kristin Arnold	282.00 [^]	2008
5. Laura Filip	280.45 [*]	2007
6. Gia Santoro	279.70 [*]	2005
7. Natalie Ritter	276.60 [^]	2011
8. Erika Matheis	272.85 [*]	2007
9. Lauren Karatanevski	260.20 [*]	2006
10. Kaci Hollingsworth	259.55 [^]	2008

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. Jenna Moore	331.45 [^]	2011
2. Mandi Arak	312.40 [^]	2005
3. Erika Matheis	301.60 [^]	2007
4. Chay Malvasio	299.70 [^]	2009
5. Laura Filip	297.20 [^]	2007
6. Natalie Ritter	283.55 [*]	2013
7. Kristin Arnold	282.80 [^]	2011
8. Erica Schiffler	276.55 [^]	2007
9. Kate Lewis	276.35 [^]	2005
10. Lauren Karatanevski	274.60 [^]	2006

10-Meter Platform Diving

Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. Erica Schiffler	260.85 [*]	2008
2. Jenna Moore	257.40 [^]	2012
3. Emily Schmidt	233.00 [*]	2012
4. Natalie Ritter	225.45 [*]	2012
5. Kristin Arnold	218.90 [*]	2011
6. Kaci Hollingsworth	207.66 [*]	2009
7. Kelly Corish	194.05 [^]	2012
8. Laura Filip	175.65 [*]	2007
9. Chay Malvasio	166.50 [^]	2010
10. Michelle Mudge	146.90 [^]	2010

Diving Codes

* - Championship List Meet (ACC, ZONES, NCAA); ^ - Invitational (Nike Cup, UGA Invite, etc.) Note: School Records can only be broken at a Championship Meet or Credible Invite. No dual meets.

**UNC Women's Swimming
Short Course Records**

Event	Time	Name	Year
50 Free	22.21	Rebecca Kane	2011
100 Free	48.89	Richelle Fox	1998
200 Free	1:45.01	Jessi Perruquet	2003
500 Free	4:43.42	Stephanie Peacock	2012
1000 Free	9:28.92*	Stephanie Peacock	2012
1650 Free	15:37.06*	Stephanie Peacock	2012
50 Back	24.54	Carly Smith	2010
100 Back	52.20	Carly Smith	2011
200 Back	1:53.08	Carly Smith	2011
50 Breast	29.12	Katie Hathaway	2002
100 Breast	1:00.02	Layne Brodie	2009
200 Breast	2:09.60	Laura Moriarty	2010
50 Fly	24.82	Barb Harris	1982
100 Fly	52.02	Katie Nolan	2013
200 Fly	1:54.47	Meredith Hoover	2013
100 IM	57.36	Amy Pless	1981
200 IM	1:55.86	Cari Blalock	2013
400 IM	4:06.77	Cari Blalock	2013
200 Free Relay	1:30.09	Rebecca Kane (22.42), Layne Brodie (22.72), Candace Cooper (22.41), Katie Nolan (22.54)	2011
400 Free Relay	3:15.88	Danielle Siverling (49.48), Lauren Earp (48.58), Hannah Lincoln (48.35), Ally Hardesty (49.47)	2013
800 Free Relay	7:06.32	Stephanie Peacock (1:46.66), Stephanie Eisenring (1:47.10), Emily Kelly (1:46.09), Katura Harvey (1:46.47)	2011
200 Medley Relay	1:37.89	Carly Smith (24.80), Layne Brodie (27.39), Katie Nolan (24.04), Rebecca Kane (21.66)	2011
400 Medley Relay	3:33.60	Carly Smith (52.43), Layne Brodie (59.53), Katie Nolan (53.03), Rebecca Kane (48.61)	2010

*NCAA Record

**UNC Men's Swimming
Short Course Team Records**

Event	Time	Name	Year
50 Free	19.34	Steve Cebertowicz	2012
100 Free	42.51	Steve Cebertowicz	2011
200 Free	1:35.42	J.T. Stilley	2013
500 Free	4:18.18	Chip Peterson	2009
1000 Free	8:54.34	Joe Kinderwater	2011
1650 Free	14:42.64	Joe Kinderwater	2011
100 Back	45.93	Tommy Wyher	2010
200 Back	1:42.40	Tommy Wyher	2009
100 Breast	54.15	Colin Bridier	2010
200 Breast	1:56.39	Sean Quinn	2002
100 Fly	45.57	Tommy Wyher	2010
200 Fly	1:42.95	Tom Luchsinger	2013
200 IM	1:44.86	Tyler Harris	2009
400 IM	3:41.51	Tyler Harris	2011
200 Free Relay	1:18.35	Steve Cebertowicz (19.61), Kyle Ficker (19.53), Brock Park (19.53), Evan Reed (19.68)	2012
400 Free Relay	2:52.62	Steve Cebertowicz (42.96), Evan Reed (42.87), Brock Park (43.59), Tommy Wyher (43.20)	2011
800 Free Relay	6:22.47	J.T. Stilley (1:35.42), Brad Dillon (1:35.38), Tom Luchsinger (1:34.03), Brett Nagle (1:37.64)	2013
200 Medley Relay	1:26.19	Nic Graesser (21.54), Kurt Wohlrab (24.54), Sam Lewis (20.81), Kyle Ficker (19.30)	2013
400 Medley Relay	3:09.78	Nic Graesser (49.64), Kurt Wohlrab (53.91), Sam Lewis (46.43), Logan Heck (42.80)	2013

Nic Graesser, school record 100-meter backstroke

**UNC Women's Swimming
Long Course Meters Records**

Event	Time	Name	Meet/Site	Year
50 Free	25.37	Erika Acuff Erndl	U.S. Olympic Trials	2012
100 Free	54.59	Erika Acuff Erndl	U.S. Open	2009
200 Free	1:58.92	Erika Acuff Erndl	U.S. Olympic Trials	2009
400 Free	4:09.31	Stephanie Peacock	U.S. Open	2012
800 Free	8:24.36	Stephanie Peacock	U.S. Open	2012
1500 Free	16:04.44	Stephanie Peacock	World University Games	2013
100 Back	1:02.46	Annie Harrison	Canadian World Championships Trials	2013
200 Back	2:12.00	Annie Harrison	Canada Cup	2013
100 Breast	1:10.79	Katie Hathaway	Southern Sectionals	2001
200 Breast	2:31.75	Katie Hathaway	Southern Sectionals	2001
100 Fly	58.75	Erika Acuff Erndl	U.S. Open	2012
200 Fly	2:11.62	Emma Nunn	U.S. Open	2013
200 IM	2:13.72	Erika Acuff Erndl	U.S. Open	2009
400 IM	4:43.65	Cari Blalock	U.S. Open	2013

**UNC Men's Swimming
Long Course Meters Records**

Event	Time	Name	Meet/Site	Year
50 Free	22.88	Steve Cebertowicz	Last Call For Omaha	2012
100 Free	49.78	Steve Cebertowicz	U.S.S. Championships	2011
200 Free	1:48.94	Tom Luchsinger	U.S. Olympic Trials	2012
400 Free	3:52.74	Chip Peterson	U.S.S. Championships	2007
800 Free	8:02.59	Chip Peterson	Santa Clara Grand Prix	2007
1500 Free	15:12.33	Chip Peterson	Pan American Games	2007
100 Back	55.03	Nic Graesser	German National Championships	2013
200 Back	2:01.47	Trevor Runberg	U.S. Olympic Trials	1996
100 Breast	1:03.17	Sean Quinn	U.S.S. Championships	2001
200 Breast	2:14.92	Sean Quinn	U.S.S. Championships	2002
100 Fly	53.56	Tommy Wyher	U.S. World Championships 2009 Trials	2009
200 Fly	1:55.57	Tom Luchsinger	U.S.S. Championships	2013
200 IM	2:00.73	Tyler Harris	U.S. Olympic Trials	2012
400 IM	4:15.40	Tyler Harris	World University Games	2011



Katie Nolan, school record 100-yard butterfly



ACC Men's Swimming & Diving Records

50 Freestyle			
Conference:	19.07	Cullen Jones, NC State	2/26/06
ACC Meet:	19.07	Cullen Jones, NC State	2/26/06
100 Freestyle			
Conference:	42.21	Scot Robison, Virginia	2/28/10
ACC Meet:	42.21	Scot Robison, Virginia	2/28/10
200 Freestyle			
Conference:	1:32.45	Scot Robison, Virginia	2/26/10
ACC Meet:	1:32.45	Scot Robison, Virginia	2/26/10
500 Freestyle			
Conference:	4:10.00	Matt McLean, Virginia	2/27/09
ACC Meet:	4:10.00	Matt McLean, Virginia	2/27/09
1000 Freestyle			
Conference:	8:46.50	Matt McLean, Virginia	2/28/09
1650 Freestyle			
Conference:	14:35.12	Matt McLean, Virginia	2/28/09
ACC Meet:	14:35.12	Matt McLean, Virginia	2/28/09
100 Backstroke			
Conference:	45.86	Pavel Sankovich, Florida State	3/1/13
ACC Meet:	45.86	Pavel Sankovich, Florida State	3/1/13
200 Backstroke			
Conference:	1:41.11	Andy Hodgson, Florida State	3/22/09
ACC Meet:	1:41.14	Andy Hodgson, Florida State	2/28/09
100 Breaststroke			
Conference:	52.60	Ed Moses, Virginia	2/26/00
ACC Meet:	52.60	Ed Moses, Virginia	2/26/00
200 Breaststroke			
Conference:	1:53.13	Rob Holderness, Florida State	10/9/11
ACC Meet:	1:54.79	Gary Marshall, Virginia	2/27/02
100 Butterfly			
Conference:	45.57	Tommy Wyher, North Carolina	2/26/10
ACC Meet:	45.57	Tommy Wyher, North Carolina	2/26/10
200 Butterfly			
Conference:	1:42.84	Michael Raab, Virginia	2/26/03
ACC Meet:	1:43.17	Tom Luchsinger, North Carolina	3/2/13
200 Individual Medley			
Conference:	1:42.79	Gal Nevo, Georgia Tech	3/26/09
ACC Meet:	1:43.22	Pavel Sankovich, Florida State	2/28/13
400 Individual Medley			
Conference:	3:38.00	Gal Nevo, Georgia Tech	3/27/09
ACC Meet:	3:39.33	Gal Nevo, Georgia Tech	2/27/09
One-Meter Diving			
Conference:	499.95	Nick McCrory, Duke	2/19/10
ACC Meet:	499.95	Nick McCrory, Duke	2/19/10
Three-Meter Diving			
Conference:	498.60	Nick McCrory, Duke	2/22/13
ACC Meet:	498.60	Nick McCrory, Duke	2/22/13
Platform Diving			
Conference:	548.90	Nick McCrory, Duke	3/26/11
ACC Meet:	523.95	Nick McCrory, Duke	2/20/10
200 Free Relay			
Conference:	1:16.76	Florida State (Paul Murray, Trice Bailey, David Sanders, Mark Weber)	11/30/12
ACC Meet:	1:17.42	Florida State (Paul Murray, Trice Bailey, David Sanders, Mark Weber)	2/28/13
400 Free Relay			
Conference:	2:51.26	Virginia (Scot Robison, Peter Geissinger, Tom Barrett, Matt McLean)	2/26/11
ACC Meet:	2:51.26	Virginia (Scot Robison, Peter Geissinger, Tom Barrett, Matt McLean)	2/26/11
800 Free Relay			
Conference:	6:15.02	Virginia (John Azar, David Karasek, Scot Robison, Matt McLean)	2/25/09
ACC Meet:	6:15.02	Virginia (John Azar, David Karasek, Scot Robison, Matt McLean)	2/25/09
200 Medley Relay			
Conference:	1:24.84	Florida State (Pavel Sankovich, Jared Pike, Mark Weber, Paul Murray)	2/27/13
ACC Meet:	1:24.84	Florida State (Pavel Sankovich, Jared Pike, Mark Weber, Paul Murray)	2/27/13
400 Medley Relay			
Conference:	3:07.17	Virginia Tech (Zach McGinnis, Emmett Dignan, Greg Mahon, Joe Bonk)	3/1/13
ACC Meet:	3:07.17	Virginia Tech (Zach McGinnis, Emmett Dignan, Greg Mahon, Joe Bonk)	3/1/13

ACC Women's Swimming & Diving Records

50 Freestyle			
Conference:	21.96	Sara Smith, Virginia Tech	2/19/09
ACC Meet:	21.96	Sara Smith, Virginia Tech	2/19/09
100 Freestyle			
Conference:	47.88	Lauren Perdue, Virginia	2/19/11
ACC Meet:	47.88	Lauren Perdue, Virginia	2/19/11
200 Freestyle			
Conference:	1:42.51	Lauren Perdue, Virginia	3/18/11
ACC Meet:	1:43.73	Lauren Perdue, Virginia	2/18/11
500 Freestyle			
Conference:	4:34.42	Stephanie Peacock, North Carolina	12/2/12
ACC Meet:	4:36.48	Stephanie Peacock, North Carolina	2/18/12
1000 Freestyle			
Conference:	9:28.92	Stephanie Peacock, North Carolina	12/2/12
1650 Freestyle			
Conference:	15:37.06	Stephanie Peacock, North Carolina	12/2/12
ACC Meet:	15:46.12	Stephanie Peacock, North Carolina	2/18/12
100 Backstroke			
Conference:	51.58	Mei Christensen, Virginia	3/20/09
ACC Meet:	51.75	Mei Christensen, Virginia	2/20/09
200 Backstroke			
Conference:	1:52.22	Mei Christensen, Virginia	2/21/09
ACC Meet:	1:52.22	Mei Christensen, Virginia	2/21/09
100 Breaststroke			
Conference:	59.81	Sofia Johansson, Miami	2/17/12
ACC Meet:	59.81	Sofia Johansson, Miami	2/17/12
200 Breaststroke			
Conference:	2:09.60	Laura Moriarty, North Carolina	3/20/10
ACC Meet:	2:09.94	Laura Moriarty, North Carolina	2/20/10
	2:09.94	Christine Olson, Virginia	2/20/10
100 Butterfly			
Conference:	51.78	Heather Savage, Virginia Tech	2/22/13
ACC Meet:	51.78	Heather Savage, Virginia Tech	2/22/13
200 Butterfly			
Conference:	1:54.47	Meredith Hoover, North Carolina	3/23/13
ACC Meet:	1:54.59	Megan Evo, Virginia	2/21/09
200 Individual Medley			
Conference:	1:55.86	Cari Blalock, North Carolina	3/22/13
ACC Meet:	1:56.17	Megan Evo, Virginia	2/19/09
400 Individual Medley			
Conference:	4:06.77	Cari Blalock, North Carolina	3/22/13
ACC Meet:	4:07.29	Claire Crippen, Virginia	2/18/11
One-Meter Diving			
Conference:	379.98	Jenna Dreyer, Miami	3/3/07
ACC Meet:	361.85	Abby Johnston, Duke	2/17/11
Three-Meter Diving			
Conference:	439.70	Abby Johnston, Duke	2/19/10
ACC Meet:	439.70	Abby Johnston, Duke	2/19/10
Platform Diving			
Conference:	367.20	Brittany Viola, Miami	3/16/08
ACC Meet:	361.85	Brittany Viola, Miami	2/21/09
200 Free Relay			
Conference:	1:28.52	Maryland (Ann Fittin, Megan Lafferty, Ginny Glover, Blair Cross)	3/18/11
ACC Meet:	1:29.21	Virginia (Lauren Perdue, Hannah Davis, Kelly Flynn, Emily Lloyd)	2/17/11
400 Free Relay			
Conference:	3:15.22	Virginia (Mei Christensen, Kristen Wallace, Kristen Moores, Megan Evo)	2/21/09
ACC Meet:	3:15.22	Virginia (Mei Christensen, Kristen Wallace, Kristen Moores, Megan Evo)	2/21/09
800 Free Relay			
Conference:	7:01.56	Virginia (Rachel Naurath, Caroline Kenney, Ellen Williamson, Lauren Perdue)	2/20/13
ACC Meet:	7:01.56	Virginia (Rachel Naurath, Caroline Kenney, Ellen Williamson, Lauren Perdue)	2/20/13
200 Medley Relay			
Conference:	1:37.33	Virginia (Mei Christensen, Katherine McDonnell, Lauren Smart, Hannah Davis)	2/17/10
ACC Meet:	1:37.33	Virginia (Mei Christensen, Katherine McDonnell, Lauren Smart, Hannah Davis)	2/17/10
400 Medley Relay			
Conference:	3:32.74	Virginia (Mei Christensen, Katherine McDonnell, Megan Evo, Kristen Wallace)	3/19/09
ACC Meet:	3:32.97	Virginia (Mei Christensen, Katherine McDonnell, Lauren Smart, Lauren Perdue)	2/20/10

Koury Natatorium



The latest additions to the Maurice J. Koury Natatorium add to the facility's reputation as one of the finest aquatics facilities in the Eastern United States.

Koury Natatorium, the home of the Carolina swimming and diving programs, opened in 1986 and has undergone a significant series of improvements over the past several years with the intent of keeping it one of the most modern aquatic facilities in the nation.

A gift from the Tom Kean family of new starting blocks for the 2012-13 season was the most recent improvement to the facility.

The previous school year an entire redesign of the facility's entryway directly across from the main entrance to the Dean E. Smith Center was finished. Addition of trophy cases and memorabilia displays honoring the new UNC Blue Dolphin Society provide a Hall of Honor effect that will greatly enhance the natatorium's main foyer. Dedication for the new memorabilia area took place on November 5, 2011. The project was completely financed by fund-raising by UNC swimming alumni and boosters.

Other recent additions have included the dedication of the Frank R. Comfort record boards in September 2008. The record boards came about in the form of a gift from Tom and Janet Kean, long-time supporters of the program. The Mike Keel Memorial Banners were put in place in October 2009 in honor of the late Mike Keel, the father of former Tar Heel swimmer Katie Keel. The banners were financed through fund-raising from alumni and a gift from the Keel family.

In addition, the locker rooms for the two teams have been redesigned. The coaches' offices were entirely redecorated. The Carolina athletic department also purchased new starting blocks and invested in significant improvements to the timing system. Alumni-raised funds were also directed to improve the overall training facilities and equipment for the program's student-athletes.

A state-of-the-art, top-notch scoreboard and message board system was installed in the fall of 2006. A redesign of the team meeting room was also completed recently. The pool was also taken down in the summer of 2008, resulting in a maintenance project that has restored the Natatorium's original beauty.

It was after 48 seasons of intercollegiate swimming and diving competition in historic Bowman Gray Pool that the Tar Heel men's and women's

swimming and diving teams moved into their new home in October 1986 with the opening of Koury Natatorium.

Now in its 28th season of use, Koury Natatorium has gained a reputation as one of the finest pools in the nation. Several top-flight competitions have been staged here, with one of the showcase events being U.S. Swimming's Senior Short Course National Championships March 21-25, 1989. Koury Natatorium served as the host of the U.S. Master's Swimming Short Course National Championships in May 1992.

Koury Natatorium has hosted multiple Atlantic Coast Conference Men's and Women's Swimming and Diving Championships. Those meets were held in 1987, 1989, 1991, 1992, 1993, 1995, 1996, 1997, 2000, 2003, 2007 and 2010.

Other top meets held at Koury Natatorium have included the 1988 and 1991 NCAA Southeast Regional Diving Championships, North Carolina High School Athletic Association men's and women's championship meets and U.S. Swimming North Carolina-Virginia all-star meets. U.S. Swimming held its annual elite training camp at Koury Natatorium shortly after its opening in 1986.

Another highlight in Koury Natatorium's history was the swimming and water polo competition at U.S. Olympic Festival 1987, an event staged in non-Olympic years by the U.S. Olympic Committee. Swimming competition played to overflow crowds all three nights and the water polo competition also set Festival attendance standards for that sport. The crowds for swimming were so large that temporary bleachers had to be set up on the pool deck to accommodate the crowd.

The natatorium was officially dedicated in ceremonies on October 2, 1987, an event which drew a capacity crowd of UNC athletic partisans, swimming enthusiasts and statewide dignitaries, including the Lieutenant Governor, Robert Jordan, who gave the official address dedicating the facility.

The first competition in the facility actually took place almost a year before the Dedication Day when on October 31, 1986, UNC hosted the Tar Heel Invitational. The first dual meet competition was on November 10, 1986 when UNC's women defeated NC State 171-96.

The pool itself measures 50 meters in length by 25 yards in width. There are two moveable bulkheads. At its most shallow point, the pool





measures seven feet in depth while the pool is 18 feet at its deepest point. The pool also features continuous flow gutters and has one of the most advanced lighting systems of any swimming facility in the country. The gallery area provides seating for approximately 2,000 fans.

The acoustical system at the natatorium is outstanding. Six speakers serve the gallery area and six more serve the pool deck, which underwent an elaborate tiling project immediately after the Olympic Festival in 1987. In excess of 2,300 individual acoustical tiles are installed in the ceiling.

The pool, which features underwater speakers and observation booths, holds one million gallons of water, quadrupling the water capacity of Bowman Gray Pool, which held about 250,000 gallons. There are no water jets in the pool, eliminating the problems caused by water currents. Sliding glass windows on both sides provide for better ventilation during the summer.

Each Carolina team has a locker room that affords two lockers for each team member. A team meeting room adjoins the deck and is named for former UNC swimming coach Ralph Casey. There is also a separate locker room for the UNC coaches and locker room facilities for visiting teams, recreational swimming and officials.

The locker rooms and meeting room are located directly across the

hallway from the athletic training room of the Smith Center, which is under the direction of a top notch athletic training staff.

The natatorium also contains outstanding facilities for diving with platform diving facilities at several levels having been added during the summer of 2001 to the already existing one-meter and three-meter springboards. The diving area also includes a separate scoreboard and message board.

There is a second scoreboard and message board on the swimming end of the facility. The original scoreboard system was named for the late Dick Jamerson, the founder of the UNC swimming program in 1938 and its first head coach. The original system was dedicated December 2, 1986 at a dual meet against Duke with Coach Jamerson's widow, Anna Jamerson, in attendance for the ceremonies. A new scoreboard and timing system was installed in the fall of 2006 in time for the Tar Heels' home opener against Georgia.

Also located on the deck level adjacent to the pool are the swimming coaches' offices with a reception area and offices for the Tar Heel coaches. The offices of the North Carolina Aquatic Club are also located adjacent to the Koury Natatorium pool deck. NCAC is the U.S. Swimming club team based in Chapel Hill and led by head coach Sean Quinn.

Koury Natatorium Women's Records

Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006
100 Free	48.65	Lauren Perdue	Virginia	2010
200 Free	1:43.86	Lauren Perdue	Virginia	2010
500 Free	4:35.73	Stephanie Peacock	North Carolina	2011
1000 Free	9:25.49	Janet Evans	Fullerton	1989
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007
100 Back	52.09	Mei Christensen	Virginia	2010
200 Back	1:52.98	Mei Christensen	Virginia	2010
100 Breast	1:00.51	Lauren Brick	Florida State	2007
200 Breast	2:09.06	Mary Ellen Blanchard	Dynamos	1989
100 Fly	52.76	Lauren Smart	Virginia	2010
200 Fly	1:56.01	Pamela Minthorn	Curly-Burke	1989
200 IM	1:57.89	Amanda Faulkner	Virginia	2010
400 IM	4:07.66	Laura Moriarty	North Carolina	2010
1M Springboard	358.25	Abby Johnston	Duke	2010
3M Springboard	439.70	Abby Johnston	Duke	2010
200 Medley Relay	1:37.33		Virginia	2010
		Mei Christensen (24.32), Katherine McDonnell (27.44), Lauren Smart (23.32), Hannah Davis (22.25)		
400 Medley Relay	3:32.97		Virginia	2010
		Mei Christensen (51.71), Katherine McDonnell (1:00.95), Lauren Smart (52.25), Lauren Perdue (48.06)		
200 Free Relay	1:29.25		Virginia	2010
		Mei Christensen (22.63), Lauren Perdue (21.75), Kelly Flynn (22.49), Hannah Davis (22.38)		
400 Free Relay	3:15.24		Virginia	2010
		Mei Christensen (48.90), Kelly Flynn (49.05), Kristen Moores (49.26), Lauren Perdue (48.03)		
800 Free Relay	7:04.74		Virginia	2010
		Jen Narum (1:46.85), Kelly Flynn (1:46.86), Jenna Harris (1:46.24), Lauren Perdue (1:44.79)		

Koury Natatorium Men's Records

Event	Time	Name	School	Year
50 Free	19.26	Brendon Dedekind	Florida State	1997
100 Free	42.21	Scot Robison	Virginia	2010
200 Free	1:32.45	Scot Robison	Virginia	2010
500 Free	4:17.21	Matt McLean	Virginia	2010
1000 Free	8:55.14	Chip Peterson	North Carolina	2010
1650 Free	14:47.99	Shilo Ayalon	Georgia Tech	2003
100 Back	46.08	Tommy Wyher	North Carolina	2010
200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	52.60	Ed Moses	Virginia	2000
200 Breast	1:51.99	Ed Moses	Unattached	2003
100 Fly	45.57	Tommy Wyher	North Carolina	2010
200 Fly	1:43.43	Gal Nevo	Georgia Tech	2010
200 IM	1:44.14	Gal Nevo	Georgia Tech	2010
400 IM	3:40.47	Gal Nevo	Georgia Tech	2010
1M Springboard	499.95	Nick McCrory	Duke	2010
3M Springboard	458.40	Terry Horner	Florida State	2010
200 Medley Relay	1:26.63		North Carolina	2010
		Josh Hafkin (22.17), Vinny Pryor (24.91), Tommy Wyher (20.16), Steve Cebertowicz (19.39)		
400 Medley Relay	3:10.63		Virginia	2010
		Eric Olesen (47.34), Tom Casey (54.40), Peter Geissinger (47.01), Scot Robison (41.88)		
200 Free Relay	1:18.75		Florida State	1998
		Brendon Dedekind (19.28), Julio Santos (19.66), Matt Mcvittie (19.72), Kevin Flanagan (20.09)		
400 Free Relay	2:52.11		Virginia	2010
		Scot Robison (42.21), Peter Geissinger (42.61), John Azar (43.93), Matt McLean (43.36)		
800 Free Relay	6:19.23		Virginia	2010
		John Azar (1:36.86), Taylor Smith (1:36.15), Scot Robison (1:32.50), Matt McLean (1:33.72)		



Jenna Moore has the school marks in one-meter and three-meter diving.

Koury Natatorium Diving Records

One-Meter Diving Records

Men's School Record (6 dives): David MacDonald, 367.45, 2009
 Women's School Record (6 dives): Jenna Moore, 305.20, 2011
 Koury Natatorium Men's Record (6 dives): Nick McCrory, Duke, 499.95, 2010
 Koury Natatorium Women's Record (6 dives): Abby Johnston, Duke, 358.25, 2010

Three-Meter Diving Records

Men's School Record (6 dives): David MacDonald, 447.50, 2009

Women's School Record (6 dives): Jenna Moore, 331.45, 2011

Koury Natatorium Men's Record (6 dives): Terry Horner, Florida State, 458.40, 2010
 Koury Natatorium Women's Record (6 dives): Abby Johnston, Duke, 439.70, 2010

Platform Diving Records

Men's School Record (6 dives): David MacDonald, 359.55, 2011
 Women's School Record (5 dives): Erica Schiffler, 260.85, 2008



David MacDonald holds school records in one-meter, three-meter and platform diving.

2013-14 Division I Men's Swimming & Diving Qualifying Standards

MEN'S SWIMMING STANDARDS

25-Yard Course

Event	A Standard	B Standard
50 Freestyle	19.32	20.19
100 Freestyle	42.54	44.29
200 Freestyle	1:33.58	1:37.99
500 Freestyle	4:15.29	4:24.99
1,650 Freestyle	14:47.19	15:30.39
100 Butterfly	45.93	48.29
200 Butterfly	1:43.05	1:47.99
100 Backstroke	45.87	48.49
200 Backstroke	1:41.41	1:46.39
100 Breaststroke	52.54	55.39
200 Breaststroke	1:54.10	1:59.79
200 Individual Medley	1:43.38	1:49.09
400 Individual Medley	3:43.48	3:54.49
	Qualifying	Provisional
200 Freestyle Relay	1:18.36	1:18.83
400 Freestyle Relay	2:53.48	2:55.14
800 Freestyle Relay	6:24.19	6:28.05
200 Medley Relay	1:26.08	1:27.14
400 Medley Relay	3:10.26	3:12.00

MEN'S DIVING STANDARDS

*Qualifying point total in any 6 dive list with standard DD

1-Meter Diving	300*
3-Meter Diving	320*
Platform Diving	300*

2013-14 Division I Women's Swimming & Diving Qualifying Standards

WOMEN'S SWIMMING STANDARDS

25-Yard Course

Event	A Standard	B Standard
50 Freestyle	21.99	22.99
100 Freestyle	47.96	49.99
200 Freestyle	1:43.91	1:47.99
500 Freestyle	4:37.01	4:47.79
1650 Freestyle	15:58.41	16:30.59
100 Butterfly	51.90	54.49
200 Butterfly	1:54.54	1:59.59
100 Backstroke	51.90	54.49
200 Backstroke	1:52.71	1:59.19
100 Breaststroke	59.19	1:02.49
200 Breaststroke	2:08.29	2:15.99
200 Individual Medley	1:55.72	2:01.59
400 Individual Medley	4:05.44	4:19.39
	Qualifying	Provisional
200 Freestyle Relay	1:29.65	1:30.43
400 Freestyle Relay	3:16.84	3:18.99
800 Freestyle Relay	7:07.31	7:12.21
200 Medley Relay	1:38.01	1:38.81
400 Medley Relay	3:34.65	3:36.46

WOMEN'S DIVING STANDARDS

*Qualifying point total in any 6 dive list with standard DD

**Qualifying point total in any 5 dive list with standard DD

1-Meter Diving	265*
3-Meter Diving	280*
Platform Diving	225**



Sophomore Ally Hardesty



Junior Brian Bollerman

Janis Hape Dowd Nike Cup Records

Janis Hape Dowd Nike Cup Year-by-Year Team Finishes

Women's Records

Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006
100 Free	49.08	Nicole Haislett	Florida	1991
200 Free	1:45.37	Stephanie Peacock	North Carolina	2011
500 Free	4:35.73	Stephanie Peacock	North Carolina	2011
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007
100 Fly	53.24	Richelle Fox	North Carolina	1997
200 Fly	1:58.17	Meredith Hoover	North Carolina	2011
100 Back	53.34	Carly Smith	North Carolina	2010
200 Back	1:54.65	Alicia Humphrey	Michigan	1994
100 Breast	1:00.52	Layne Brodie	Florida State	2006
200 Breast	2:10.35	Amanda Rutqvist	South Carolina	2010
200 IM	1:58.43	Layne Brodie	North Carolina	2010
400 IM	4:11.25	Rachael Schaffer	South Carolina	2011
200 Free Relay	1:31.16	Rachel Regone (22.78) Lauren Sindall (22.74) Alex Allen (22.94)	Clemson	2007
400 Free Relay	3:20.38	Erin Abbey (50.04) Anne Weilbacher (49.97) Amy McCullough (49.55) Abby Seskevics (50.82)	Michigan	2002
800 Free Relay	7:17.21	Stephanie Peacock (1:48.14) Katura Harvey (1:49.21) Rebecca Kane (1:51.19) Emily Kelly (1:49.21)	North Carolina	2010
200 Medley Relay	1:40.26	Carly Smith (25.77) Layne Brodie (27.44) Katie Nolan (24.76) Rebecca Kane (22.29)	North Carolina	2010
400 Medley Relay	3:37.11	Carly Smith (53.34) Layne Brodie (59.91) Katie Nolan (54.53) Rebecca Kane (49.33)	North Carolina	2010

Men's Records

Event	Time	Name	School	Year
50 Free	19.57	Renato Guerardi	Tennessee	2002
100 Free	43.31	Alex Righi	Yale	2007
200 Free	1:35.53	Michael Flach	South Carolina	2010
500 Free	4:18.91	Yann deFabrique	North Carolina	1993
1650 Free	14:52.93	Joe Kinderwater	North Carolina	2010
100 Fly	47.57	Scott Beard	Virginia Tech	2007
200 Fly	1:44.60	Josh Glasco	North Carolina	2004
100 Back	46.72	Martin Zubero	Florida	1991
200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	53.32	Arni Arnason	Old Dominion	2011
200 Breast	1:57.86	Arni Arnason	Old Dominion	2011
200 IM	1:47.04	Casey Daw	Tennessee	2003
400 IM	3:46.92	Tyler Harris	North Carolina	2010
200 Free Relay	1:19.62	Tommy Wyher (20.23) Steve Cebertowicz (19.45) Brock Park (19.89) Brad Hamilton (20.05)	North Carolina	2010
400 Free Relay	2:54.37	Bryan Goldberg (44.48) Tyler Gustafson (43.28) Raymond Rosal (43.42) Andrew Bree (43.19)	Tennessee	2003
800 Free Relay	6:27.56	Casey Daw (1:37.32) Bryan Goldberg (1:36.39) Bradley Boswell (1:37.33) Tyler Gustafson (1:36.52)	Tennessee	2003
200 Medley Relay	1:27.96	Josh Fulton (22.41) Andrew Bree (24.49) Andrew Engle (21.26) Raymond Rosal (19.80)	Tennessee	2003
400 Medley Relay	3:12.27	Josh Fulton (48.04) Andrew Bree (53.26) Jamie Graves (48.16) Tyler Gustafson (43.31)	Tennessee	2003

CAROLINA MEN

Year	Placing
1986	1st Place (4 teams)
1987	No Meet
1988	2nd Place (9 teams)
1991	Meet held; no team scores kept
1992	2nd Place (6 teams)
1993	2nd Place (8 teams)
1994	3rd Place (8 teams)
1995	3rd Place (11 teams)
1996	2nd Place (12 teams), 835 points
1997	2nd Place (12 teams), 630 points
1998	1st Place (12 teams), 1,016 points
1999	1st Place (11 teams), 1,072 points
2000	1st Place (14 teams), 1,113 points
2001	1st Place (8 teams), 874 points
2002	1st Place (9 teams), 757 points
2003	2nd Place (10 teams), 595 points
2004	1st Place (6 teams), 1,170.5 points
2005	2nd Place (7 teams), 862.5 points
2006	5th Place (10 teams), 567 points
2007	3rd Place (7 teams), 716 points
2008	No Meet
2009	No Meet
2010	1st Place (9 teams), 1,440 points
2011	1st Place (8 teams), 1,334 points
2012	2nd Place (6 teams), 901 points

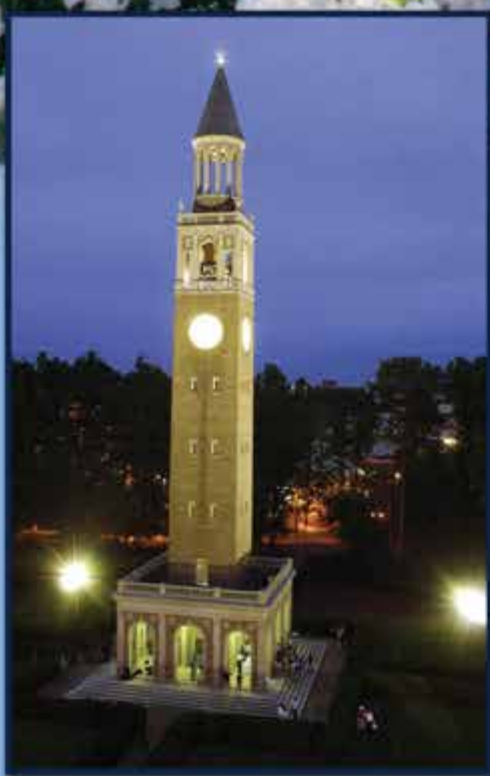
CAROLINA WOMEN

Year	Placings
1986	1st Place (6 teams)
1987	No Meet
1988	1st Place (10 teams)
1991	No Team Scores Kept
1992	5th Place (6 teams)
1993	2nd Place (8 teams)
1994	4th Place (9 teams)
1995	2nd Place (8 teams)
1996	1st Place (11 teams), 1,120.5 points
1997	2nd Place (12 teams), 874 points
1998	2nd Place (12 teams), 724 points
1999	1st Place (11 teams), 1,261 points
2000	1st Place (13 teams), 1,161.5 points
2001	1st Place (8 teams), 875 points
2002	1st Place (10 teams), 959 points
2003	1st Place (10 teams), 884 points
2004	2nd Place (8 teams), 804 points
2005	1st Place (7 teams), 883.5 points
2006	2nd Place (9 teams), 711 points
2007	1st Place (7 teams), 1,057 points
2008	No Meet
2009	No Meet
2010	1st Place (9 teams), 1,569.5 points
2011	1st Place (8 teams), 1,494 points
2012	2nd Place (8 teams), 816 points

THE UNIVERSITY OF NORTH CAROLINA

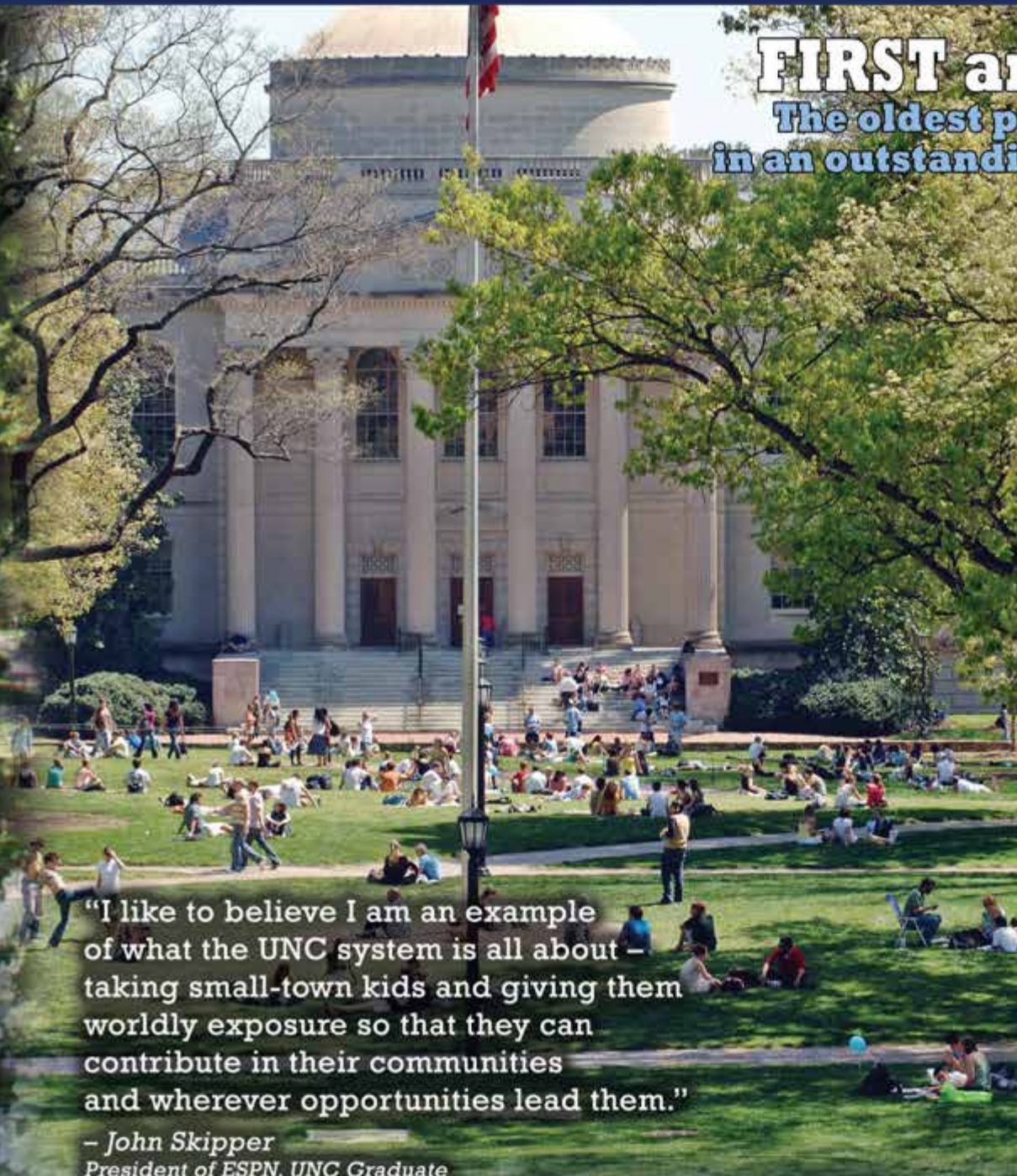
**“If a moviemaker needs
an idyllic setting
for a film about
college life,
Chapel Hill just might
take the prize.”**

– Newsweek magazine



FIRST and FINEST

The oldest public university,
in an outstanding college town



"I like to believe I am an example of what the UNC system is all about – taking small-town kids and giving them worldly exposure so that they can contribute in their communities and wherever opportunities lead them."

– John Skipper
President of ESPN, UNC Graduate

- Carolina's vibrant people and programs attest to the University's long-standing place among leaders in higher education since it was chartered in 1789 and opened its doors for students in 1795 as the nation's first public university. Situated in the beautiful college town of Chapel Hill, N.C., UNC has earned a reputation as one of the best universities in the world. Carolina prides itself on a strong, diverse student body, academic opportunities not found anywhere else, and a value unmatched by any public university in the nation.

- UNC's educational offerings include 78 bachelor's, 112 master's, 68 doctorate and seven professional degree programs through 14 schools and the College of Arts and Sciences.

For much more on the University of North Carolina and all it has to offer, go to unc.edu.



CHAPEL HILL

Home for four years,
Special for a lifetime

Often referred to as "The Southern Part of Heaven," Chapel Hill has been called the perfect college town by several publications, including *Sports Illustrated*.

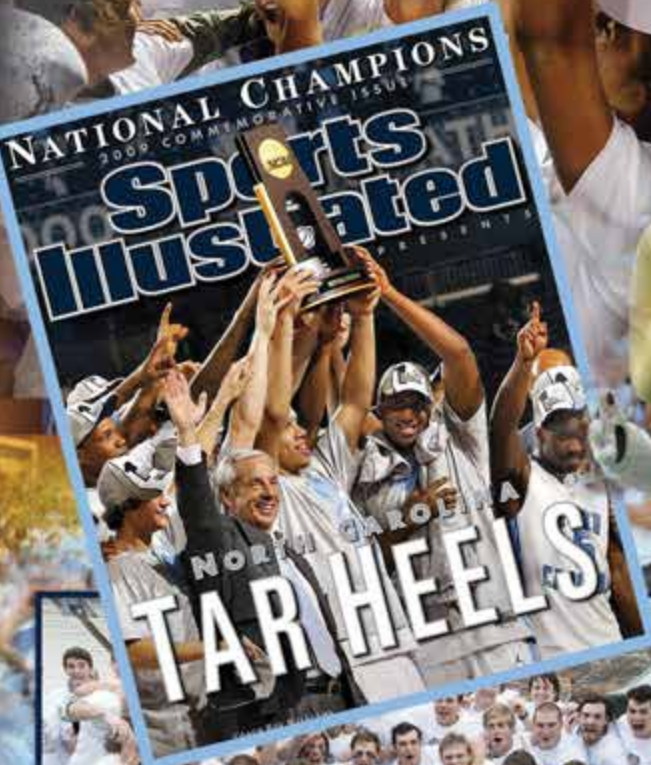
- Chapel Hill has been ranked the Most Livable Small City (less than 100,000) in America.
- Running along the north edge of campus, Franklin Street is the heart of Chapel Hill. It provides a mix of restaurants, shops and night-life, and also serves as the town's meeting place. UNC fans rush Franklin Street to celebrate Tar Heel titles, and each year Halloween festivities draw thousands of revelers.
- Chapel Hill's location is ideal, within an easy drive of North Carolina's beautiful beaches and mountains.



ATHLETIC HERITAGE

Competing for crowns,
Representing UNC with class

UNC was the winner of the 2013
Capital One Cup as the top women's
athletics program in NCAA Division I.



During the 2012-13 school year, UNC won NCAA crowns in women's soccer and women's lacrosse and the ITA National Indoors Championship in women's tennis.



Lacrosse's Kara Cannizzaro (left) and soccer's Crystal Dunn were nominated for ESPY awards in 2013 after leading their teams to NCAA championships.

Capital One

Field hockey, men's lacrosse and baseball won ACC titles in 2012-13.

• UNC has won more national championships and more conference championships than any other school in the Atlantic Coast Conference.

• UNC has finished among the top 10 in the Directors' Cup standings 11 times in the past 12 years and 17 times in the 20-year history of the competition.

• Some of the best-known names in sports – such as Michael Jordan and Mia Hamm – wore Carolina blue.



STUDENT-ATHLETE SERVICES

THE LOUDERMILK CENTER FOR EXCELLENCE

The centerpiece of the student-athlete academic support system

• STUDENT-ATHLETE DEVELOPMENT

Building character in UNC student-athletes is the main charge of Student-Athlete Development. Through Carolina Outreach, Tar Heels are involved in a variety of projects and organizations on campus and in the community. The UNC Department of Athletics has partnered with Gatorade and the UNC School of Public Health for a national pilot program called Get Kids in Action, in which Tar Heel student-athletes visit local elementary schools to encourage children to exercise. The Carolina Dreams program allows young patients at UNC Children's Hospitals to attend Tar Heel sporting events with UNC student-athletes. Other recent activities have included building a house with Habitat for Humanity, cooking meals at Ronald McDonald House and cleaning up the roadways through the Adopt-a-Highway program.

Student-Athlete Development also seeks to develop student-athletes on a personal level through a variety of speakers who address issues like nutrition, gambling, relationship communication and substance use. Career Development helps UNC student-athletes look beyond college with resources such as career counseling and workshops on resume writing and interviewing skills.

2012-13 Men's & Women's Swimming & Diving Academic & Leadership Highlights

• College Swimming Coaches Association of America Women's Scholar All-America Team (First-Team)

Meredith Hoover, Emma Nunn, Stephanie Peacock, Jackie Rudolph

• College Swimming Coaches Association of America Women's Scholar All-America Team (Honorable Mention)

Rebecca Brooks, Rachel Canty, Danielle Jansen, Kendall Surhoff

• College Swimming Coaches Association of America Men's Scholar All-America Team (First-Team)

Brad Dillon, Brett Nagle, Ozzie Moyer

• College Swimming Coaches Association of America Men's Scholar All-America Team (Honorable Mention)

John Paul Gaylor, Tyler Hill, Patrick Myers

• Athletic Director's Scholar-Athlete Awards

Brett Nagle (Men), Jackie Rudolph (Women)

• Men's All-ACC Academic Team

Brad Dillon, Tyler Hill, Patrick Myers, Brett Nagle, David Speese, J.T. Stilley

• Women's All-ACC Academic Team

Annie Harrison, Meredith Hoover, Katie Nolan, Emma Nunn, Katie Rechsteiner, Jackie Rudolph

• Veteran Leaders (Carolina Leadership Academy)

Alex Gianino, Bryant Wooten, Bryce Mendes, Danielle Jansen, Katie Rechsteiner, Kyle Ficker, Meredith Hoover, Stephanie Eisenring, Stephanie Peacock, Tom Luchsinger, Tyler Beard

• Rising Stars (Carolina Leadership Academy)

Brian Bollerman, Cari Blalock, Clifton Gordon, Danielle Siverling, Graham Williams, John Paul Gaylor, Kelly Corish, Natalie Ritter, Patrick Myers, Tyler Hill



Advancing to Graduation Building Character and Developing Leadership

Fall Semester 2012 Dean's List Selections

Men (11): Brad Dillon, Chris Gondek, Tyler Hill, Tom Luchsinger, Brian McClintock, Mike Mohr, Patrick Myers, Brett Nagle, Patrick O'Donovan, Jake Stringfield, Bryant Wooten

Women (7): Rebecca Brooks, Kelly Corish, Danielle Jansen, Emma Nunn, Erin Purdy, Jackie Rudolph, Kendall Surhoff

Spring Semester 2013 Dean's List Selections

Men (6): John Paul Gaylor, Tyler Hill, Ozzie Moyer, Patrick Myers, Brett Nagle, Patrick O'Donovan

Women (9): Rachel Canty, Kelly Corish, Meredith Hoover, Danielle Jansen, Stephanie Peacock, Erin Purdy, Charlotte Ruby, Jackie Rudolph, Kendall Surhoff

2012-13 ACC Academic Honor Roll Men's Swimming & Diving Selections

Mitch DeForest, Brad Dillon, Kyle Ficker, John Paul Gaylor, Dominick Glavich, Chris Gondek, Tyler Hill, Tom Luchsinger, Bryce Mendes, Mike Mohr, Ozzie Moyer, Patrick Myers, Brett Nagle, Patrick O'Donovan, David Speese

2012-13 ACC Academic Honor Roll Women's Swimming & Diving Selections

Nikki Barczak, Rebecca Brooks, Rachel Canty, Kelly Corish, Kelsey Cummings, Stephanie Eisenring, Annie Harrison, Meredith Hoover, Danielle Jansen, Katie Nolan, Emma Nunn, Stephanie Peacock, Erin Purdy, Katie Rechsteiner, Natalie Ritter, Charlotte Ruby, Jackie Rudolph, Emily Schmidt, Danielle Siverling, Carly Smith, Kendall Surhoff



Tyler Harris (above) was the 2011 ACC Men's Swimming Scholar Athlete of the Year

Chip Peterson (left) was the 2010 ACC Men's Swimming Scholar Athlete of the Year

STUDENT-ATHLETE SERVICES

WHERE GREATNESS BEGINS

• STRENGTH & CONDITIONING

Under the direction of the UNC Olympic sports strength and conditioning staff, Tar Heel student-athletes get outstanding coaching intended to help maximize their physical potential. The staff evaluates Carolina student-athletes in a variety of ways, including the use of specialized software for lifting and running video analysis, to encourage steady progress toward reaching optimum preparation for competition. In addition to top-of-the-line strength equipment, the center boasts a five-lane, 25-yard rubberized surface for teaching and performing warm-up activities, acceleration drills and agility movements. Year-round training produces athletes who are prepared to compete successfully and safely.

• SPORTS MEDICINE

The Tar Heels receive excellent care from one of the country's best sports medicine staffs that oversees a comprehensive program designed to keep student-athletes healthy and to rehabilitate any injuries quickly and successfully.

A member of the athletic training staff is present at all meets and practices to ensure that any injuries receive prompt and proper care.

Sports medicine at Carolina also focuses on healthy diet planning for optimum performance.

 Sports
Medicine

Capital One Academic All-America Selections (Chosen by CoSIDA)

Year	Team	Recipient
1983	2nd Team	Sue Walsh
1984	1st Team	Sue Walsh
1997	3rd Team	Matt Branum
1998	2nd Team	Ted Brisson
	3rd Team	Eric Fehr
	1st Team	Richelle Fox
1999	1st Team	Ted Brisson
2003	1st Team	Stephen Mohr
	1st Team	Jessi Perruquet
2009	3rd Team	Katura Harvey
	3rd Team	Chip Peterson
2010	2nd Team	Chip Peterson



Coach DeSelm with 2013 graduates Tom Luchsinger, Katie Nolan, Brett Nagle and Jake Kinzbach



THE RAMS CLUB

CELEBRATING THE FIRST 75 YEARS OF SUPPORTING CAROLINA STUDENT-ATHLETES



On December 7, 1938, a group of UNC supporters took a step that forever changed the face of Carolina Athletics.

The incorporation of The Educational Foundation (a.k.a The Rams Club) has resulted in hundreds of millions of dollars in scholarship support to thousands of Carolina student-athletes; financial assistance only made possible through the commitment from tens of thousands of Rams Club members over the past 75 years.

Members of The Rams Club enjoy many great benefits – the most rewarding benefits being your commitment to provide opportunities for worthy young men and women to represent Carolina. Rams Club members also receive ticket priority over the general public for football, men's and women's basketball and baseball as well as exclusive access to the latest Carolina news and special events. For more information about how you can help secure the future success of Carolina Athletics and enjoy the benefits of being a Rams Club member, visit RamsClub.com.



More than
\$175M in
scholarship
support
provided
since 1938

Over
17,000
Scholarships
provided
since
1938.



919.843.2000



www.ramsclub.com



ramsclub@ramsclub.com



The Rams Club



@TheRamsClub



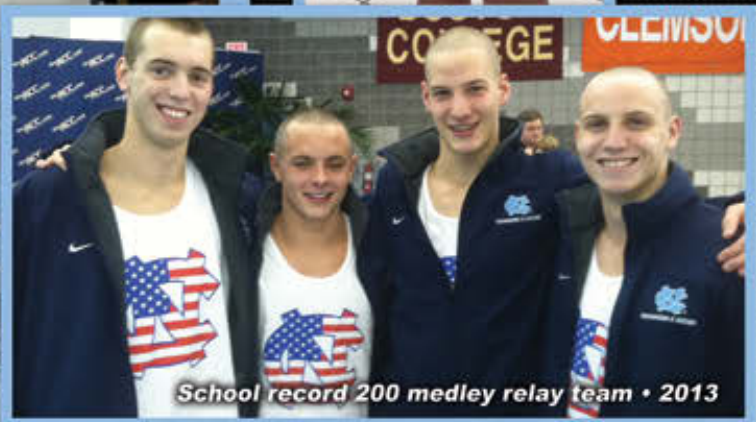
School record 400 free relay team • 2013



Gold medalist
Stephanie Peacock
at the 2013
World University Games



Tom Luchsinger
2013 USS National Champion



School record 200 medley relay team • 2013



2013-14 Seniors



2013-14 Captains

Bryce Mendes, Katie Rechsteiner,
Stephanie Peacock, J.T. Stillely



2013-14 Coaching Staff

Front: Stephanie Peacock, Carl Blalock, Carly Smith,
Meredith Hoover; Middle: Alex Gianino,
Katie Rechsteiner, Danielli Jansen, J.T. Stillely;
Back: Bryce Mendes, Kyle Ficker, Brad Dillon

Left to right: Assistant Chip Peterson, Associate Head Coach Mike Litzinger,
Assistant Aaron Workman, Head Coach Rich DeSelm, Assistant Christy Garth,
Assistant Sean Quinn, Diving Coach Abel Sanchez